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## **Beeswax Wraps and Hand Salve**

**Watch our video demonstration. Find on both websites and on Science Loves Art's YouTube channel!**

### **Kit supplies included:**

Beeswax (3 Tablespoons) with Jojoba Oil  
Pine Resin (1.5 Tablespoons)

### **Optional:**

100% cotton fabric (non stretch) or use your own fabric or go to Nu2U and find a cool shirt to use! Be sure it is 100% cotton fabric. Our fabric is cut to 8x8 inch squares.

### **Other supplies needed:**

Oven  
Parchment paper or foil (not wax paper)  
Cookie sheet  
Tongs or fork and paint brush/spoon for moving hot wax and picking up fabric

### **Instructions:**

1. Preheat oven to 200 degrees F maximum! Depending on your oven, you may need to lower the heat. Your goal is to slowly melt and saturate your fabric so plan on 7 to 10 minutes.
2. Lay parchment paper or foil on a cookie sheet.
3. Place your fabric on the paper/foil.
4. Sprinkle approximately 1/2T of the beeswax/jojoba oil over the fabric. You will be surprised how little wax you need to use sparingly. Less is more. You can always add more later.
5. OPTIONAL: Sprinkle 1/2 tablespoon of pine resin over the beeswax. IF you would like to use pine resin (some prefer pine resin because it increases the tackiness of the wraps. Others prefer not to use the pine resin and simply use the wax/oil. Try both methods and see what you think!

Note... pine resin has a higher melting point than wax so you will need to wait longer for the resin to melt. Be patient and wait until fabric is saturated.

6. Remove from the oven and use a spoon, a small, clean paint brush and fork/tongs to pick up your fabric and check for dry areas (usually corners). Carefully push the corners into the extra melted wax that may be on the paper.

\*\*The wraps cool of very quickly but come out of the oven hot so be careful!!

\*\*Hang to cool or lay over a bowl. Just don't let the wraps sit on the cookie sheet because of the extra wax that may be in the pan.

### **Benefits:**

Reuseable- reducing waste: replaces plastic wrap (and saves \$\$)

Beeswax has antibacterial and antifungal properties

Locks in moisture, but won't build up

Allows your food to breath unlike plastic wrap

Can be composted! Or used as a fire starter

If you find that your wrap has too much wax, that is easy to correct! Just lay another plain cloth underneath your wrap and put them back in the oven. The wax will melt into the cloth below.

If your fabric is too big for your cookie sheet, simply fold over your fabric and layer the top as usual. The wax will soak into both layers. So many options!

### **Care Instructions:**

Wash in cool water with a mild soap and air dry.

Store in a drawer away from sunlight and heat sources. (No microwaving! No hot water)

Depending on how often you use them, you'll need to refresh the wraps every 6 to 12 months. To refresh, simply pop them back in the oven with wax where you need it.

### **Hand Salve:**

We've included extra supplies so you can make more beeswax wraps or make some hand salve! It is great for lips and dry hands. The antiseptic qualities are awesome!

To make the salve, simply put your extra beeswax (with jojoba oil) and pine resin in a small microwave safe jar and add 4 T of olive oil. Slowly melt the materials together stirring every 30 seconds. The pine resin takes longer to melt so take your time. We use 2 ounce mason jars to make the salve. Let the salve cool with the lid off. Voila... excellent salve with antiseptic qualities.

Order more beeswax with jojoba oil, pine resin and fabric individually on our website. More recipes, kits and supplies coming to you from Science Loves Art and 4<sup>th</sup> Street Studios!

Thanks for supporting science and art!  
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