## Engagement Strategies

### Real Time Engagement

**WAIT TIME**
*How It Works:* When asking questions in class, most of us wait only a couple of seconds for a response. But students need time to process the question and formulate a response. Be conscious of your wait time and aim for at least 10 seconds, if not more.

Where It Works: F2F – Zoom

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**ONE-SENTENCE SUMMARY**
*How It Works:* Ask students to make a sentence out of the main ideas of concepts taught in the lecture.

Where It Works: F2F – Zoom – Discussion

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**THINK-PAIR-SHARE**
*How It Works:* Pose a question for students to think about. Then, have students pair up, discuss their answers, and share with each other.

Where It Works: F2F – Zoom Breakouts

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**SNAPSHOTS**
*How It Works:* Formatively assess student understanding by asking multiple-choice questions throughout class. If student understanding of content is less than desired, adjust your instruction.

Where It Works: F2F – Zoom – Quizzes

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**TRANSLATE THAT!**
*How It Works:* At selected points in class, pause, and ask a student to translate the content you’ve covered in simple terms for the rest of the class.

Where It Works: F2F – Zoom – Discussion

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**FIVE WORDS**
*How It Works:* Select a topic from the day’s class and ask students to describe that topic in five words. Give students a minute or so to complete the task, then ask several to share their five words and explain their choice.

Where It Works: F2F – Zoom – Discussion

### Asynchronous Engagement

**KNOW – WONDER – LEARN**
*How It Works:* Select a topic to be covered in class. Ask students to record their response to these questions: What do you know about the topic? What is something you wonder about this topic? (After class), what did you learn today about this topic?

Where It Works: F2F – Zoom – Discussion

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**UPDATE YOUR CLASSMATE**
*How It Works:* Ask students to summarize in a memo the contents of the class for a real or fictional classmate who was unable to attend.

Where It Works: Discussion – Dropbox

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**NOTE-TAKING PAIRS**
*How It Works:* Ask students to take notes on a lecture or video. Pair students and have them compare and contrast notes and then update/give feedback to each other.

Where It Works: Zoom Breakouts – OneDrive – Discussion

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**3-2-1**
*How It Works:* At the end of class, ask students to record 3 things they learned, 2 things they found interesting, and 1 thing still have a question about.

Where It Works: F2F – Discussion – Dropbox

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**SUPPORT A STATEMENT**
*How It Works:* At the end of class, make an assertion. Then, have students gather evidence from their class notes to defend or negate the assertion.

Where It Works: Discussion – Dropbox

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**RSQC2**
*How It Works:* RSQC2 stands for Recall, Summarize, Question, Connect, and Comment. As with the 3-2-1, this is an end-of-class quick-write in which students Recall key points from the class, Summarize the class’s main points in a single sentence, ask an unanswered Question they have about the class content, Connect the lecture material to the goal of the course, and Comment about their confidence with the lecture material.

Where It Works: Discussion – Dropbox

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3 Tips to Overcome Zoom Fatigue

1. Schedule your day.
Although this may be easier said than done, the concept is solid, and scheduling your day is a good way to reflect on your digital workload. Grab a calendar, a whiteboard, or (gasp!) old-fashioned pencil and paper and map out your day hour by hour. If an activity in your day involves technology, highlight it so that you can reflect on it in the next step.

2. Unplug at least once a day.
Now that you’re aware of just how much time you’re spending attached to technology, it’s time to unplug. Start by choosing a specific period of the day to intentionally power down. Yes, it’s that simple. Pick a time (early morning, lunch, dinner, just before bed) and unplug. The time of day you choose isn’t important. What is important is the act of learning how to disconnect from technology. Then, choose a tech-free time that works for you and stick with it. Your brain will thank you.

3. Add a little sunshine to your day.
Yes, that’s a hokey way to tell you to step away from your desk and take a walk (while respecting the rules of social distancing, please). Social isolation is mentally draining, but research tells us that spending time in nature is restorative. Being outside clears your mind, lowers stress levels, and even provides free nutrients (sunlight = vitamin D) that are essential for optimal health.

Top 10 Tips for Zoom

1. Camera
   Use a camera with minimum 720p resolution.

2. Microphone
   For best results, use a quality headset with a boom mic to reduce background noise.

3. Lighting
   Proper lighting is key! Be sure lighting sources are in front of, not behind you.

4. Surroundings
   Make sure your surroundings are clean and free of any personal documents.

5. Quiet Time
   Silence your phone and computer notifications when presenting.

6. Close Unnecessary Programs
   Keep open only the documents and applications you need.

7. Practice
   Practice what you plan. (e.g. If you have a video to show, make sure it works beforehand.)

8. Set Expectations
   Let students know your preferences for how and when to ask questions, keeping mics muted or live, silencing phones, etc.

9. Student Contribution
   Explain to students how they will make contributions during class.

10. Polling
    Consider using Zoom’s polling feature for formative assessments.