Mission Statement:

The Phoenix House Mid-Atlantic Alumni Association is committed to support and stay connected to our former patients in their efforts to maintain long-term and sustained recovery.

Association Core Values:

RECOVERY
Reconstruct - We work together to reconstruct our lives and become happy and useful members of society
Encourage - We encourage newcomers transitioning back into the community to stay on a path of recovery and enjoy life
Change - We strive to change the opinions and views on addiction to eliminate the stigma surrounding those with substance use disorders
Oath - We take an oath to be of service to those still suffering and to our fellow alumni
Validate - We validate our peers and support their growth
Excellence - We empower through excellence and inspire all individuals to be the best they can be
Reinforce – We continuously reinforce that recovery is possible and extend the hand of recovery whenever someone needs help
Yesterday – We put the past behind us and live in today, where all things are possible with recovery
Why Should I Join the PHMA Alumni Association?

- Regular PHMA Alumni Association Meetings provide members with networking opportunities to talk about employment opportunities and other issues relevant to our members.
- Our meetings and activities provide drug and alcohol-free social opportunities.
- Our activities provide another support mechanism for those new to recovery and the opportunity to share success stories and mechanisms by those with more seniority.
- The PHMA Alumni Association provides members with opportunities to give back to others in recovery and in treatment.
- Involvement in PHMAAA provides the means for members to advocate on behalf of people in treatment and recovery. It offers members the opportunity to speak to public officials and private groups/organizations about the disease of substance abuse and addiction. It provides the venue for participation in a cause larger than that ourselves - to minimize the social stigma attached to substance abuse and addiction and help those who are living with this disease.

Who: The Alumni Association is for any adult 18 and older who has completed care as a Phoenix House patient.

What: Members will engage through a variety of communication outlets and activities, including but not limited to: social events, service opportunities, newsletters, and fellowship.

Where: Most activities will be organized within the Arlington community.
Alumni Updates 2019

Why: To support and stay connected to former patients and encourage maintenance of long term and sustained recovery. Recovery works when supported by a full continuum of care.

Cost: We ask for an annual donation of $12.00 but it is not necessary if you have no means to contribute. This helps support events alumni throughout the year.

Phoenix House strives to provide patients with the tools necessary for long term recovery.