Los Gatos wildfire risk sparks new defensible space regulations

Written by Brandy Miceli

At its January 14 meeting, the Los Gatos Town Council adopted new defensible space regulations to protect the community against the threat of wildfire.

Defensible space refers to an area around the perimeter of structures in which vegetation, debris and other types of combustible fuels are treated, cleared or reduced to slow the rate and intensity of fires.

Creating and maintaining defensible space around one’s home can drastically increase the home’s chance of surviving a wildfire, and it improves the safety of firefighters when defending a property.

The Federal and the California Fire Alliance listed Los Gatos as a community at risk from wildfires within Santa Clara County. The town has a Wildland Urban Interface (WUI) area to the south, meaning the natural conditions of the area.

Foothill Club Garage and Treasures Sale to preserve historic clubhouse

Written by Brandy Miceli

Grab some trinkets and knick knacks to beautify your home while supporting historical preservation at the Saratoga Foothill Club’s Garage and Treasures sale on March 7-8.

Proceeds from this event will benefit the Saratoga Foothill Club clubhouse, a Julia Morgan-designed building that is recognized by the City of Saratoga as Historic Landmark #1, and sits on the National Register of Historic Places.

Putting the Garage and Treasures Sale together requires tremendous effort and energy from a tremendous organization of volunteers.

SEE FOOTHILL PG. 6

AARP Tax Assistance

AARP Tax Aide is the nation’s largest, FREE, volunteer-run, tax assistance and preparation service. This free service is designed for low and middle-income taxpayers, with special attention to those age 60+.

The tax aide program for the Saratoga area will run from Thursday, February 6, 2020 - Thursday, April 9, 2020.

Unless noted otherwise, the AARP tax-aid volunteers will be here every Thursday, from 9:00 a.m. to 1:30 p.m., to assist you with filing basic tax forms: (1040, 1040A, and 1040EZ).

PLEASE CALL 408-868-1254 TO SCHEDULE YOUR APPOINTMENT.
A Message from the Mayor,

**Dear SASCC Family and Friends,**

It is my privilege to serve the Town of Los Gatos as its Mayor this year, and to have the opportunity to introduce this March edition of the Outlook.

When I took up the gavel in November, I challenged everyone to come together to work for the good of the town as a whole, knowing that the goals we set together, the solutions we craft together to address issues that arise as the year unfolds, and the results we achieve together will always be more powerful and enduring than any one thing each of us might do on our own—the natural outcome of putting “community first.”

To highlight that public service spirit this year, I will be recognizing “Community Champions” who embody these values to create lasting benefits for the Town. I was honored to recognize hillside resident Rob Stump as our first Champion. Rob took it upon himself to organize his neighbors to prevent wildfires by clearing defensible space, participating in fire safety training, organizing a communication network, and identifying evacuation routes.

I look forward to recognizing other local unsung heroes who work every day to make life better for all of us.

Of course, community spirit is found not only in our actions, but in our attitudes toward all of our neighbors. Los Gatos has long prided itself on its attitude of inclusiveness and celebration of all its residents.

The Town is proud to be entering its third year as a recognized “Age Friendly City.” We are working hard, with the help of our tireless Community and Senior Services Commission, to implement a series of “age-friendly” goals through a variety of programs including emergency preparedness training, transportation accessibility and, of course, social programs.

Less formal “age friendly” activities can be found through a simple visit to our library, which offers book clubs, knitting get-togethers and technology classes. There is even a “retro tech” program which allows you to convert old photos and videos to digital formats.

I am proud of all the great things that are happening in Los Gatos this year, as all of us continue to put “Community First.”

**Sincerely,**

Marcia Jensen
Mayor of Los Gatos

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**Call for Writers!!**

If you’re reading this, you know that SASCC has been increasing the amount of local news and content within the pages of The Outlook.

We’ve taken a strong approach to deepening our connections with local organizations, schools, and other sources to establish pipelines for local stories. We’ve reached the point where we need local community members to help us get the information out. If you’ve ever written for a publication, authored a book, or even submitted a letter to the editor on a topic of interest, **we want your help!**

Our desire is to create a local newspaper - for the community, and by the community – that isn’t filled with endless real estate ads that could easily be found online with the click of a button. We want a paper that contains far more information than advertisement, and whose advertisements feature and support local businesses prominently. Our content will reflect the unique features of our slice of Silicon Valley, with an eye towards solutions. Our goals are to bring out the local news out of the shadows, to celebrate what makes the communities of Saratoga, Los Gatos and Monte Sereno so special, and to increase your access to your community.

If you’re not a writer, please pass the word along to a friend, neighbor, favorite student, shop owner, anyone you think would want to help. With your support we can make this a reality!

Please contact Brandy Miceli for questions or to sign up! brandy@sasc.org

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**A Message from the Mayor, Marcia Jensen**
Three municipal code amendments will make Los Gatos safer from fire

CONTINUED FROM FIRE PG. 1

wildland transition into human settlements.

Homes and other developments in the WUI are at risk of catastrophic wildfire due to the presence of vegetation that could fuel a wildfire. The Los Gatos WUI includes a primarily Very High Fire Hazard Severity Zone (VHFHSZ), according to the Fire Alliance.

California state law requires homes within a WUI to have a defensible space of 100 ft, however the new regulations in Los Gatos reflect the more individualized of the town.

Los Gatos received a Wildland Urban Interface Evacuation Assessment in October, and in developing that assessment, town staff conducted a review of the town’s municipal code as it relates to wildfire mitigation. From that came the following three municipal code revisions, which align more with state legal requirements on wildfire mitigation.

The revision to Chapter 9 will allow language that may require defensible space beyond property lines under certain circumstances, and require a 5-foot nonflammable zone around new structures.

Revisions to Chapter 11 clarify and strengthen the town’s weed abatement program to better reflect an amendment to this chapter made in November, which expands the definition of weeds to include other dead vegetation, fallen limbs and combustible trash on private property.

Chapter 29 now allows property owners to become compliant with defensible space regulations with more ease, by allowing trees removed or maintained for defensible space to be categorized as exception items, and allowing even protected trees to be removed under the new regulations.

The WUI Assessment, coordinated with the Los Gatos-Monte Sereno Police Department, Santa Clara County Fire Department and Santa Clara County Office of Emergency Management, outlines areas of increased risk of wildfire. Residents and property owners within those areas receive an annual letter from the Santa Clara County Fire Department notifying them of the associated risks and best practices.

To find out if your home is in the WUI, visit: bit.ly/LGWUIZones.

For an extensive look into the town’s defensible space regulations and for advice on how to create it around your property to protect yourself and your property from fire, visit the www.losgatosca.gov/2581/Be-Wildfire-Ready.

Funds will help expand the program’s service area

CONTINUED FROM RYDE PG. 1

Enhanced Mobility of Seniors and Individuals with Disabilities (5310) program. The 5310 program provides capital and operating grants that support coordinated transportation services for seniors and individuals with disabilities. In the Bay Area, applications were submitted by 45 sponsors for 160 projects.

Draft Program of Projects

“On January 17, 2020, Caltrans released a draft program of projects to be funded. The RYDE Program is recommended to receive $325,409 for RYDE Program operating assistance that will provide curb-to-curb trips for seniors [including those] with disabilities in Cupertino, Saratoga, Los Gatos, Monte Sereno, Campbell, San Jose and Morgan Hill. The RYDE Program is also recommended to receive an additional $324,044 from funds that were unused in Santa Clara County during the previous funding cycle,” according to Metropolitan Transportation Commission spokesperson, Drennen Shelton.

The Saratoga Area Senior Coordinating Council (SASCC) and West Valley Community Services (WVCS) are partnered to operate the RYDE Program across its five cities of Saratoga, Los Gatos, Monte Sereno, Cupertino and Campbell.

“The anticipated approval date of this draft program of projects is March 26, 2020. Caltrans is expected to begin releasing funds in late spring/early summer of 2020. For more information, please contact: Drennen Shelton, Metropolitan Transportation Commission. 415-778-5309 /dshelton@bayareametro.gov,” Shelton said in an email.
SARATOGA

Senior Center will be evaluated for acoustics
At its February 19 meeting, the Saratoga City Council authorized the use of City Council discretionary funds for an agreement to measure and analyze the acoustical state of the Saratoga Area Senior Center’s meeting rooms, to the tune of $4,500. In December 2019, staff received direction from the City Council to evaluate options for improving the acoustical effectiveness in three rooms at the Senior Center. On January 22, 2020, staff received a proposal from Charles M. Salter Associates Inc. to provide analysis and recommend modifications to reduce reverberant noise and improve speech intelligibility for the three rooms. The Outlook will follow this story as it develops.

Saratoga Village Development Council fundraises for a town clock
The Saratoga Village is about to get even more charming. The Saratoga Village Development Council (SVDC) got the City of Saratoga’s permission to begin fundraising for a two-faced black and gold town clock that will sit at the downtown’s entrance, matching the Village welcome sign. The SVDC’s goal is to raise $15,000, and any donation over $2,500 will be acknowledged on the base of the clock. To donate, send a check with the words “Town Clock” on the memo line to either the City of Saratoga at 13777 Fruitvale Ave. Saratoga, or Jill Hunter at 20606 Lomita Ave. Saratoga, which will be forwarded to the city, and the donor will receive a receipt within 30 days.

Utility box art selections to be revealed March 4
The City of Saratoga sought residents’ opinions to decide which designs would make it on five utility boxes around town. The city received 67 submissions from Saratoga artists, the Saratoga Public Art Committee narrowed the choices to three options for each location, then residents voted on their favorites. The artwork that received the most votes will be revealed at the Saratoga City Council meeting on March 4 for final approval. For more information, visit www.saratoga.ca.us/paintthecity.

LOS GATOS

Los Gatos Police to get new body-worn cameras and tasers
At its February 18 meeting, the Los Gatos Town Council authorized a five-year agreement with Axon Enterprises Inc. for the purchase and maintenance of body-worn cameras and conducted energy weapons (Tasers). The amount will not exceed $377,130. According to a staff report, the Los Gatos-Monte Sereno Police Department was a pioneer in Santa Clara County in deploying officers with body-worn cameras (BWC) in 2008. The company that the department previously worked with, VieVu, was no longer able to meet the data storage and maintenance demand that many police departments need for investigation, Axon Enterprises Inc. acquired VieVu. Axon uses a cloud-based storage model, and makes digital access more feasible. The company’s new tasers are equipped with improved technology that make them smarter and safer to deploy.

Apply to serve on a town board or commission
The Los Gatos Arts and Culture Commission, the Building Board of Appeals, Community and Senior Services Commission, Personnel Board and Sales Tax Oversight Committee each have vacancies. Apply by May 8 at 4 p.m. to be considered. Interviews will be held May 19 at 5 p.m. The Los Gatos Youth Commission also has vacancies. Applications are due May 1 at 4 p.m., and interviews will be held May 12 at 4 p.m. To learn more about each vacancy, and to apply, visit www.losgatosca.gov/CommissionApplication. For more information, contact the Clerk Department at Clerk@losgatos.ca.gov or (408) 354-6842.

You could receive $3,000 toward an earthquake retrofit
Los Gatos residents in zip codes 95030, 95032 and 95033 are currently eligible for Earthquake Brace + Bolt, a program that provides up to $3,000 to retrofit your home for greater earthquake resilience. Homes that qualify are typically built before 1980 and after 1940, have a raised continuous perimeter concrete foundation, sit on level ground or a low slope and may have wood-framed walls in the crawl space under the first floor. To learn more about the program, visit: www.earthquakebracebolt.com.
COMMUNITY EVENTS

SARATOGA

Riding the Rails - Now until April 27, Fri-Sun, 1-4 p.m.
Railroads are an integral part of American history, and the Saratoga History Museum has an exhibit to commemorate the Peninsular Interurban Railway—one of the most technologically-advanced inventions of its time. If you haven't had a chance to drop by yet, there's still time! It’s open until April 27. The museum is completely free, and is open from 1-4 p.m. on Fridays and Sundays, and 10 a.m. to 4 p.m. on Saturdays. One of the main attractions of the exhibit is a restored, unique Interurban passenger stop. It provided an easy way to travel between San Jose, Saratoga, Palo Alto, Campbell and Los Gatos in the early 1900s. Go check out the exhibition of this old, technological wonder, along with artifacts and photographs from the Interurban. The Saratoga History Museum is located at 20450 Los Gatos-Saratoga Rd.

St. Paddy’s Day Party in the Village - March 24, 2-4 p.m.
St. Patrick’s Day is a delightful celebration where people of all ages can enjoy the festivities. On March 24, from 2-4 p.m., there will be a St. Paddy’s Day Party in the Saratoga Village, filled with all kinds of fun. Children can partake in entertaining activities such as searching for gold coins and shamrocks, rock painting or collecting pennies from the sidewalk. There will be a skilled balloon artist and a bagpipe player, and the Saratoga Youth Commission will be painting faces and applying green nail polish. Everything is free, so bring your entire family to enjoy this fun event!

Music Concerts at Saratoga High School - March 6-7, 7 p.m. and March 8, 3 p.m.
The McAfee Performing Arts and Lecture Center is home to a variety of performances, from theater, to music, to dance and beyond. On March 6-7, it will host the Saratoga High School Band and Orchestra, respectively. Starting at 7 p.m., they will have their concerts to showcase the repertoire they've been working diligently on. On March 8 at 3 p.m., the Saratoga Symphony Orchestra, a professional orchestra based in Saratoga, will take the stage as a part of its 2019-2020 concert season. All of these concerts are free, and no tickets or reservations are required. The McAfee Performing Arts Center is located at 20300 Herriman Ave.

Yoga Fundraiser for Australia - March 14, 2:30 - 6 p.m.
Enjoy an afternoon of yoga, snacks and a silent auction while contributing to a humanitarian effort on March 14. From 2:30 to 6 p.m., the Addison-Penzak Jewish Community Center is hosting six Bay Area yoga teachers who will spend the day instructing calming yoga for attendees. All donations go to Team Rubicon of Australia, a group of passionate citizens and first responders devoted to providing relief during the natural disasters affecting Australia. The JCC is located at 14855 Oka Rd.

Alina Kiryayeva Piano Recital - March 29, 2:30-4:30 p.m.
Presented by the Los Gatos Community Concert Association, Alina Kiryayeva, a professional concert pianist and chamber musician will present her innovative approach to classical music and superb command of her instrument. Kiryayeva has been praised for enchanting audiences with philosophical insight and charismatic stage presence. Her new program, Modern Piano, is a fusion of classical and popular repertoire. Tickets are $30 for general admission, $25 for seniors seniors and $5 students and are available at www.lgcca.org. The show is at the Los Gatos High School Theater, located at 20 High School Ct.

5k for Venezuela - March 15, 9:45 a.m.
Love running and supporting important causes? Then lace up your shoes, because this 5K race is a fundraiser to provide aid to the people in crisis in Venezuela. Half of the proceeds of this event will be used to ship donated food, supplies and medical items to the families who are currently starving and have no medical support in Venezuela. The remaining proceeds will be used to support children, women and elderly in need in our local community. Early registration is until March 8, and is $35. Regular registration is from March 8-15, and is $40. To register, you may send a payment through Venmo to @ Venezueleans-InThecarolinas, or bring cash or a check to the event. Participants will receive a shirt while supplies last, and the first 200 finishers will receive medals. The overall top three male and female winners will also receive special awards. Rain or shine, the race begins at 9:45 a.m. on March 15 at Vasona Lake Park, located at 298 Garden Hill Dr.
Health, Wellness & Prosperity in 2020
Traditional Chinese Medicine for Better health

Suffer from allergy, arthritis pain, digestive problems? Want to live a pain free life with abundant energy and vitality? Come to our free health talks!

Quli Zhou, a Chinese medicine practitioner will give a series of lectures that teaches you:
- How to use food, acupressure and Qigong to improve your energy, mobility, and over all health and well being.
- How to maximize your health with 5 daily rituals
- How to do self care to gain health and longevity
The lectures are interactive with hands-on practices.

Health, Wellness, & Prosperity Lectures will be held:
- **March 18** - Allergy, asthma, chronic bronchitis
- **March 25** - Digestive problems prevention & treatment
- **April 1** - Arthritis and Joint pain management

All lectures will be held 3:30-4:30 p.m. in the Fireside Room at the Saratoga Senior Center.

Quli Zhou, Founder and CEO of Eternal Health & Wellness, Quli brings over 35 years of experience in helping people living their best lives naturally. She and her professional team have successfully treated over 10,000 patients. She was recognized as a distinguished professor of Chinese medicine in 1995, received the Acupuncturist of the Year Award in 2001, and was listed in “Who is Who” in 2002.

Proceeds from the sale will go toward clubhouse exterior restorations

CONTINUED FROM FOOTHILL PG. 1

n the beginning of the club started with a group of nine ladies who were getting together one afternoon to have tea, knit and share a letter form one whose sister was living in Alaska,” Saundra Hill, president of the Saratoga Foothill Club said. “The letter told about a study club the sister had joined where members chose special topics to research and share—a study club, an intellectual club.”

The nine ladies made a decision that afternoon to start the Saratoga Study Club, which eventually became the Saratoga Foothill Club. The group has evolved into a haven for education, discussion on social issues and cultural topics. It’s also become a philanthropic powerhouse that supports the locale.

Morgan, a sorority sister of a founding member of the club, was the first woman licensed as an architect in California. When the group decided they needed a dedicated space for their meetings, they chose Morgan to design it.

The clubhouse was built in 1915. Given its age and continual use, it’s in need of restorations. Founded in 2003 to accept donations for clubhouse preservation, the Saratoga Foothill Club Historic Landmark Foundation has completed a number of projects to maintain the building’s character. The Garage Sale and Treasures event proceeds will benefit a significant undertaking: the Exterior Preservation Project, scheduled for June 2020.

“It involves the complete restoration and repainting of the clubhouse exterior,” Miller said. “This is a labor-intensive project with the goal to restore the exterior shell of the building using the gentlest means possible, preserving viable materials when feasible and using in-kind materials and preservation methods.”

Miller said that the intent is not to over-correct the aged, historic look of the exterior, but to allow its history to shine for another 100 years.

The clubhouse is not only home to club activities, like its public lecture series. It’s a wedding and event venue that is rented out almost every weekend, according to Miller—thus the restorations are necessary.

“Due to the generosity of our donors, we have completed many significant restoration and maintenance projects;” said Cathy Schroeder, chair of the Landmark Foundation. "Extensive restorations in recent years have included a new roof, HVAC system and copper repiping; foundation stabilization, outside drainage and frontage property improvements; handicap-accessible curbing, entrance ramp and restrooms; kitchen, patio garden and pergola renovations; and interior woodwork staining."

The Garage Sales & Treasures event is from 8:30 a.m. to 3 p.m. on March 7 and 1-4 p.m. on March 8, and will take place rain or shine. Cash and checks only, no credit cards. Admission is free, and there will be free parking across the street.

For more information about the important philanthropic work of the Saratoga Foothill Club, visit www.saratogafoothillclub.org.

Provided by
Memories of the Tournament of Roses

By Dorothy Clapp, Member of Louise Webb’s Memoir Class

Once upon a time, many, many years ago, a young girl named Dorothy Grose, walked with a line of high school girls down the long gymnasium floor before some judges to see if she might be chosen for the Tournament of Roses Parade’s queen and her court. She looked her best and smiled, answered questions and wondered if she would be one of the seven girls chosen.

No, she was not chosen but an acquaintance of hers was. However, because of the declaration of World War II the parade was cancelled.

I was that young girl that wasn’t chosen. As a child, I used to attend the Tournament of Roses Parade every year with my family. We packed a lunch and walked down Fair Oaks Avenue to Colorado Blvd. Found a spot within one or two rows of the front line where we waited patiently. Then it started and I stared at the beautiful floats, the wonderful marching bands and the prancing horses, some with men throwing their lariats up and down and in circles. How wonderful it all was and of course there was always the beautiful Rose Queen and her court.

In 1946, a dear friend, Jo Ann Lewis and I decorated a float, picking chrysanthemums off their stems and gluing them to the float. What fun and we earned 50 cents an hour, and we still reminisce about that special time in our lives.

It was after I was married to Roger that I named one of my three daughters Norma, after Norma Christopher, a beautiful blonde queen of the 1955 Tournament of Roses.

Today you usually hear about the Rose Parade instead of the Tournament of Roses. Did you know that there was a tournament held each year at Tournament Park, which was located near Cal Tech? The tournament was a chariot race that happened after the parade. In 1912 a friend of my father, Harvey Smith, won a trophy for the best decorated roadster in the parade. My dad and his friend visited the Tournament of Roses’ office in 1967. They had a trophy and a postcard showing the flower covered roadster that his friend had entered in 1912. On the wall behind the men is a picture of the first transcontinental airplane flight by C.P. Rodgers that flew over the parade, dropping rose petals. Today there is a fly over but no rose petals!

SAVE THE DATE!

In need of some respite from taking care of your loved one? Come find out more about what the Saratoga Adult Care Center can do to help you during its OPEN HOUSE on:

April 23, 2020
6 - 7:30 p.m.
at the Adult Care Center

19655 Allendale Ave Saratoga, CA 95070
(Entrance to the ACC faces Fruitvale Ave & the Civic Theater)
408-868-1262

“BALANCE FOR LIFE” SEMINAR
SATURDAY, MARCH 28TH, 10:15 A.M. - 1 PM

The Joan Pisani Community Center - Multipurpose Room
19655 Allendale Avenue, Saratoga, CA 95070

Features MEHRDAD AVATI, M.D., Professor of Geriatric Medicine, Stanford University School of Medicine & BARBARA MERRILL, M.A., P.T., Physical Therapist

To RSVP, please call Barbara Monks at 408.655.8226 or email: bcmomks@gmail.com

Please join us to learn how to prevent falls. Light refreshments will be served. Physical participation is included for part of the seminar.

SPONSORED BY ST. ANDREW’S EPISCOPAL CHURCH
Wear your best hat and you may win a prize!

Our Lunch Bunch members know that the first lunch of the month is Hat Day. But starting the first Wednesday Lunch Bunch in March, we will be making it even more fun as the person with the best hat will be awarded with a small prize!

Winner will be decided based on votes from the audience. May the best hat win!

Nutrition Made Easy Classes: March Classes - Healthy Sweeteners & Fats

March 10 - Celebrating Pie
Celebrate Pie Day in March with easy, healthy, and amazing pies. One savory and one sweet. Plus, all attendees take home the pies they make to enjoy later.

March 24 - More Fabulous Snacks
Find yourself snacking, but looking for healthier alternatives? In this class, we’ll make 2 simple but delicious snacks that will satisfy any hunger craving.

$10 Per Class
Register at the Saratoga Senior Center
408-647-9023
tinyurl.com/SASCCCookingSignup

SASCC Screen Time

Do you need help figuring out how to use an app on your phone or tablet? Or maybe you would like to further your knowledge about a system you are already using?

Shaan Sridhar and other Saratoga High School students will be at the Saratoga Senior Center once a month to help members with any tech-related questions they may have.

The next session is Friday, March 13, 3:30-4:30 p.m.
Call 408-647-9023 to RSVP!

WEDNESDAY LUNCH BUNCH

<table>
<thead>
<tr>
<th>DATE</th>
<th>ENTERTAINMENT</th>
<th>MENU</th>
</tr>
</thead>
<tbody>
<tr>
<td>MARCH 4</td>
<td>JUST IN TIME JAZZ</td>
<td>Tossed Green Salad, Creole Coleslaw, Smoked Sausage and Chicken Jambalaya, Steamed Corn, Cajun Green Beans, Banana Foster Bread Pudding</td>
</tr>
<tr>
<td>MARCH 11</td>
<td>LUNCH BUNCH SOCIAL</td>
<td>Pickled Beet Spinach Salad with Bleu Cheese and Hardboiled Eggs, Mixed Green Salad, Corned Beef and Cabbage, Red Potatoes, Apple Cake</td>
</tr>
<tr>
<td>MARCH 18</td>
<td>SURPRISE!</td>
<td>SURPRISE!</td>
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<tr>
<td>MARCH 25</td>
<td>HAPPY BIRDS</td>
<td>Cilantro Asian Slaw with Mandarin Oranges, Spring Mix with Ginger Pineapple Dressing, Teriyaki Salmon, Garlic Fried Rice, Snow Peas, Dessert</td>
</tr>
</tbody>
</table>

LUNCH STARTS AT NOON
Lunch: $5/Member $10/Non-member
(408) 868-1257

Please let us know of any food allergies/restrictions.
### March 2020 Schedule of Classes

#### Saratoga Senior Center

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
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<tbody>
<tr>
<td>2</td>
<td>3</td>
<td>4  Hat Day</td>
<td>5</td>
<td>6</td>
</tr>
<tr>
<td>9-10</td>
<td>Fitness n’ Fun</td>
<td>9-10 Beginning Yoga ($5)</td>
<td>9:10-11:30 Intermediate Yoga ($7)</td>
<td>9-10 Fitness n’ Fun</td>
</tr>
<tr>
<td>10-2</td>
<td>Open Play Bocce</td>
<td>12 Tai Chi Cheh ($5)</td>
<td>10:30-12:30 Social Group</td>
<td>9:10-30</td>
</tr>
<tr>
<td>10-1</td>
<td>Quilting Group</td>
<td>9-12 Saratoga ’17 Bridge</td>
<td>12-1:30 Wednesday Lunch Bunch ($5)</td>
<td>10:30-12:30</td>
</tr>
<tr>
<td>10:15-11:15</td>
<td>Tai Chi</td>
<td>12 El Camino Library</td>
<td>2:30-4:30 Beginning Line Dancing</td>
<td>1:30-4:45 Karaoke</td>
</tr>
<tr>
<td>11:30-4:30</td>
<td>Table Tennis</td>
<td>1:00-3:00 NO TABLE TENNIS</td>
<td>1:30-4:30 Karaoke</td>
<td>1:30-4:45 Karaoke</td>
</tr>
<tr>
<td>2-4</td>
<td>Saratoga Traders</td>
<td>1:30-3:30 LipReading</td>
<td>1:30-4:30 Karaoke</td>
<td>1:30-4:45 Karaoke</td>
</tr>
<tr>
<td>9-10</td>
<td>Fitness n’ Fun</td>
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<td>9-10-12:30</td>
<td>3-6 SCCM Group</td>
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</tr>
<tr>
<td>10:15-11:15</td>
<td>Tai Chi</td>
<td>9-10-12:30 Intermediate Line Dancing ($10)</td>
<td>9-10-12:30</td>
<td>3-6 SCCM Group</td>
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<tr>
<td>11:30-4:30</td>
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<td>9-10-12:30</td>
<td>3-6 SCCM Group</td>
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<td>2-4</td>
<td>Saratoga Traders</td>
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<td>1:30-4:30</td>
</tr>
<tr>
<td>9-10</td>
<td>Fitness n’ Fun</td>
<td>9-10 Beginning Yoga ($5)</td>
<td>8:45-10:15 Intermediate Yoga ($7)</td>
<td>9-10 Fitness n’ Fun</td>
</tr>
<tr>
<td>10-2</td>
<td>Open Play Bocce</td>
<td>10-3 Saratoga Traders</td>
<td>9:10-12:30</td>
<td>9-10:30</td>
</tr>
<tr>
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<td>Quilting Group</td>
<td>10:30-11:30 Social Group</td>
<td>9-10-12:30</td>
<td>3-6 SCCM Group</td>
</tr>
<tr>
<td>10:15-11:15</td>
<td>Tai Chi</td>
<td>12-1:30 Wednesday Lunch Bunch ($5)</td>
<td>9-10-12:30</td>
<td>3-6 SCCM Group</td>
</tr>
<tr>
<td>11:30-4:30</td>
<td>Table Tennis</td>
<td>2:30-4:30 Beginning Line Dancing</td>
<td>9-10-12:30</td>
<td>3-6 SCCM Group</td>
</tr>
<tr>
<td>2-4</td>
<td>Saratoga Traders</td>
<td>3:30-4:30 Health &amp; Wellness Lecture</td>
<td>9-10-12:30</td>
<td>3-6 SCCM Group</td>
</tr>
<tr>
<td>9-10</td>
<td>Fitness n’ Fun</td>
<td>1:30-4:30</td>
<td>9-10-12:30</td>
<td>3-6 SCCM Group</td>
</tr>
<tr>
<td>10-2</td>
<td>Open Play Bocce</td>
<td>2-4 Table Tennis</td>
<td>9-10-12:30</td>
<td>3-6 SCCM Group</td>
</tr>
<tr>
<td>10-1</td>
<td>Quilting Group</td>
<td>1:30-3:30 LipReading</td>
<td>9-10-12:30</td>
<td>3-6 SCCM Group</td>
</tr>
<tr>
<td>10:15-11:15</td>
<td>Tai Chi</td>
<td>2-4 Nutrition Made Easy ($10)</td>
<td>9-10-12:30</td>
<td>3-6 SCCM Group</td>
</tr>
<tr>
<td>11:30-4:30</td>
<td>Table Tennis</td>
<td></td>
<td>9-10-12:30</td>
<td>3-6 SCCM Group</td>
</tr>
<tr>
<td>2-4</td>
<td>Saratoga Traders</td>
<td></td>
<td>9-10-12:30</td>
<td>3-6 SCCM Group</td>
</tr>
</tbody>
</table>

#### Class Day & Time Changes:
- **AARP Tax Assistance** is available starting Thursday, Feb. 6 - April 9, 2020. The last appointment time is at 1:30 p.m.
- For Open Play Bocce, please call Taylor Osterlund at (408) 647-9023 for more info.

**Class Day & Time Changes:**
- The Anandvan Group will now meet in the S. Ku Foundation Hall 10:30 a.m. - 12:30 p.m. Anandvan Yoga will be in the Fireside Room, 9 - 10:30 a.m.
- On March 13 & 20, Erhu and Feldenkrais will meet in the Recreation Portables.
RESOURCES
Free or Low-Cost Services

SENIOR SERVICES
FREE or LOW-COST SERVICES with NO MEMBERSHIP REQUIRED

Saratoga Senior Center
19655 Allendale Ave, Saratoga, CA 95070
M-F, 9 a.m. to 4 p.m.
(408) 868-1257

Los Gatos Adult Recreation Center
208 E. Main St, Los Gatos, CA 95030
M-F, 9 a.m. to 4 p.m.
(408) 354-1514

PHONE NUMBERS

RYDE (408) 892-9739
Live Oak Nutrition Center (408) 354-0707
SOURCEWISE (408) 350-3200 x1
Social Services & Support (866) 896-3587
Los Gatos 55+ Program (408) 354-1514
55+ Specialist, Lynnette Vega (650) 747-0605

CALL 211 or visit 211scc.org
Food, Child Care, Legal Aid, Housing & more
(free, confidential, multi-lingual)

PROGRAMS AND SERVICES

R.Y.D.E.:
Curb to curb transportation for adults 65+ living in the West Valley area. For details call (408) 892-9739.

SENIOR ADULTS LEGAL ASSISTANCE (SALA)
Providing Free Legal Assistance to Santa Clara County Elders Since 1973

SALA is a non-profit elder law office whose mission is to support older persons in their efforts to live safely, independently, non-institutionalized and with dignity. SALA representatives are at SASCC every 3rd Monday of the month, from 10 a.m. to 12 p.m. Please call (408) 868-1257 to make your appointment.

Must be 60+ years & a resident of Santa Clara County. FREE.

HEALTH INSURANCE COUNSELING & ADVOCACY PROGRAM (HICAP) funded by Sourcewise
HICAP is a FREE volunteer-based program from Sourcewise that assists seniors with Medicare as a supplement to Medicare, long-term care and managed care insurance plans.

HICAP is offered at SASCC on the 4th Tuesday of every month from 10 a.m. to 12 p.m. Please call the front desk at (408) 868-1257 (SASCC) to make an appointment.

Must be 55+ years & a resident of Santa Clara County.

Annual AARP: TAX ASSISTANCE FREE Income Tax Preparation designed for low-and middle income taxpayers (1040, 1040A, 1040EZ), with special attention to those age 60+. This program is offered on an annual basis, from February through April 9th. Please see pg. 1 for more info.

AARP: SMART DRIVER 50+ (Driver Safety & Renewal Class)
Ask to see a 2020 class schedule. For Los Gatos registration, please call (408) 354-1514. For Saratoga registration, please call (408) 868-1257.

BROWN BAG PROGRAM
(Second Harvest). 2nd & 4th Fridays, 8-9 a.m., To pre-register, please call 1-800-984-3663.

MOBILE FOOD PANTRY & SERVICE VAN Offered by West Valley Community Services Case Management, emergency financial assistance and more. FREE. 1st & 3rd Thursday, 3:30-5:30 p.m. 111 Church St. in the parking lot.

SHRED IT SERVICES
Available at the Saratoga Senior Center, Mon.-Fri., 9-4 p.m. $1/per pound, $12/per Bankers Box Call (408) 647-9023 for more information.

SARATOGA ADULT CARE CENTER
The Saratoga Adult Care Center gives our older adults the opportunity to socialize among their peers, get involved in fun activities, enjoy entertainment and delight in homemade nutritional lunches and great snacks.

JOIN US FOR A COMPLIMENTARY VISIT DAY
Visit days are offered FREE of charge, with no obligation.

* Financial options can be discussed for those with a need or hardship.

CONTACT: Renee Hampton
Adult Day Program Manager
(408) 868-1262
hampton@sascc.org
**Survey Results: Did you know?**

**Computer Education** was one of the top requested program/service from our previous survey.

**SASCC** is expanding its programs to include teenagers as well as older adults, in an effort to create an Age-Friendly, intergenerational environment beneficial to all age groups.

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**R.Y.D.E**

Over 80% of RYDE clients live alone, with minimal help from family (most family members live outside of the Bay Area) so they depend highly on the ability to continue to be active and mobile with RYDE.

Based on survey responses, transportation is a highly needed service among a third of survey responders.

Did you know that SASCC has a tech-help class led by a Saratoga High School student named Shaan? Come get help during our SASCC Screen Time class. See pg. 8 for more details!

At the start of 2020, RYDE received a $650,000 grant from the Federal Transit Administration. Read more about RYDE's expansion plans on pg. 1

**Since its launch in October 2017 to March 1, 2020, RYDE has given 10,000 rides and is currently serving over 350 West Valley clients!**

Have you heard about RYDE? RYDE is a curb-to-curb transportation program currently serves residents living in Saratoga, Los Gatos, Monte Sereno, Campbell, and Cupertino. RYDE may be able to help you! Drop by SASCC to pick up an application today!

**More social groups and fitness classes have been requested by multiple responders.**

Did you know? Over 93% of responders rated their quality of life as “Good” or “Very Good.”

Staying active and getting involved can help maintain or improve a person’s quality of life and prevent isolation among older adults.

Rest assured folks, SASCC is currently working on creating more classes for you to enjoy! But we still need you help! See the below blurb for evening programming for more info.

**SASCC Evening Programs Survey**

This summer SASCC will be adding evening programs to our center so we can offer our members even more programs and resources than ever before! Please keep an eye out for another survey in the April Outlook as we will be asking our members which programs they’d like to see created here at the center!
**What is Phishing?**
Phishing is the fraudulent practice of sending emails pretending to be from trusted sources in order to trick you into revealing personal information, such as passwords and credit card numbers.

**Double Check the Email Address**
Many phishing emails spoof the display name of an email address to make it appear like the message is coming from a legitimate source. Be careful, sometimes the email address is only one letter off.

**Be Suspicious of Links & Attachments**
Cybercriminals will embed malicious links and attachments in emails. Hover your mouse over any links you find. If the address doesn't look right, don't click on it. Also, only open email attachments you were expecting.

**Consider Whether the Message is Abnormal**
As phishing scams become more sophisticated, they can appear very personalized and almost believable. However, many phishing emails tend to have major spelling mistakes, poor grammar, or an out-of-character tone.

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**Distrust and caution are the parents of security.**
Benjamin Franklin