# **Volunteer & Visit FAQ**

#### What do volunteers do at RCF?

Volunteers help steward our one-acre site so we can advance our mission to connect and nourish our community through regenerative agriculture here in Downtown Raleigh.

RCF volunteers get down and dirty, build community and learn about sustainable practices of regenerative agriculture. They also support site preparation around events and other programming. Typical activities including weeding, hauling mulch, mowing/weed-whacking, watering, planting and occasional harvesting.

#### What happens during a tour at RCF?

Visitors can expect an overview of the history of our nonprofit Farm and a walk through the site to learn about all of its sustainable features. Read through our website and check out our map to get grounded before your visit.

### Is there any paperwork required to participate?

Yes. All volunteers and visitors are required to fill out a waiver that can be downloaded from the website..

# What should I bring?

- *Water Bottle* in the interest of sustainability, we do not provide disposable cups or plastic water bottles.
- *Protective Shoes* Due to the potential for foot injuries while using farm tools it is important to wear proper footwear. Sandals or open toed shoes are not permitted while actively working on the farm or taking part in a tour.
- Sun / Rain Protection Hats and sunscreen are always a good idea (even on cloudy days).
- *Gardening / Work Gloves* We have gardening/work gloves in various sizes available, but feel free to bring your own.

# **SCHEDULING**

# How do I sign up?

Check out the events section of our website for regularly scheduled volunteer opportunities or email info@raleighcityfarm to set up a workday for your team. Currently we are scheduling ~2 hour workdays on Mon, Tues and Friday with a maximum capacity of 20-24 volunteers.

# **KIDS & FOUR-LEGGED FRIENDS**

#### Can kids come?

Kids under 15 are welcome with parental supervision, all others are welcome to come and work on the farm. Parents of all minors (under the age of 18) must sign a waiver.

### Can I bring my dog?

We allow well-behaved, leashed four-legged friends at the Farm, provided their owners clean up after them and keep them away from production areas of the Farm (where food is growing).

# **WEATHER & LOCATION**

# What if inclement weather is predicted?

- In the event of inclement weather (i.e. severe thunderstorms, heat advisory), we will cancel/reschedule.
- We will make every effort to communicate cancellation of workdays ASAP.
- If you are the leader of a large group that has been scheduled for a work day, we'll notify you directly through email if cancellation is necessary and will make every attempt to reschedule for a later date.

#### Where is the farm located?

Address: 800 N. Blount Street, Raleigh, NC 27604

GPS Location: 800 N Blount St. 27604 (Corner of Franklin & Blount Streets)

# **PARKING**

We encourage you to take an eco-friendly approach including walking, biking, riding-sharing, etc. There are also public transit options available. If you must drive, consider carpooling. Please refrain from parking in the Person Street Plaza lot since our neighboring businesses rely on these spaces for their customers. Street parking is available along Blount, Franklin & Person Streets (note posted parking restrictions).

# **Updated March 2022**