Phoenix House Counseling Center

**PHP**
Partial Hospitalization Program
- 4-6 Weeks
- 5 days/week
- 6 hours/day

**IOP**
Intensive Outpatient Program
- 6-8 Weeks
- 3 days/week
- 3 hours/day

**OP**
Outpatient Program
- 8+ Weeks
- 1-2 days/week
- 1-2 hours/day

- Educational groups
- Coping skills to change behaviors
- Develop a stable recovery plan
- Encouraged to self diagnose
- Evidence Based Practices
- Motivational Interviewing
- Individual and group counseling
- Medication provided by on-site psychiatrist as needed
- Behavioral management
- Assessments

Adult PHP: Mon-Fri 9:30-3:30
Adult IOP: M-W-Th 10:00am-1:00pm OR 6:00pm-9:00pm
Adult OP: M-Th 10:00-11:30am OR 6:00pm-7:30pm