Phoenix House Mid-Atlantic – Demeter House is a residential program serving women, including pregnant women and women with children. Our approach is rooted in evidence-based treatment, designed with a focus on strength to address the unique needs of each person and to deliver a superior level of care.

At Phoenix House, we are continually striving to achieve positive outcomes and to ensure that we are helping build healthier communities. Our collective efforts are designed to ultimately lead our patients towards living a healthy, active, and purposeful life, free from addiction.

If you know someone who is struggling with substance use, call our Welcome Center to connect them with the help that's needed.

703 841 0703, Opt. 1
We empower women to break the cycle of addiction, returning to their families and communities from a place of strength.

Demeter House serves women in a gender-specific setting that is comfortable and feels like home. Our addiction counselors, as well as our medical and psychiatric staff, use a cognitive-behavioral approach to address a wide range of substance use disorders and mental health problems, and provide medication and withdrawal management.

Group therapy, individual counseling, and a variety of services are offered to help women overcome addiction, reunite with family, and achieve economic independence. Pregnant women are accepted, and mothers entering treatment may bring one child with them.

If you know someone who is struggling with substance use, call our Welcome Center to connect them with the help that’s needed.

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