

MENTAL HEALTH RESOURCES FOR QUEER FOLX OF COLOR

THERAPY DIRECTORIES

Therapy for Black Girls

<https://therapyforblackgirls.com/>

National Queer & Trans Therapists of Color Network

<https://nqttcn.com/en/>

Clinicians of Color

<https://www.cliniciansofcolor.org/>

Soulace

<https://www.soulaceapp.com/resourcecenter>

Ayana Therapy

<https://www.ayanatherapy.com/>

Therapy for Latinx

<https://www.therapyforlatinx.com/>

Therapy for Queer People of Color

<http://www.therapyforqpoc.com>

Therapy for Black Men

<https://therapyforblackmen.org/>

Therapy that Liberates

<https://therapythatliberates.com/>

Loveland Foundation

<http://www.thelovelandfoundation.org>

Root to Crown Healing

<https://roottocrownhealing.com/index.html>

LGBTQ Therapist Resource

<http://www.lgbtqtherapistresource.com/>

Asian Mental Health Collective

<https://www.asianmhc.org/>

THERAPY FUNDS

National Queer & Trans Therapists of Color Network

<https://nqttcn.com/en/>

Loveland Foundation - Therapy Fund for Black Girls

<https://thelovelandfoundation.org/loveland-therapy-fund/>

Free Therapy for Black Men

<https://blackmenheal.org/>

Boris Lawrence Henson Foundation

<https://borislhensonfoundation.org/mwsp-free-virtual-therapy-support>

APPS

Liberate: daily meditation app for Black folks by Black folks

FREE BINDERS

Black Trans Binder Drive

<https://www.binderdrive.com/>

Free Binders for Black Trans & GNC People

Point of Pride

<https://pointofpride.org/chest-binder-donations/>

American Trans Resource Hub

<https://www.atrh.org/free-binder-program>



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COMMUNITY RESOURCES

Southern Fried Queer Pride

www.southernfriedqueerpride.com

Southern Fried Queer Pride (SFQP) is an Atlanta-based (on Muscogee & Cherokee land) organization empowering Black queer and QTPOC centered communities in the South through the arts.

Sister Song

www.sistersong.net

SisterSong is a Southern based, national membership organization; our purpose is to build an effective network of individuals and organizations to improve institutional policies and systems that impact the reproductive lives of marginalized communities.

Solutions Not Punishment

<https://www.snap4freedom.org/home>

Solutions Not Punishment is a Black trans and queer lead organization that builds safety within our community, investing in our collective embodied leadership and building political power.

Black Aids Institute

<https://blackaids.org/>

Black AIDS Institute (BAI) is the only premier uniquely and unapologetically Black think and do tank in America powered by two decades of work to end the Black HIV epidemic and led by people who represent the issues we serve.

The Okra Project

www.theokraproject.com

The Okra Project is a collective that seeks to address the global crisis faced by Black Trans people by bringing home cooked, healthy, and culturally specific meals and resources to Black Trans People wherever we can reach them.



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COMMUNITY RESOURCES (CONTD.)

Black and Pink

<https://www.blackandpink.org/>

Black & Pink National is a prison abolitionist organization dedicated to abolishing the criminal punishment system and liberating LGBTQIA2S+ people and people living with HIV/AIDS who are affected by that system through advocacy, support, and organizing.

Trans Women of Color Collective

<https://www.twocc.us>

Uplifting the narratives, lived experiences and leadership of trans and gender non-conforming people of color, our families and comrades as we build towards collective liberation for all oppressed people.

Atlanta Harm Reduction Coalition

<https://atlantaharmreduction.org/>

Atlanta Harm Reduction Coalition engages directly with prevention and direct services to those made vulnerable by substance use, sex work, overdose, stigma, gender identity, sexual orientation, STIs, HIV, HCV, homelessness, and other communicable diseases. Services include: Care Clinic, PrEP, Testing, Syringe Services, Direct Services (food, water access), Rapid Re-Housing, Linkage, Medication Assisted Treatment, Harm Reduction Counseling, Mothers on the Move Program, K.I.S.S. (Keeping Individual Sex Workers Safe), Healthy Meal Initiative, Policy Program (political advocacy and education), Training Services, Legal Aid, Job Readiness.

Southern Soul Wellness

<https://southernsoulwellness.com/>

Southern Soul Wellness specializes in working with Black, Indigenous and People of color; Queer and trans people; Polyamorous and non-monogamous people; Men and masculine people trying to create healthy masculinities and decolonize their patriarchy; And people most impacted by trauma and oppression including formerly incarcerated people and frontline organizers. They offer Somatic Coaching, Healing Team Coordination, and Community Organization Support.

