



Providing Health & Wellbeing Solutions

## Integrated Primary Mental Health Care (IPMHC) Program Wheatbelt Region

The program is aimed at supporting those living with mild to moderate mental health issues.

### Eligibility Criteria

- Clients who are on a low income and/or socially disadvantaged
- Clients who have a mild to moderate mental health issue
- Clients who are NOT currently in crisis or need of urgent care

### Services Available

- Brief focused intervention - up to 6 sessions of face-to-face counselling or telehealth if client resides in a remote area
- Virtual care and telehealth - provided by PORTS (Practitioner Online Referral Treatment Service) an evidence-based therapy program
- Care management - for those with more complex problems who require care coordination

### Fees

- No cost to eligible patient

### Referral Requirements

- Referrals are accepted from GP's and other allied health professionals

The Integrated Care managers will work very closely with GPs and WACHS to assist clients to access the most appropriate service for their needs.

Please contact Amity Health on 9842 2797 or email to [query@amityhealth.com.au](mailto:query@amityhealth.com.au)