Since 1962, Phoenix House Mid-Atlantic has served more than 40,000 individuals struggling with a substance use disorder.
Our nationally accredited non-profit programs provide outstanding residential and outpatient services with gender-specific programs available for adults. Our counselors, physicians, and medical staff use a variety of evidenced based services to address a wide range of addiction and co-occurring mental health problems. Our regimen includes medication management and medication-assisted treatment (MAT) as appropriate.

Please call 703-841-0703, Opt. 1 for more information.
Have you ever thought you might have an issue with alcohol or drug use? If so, complete the following questionnaire.

1. Has anyone ever suggested that you quit or cut back on your alcohol/drug use? Yes _____ No _____

2. Have you made promises to control your drinking or using and then broken them? Yes _____ No _____

3. Have you ever hidden your use? Yes _____ No _____

4. Do you drink or use alone? Yes _____ No _____

5. Do you use or drink more than usual when under pressure, angry, or depressed? Yes _____ No _____

6. Have you had the shakes or tremors after drinking or using? Yes _____ No _____

7. Have you continued to use despite adverse consequences? Yes_____ No _____

8. Is drinking or using jeopardizing your job or relationships? Yes _____ No _____

If you answered “YES” to one or more of the above questions, you could benefit from completing an evaluation with one of our Assessment Team experts. This does not mean that you require service but is a good starting point for a conversation about the impact that alcohol or drug use is having on your life.
The team at the Phoenix House Mid-Atlantic Assessment Center consists of master’s level and/or licensed, highly qualified clinicians who complete ASAM (American Society of Addiction Medicine) accredited assessments in order to determine the appropriate services, if any, that are needed for each individual.

Our Assessment Team has a combined 110 years of experience in the Addiction Treatment Industry!

Pattie Schneeman, MPH, LSATP
Clinical Director
With 30 years in the substance use treatment field, as Clinical Director, Pattie oversees assessments, programs, training, and compliance.

Jane Engelken, LPC, LSATP
Director of Assessments and Utilization Review
Working in the addiction field for 30 years, Jane supervises assessors to ensure patients are being recommended for the appropriate level of care.

Britney Jordan, MS
Assessment Coordinator
Britney brings 7 years of quality experience to the team and focuses primarily on patients with Medicaid.

Francine Sandoval, LCSW
Assessment Coordinator
Francine’s expertise spans over 17 years in the behavioral health field.

Courtney M. Wilson, MA
Assessment Coordinator
Bringing 7 years of dedicated experience, Courtney brings a breadth of knowledge to our assessment team and provides assessments for all payer sources.
Phoenix House Mid-Atlantic is thrilled to be able to offer **Mobile Assessments**. This means our Mobile Assessors are able to meet individuals at a location that is convenient to them in order to complete the assessment. Common locations for Mobile Assessments to be completed are: Hospitals (if patient is currently hospitalized), community health center, outpatient offices, location of referral source (i.e. private practice), or businesses in the community such as coffee shops. Confidentiality is prioritized and location is agreed upon between the Assessor and individual being assessed.

**Our Mobile Assessors:**

**Cindy Blanton, NCACI, CSAC**
Regional Service Coordinator

With over 14 years of experience in the addiction treatment industry, Cindy completes mobile assessments in the Richmond Metropolitan area.

**Sean Fitzgerald, CSAC**
Regional Service Coordinator

Sean has over 5 years of experience in the addiction treatment industry. Sean completes mobile assessments in Northern Virginia and the surrounding Metropolitan area.

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**Business Office Team**

**Michelle Perry - Office Administrator**
Michelle handles the administrative duties for the Assessment Center. This includes managing the appointment calendar, assisting with bill payment, and addressing any needs of individuals receiving an assessment.

**Tracy Hawkins - Front Office Finance Supervisor**
Tracy meets with each patient, if needed, to review financial responsibilities based on information from commercial insurance and VA Medicaid providers. She also assists in making decisions about financing treatment.

**LaTasha Treherne - Admissions Assistant**
LaTasha is typically the first person to meet with each patient to check their vital signs and complete necessary testing and paperwork.
ASAM (American Society of Addiction Medicine) assessments are multidimensional and based on the degree of services needed to achieve success. Examples of dimensions assessed include aspects of the individual that impact substance use. Assessment Center and Mobile Assessments are clinically recommended as the most appropriate evaluation options as they are in person.

Below are three different ways Assessments are provided at Phoenix House Mid-Atlantic.

**Option 1: Assessment Center**
(highly recommended)

An Assessment Center appointment involves an individual coming to our Assessment Center in Arlington, VA and meeting face-to-face with our highly qualified assessment team.

**Option 2: Mobile Assessment**
(highly recommended)

A mobile assessment is scheduled for individuals who live in the Metro D.C. and Richmond Metropolitan areas. One of our Mobile Assessors can travel to the location of the individual needing to be assessed to complete the assessment.

**Option 3: Phone Assessment**
(least recommended)

A phone assessment is scheduled for individuals who live outside of the Mobile Assessment radius and/or are hospitalized or in a situation that they cannot travel to the Assessment Center.

To schedule an assessment today, call 703-841-0703, Opt. 1 and our friendly staff in the Welcome Center will assist you. Same day appointments are available.
What’s next?

When you arrive for your assessment, you will complete documentation, sign consents, and provide your insurance and identification card. Please bring a list of all medications.

A master's level and/or licensed clinician will complete the ASAM accredited assessment. At the conclusion, you will be provided with a medically appropriate recommendation.

Assessments are covered by most insurances. If choosing to self-pay, assessments are $200. A member of our finance team will meet with you to discuss a plan.

Plan for this process to take approximately 90 minutes.
Need to make a referral? It’s simple!

Call 703-841-0703, Opt. 1 and one of our friendly staff members in the Welcome Center will guide you through the process. We are in network with most insurance companies, including Virginia Medicaid, and offer a competitive self-pay rate.

200 N. Glebe Rd.
Suite 104
Arlington, VA 22203