WELCOME!

We will begin shortly.
WE WANT TO SEE YOU!

Camera

Mic

hey.

hi
ALISON

cheerleader
lumberjack
lifelong learner
DEANNA

math nerd
big ideas
educator
July Jumpstart

Get started for Fall with:
- a summer series for instructors & learners

Flexible Ways to Teach and Learn: An Overview
-(deadline to register: July 11)

Hybridizing Blended Learning: Creating Instructional Spaces That Work
-(deadline to register: July 11)

Hybridizing Your Way to Multimodal Course Design
-(deadline to register: July 11)

Rules of (Hybrid) Engagement
-(deadline to register: July 11)

Next to flourish, at a distance
-(deadline to register: July 11)

Learning for All: How to Build Accessible Learning Environments
-(deadline to register: July 11)

CHECK OUT OUR CTL CALENDAR

JULY

Training Events

2020 JULY JUMPSTART SCHEDULE

bit.ly/ctl_julyjumpstart
Objectives

describe ways to build trust, transparency, communication, and connection via distance

evaluate ways to ensure students’ cognitive safety in your course(s)

empower student voice by providing choices in your course(s)
QUALITY online instruction
LEARNING is social
BLOOM’S TAXONOMY

cognitive  affective  psychomotor
COVID-19
What frustrated you most about the spring?
KEEPING OUR STUDENTS from flourishing
HEALTH RISKS

emotional

physical
unnatural
unhealthy
foster communication, TRANSPARENCY, trust, and connection
transparency

trustworthiness

communication

connection
communication
preferred contact
Course Communication

Faculty-to-Student Communication

The very best way for us to communicate is via email. You can email me through my SFA email (staffordk@sfasu.edu) or via Brightspace, a closed, self-contained email system within the online Brightspace platform. Please be aware that I will respond to you in the communication platform in which you initiate contact; if you email me through SFA email, I will respond to you in the same manner. If you email me through the Brightspace system, I will respond there. Please feel free to ask any questions, now or at any point in the semester. I try to answer all emails within 24 hours if received on a weekday, emails received over the weekend will be answered on the following Monday. If I am traveling and do not have access to email, prompt replies may be delayed. If I will be out of communication for more than 24 hours on a weekday, I will post a News Item with information regarding my availability.

Student-to-Student Communication

In addition to interacting with me, you will interact with each other online to build community and participate in a thoughtful exchange of ideas. Please keep all communication respectful, courteous, and professional.
preferred contact

link for virtual office hours
Introduction

Add dates and restrictions...

Add a description...

- Meet Your Professor
  - Web Page

- Virtual Office Hours Link
  - Web Page

- Intro and Objectives
  - Web Page
preferred contact

link for virtual office hours

discussion board for Q&A
In this discussion, please post any questions about the class (content or procedural) that you believe may be relevant / of interest to other people in the class. Posting here is not mandatory, but intended as a resource.
preferred contact

discussion board for Q&A

link for virtual office hours

updates in news feed
Welcome to NUR 350!

I am so excited to welcome you to this course. We are going to have a great time this summer semester as we explore the history of nursing—where we have been and where we are going. Please take time to explore the course and get familiar with the content. ‘Getting Started’ is the first module you will need to complete. I look forward to these next few weeks, and wish you all the best!

Ms. McDonald
transparency
SHARE EXPECTATIONS
LIVESTREAM

mic muted?

camera on?

taking questions?

setting?
trustworthiness
“Friends, we are traveling together.”

-Rumi
frequency of response
Course Communication

Faculty-to-Student Communication

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frequency of response

accountability
### Class Progress

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<th>Quizzing</th>
<th>Logins</th>
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frequency of response

accountability

feedback
connection
This feeling of world-weariness...is not uncommon. The social isolation and loneliness of the COVID-19 pandemic present significant emotional and physical health risks that make us feel disconnected and put us on high alert, triggering the body's stress response.
video
note
who are you?
Meet Your Professor

Hello everyone!
As you know, I am your professor for this fall. My name is Dr. Sarah M. Straub. In my years in K-12 and my time as a coach, I have come to prefer to be called "Straub". Please feel free to call me "Straub".

Family

I was born in New Jersey but spent a lot of time in North Carolina before moving overseas. After the financial crisis of 2008, I moved to Houston until my recent relocation to Nacogdoches. I have a twin sister (Aubrey) and a younger brother (Erik). My sister has two daughters - Zadie and
video
note
flipgrid

who are you?
**Week 3 Check In**

Jul 22, 2020  
Flip Code: cedfe4f3  
Add Topic Guests

How are you doing? I know this season is tough, just wanted to check in and say that I'm here if you need anything!

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<td>Sharon R</td>
<td>Jul 22, 2020</td>
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</table>
video
note
flipgrid
student feedback

who are you?
Megan’s Section
work to ensure students’ COGNITIVE SAFETY
acknowledge
THREATS
emotional  interpersonal  cognitive
As a student, what made you feel most vulnerable in the classroom?
What (if anything) could the faculty have done to address this?
what we know
safety  learning
language matters
tone
tone

ground
rules
ground
rules

challenging
conversations
challenging
conversations

discourse
skills
discourse
skills
In our structured and unstructured discussions and dialogues, we also will have many opportunities to explore some challenging issues and increase our understandings of different perspectives. Our conversations may not always be easy; we sometimes will make mistakes in our speaking and our listening; sometimes we will need patience or courage or imagination or any number of qualities in combination to engage our texts, our classmates, and our own ideas and experiences. Always we will need respect for others. Thus, an additional aim of our course necessarily will be for us to increase our facility with the sometimes difficult conversations that arise as we deepen our understandings of multiple perspectives—whatever our backgrounds, experiences, or positions.
#whatdsaid

see example

rules

document
Rules for Respectful Conversation

- Critically respond to others’ ideas
- Protect the relationships that challenge us and help us learn
#whatsaid

document

rules

see example

use the placemat
SAFE
spaces
validate & normalize
tech concerns
SAFETY by design
model
skills
opportunities
to practice
scaffold
learning/failure
GROWTH mindset
empower

VOICE AND CHOICE
SHARE YOUR PASSION
reconnect with what matters
“How can I help you learn during these difficult times?”

Dr. Heather Olson-Beal
MAKE LEARNING

a collaborative and inclusive effort
20 topics
students pick 10

student choice
in assignment

students co-author
the syllabus

student choice
in content
communicate
HEALTHY PRACTICES
Tips to Overcome Zoom Fatigue

After attending a day full of Zoom meetings for work, I escaped out of my office, went to my family, and then signed on to another Zoom call for my online graduate program. Amazingly, even though we were all there to discuss educational policy, the meeting took on a more personal tone. That’s making me wonder: what’s “Zoomed out?”

In a world of undefined social isolation, are you one of the many feet currently wondering when all of your free time has gone? Thinking on this topic, I read an article that talked about having a Zoom hangover. One staff member’s comment on digital overload made me stop, think, and finally laugh out loud. “The social consequences of being alone is making my attention fade.” If you are one of the many who are feeling this way, the staff at the Center for Teaching & Learning empathizes with you. Work-life balance (particularly in the time of coronavirus change) can be difficult, but if we focus on the little things that we can control, it is possible to bring peace to our new norm. Think on the interventions below.

3 Tips to Overcome Zoom Fatigue

1. Schedule Your Day
   Although this may seem self-evident, the concept is vital, and scheduling your day is a great way to reductive on your daily workload. Create a calendar, a planner, or (and) old-fashioned pencil and paper, and make sure to plan your day for the day. It is important to highlight it so that you can reflect on it in the end.

2. Unplug at Least Once a Day
   Now that you’ve been looking at how much time you spend connecting to technology, it’s time to unplug. Start by choosing a specific period of the day to unplug and enjoy. You’ll find that when you choose a time, you’re more likely to stay connected. Try to choose a time each day that works for you and stick with it.

3. Add a Little Sunshine to Your Day
   Yes, that’s right! A way to add a little sunshine to your day is by scheduling some time for yourself. This could be a walk, a phone call with a friend, or a quick chat with a colleague. It’s important to make time for yourself and enjoy the little things in life.

Schedule Your Day
Unplug
Get Outside
Make Time for You

Always, we can decide on a personal rhythm as we adjust to the expectations of our changing times.
REFERENCES

BLooms affective research
Laura Ellis-Lai
Sarika Narinesingh, MA, and Anne Song, MA
How to flourish at a Distance
Alison
alreed@sfasu.edu

DeAnna
deanna.schlebach@sfasu.edu

Megan
msweatherly@sfasu.edu