THE SECRET?

STEP 1 ➤ Understand CE!

STEP 2 ➤ Pick your Event!

STEP 3 ➤ Prepare!
**LEVELS OF COMPETITION**

▲ **State Qualification Testing (SQT)**

- Jan 6th-13th! [pg: 7 & 9](#)
- Some events have testing to qualify for State Leadership Conference
- Top qualifiers in each region qualify for SLC
- Check the Quick Reference Guide for more info
  - [https://www.georgiahosa.org/competitive-events](https://www.georgiahosa.org/competitive-events)
STATE LEADERSHIP CONFERENCE (SLC)

- May only qualify for participation in ONE competitive event
- Registration, Feb 3rd and event materials due no later than Feb 10th
- List of Events and Activities - 22/23
- Qualifies you for ILC - Top 3 in each Event
# Categories of Competition

## Middle School Events

**Middle School (MS)** - A middle school student is one who: a) is enrolled in a state-approved health science program or is planning to pursue a career in the health professions; and b) has not been promoted to a secondary institution (grades 9-12) prior to the state(s)/country's annual conference. He/she must be in grades 6-8.

<table>
<thead>
<tr>
<th>Category</th>
<th>Event</th>
<th>Competition Area</th>
</tr>
</thead>
<tbody>
<tr>
<td>Barbara James Service Award</td>
<td>Recognition</td>
<td>Health Science</td>
</tr>
<tr>
<td>Dynamic Decisions</td>
<td>Teamwork</td>
<td>Leadership</td>
</tr>
<tr>
<td>Exploring Medical Innovation</td>
<td>Teamwork</td>
<td>Leadership</td>
</tr>
<tr>
<td>Extemporaneous Health Poster</td>
<td>Leadership</td>
<td>Health Science</td>
</tr>
<tr>
<td>Foundations of Medical Terminology</td>
<td>Health Science</td>
<td>Health Science</td>
</tr>
<tr>
<td>Health Career Exploration</td>
<td>Health Science</td>
<td>Health Science</td>
</tr>
<tr>
<td>Health Career Display-MS</td>
<td>Teamwork</td>
<td>Leadership</td>
</tr>
<tr>
<td>Health Career Preparation</td>
<td>Leadership</td>
<td>Teamwork</td>
</tr>
<tr>
<td>Health Education</td>
<td>Teamwork</td>
<td>Leadership</td>
</tr>
<tr>
<td>Healthy Lifestyle</td>
<td>Leadership</td>
<td>Health Science</td>
</tr>
<tr>
<td>HOSA Happenings</td>
<td>Recognition</td>
<td>Health Science</td>
</tr>
<tr>
<td>HOSA Service Project</td>
<td>Recognition</td>
<td>Health Science</td>
</tr>
<tr>
<td>Life Threatening Situations</td>
<td>Emergency</td>
<td>Health Science</td>
</tr>
<tr>
<td>Math For Health Careers</td>
<td>Health Science</td>
<td>Health Science</td>
</tr>
<tr>
<td>Foundations of Medical Reading</td>
<td>Health Science</td>
<td>Health Science</td>
</tr>
<tr>
<td>Foundations of Nutrition</td>
<td>Health Science</td>
<td>Health Science</td>
</tr>
<tr>
<td>Prepared Speaking</td>
<td>Leadership</td>
<td>Emergency</td>
</tr>
<tr>
<td>Public Health</td>
<td>Emergency</td>
<td>IDE qualified event</td>
</tr>
<tr>
<td>Speaking Skills’</td>
<td>Leadership</td>
<td>Emergency</td>
</tr>
</tbody>
</table>

**Note:** The above table provides a structured overview of the competition categories for Middle School students, categorized by the event type and the areas of focus. Each category is designed to enhance specific skills and knowledge areas relevant to the health science field.
CATEGORIES OF COMPETITION CONT’D

▲ Health Science Events

▲ Individual competitions focused on general knowledge
▲ Mostly knowledge tests (Medical Spelling has Round 2 Spelling Bee)
Health Professions Events

- Individual competitions focused on specific professions
- Mostly Two Rounds (except Clinical Specialty & Personal Care)
Emergency Preparedness Events

- Most events require teammates (except Life Support Skills & Epidemiology)
- Require critical thinking skills
Leadership Events

Individual competitions focused on employability & leadership skills

Leadership Events

- Extemporaneous Writing
- Health Career Photography
- Healthy Lifestyle
- Interviewing Skills* (IDEA qualified event)
- Job Seeking Skills
- Organizational Leadership
- Prepared Speaking
- Researched Persuasive Writing & Speaking
- Research Poster
- Speaking Skills* (IDEA qualified event)
CATEGORIES OF COMPETITION CONT’D

Teamwork Events
- Events require teammates
- Focused on working together to solve problems & share knowledge

Teamwork Events
- Biomedical Debate
- Community Awareness
- Creative Problem Solving
- Forensic Science
- Health Career Display
- Health Education
- HOSA Bowl
- Medical Innovation
- Parliamentary Procedure
- Public Service Announcement
Recognition Events

- May participate in multiple events within this category, per guidelines
STEP 2  >  Selecting an Event
Selecting an Event

SELECTING AN EVENT AND PREPARING:

- Skill Standards Matrix
- Competitive Event FAQs
- Judge Tips for Success
- Presentation from FLC 2021 - Conquering CE

Which HOSA Competitive Event is Right For You?

- 21-22: A flow chart that asks students questions to help them determine the best competitive event for them
  - VIDEO: Summary to Explore HOSA Events
  - Middle School Version
  - Secondary and Postsecondary / Collegiate version
How to Choose a HOSA Competitive Event That’s Right For You!

Secondary/Postsecondary Division

1. Are you creative, artistic, and can you think outside the box to find a solution?
   - YES
   - NO

2. Do you want to work with a team?
   - YES
   - NO

3. Do you want to practice specific skills related to a healthcare career?
   - YES
   - NO

4. Do you want to interact directly with your competes?
   - YES
   - NO

5. Do you want to get more involved in your community and/or HOSA?
   - YES
   - NO

6. Are you classified under the Individuals with Disabilities Education Act?
   - YES
   - NO

7. Do you want to complete in a testing only event
   - YES
   - NO

8. Do you want to improve your writing or speaking skills?
   - YES
   - NO

Medical Spelling

- HOSA Service Project – Health Education (2-4)
- HOSA Partnership (2-9)
- Public Health (2-4)
- Community Awareness (2-4)

CPR/First Aid (2-4)

Barbara James Service Award

Research Poster Presentation

HOSA Happenings

HOSA Service Project – Outstanding HOSA Achievement

Behavioral Health – Cultural Diversity – Medical

Medical Reading – Health Informatics

Personal Care – Interview Skills
- Speaking Skills – Life Support Skills

Researched Persuasive Writing and Speaking – Extemporeous Writing – Healthy Lifestyle – Job Seeking Skills – Prepared Speaking

Medical Laboratory Science – Forensic Science (4)

Parliamentary Procedure (2-4)

Clinical Specialty – Sports Medicine – Biomedical Technology – Violence Prevention – Medical Assisting – Nursing Assisting

Veterinary Science – Physical Therapy – Dental Science – Home Health Aide – Pharmacy Science

Biomedical Debate (3-4)

HOSA Bowl (3-4)

HOSA Service Project – Health Education (2-4)

Barbara James Service Award – Organizational Leadership

Medical Laboratory Science – Forensic Science (4)

Medical Laboratory Science – Forensic Science (4)

Medical Laboratory Science – Forensic Science (4)

Medical Laboratory Science – Forensic Science (4)

Medical Laboratory Science – Forensic Science (4)
Guidelines

Middle School Events

Middle School (MS): A middle school student is one who: a) is enrolled in a state-approved health science program or is planning to pursue a career in the health professions; and b) has not been promoted to a secondary institution (grades 9-12) prior to the state/national annual conference. In either case, the student must be in grades 6-8.

Barbara Kamas Service Award
Recognition

Dynamic Decisions
Teamwork

Exploring Medical Innovation
Teamwork

Entrepreneurship
Health Leader
Leadership

Foundations of Medical Terminology
Health Science

Health Career Exploration
Health Science

Health Career Preparation
Leadership

Health Education
Teamwork

Healthy Lifestyle
Leadership

HOSA Happenings
Recognition

HOSA Service Project
Recognition

Life-Threatening Situations
Emergency

Math for Health Careers
Health Science

Foundations of Nutrition
Health Science

Prepared Speaking
Leadership

Public Health
Emergency

Speaking Skills
Health Science

STUDENT HEALTH PROFESSIONAL=
HOSA health professionals
Please review every step in the event guidelines!

- They contain the rules, test plan, resources, rating sheets, etc...
- Follow them to success!
This is what judges use to score event submissions, presentations, & competition activities

Know them!
HOSA CE Guidelines – What’s Important?

- Video Summary to help competitors understand the key components of competition
- 21-22 Event Characteristics Profile A summary chart showing the components of each event

Competitive Events Quick Reference Guide 2021/2022

TALLO AND COMPETITIVE EVENTS

- 2022 CE Digital Upload Summary HERE
- For video instructions to upload content to Tallo click HERE!
- For a pdf handout of this instruction page, click HERE
- More Tallo Info, click HERE
Event Samples

- Competitive Event Samples
- Sample Forensic Science Case Study
SWADLING, CLAIRE

Imagine you are in a room full of mirrors. Everywhere you look, from ceiling to floor, you are met with your own image. Every glance, every twitch, and every movement is amplified. You are no longer a single human being; you are now a multiverse of numerous realities created by infinite reflection. The experience of stigmatized people during the current coronavirus pandemic is similar to this; previous problems are amplified during quarantine, presenting exponentially larger challenges for these groups of people. The result has been misdirected refusal of employment, social rejection, and even violence [Hosa.org]. In order to combat the stigmatization that this virus has had on marginalized groups, it is important for our communities to work together, for us to engage in thoughtful dialogues, and for us to self reflect.

To combat negativity, our communities need to help each other out. Thankfully, many people have already organized food drives and other initiatives to aid their local citizens. Others have provided care packages and other essentials to these groups. These efforts do not only serve to supply those in need with resources; the act of organizing a community service project brings families closer together. For example, to organize a food drive, one would first have to identify the groups in need. This educates the organizers, an important preliminary step in eliminating stigma. Next, local organizations would need to be contacted to help with the process; perhaps the local grocer would be willing to donate goods for the drive. This forces people to create new connections and become more in touch with their communities. Those who understand the people they live around are less likely to associate negative feelings with those they know. Finally, the actual drive will bring all walks of life to one place: organizers, volunteers, and the recipients. As a result, the town becomes closer knit, eliminating stigma in the process. I can relate to this on a personal level; my nonprofit, Health. Right. Now., has raised over $500 for a local homeless shelter. The process of organizing this has helped me...
STEP 3

Coming Soon!
We’re Here to Help!