Quito Village to be developed into 91 townhomes under Senate Bill 35

Written by Brandy Miceli

On January 9, Sand Hill Property Company, owner of Quito Village, the former location of Gene’s Market, submitted an application to the City of Saratoga to develop the commercial land into a 91-unit townhome dwelling. Ten percent of the units—nine in total—will be dedicated to affordable housing.

The application could be approved fast—60 days, fast—with little say from the city. Unlike traditional property development, this project was submitted using Senate Bill 35 (SB 35), which can expedite the local review process for qualifying multifamily residential projects that promise a certain percentage of affordable units, which can vary by city.

The legislation, introduced by Assembly-member Scott Wiener and approved in 2017, states that if the project complies with objective city planning standards; is in an urban area with 75 percent of the perimeter developed; isn’t located in a coastal zone, on agricultural land, in a wetland, or in a fire hazard area, it can qualify for streamlined, ministerial approval process.

According to the City of Saratoga website, “Ministerial review is based on compliance with set, objective standards and cannot

SEE NEWS PG. 4

Don’t forget to like us on Facebook! @saratogaseniorcenter

Or if Instagram is more your style! @saratogaseniorcenterca

SASCC Senior Services SURVEY pg. 11

AARP Tax Assistance

AARP Tax Aide is the nation’s largest, FREE, volunteer-run, tax assistance and preparation service. This free service is designed for low and middle-income taxpayers, with special attention to those age 60+. The tax aide program for the Saratoga area will run from Thursday, February 6, 2020 - Thursday, April 9, 2020. Unless noted otherwise, the AARP tax-aid volunteers will be here every Thursday, from 9:00 a.m. to 1:30 p.m., to assist you with filing basic tax forms: (1040, 1040A, and 1040EZ).

PLEASE CALL 408-868-1254 TO SCHEDULE YOUR APPOINTMENT.

SEE QUITO PG. 3

To our valued member/
current resident: Volume 2019, Issue 5
•A publication by the Saratoga Area Senior Coordinating Council (SASCC)•Non-Profit Organization U.S. Postage Paid Permit #75 Saratoga, CA
A Message from the Mayor,

Dear SASCC Family and Friends,

This is my third opportunity to serve as Saratoga’s Mayor. Each year presents its own unique opportunities and challenges, and 2020 will be no different. One area we see this in is the change and development occurring in Saratoga, which you can read more about right here in The Outlook.

I want to highlight another area of personal interest for me this year: accessibility for people with disabilities. My household includes my blind nephew, my father with Parkinson’s, and my mother-in-law who uses a wheelchair due to a disease that my wife also has. Each of my family members were avid outdoor enthusiasts, and these impairments dramatically limit their access to the outdoors. At my own home, we are remodeling the yard and replacing four doors to provide them with greater access to our outdoor spaces.

I have brought that interest and passion into my work with the City. Last year, I proposed and received funding for a citywide accessibility assessment to make all City parking lots and traffic signals more accessible. Our Youth Commission shares my passion for this subject as well. They are currently raising funds for accessible play equipment so individuals of all ages and abilities can enjoy Saratoga’s outdoor spaces. The City has also planned to contribute to remodeling the two entrances to SASCC’s Senior Center and Adult Care Center. This would include façade improvements, landscaping changes, new signage, or walkway enhancements. I am very glad we can continue supporting SASCC’s efforts to keep Saratoga’s older adults active, social, and happy.

My goal is to put a program in motion so that over the years, every City facility and park becomes more friendly and accessible to those with disabilities and visitors of all ages. This could include a variety of improvements, such as ramps into parks, smoother trails, handicap parking, and other amenities. Master Plans have already been developed for both Quarry Park and Hakone Gardens that include accessibility features to be implemented over the coming years. I look forward to a time when everyone, regardless of their age or ability, can experience Saratoga’s parks and facilities – and when my mother-in-law can again venture out into our backyard.

Sincerely,
Howard Miller
Mayor of Saratoga

Letters to the Editor

Have a concern, question, idea or a solution to a problem?

The Outlook invites you to write a letter to the editor!

Share with us your thoughts and feelings about what’s going on in your community.

Let your voice be heard!

Howard Miller
Mayor of Saratoga
The project could be approved within 60 days due to streamlined approval requirements

CONTINUED FROM QUITO PG. 1

involve subjective judgment. Qualifying projects are also not subject to environmental review under the California Environmental Quality Act.”

This means that SB 35-qualifying projects simply have to meet the city’s planning standards, and the city cannot require an Environmental Impact Report to analyze the impacts of the project, such as traffic.

While Saratoga has not turned down a housing project in many years, the city has also not received enough applications for new homes to meet the progress targets contained in SB 35. Saratoga was placed on a list with 297 other California cities where housing production has not met the progress targets and the streamlined approval process now applies.

“The city is now diligently reviewing the application to confirm whether the application complies with SB 35 requirements and qualifies for this expedited process,” Miller said.

After Gene’s Market, a cherished grocery store among locals, closed in 2017, a Sand Hill Property Company spokesperson said in a Mercury News article that the developers had “no plans to redevelop the center or change its use,” and that efforts would then be “focused on finding a new grocery operator for that space, although market conditions are difficult, so Quito Village can continue to serve the community.”

A San Jose Spotlight article on January 9 of this year stated that “Sand Hill has struggled to attract a new anchor retailer since.”

Currently, Quito Village is home to Ruby’s Tamales y Mas, 575 Yunnan Eatery, La Nouvelle Hairdressers, Lynn Sally Hair Salon, Quito Nails, Starbucks, OPTM Physical Therapy, Saratoga Vision Center, and more businesses and medical offices.

The proposed development is comprised of 17 buildings for the 91 townhomes, a nearly 5,000 sq. ft commercial building, 53 parking spaces, 182 spaces in garages attached to townhomes and 76,529 sq. ft of open space for a private central park area, a public pocket park and an open plaza near the commercial building.

“It’s very unfortunate that the locations we’ve identified for housing in other areas of the city aren’t being utilized,” Miller said. “Instead, one of Saratoga’s few commercial areas will be even further limited. I’m disappointed that the Quito neighborhood won’t be able to shop near their homes and the community can’t support those local, small businesses.”

The Outlook reached out to Sand Hill Property Company for a comment, but did not hear back by deadline. Miller encouraged the public to come to a neighborhood information meeting the city is hosting on February 13 at 7 p.m. in the Joan Pisani Community Center to learn more about this project and the SB 35 process. The center is located at 19655 Allendale Avenue. Community members can also visit www.saratoga.ca.us/Quito-Village to view project plans and sign up to receive email notifications about the project.
SARATOGA  Continued from NEWS pg. 1

on current land use and urban planning issues.

The Library Commission provides counsel and recommendations on library policies, budgets, plans and procedures to the city council, city staff, the Santa Clara County Library staff and the Saratoga Library supervisor. The Youth Commission serves as a liaison between the young citizens of Saratoga and the City Council. Commissioners plan, promote and participate in community service, educational and fun activities for the city’s youth. Applicants must be Saratoga residents and registered voters. For more information, visit www.saratoga.ca.us/comvac.

New app tells locals what’s recyclable, and what’s not

If you’re confused about what can go in the blue bin and what can’t, the West Valley Collection and Recycling launched an app, Waste Connect, where you can look up which items should be put in the recycling bin and which should be thrown in the trash. The app also shows you your local collection schedules. You can also visit www.westvalleyrecycles.com for additional information, if you don’t have a smartphone to download the app.

The City of Saratoga’s newsletter, the Saratoga Source, says, “The new key to successful recycling is to make sure recyclables are clean and dry. This includes bottles, jars and cans, which all have to be cleaned and dried before being placed into the recycling bin. Also, please make sure the lids of recycling bins remain closed, especially during the rainy season. Let’s all do our part to help reduce waste!”

Is your home ready for rain? Here are some tips to prepare yourself

Though winter is already underway, it’s never too late to prepare for winter storms. The City of Saratoga recommends to inspect your roof, examine your chimneys for wear and tear, clean out your gutters and remove any debris, so rain can be diverted away from your home. The city’s newsletter says, “Check the seal around doors, and windows. In case of wind-storms, tie down lawn furniture or bring furniture inside to keep it from blowing away.

If you live in a flood-prone area, consider protecting your property with sandbags. A free, 24-hour sandbag station is available right outside of the City’s Corporation Yard at 19700 Allendale Avenue. Bags, sand, sandbag fillers, and shovels are all available for you to use. There is a 25-bag limit per household. You can find more information and learn about proper sandbag techniques at www.valleywater.org/sandbags. During a flood, never drive or walk through flooded areas. Six inches of moving water can make a person fall, a foot of water will float many vehicles, and two feet of rushing water can carry away most vehicles. If you can’t tell how deep the water is, just stay away.

For more information on whether your home is in a flood zone, as well as how to prepare for floods, visit www.valleywater.org/floodready.”

LOS GATOS

Popular Bay-Area chain “Oren’s Hummus” to open downtown

Oren’s Hummus, a fast-expanding casual Middle Eastern and Mediterranean food chain is moving into the location formerly occupied by The Walking Store on the corner of Main Street and Los Gatos Boulevard. According to the restaurant’s website, founder and tech entrepreneur Oren Dobronsky, with the support of his wife Nancy, an experienced restaurateur, decided to open the first casual concept in Palo Alto because Oren missed the big creamy plate of hummus, fresh pita and mediterranean salads that were plentiful in his homeland of Israel.

The Los Gatos location joins five others in San Francisco, Cupertino, Mountain View, two in Palo Alto plus a catering office. The restaurant is scheduled to open in spring of this year. For more information about Oren’s Hummus, visit www.orenshummus.com.

Los Gatos General Plan meeting schedule through 2020

The Los Gatos General Plan will be updated this year! Below is a list of important dates and meetings throughout 2020, as published by the Town of Los Gatos. If you’d like to submit comments for any of these meetings or provide input to the town on the General Plan, email such letters to GP2040@losgatosca.gov.

Submittals received before 11 a.m. on the day of each meeting will be distributed to the respective body.
**SARATOGA**

**Calligraphy Meditation - Feb. 8, 10:45 a.m. at Hakone Gardens**

Enjoy a relaxing, stress-free morning at Hakone Gardens by participating in calligraphy meditation. Trace the Heart Sutra, a Buddhist phrase that states, “Form is empty, emptiness is form.” This meditative experience will result in a beautiful piece of art for you to take home.

No experience is necessary, in either Sutras or calligraphy. Tickets are $20 and are available at bit.ly/CalligraphyMeditation. Hakone Gardens is located at 21000 Big Basin Way.

**92nd Academy Awards Party - Feb. 9, 2 p.m. at Stilettos Wine Bar**

Watch the Academy Awards in style at Stilettos Wine Bar in downtown Saratoga. Come decked out in Oscar-worthy attire for a chance to win awards for best-dressed woman, man or couple. Make predictions for who you think is going to win, and receive a raffle ticket for each correct selection.

Tickets are $10 online at bit.ly/StilettosOscarNight, and $15 at the door. Ticket price includes entrance to the event, one glass of sparkling wine and one raffle ticket. Stilettos is located at 14527 Big Basin Way.

**“Souvenirs,” a kaleidoscope of dance and music - Feb 12, 7-8:30 p.m. at McAfee Center**

The Brigham Young University Young Ambassadors, a world-renowned singing and dancing troupe, will perform their vibrant new production, Souvenirs, at Saratoga High School’s McAfee Center on February 12. Featuring numbers from Broadway’s Dear Evan Hansen, Hairspray, Crazy for You, Dreamgirls, Bandstand, Spamatol and songs from the movies Coco, The Greatest Showman, Frozen, The Prince of Egypt, Tangled, Hercules and Aladdin, plus international hits from the Beatles, Journey, Charlie Chaplin, Ben Rector and Stevie Wonder; this lineup will take attendees on a memorable journey through many favorites over the past 50 years.

Tickets are $18-$35 and can be purchased at bit.ly/BYUYAYoungAmbassadors. Request ADA seats or wheelchair access by calling Tina Hill at 408-836-9372. McAfee Center is located at 20300 Herriman Ave.

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**LOS GATOS**

**History of Music (ages 55+) - Feb. 5, 12, 19, 26 11 a.m.**

Music lovers will enjoy this exploration of famous musical composers, their works and what historical events inspired them. Entry is free, and no prior musical knowledge is required to enjoy this deep-dive into music. Classes are taught by Jan Masters, and they are presented in partnership with the Continuing Education Older Adults Program of West Valley College. These classes take place at the Jewish Community Center every Wednesday. The JCC is located at 14855 Oka Rd.

**Science-based Detox Talk - Feb. 11, 7-7:30 p.m.**

Are you seeking increased energy, weight loss, mental clarity, better digestion and healthy skin? Would you benefit from guidance and a supportive community? Jumpstart your 2020 health goals with a science-based group detox program facilitated by Loree Pinnavaia, DC.

According to a recent Centers for Disease Control and Prevention report, Americans of all ages are carrying more than 219 toxic compounds in their bodies at any given time. Growing evidence suggests even low-level toxicity is related to a variety of health concerns.

The event’s description says that targeted nutritional support enhances the biotransformation of toxins and boosts natural detoxification in the body. This informational talk is on February 11 at Equilibrio Health, located at 16400 Lark Ave, Suite 220. The seven-day detox begins February 13.

**Wine Tasting at Villa del Monte Winery - Feb. 22, 12 p.m.**

Drop by Villa del Monte Winery on February 22 to enjoy an afternoon of tasting fine wines produced in the heart of Los Gatos. Tickets are $5, and are available at localwineevents.org. Villa del Monte Winery is located at 23076 Summit Rd.
Love is in the Saratoga Village air

The Saratoga Village will be full of love this month! As part of the Saratoga Village Development Council’s (SVDC) annual Love Notes tradition, local elementary students created cute expressions of love to be displayed in the downtown store windows.

This year, the participants from our Adult Day Program were asked to take part in the love! They are writing love notes to be placed in the tunnel near the old Blue Rock Shoot. This area will also feature other adult love notes, where older adults can tell their grandchildren how much they love them.

There will be a large envelope near the tunnel where people can drop their notes, to be hung by the village gardeners.

Take part in this fun tradition! Head down to the Village and place your love note in the envelope.

Health, Wellness & Prosperity in 2020

Traditional Chinese Medicine for Better health

Suffer from allergy, arthritis pain, digestive problems? Want to live a pain free life with abundant energy and vitality? Come to our free health talks!

Quli Zhou, a Chinese medicine practitioner will give a series of lectures that teaches you:

• How to use food, acupressure and Qigong to improve your energy, mobility, and over all health and well being.
• How to maximize your health with 5 daily rituals
• How to do self care to gain health and longevity

The lectures are interactive with hands-on practices.

Health, Wellness, & Prosperity Lectures will be held:

March 18 - Allergy, asthma, chronic bronchitis
March 25 - Digestive problems prevention & treatment
April 1 - Arthritis and Joint pain management

All lectures will be held 3:30-4:30 p.m. in the Fireside Room at the Saratoga Senior Center.

Quli Zhou, Founder and CEO of Eternal Health & Wellness, Quli brings over 35 years of experience in helping people living their best lives naturally. She and her professional team have successfully treated over 10,000 patients. She was recognized as a distinguished professor of Chinese medicine in 1995, received the Acupuncturist of the Year Award in 2001, and was listed in “Who is Who” in 2002.

With the passion for helping people live their life purpose through health and vitality. Quli has devoted her time and energy to developing the Eternal Health Method, a health recovery and maintenance system that allows the body, mind and energy return to a balance.

Quli Zhou received her master’s degree from China in 1983 and continues her study and research in modern natural medicine. In her free time she enjoys hiking, and photographing the beauty of nature. She also enjoys comedies and laughter.

Provided by
Celebrating Love

By Patty Watkins Dick,
Member of Louise Webb’s Memoir Class

The Isle Of Lydia

"Where did we meet you ask?"
"The Isle of Lydia," I reply.
"I think I've heard of that place...Is it off the coast of England?"
"You may be thinking of the Isle of Wight."

Well, the conversation has gone on several times for several years the same or similar way.

And now I will cut to the chase and tell you the truth. I used to say that we met in front of the refrigerator, opposite her kitchen island at my dear friend, Lydia’s home.

Now as a writer I felt I had done my profession wrong; therefore, I quickly changed the story line to read, to say to relate to the world:

“We met on the Isle of Lydia,” not far from the Pacific.

We celebrate ten years since our marriage date and the honeymoon continues for thirty more years...then our marriage will begin.

A Flamenco Moment

Each embrace, each stroke on my face
Sends me into a trance like a flamenco dancer’s pace.
The vibrations, the movements transform touch to notes.
Rushing and dancing, keeping rhythms of luscious Fingers and digits strumming emotions —
Sounds that only lovers hear in secret places.

The intensity rushes, dances faster and faster —
The yelping, the yelping responds like the ocean —
Moving, and soothing, and sending out signals
The ocean’s foam mingles and fingers the delta —
Its coming, its going inundates the sand;
A new trail is given to each stroke of its hand.

The music, the guitar strings plucked by the expert Dance and play on my ear and my senses.
A moment, a detail of dancing delight
Sends my mind, my soul swirling like a dancer’s ruffled wrap-
She’s clapping, she’s yelping in pace with her feet...
The trance, the strumming is endless to me.

They keep me delighted, so loved, so enthralled!
My ears are crowded by notes all joining at once—
So many, so much they clamor to touch
And become the din that lovers regret—
It’s only a moment I’ll never forget.
It feeds, and pleads to build once more
That vitality, that flamenco running and rushing,
Bursting with vim,
Consoling and stroking the hour of whims that Commitment stirs slowly,
Emotionally
Again.

And all this welcomed love-
Paced passion greets me
The moment I open my door;
Your brown gaze kisses my face:
The flamenco moment flashes-
The sizzle heats, twirls, and Fans me
Completely.

Us
I noticed how exquisite you are, your smiling eyes, And how our laughter fed our souls.
I liked how easy conversation traveled the space between us and through us.
I loved how you looked at me and where you touched my hand;
I remembered how you came so close on the night, the hour we met.

I noticed how the sound of your hello brought me, us, restless, loving joy.
I felt your warmth and urgency to kiss
When you held my hand and traced my face.
When our lips engaged, our taste sweetened our nights.
And your caress upon my neck was yet another gift to our holidays.

We are painting our masterpiece
Each day we spend together.
The aroma of our relationship
Is perfumed by our fresh adventures
Written in our journal of play.

I adore how we look at one another
And how we hold our kiss
While our souls chit chat and spend our sweet embrace.

I noticed how thoughtful you are
When you take my arms and love me so.

While the smallest thing you do
Expands and grows to loving dance
And swings our history, writes our verse.
I long for the tango you do with my hair;
How you tickle my knee at the movies
And how we walk, talk
Hips to hip along our path.
We thrive jointly, like a bolero stance and intertwined.
God is leading us, embracing our strides.

Patty and Lou continue to celebrate their anniversaries three times each month of these past ten years...the day they married (the 13th), became engaged (14th), and met (the 15th). And so it is these poems reflect their courting and present bliss.
Lunch Bunch Changes
Please note, starting January 2020, every member interested in signing up for the Wednesday Luncheons, you **MUST** call to RSVP!
You can sign up in person, email taylor@sascc.org, or call 408-868-1257.

There will no longer be a pre-registered list. You can RSVP as early as one week in advance from the luncheon you would like to attend.

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### Nutrition Made Easy Classes: February Classes - Healthy Carbs

**Love Eating Greens: Tues, Feb 11, 2-4p.m.**
Add more veggies in your diet by making 2 delicious dishes to take home for later. Plus, learn tips on ways to please the pickiest eaters.

**Better Breakfasts: Tues, Feb 25, 2-4p.m.**
Make delicious and quick dishes for the most important meal of the day! Learn how to make a Dutch pancake and egg bites that you can take home to enjoy later.

**SASCC Screen Time**
Do you need help figuring out how to use an app on your phone or tablet? Or maybe you would like to further your knowledge about a system you are already using?

Shaan Sridhar and other Saratoga High School students will be at the Saratoga Senior Center once a month to help members with any tech-related questions they may have.

**The next session is Friday, February 7, 3:30-4:30 p.m.**
Call 408-647-9023 to RSVP!

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### Nutrition Made Easy Classes: February Classes - Healthy Carbs

<table>
<thead>
<tr>
<th>DATE</th>
<th>ENTERTAINMENT</th>
<th>MENU</th>
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<tbody>
<tr>
<td>FEBRUARY 5</td>
<td>ISLANDWAVE DUO</td>
<td>Coleslaw, Cheddar and Chive Potato Salad, Marinated BBQ Chicken</td>
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<td>Veggie Burgers, Baked Beans, Buttered Sweet Corn</td>
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<td>Green Chili Corn Bread, Dessert</td>
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<td>FEBRUARY 12</td>
<td>ARGONAUT ELEMENTARY DANNY KENNEDY</td>
<td>Marinated Mushroom Salad, Green Salad with Balsamic Vinaigrette, Meat</td>
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<td>and Spinach Ravioli in Tomato Cream Sauce, Pesto Primavera, Roasted</td>
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<td>Italian Vegetables, Cannoli</td>
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<td>FEBRUARY 19</td>
<td>LUNCH w/ THE MAYOR STARTS @ 11:30 A.M.</td>
<td>Tomato Cucumber Salad, Tossed Green Salad with Sunflower Balsamic</td>
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<td>Vinaigrette, Mediterranean Grilled Chicken, Cheese Tortellini Alfredo</td>
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<td>Herb Rice Pilaf, Roasted Zucchini, Carrot Cake</td>
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<td>FEBRUARY 26</td>
<td>CARE PATROL PRESENTATION</td>
<td>Spicy Cilantro Slaw with Orange Segments, Tossed Green Salad with</td>
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<td>Sunflower Seeds and Avocado Lime Vinaigrette, Beef Enchiladas, Tex</td>
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<td>Mex Casserole, Ice Cream</td>
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**LUNCH STARTS AT NOON**
**RESERVATIONS ARE REQUIRED BEFORE NOON ON TUESDAY**

Lunch: $5/Member $10/Non-member
(408) 868-1257

Please let us know of any food allergies/restrictions.
### FEBRUARY 2020 SCHEDULE OF CLASSES
SARATOGA SENIOR CENTER

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<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
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<tr>
<td>9-10 Fitness n’ Fun</td>
<td>9:10-10:30 Intermediate Yoga ($7)</td>
<td>8:45-10:15 Intermediate Yoga ($7)</td>
<td>9-10 Fitness n’ Fun</td>
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<tr>
<td>10-2 Open Play Bocce</td>
<td>10:30-11:30 Social Group</td>
<td>9:30-11:30 Erhu ($)</td>
<td>9:30-11:30 Erhu ($)</td>
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<tr>
<td>10-1 Quilting Group</td>
<td>10-11:30 Labanav</td>
<td>10:30-11:30 Memoirs</td>
<td>10-11:30 Memoirs</td>
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<tr>
<td>10:15-11:15 Tai Chi</td>
<td>12:30-1:30 Wednesday Lunch Bunch ($5)</td>
<td>10:15-11:15 Tai Chi</td>
<td>10:15-11:15 Tai Chi</td>
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<td>11:30-4:30 Table Tennis</td>
<td>12-3 SCCM Group</td>
<td>11:30-4:30 Table Tennis</td>
<td>11:30-4:30 Table Tennis</td>
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<tr>
<td>2-4 Saratoga Traders</td>
<td>12-3 SCCM Group</td>
<td>12-3 SCCM Group</td>
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**Presidents’ Day**

- **Closed**

### Class day & time changes:
- The Anandvan Group will now meet in the S. Ku Foundation Hall 10:30 a.m. - 12:30 p.m.
- Saratoga Art & Saratoga ’17 Bridge will meet in the Fireside Room 1 - 4 p.m.
- There will be no Tai Chi or Table Tennis on Friday, February 14, 2020.

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- **AARP Tax Assistance** is available starting Thursday, Feb. 6 - April 9, 2020. The last appointment time is at 1:30 p.m.
- **For Open Play Bocce**, please call Taylor Osterlund at (408) 647-9023 for more info.
RESOURCES

Free or Low-Cost Services

SENIOR SERVICES

FREE or LOW-COST SERVICES with NO MEMBERSHIP REQUIRED

Saratoga Senior Center
19655 Allendale Ave, Saratoga, CA 95070
M-F, 9 a.m. to 4 p.m.
(408) 868-1257

Los Gatos Adult Recreation Center
208 E. Main St, Los Gatos, CA 95030
M-F, 9 a.m. to 4 p.m.
(408) 354-1514

PHONE NUMBERS

RYDE     (408) 892-9739
Live Oak Nutrition Center   (408) 354-0707
SOURCEWISE     (408) 350-3200 x1
Social Services & Support   (866) 896-3587
Los Gatos 55+ Program      (408) 354-1514
55+ Specialist, Lynnette Vega (650) 747-0605

CALL 211 or visit 211scc.org
Food, Child Care, Legal Aid, Housing & more
(free, confidential, multi-lingual)

PROGRAMS AND SERVICES

R.Y.D.E.:
Curb to curb transportation for adults 65+ living in the West Valley area. For details call (408) 892-9739.

SENIOR ADULTS LEGAL ASSISTANCE (SALA)
Providing Free Legal Assistance to Santa Clara County Elders Since 1973

SALA is a non-profit elder law office whose mission is to support older persons in their efforts to live safely, independently, non-institutionalized and with dignity. SALA representatives are at SASCC every 3rd Monday of the month, from 10 a.m. to 12 p.m.
Please call (408) 868-1257 to make your appointment.

Must be 60+ years & a resident of Santa Clara County. FREE.

HEALTH INSURANCE COUNSELING & ADVOCACY PROGRAM (HICAP) funded by Sourcewise

HICAP is a FREE volunteer-based program from Sourcewise that assists seniors with Medicare as a supplements to Medicare, long-term care and managed care insurance plans.

HICAP is offered at SASCC on the 4th Tuesday of every month from 10a.m. to 12p.m.
Please call the front desk at (408) 868-1257 (SASCC) to make an appointment.

Must be 55+ years & a resident of Santa Clara County.

Annual AARP: TAX ASSISTANCE FREE
Income Tax Preparation designed for low-and middle income taxpayers (1040, 1040A, 1040EZ), with special attention to those age 60+. This program is offered on an annual basis, from February through April 9th.
Please see pg. 1 for more info.

AARP: SMART DRIVER 50+
(Driver Safety & Renewal Class)
Ask to see a 2020 class schedule.
For Los Gatos registration, please call (408) 354-1514.
For Saratoga registration, please call (408) 868-1257.

BROWN BAG PROGRAM
(Second Harvest). 2nd & 4th Fridays, 8-9 a.m., To pre-register, please call 1-800-984-3663.

MOBILE FOOD PANTRY & SERVICE VAN
Offered by West Valley Community Services
Case Management, emergency financial assistance and more. FREE.
1st & 3rd Thursday, 3:30-5:30 p.m.
111 Church St. in the parking lot.

SHRED IT SERVICES
Available at the Saratoga Senior Center, Mon.-Fri., 9-4 p.m.
$1/per pound, $12/per Bankers Box
Call (408) 647-9023 for more information.

SARATOGA ADULT CARE CENTER

The Saratoga Adult Care Center gives our older adults the opportunity to socialize among their peers, get involved in fun activities, enjoy entertainment and delight in homemade nutritional lunches and great snacks.

JOIN US FOR A COMPLIMENTARY VISIT DAY
Visit days are offered FREE of charge, with no obligation.
* Financial options can be discussed for those with a need or hardship.

CONTACT: Renee Hampton
Adult Day Program Manager
(408) 868-1262
hampton@sascc.org
SASCC Senior Services Survey

1. Which best describes you? (check all that can apply)
   □ A senior citizen
   □ A senior citizen with a disability
   □ A non-senior citizen with a disability
   □ A caregiver for a senior citizen
   □ A relative of a senior that needs care
   □ A neighbor of a senior that needs care
   □ I work as a provider of services to older persons
   □ Other

2. What age range do you fall in?
   □ 18 to 59 years
   □ 60 to 64 years
   □ 65 to 69 years
   □ 70 to 74 years
   □ 75 to 79 years
   □ 80 to 84 years
   □ 85 to 89 years
   □ 90 to 94 years
   □ 95 years and older

3. What is your current living situation?
   □ I live alone,
   □ I live with spouse/significant other
   □ I live with adult child/ren,
   □ I live in shared housing
   □ I live in a residential community

4. Do you ever visit the Saratoga Area Senior Coordinating Council (SASCC)?
   □ No, I’ve never been
   □ I’ve been there a few times
   □ I visit the center regularly

5. For those who do not visit SASCC regularly, what are the reason(s) that you do not visit? (check all that apply)
   □ I do not know much about it
   □ I do not know where it is
   □ I do not have transportation
   □ I do not know anyone who goes there
   □ I do not think anything there would interest me
   □ I am too busy
   □ Other reason: ___________________________

6. What programs and services are you aware of, that are offered by SASCC?
   □ Adult Day Care Services
   □ Adult Education
   □ Group (Congregate) Meals
   □ Home Health Referrals
   □ In-Home Support Referrals
   □ Legal Assistance
   □ Recreation and Socialization
   □ Transportation
   □ I am not aware of any programs and services offered

7. Which programs and services offered by SASCC have you used in the past 12 months? ________________________
   ____________________________
   ____________________________

8. Which of the following programs and services would you plan to use within the next 12 months?
   □ Adult Day Care Services
   □ Adult Education
   □ Group (Congregate) Meals
   □ Home Health Referrals
   □ In-Home Support Referrals
   □ Legal Assistance
   □ Recreation and Socialization
   □ Transportation
   □ I do not plan to use any of these in the next 12 months

9. Overall, how do you rate your quality of life?
   □ Very good
   □ Good
   □ Neither good nor bad
   □ Bad
   □ Very bad
   □ Don’t know

10. During a typical week, do you spend time doing the following?
   □ Participating in a club or civic group
   □ Participating in religious or spiritual activities with others
   □ Visiting with family in person or on the phone
   □ Visiting with friends in person or on the phone
   □ Providing help to friends or relatives
   □ Participating in senior center activities
   □ Doing housework or home maintenance
   □ Participating in a hobby such as art, gardening or music
   □ Working for pay
   □ Attending movies, sporting events or groups events
   □ Volunteering or helping out in the community

11. What programs and services do you want or need assistance with?

12. Where do you get your information about senior services?

Survey will also be available at the Saratoga Senior Center.

Please detach this page, fold, and mail or drop off to:
SASCC
19655 Allendale Ave
Saratoga, CA 95070
The Community Emergency Response Team program educates people about disaster preparedness for hazards that may impact their immediate area and trains them in basic disaster response skills such as: fire safety, light search and rescue, team organization and disaster medical operations.

Using classroom and simulation based education; CERT members can assist others in the neighborhood or workplace immediately following an event when emergency responders may not be immediately available to help. Taking CERT training is easy, fun, and a great way for your business or neighborhood to strengthen working and personal relationships that will be vital in responding to an emergency.

CERT training is only $35 and is accomplished in about 21 hours culminating with a final disaster simulation exercise applying the skills participants have learned.

Registration: This event may be scheduled using this link: https://saratogacert2020.eventbrite.com
Questions: (408) 808-7800 or via email: cert@sccfd.org

Class dates:

<table>
<thead>
<tr>
<th>Location</th>
<th>Day</th>
<th>Date</th>
<th>Time</th>
<th>Ages</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Joan Pisani</td>
<td>Tu/Th</td>
<td>5/12/20-5/31/20</td>
<td>6 - 9 p.m.</td>
<td>18+</td>
<td>$35</td>
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<tr>
<td>Sun</td>
<td>5/31</td>
<td></td>
<td>8:30 a.m. - 12:30 p.m.</td>
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All seven sessions (21 hours) are required to complete the academy. Missed classes may be made up at a future academy in any of the SCCFD served jurisdictions.

Los Gatos informs community of its strategic priorities

Written by Brandy Miceli

The Town of Los Gatos held a meeting on January 14 to discuss its strategic priorities for the year. The list of priorities include traffic and transportation, quality of life, safety and prudent financial management.

On traffic and transportation, the town plans to hold a comprehensive parking study, review transportation demand management to account for summer, rush hour and school traffic, develop new Measure B projects, install bicycle and pedestrian improvements and have a community shuttle system.

The town’s quality of life priorities include focusing on community vitality, hosting economic vitality events and adopting policies and ordinances to support such efforts.

Safety priorities are focused on emergency preparedness, CERT recruitment and training, community communication on fire protection, vegetation management on town properties and enhanced community education on these issues.

As for having more prudent financial management, the town will review and improve pension and other post-employment benefit obligations by making additional discretionary payments, reducing amortization strategies and improving pension contribution management strategies. The town also talked about selling or leasing certain town properties.

If you’d like to watch the meeting recording to learn more about these priorities, as well as hear feedback from community members, visit bit.ly/LGStrategicPriorities.