

The West Valley OUTLOOK

a vision for our Age Friendly communities



FEBRUARY

Vol. 2023, Issue 02



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Hakone Gardens flourishes after pandemic, restarts large cultural festivals

By Anamika Anand,
Saratoga High School

Hidden in the hills of Saratoga is a serene world of nature, Hakone Estate and Gardens. From cherry blossoms in the spring to colorful leaves in the fall, people from all over the world appreciate the beauty of every season throughout this century-old historical landmark.

The story of Hakone starts with Isabel and Oliver Stine, a couple who lived in San Francisco but had a deep appreciation for Japan and its culture, particularly after participating in the Panama-Pacific International Exposition

in 1915.

Wanting to build her own private summer retreat resembling a Japanese garden, Isabel Stine bought 15 acres of property in Saratoga and visited Japan with her son in 1916 to observe the designs of various Japanese parks. Using their research, architects constructed Hakone and brought a piece of Japan back home for Isabel.

The Stines owned the land until 1960, until a local group of partners took ownership for a few years, then the City of Saratoga bought the property in 1966.

Named after a popular park in Japan, Hakone



Koi pond at Hakone Gardens.

Photo courtesy of Hakone Foundation

Gardens is a unique center of Japanese culture that people can experience here in the South Bay. In fact, in 2013 it was placed on the National Historic Register having been preserved for over a century. It's also a

designated City of Saratoga Historic Landmark, and a designated Historic District.

"We want to preserve Hakone," Hakone executive director Shozo Kagoshima

see **HAKONE** pg. 8

To our valued member/ current resident:

Non-Profit
Organization
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Campbell, CA

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on Facebook!
@saratogaseniorcenter1



SASCC receives donation to combat senior loneliness & food insecurity

By Brandy Maddox,
Managing Editor

The Saratoga Area Senior Coordinating Council (SASCC) received a \$12,500 donation toward the Saratoga Adult Care Center from Commonwealth Care Alliance (CCA) Health California in January.

A leading integrated healthcare organization with proven expertise in complex care coordination, CCA Health California announced a total of \$50,000 in philanthropic donations to organizations that aim to improve the mental and physical health of Californians.

Among the other recipients of donations include the Emergency Food Bank, the Institute on Aging Friendship Line,

and Second Harvest of the Greater Valley.

"This donation will allow us to make improvements to our center and program to better serve the needs of our participants, many of whom are experiencing dementia or physical impairments that keep them from being alone during the day," said Tylor Taylor, SASCC Executive Director in a press release. "As a demographic of the population that's often deprioritized, support for them means the world."

The Saratoga Adult Care Center is a licensed facility that provides daytime care, stimulating activities, and nutritious meals to less-independent older adults, thus helping them live in their own homes for as long as possible, and

offering respite for loved ones caring for them.

"We are thrilled to provide funding and support to four amazing charitable organizations that directly help our communities improve the health and well-being of local seniors," said Wil Yu, CCA Health California General Manager in the press release.

"At CCA Health, we know how essential it is that older adults have access to healthy food and safe, affordable shelter. But it is equally critical that they have mental health resources and other avenues to maintain social lives and bonds, no matter their culture, or language. We

see **DONATION** pg. 7

Los Gatos aims to decrease underage drinking

By Brandy Maddox,
Managing Editor

"We can increase the health and safety of Los Gatos youth by focusing on the norms we want to grow instead of the behaviors we want to prevent."

This notion was the focus of a February 1 virtual workshop aimed at curbing underage drinking, hosted by the Los Gatos-Saratoga Union High School District, the Los Gatos Union School District, and the Town of Los Gatos. Seventy-two people attended.

The thought is that if a community shares uplifting health statistics and stories instead of using intimidation to scare youth out of alcohol and drug use, that such

use will decrease over time.

The Montana Institute, the leader of the workshop, calls this method "Positive Community Norms," or PCN. An organization that partners with communities to drive transformation in the youth alcohol and drug use sphere, the Montana Institute cited cases where this framework has proven to increase healthy attitudes and behaviors across a wide range of issues, including youth alcohol use.

One such example was in Deer River, Minnesota. Across a five year span from 2012 to 2017, this community saw a 50 percent decrease in monthly

see **UNDERAGE** pg. 10

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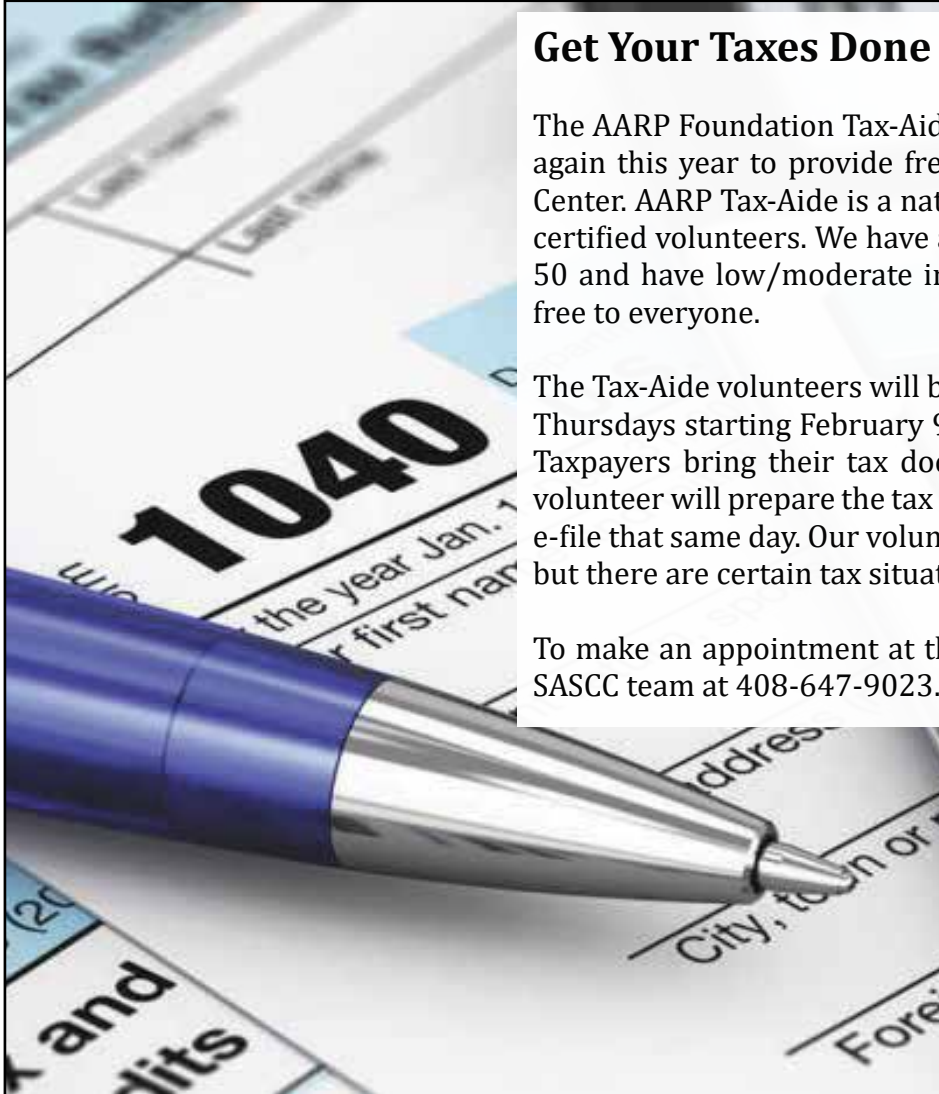
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Get Your Taxes Done for Free – AARP Tax-Aide

The AARP Foundation Tax-Aide program will be partnering with SASCC again this year to provide free tax preparation at the Saratoga Senior Center. AARP Tax-Aide is a nationwide organization of over 25,000 IRS-certified volunteers. We have a special focus on taxpayers who are over 50 and have low/moderate income. However, the service is open and free to everyone.

The Tax-Aide volunteers will be on-site at the Saratoga Senior Center on Thursdays starting February 9, with appointments starting at 8:30 AM. Taxpayers bring their tax documents to the appointment. A Tax-Aide volunteer will prepare the tax return, review with the taxpayer, and then e-file that same day. Our volunteers are trained in many areas of tax law, but there are certain tax situations that are out of scope for our service.

To make an appointment at the Saratoga Senior Center, please call the SASCC team at 408-647-9023.


Mi Cielo

Ximena Larios Quinones, Voices Magazine, West Valley College

I would pick you ten times over
Don't you see, my love?
My heaven belongs to you
You carved out a space
within my sanctuary
Perhaps it is hellish
to crave you this badly,
how insatiable I am
What penance awaits me?
Is this unforgivable sin?
The genesis of my fall from grace?
You roll my name
around your tongue
like it is divine
like it is my body and blood
How could I not
be desperate for you?
I crave total annihilation
in your arms

I yearn for you
As the sky opens up
As the four horsemen charge at us
As the apocalypse approaches us
Would you stay with me?
I whisper my prayer:

“Quédate

Quédate

Quédate”

Outlook Disclosure:

The Saratoga Area Senior Coordinating Council (SASCC) is a registered 501(c)(3) nonprofit organization, founded in Saratoga in 1979. The Outlook is our monthly publication. We are funded by a mixture of income from services, donations, and grants from community foundations and governmental bodies.

The Outlook is distributed monthly to every home in Saratoga and Los Gatos. Our publication, like our organization, is nonpartisan and strives to provide an equal voice to all in the communities we serve. We allow submissions from a variety of entities and individuals. Opinions expressed in The Outlook are not necessarily a reflection of the opinions or mission of SASCC. The views contained herein are intended to be reflective of our community, therefore we encourage all feedback and comments from our readers. We take all feedback seriously and will always do our best to incorporate it into our finished product.

To submit feedback or questions to our team, please email outlook@sascc.org. Thank you for reading The Outlook!

Meet the new Los Gatos Mayor, Maria Ristow

By Maria Ristow,
Mayor of Los Gatos

I am honored to serve as Mayor for Los Gatos, and I look forward to working with my fellow Council members and Town staff in continuing to serve the residents and business community. I also look forward to working with Council members from our neighboring cities to address regional challenges.

A native Chicagoan, I attended the University of Illinois in Urbana, and earned my B.S. in chemistry. Taking my first position at a research center working on chemical sensors, I moved into semiconductors. Following the call of Silicon Valley, in 1987 my husband and I moved to California and settled in Los Gatos. I fell in love with Los Gatos immediately! After 10 years of commuting to Palo Alto working at three different companies, I then chose to dedicate myself in a variety of volunteer roles to making my adopted hometown of Los Gatos a better place for all.

From spending years with our children in a co-op preschool, through volunteering at St. Mary's, Fisher, and Los Gatos High School, to coaching youth soccer and volleyball, I came to know residents

across our entire community. Eventually I chose to serve the Town in a more formal capacity. Starting in 2014 (when I took Leadership Los Gatos) until my election to Town Council in 2020, I have served and learned more about municipal government through appointments to the Housing Element Advisory Board and three different Transportation Commissions. I also volunteer for Safe Routes to School, assisting with weekly 5th grade Bike Skills classes. I have been fortunate to have the constant support of my husband and children.

Since my election in 2020, I have served on a number of internal and regional boards, strengthening my understanding of Policy, Development, Senior Services, Finance, the General Plan; Housing Element, Valley Water and Sanitation. Getting to know the Town employees in all our departments has been uplifting and enlightening. We have an amazing professional team in Los Gatos!

I am a passionate believer in shopping local and feel fortunate that my family and I can purchase almost everything we need in Town. Our merchants offer incredible personal service, and shopping locally means tax dollars stay in the community. A

perk of being Mayor is that I can personally welcome new businesses at their ribbon cuttings.

As an avid cyclist, I bike for transportation, exploration, and exercise. I have a strong understanding of the infrastructure assets and deficiencies in Los Gatos and nearby communities, as observed from the seat of a bicycle. I also enjoy hiking and appreciate the nearby trail escapes right in and near our community, although walking up and down the hilly streets of Los Gatos provides its own pleasures. It's an ideal way to meet people for spontaneous conversations.

Knowing that change is inevitable, I am convinced that Los Gatos can shape our response to the forces around us in a way that accommodates the demands of the growing region while keeping the charm and livability of our Town. Transportation and housing are tightly coupled, and solving these issues will require looking at the entire picture. Speaking with a large number of residents and business owners over the past several years, I understand that my priorities of active transportation, affordable housing, environmental sustainability, economic vitality, and racial and



Los Gatos Mayor Maria Ristow at her mayoral swearing in, with her daughter and husband.

Photo courtesy of Arnold Breit, Breit Ideas Photo



Mayor Ristow at the Los Gatos Veteran's Memorial with "The Real Forest Gump," Vietnam veteran Sammy Lee Davis, when a brick was placed in his honor at the memorial.

Photo courtesy of Maria Ristow

socioeconomic diversity are shared by a good number of Los Gatans. A top goal is to keep residents and the business community engaged as we collaborate to address the challenges facing our Town. I seek out

other perspectives to understand multiple points of view.

You can find me almost daily in a coffee shop meeting with a constituent. Let me know if you'd like to talk, and I'll listen.

FREE Adult Day Care Services

If you or a loved one needs adult day services for a spouse or family member, please reach out to the Saratoga Adult Day Program today!

Qualify for the program by meeting the following 3 requirements:

- be 65 or older
- have an individual income of less than \$78,550
- meet Saratoga Adult Day Program requirements

The Saratoga Adult Day Program is now providing in person services, Monday-Friday. Remote services are also available.

For more info, or to apply for program, please call Raj Kaur at (408) 868-1254 or email raj@sascc.org.



News briefs

Saratoga

Two happenings regarding the Saratoga Housing Element Update

Draft Environmental Impact Report (EIR)

The Draft Environmental Impact Report is available for the community to review at tinyurl.com/saratogadraftEIR2023. The Draft EIR addresses the 6th Cycle Housing Element Update, Safety Element Update, 2040 General Plan Update, and Associated Rezonings.

Comments or questions regarding the Draft EIR must be submitted in writing by Tuesday, March 14 at 5 p.m. and should be addressed to:

City of Saratoga Community Development Department

Debbie Pedro, Community Development Director

13777 Fruitvale Avenue, Saratoga, CA 95070

Email: dpedro@saratoga.ca.us

Following the Draft EIR public review period, a Final EIR will be prepared. The Final EIR will respond to comments received and may also include corrections, clarifications, and additional explanatory information.

Updated Second Draft of the Housing Element

The Housing Element Second Draft (PDF) has been updated to address public comments, and it has been submitted to the California Department of Housing and Community Development (HCD) for review. We expect the second round of comments from HCD in 60 days.

New student registration for Saratoga Union School District

Enrollment for new students for the 2023-2024 school year began February 1 and runs until February 28 for families currently living within the district boundaries who can provide all required documents. Families in the process of moving into the district may be eligible for conditional registration starting March 1. Currently enrolled students do not need to re-enroll.

Visit saratogausd.org/enroll for instructions, key dates, and pre-registration packets. Email registration@saratogausd.org or call 408-867-3424, ext 0 with questions.

Trivia night at the Book-Go-Round in Saratoga

Join the Saratoga Book-Go-Round for an author talk and trivia contest featuring clues from Cassie Kifer's new book, *San Jose Scavenger: The Ultimate Search for San Jose's Hidden Treasures* on Thursday, March 2 from 7-8 p.m. The Book-Go-Round is located at 14410 Oak St.

Los Gatos

Status of the Los Gatos Housing Element Update

On January 30, 2023, the Town Council adopted the 2023-2031 Housing Element with modifications to the Sites Inventory, finding that it was in substantial compliance with State law. The 2023-2031 Housing Element is now available to the public for a seven-day review period prior to re-submittal to the California Department of Housing and Community Development (HCD). A track change copy and a clean copy of the 2023-2031 Housing Element can be viewed on the Town's Housing Element Update website at losgatosca.gov/HousingElement. Written comments (including name, affiliation, telephone number, and contact information) can be submitted through February 10, 2023, by email to HEUpdate@losgatosca.gov or by mail to:

Town of Los Gatos

Community Development Department

110 E. Main Street, Los Gatos, CA 95030



Los Gatos Assistant Town Manager Arn Andrews to join City of Mountain View

The Town of Los Gatos is saying goodbye to its Assistant Town Manager of five years, Arn Andrews, as he begins a new role as Mountain View Assistant City Manager on February 13.

A City of Mountain View press release stated:

"As Assistant City Manager, Andrews will provide strategic level leadership support for the Finance and Administrative Services, Human Resources and Information Technology departments, and the City Manager's Office intergovernmental/legislative function. He will oversee and contribute to upcoming strategic projects such as planning for the Information Technology Strategic Plan, which will include the Cybersecurity Strategic Plan; upgrading the utility billing system; planning to fund a new public safety building and other infrastructure improvements; collaborating with a Citywide team on developments in the City's North Bayshore/Shoreline Community area; and leading continuous improvement efforts to enhance customer service to the Mountain View community.

'I am passionate about public service and thrilled to join this exceptional organization and superb team,' said Andrews. 'As a City that is known for being a regional leader that tackles complex issues with compassion, I look forward to helping the City Council, Manager McCarthy and the community achieve their vision for Mountain View.'

During his five-year tenure with the Town of Los Gatos, Andrews ensured the day-to-day operations of departments, helped craft and develop the implementation of the Town Council Strategic Priorities, and oversaw the Information Technology Department, Town Clerk Department and emergency preparedness planning. Previously, Andrews worked for the City of San José for 10 years as Assistant Director of Finance in the Finance Department and Chief Investment Officer/Assistant Director of Retirement Resources in the Office of Retirement Services. Prior to his public sector career, Andrews worked in the financial markets including the American Stock Exchange, New York Options Exchange, Chicago Board Options Exchange, Philadelphia Stock Exchange, and Actis Capital."

Among Andrews' recent awards is the 2022 Richard Angus Award for Age Friendly Community Service from the Saratoga Area Senior Coordinating Council [SASCC].

Senior Services Roadmap goes to Town Council

The Los Gatos Senior Services Committee submitted its "Senior Services Roadmap for Los Gatos" to the Town Council for review.

Including detailed one, three, and ten year activities with milestones all throughout, the roadmap's mission is to make Los Gatos an age-friendly community where older adults are engaged, valued, and provided equitable opportunities to thrive.

The committee spent 15 months conducting data gathering and outreach, including a survey of older adult households, stakeholder workshops, benchmarking of peer cities, and engagement. Based on this data and outreach, the committee identified seven goals:

- 1) Appealing & Inviting Facility (renovate or build);
- 2) Core Senior Services;
- 3) Communication & Engagement;
- 4) Volunteer Support & Engagement;
- 5) Enhanced Transportation Options for Older Adults;
- 6) Senior Housing – Information on Approaches & Options;
- 7) Integrated Governance, Funding, & Accountability.

Town Council will review the roadmap at its February 7 meeting and provide any additional direction to the committee and/or town staff.

Stay informed - February

City of Saratoga and Town of Los Gatos Council, Commission & Committee Meetings

In-person meetings are beginning to resume, while online Zoom meetings and calling in continues to be an option for community members.

Meeting places, Zoom links and call-in information are contained in each respective meeting agenda.

Agendas are typically uploaded the Friday before the respective meeting.

Please note, all council, commission, and committee meetings are subject to change or cancellation.

Check the meeting links prior to each meeting or call your local town clerk for questions.

Los Gatos Town Clerk's office: 408-354-6834 / Saratoga City Clerk's office: 408-868-1216



Los Gatos

Development Review Committee:

February 14, 21, 28, March 7, 10 a.m.

View agenda and meeting info at

www.losgatosca.gov/188/Development-Review-Committee

Note: these meetings are often canceled.

Please check the webpage for updates.

Housing Element Advisory Board: February 16, March 2, 7 p.m.

View agenda and meeting info at

www.losgatosca.gov/1735/General-Plan---Housing-Element

Town Council: February 21, March 7, 7 p.m.

View agenda and meeting info at

www.losgatosca.gov/16/Town-Council

Planning Commission: February 22, March 8, 7 p.m.

View agenda and meeting info at

www.losgatosca.gov/189/Planning-Commission

Historic Preservation Committee: February 23, 4 p.m.

View agenda and meeting info at

www.losgatosca.gov/190/Historic-Preservation

Conceptual Development Advisory Committee: March 8, 4 p.m.

View agenda and meeting info at

www.losgatosca.gov/200/Conceptual-Development

General Plan Committee: March 8, 5:30 p.m.

View agenda and meeting info at

www.losgatosca.gov/199/General-Plan-Committee



Saratoga

Community Events:

Let's Work Volunteer Day: February 11, 9 a.m. to 12 p.m. at Quarry Park

Planning Commission: February 8, March 8, 7 p.m.

View agenda and meeting info at

www.saratoga.ca.us/357/Planning-Commission

Library & Community Engagement Commission: February 13, 7-9 p.m.

View agenda and meeting info at

www.saratoga.ca.us/330/Library-Commission

Heritage Preservation Commission: February 14, 8:30 a.m.

View agenda and meeting info at

www.saratoga.ca.us/285/Heritage-Preservation-Commission

City Council: February 15, March 1, 7 p.m.

View agenda meeting info at www.saratoga.ca.us/241/City-Council

Public Art Commission Artwork Exhibit Opportunities

Subcommittee: February 28, 7 p.m.

View agenda and meeting info at

www.saratoga.ca.us/510/Public-Art-Commission

Youth Commission: February 28, 7-9 p.m.

View agenda and meeting info at

www.saratoga.ca.us/337/Youth-Commission

Finance Committee: March 7, 3:30 p.m.

View agenda and meeting info at

www.saratoga.ca.us/359/Finance-Committee

Traffic Safety Commission: March 9, 6:30-9:30 p.m.

View agenda and meeting info at

www.saratoga.ca.us/329/Traffic-Safety-Commission

REIKO IWANAGA CURT FUKUDA BEVERLY HARADA

◆ A FILM AND PANEL DISCUSSION ◆

E.O. 9066

February 25, 2023 @ 2 PM
Saratoga Library
Community Room

◆ REFLECTIONS ◆

On February 19, 1942, President Roosevelt issued Executive Order 9066 authorizing the forced removal of all persons deemed a threat to national security from the West Coast to "relocation centers" further inland. Join Santa Clara County residents Curt Fukuda, Reiko Iwanaga and Beverly Harada as they present a film about E.O. 9066 and its impact on their families. This program is sponsored by Chi Am Circle, the Hakone Foundation, and Santa Clara County Library District. Limited seating. Masks are highly recommended. www.sccld.org/events

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AHA HEARTSAVER CPR/AED ONLINE BLENDED LEARNING COURSE, \$65

VIRTUAL/IN-PERSON SKILLS TESTING

American Heart Association (AHA) Heartsaver® CPR/AED blended learning course (online and in-person) includes learning adult, child and infant CPR, how to use an Automated External Defibrillator (AED), how to assist someone who is choking. This course has two parts: 1) First complete online videos and guided interactive exercises (2 to 3 hours to complete), may be completed in one session or broken up into several sessions, 2) Bring completed certificate to an in-person skills practice and testing session (approximately 30 minutes), offered every Wednesday from 2 to 6 pm. at a training site in Los Gatos, CA. No appointment is necessary. Course fee includes a 2-year Heartsaver® CPR/AED AHA course completion card and a CPR key-chain rescue mask.

Instructors: Santa Clara County Fire Dept.

Register at

ondemandheartssaver.cpr.eventbrite.com. For more information, visit sccfd.org.



Hakone seeks donations to save its koi pond

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HAKONE pg. 1

said. "It's been here for 100 years, and we want to make sure it's here for another 100 years."

A Hakone treasure that has remained since the Stines era is the koi pond. Surrounded by lush greenery and overlooked by a charming wooden bridge, the pond is receiving renovations, funded by private donations, the City of Saratoga, and the County of Santa Clara.

"The pond leaks water and it's not a safe, healthy environment for the fish," Kagoshima said. "It's really a focal point for our visitors."

Apart from the fresh air and beautiful nature, Hakone Gardens also has a Cultural Exchange Center that showcases art and historic exhibits, alternated every six months. The center also holds Cultural activities and events throughout the year. Some of these include traditional dances, the star festival Tanabata, and Toro Nagashi, a lantern festival that celebrates those who have passed on. One of the most popular events is Hanami, a special night time viewing of cherry blossoms, sponsored by NetGear.

Hakone Gardens hosts the Japanese festival Hinamatsuri, which usually occurs in May

but has taken a couple-years hiatus due to the pandemic. According to Kagoshima, future plans for Hakone Gardens include restarting the tradition this May.

Similar to Hinamatsuri, the Lunar New Year festival also had not happened for the past few years, but returned on January 29 of this year. The festival featured the Chinese lion dance, art, food, boba, and more. There was an amazing turnout with lively chatter in the air, and people were excited at the opportunity to have a big celebration once again.

For large events like these, Hakone Gardens partners with the Saratoga Chamber of Commerce and the City of Saratoga to keep events organized, such as having shuttles bring groups of people up into the hills rather than having so many people trying to park their cars along the road.

According to Kagoshima, every day brings new people and new success; there is no "typical day." As many as 1,500 people can visit in one day, especially during cherry blossom season. In fact, 2021 was a record-breaking year for Hakone in terms of the number of visitors.

Before the pandemic, top attendance was 36,000 people annually, and during the pandemic the number dropped to



Photo from Hakone's Lunar New Year Festival in January, 2023.

Photo by Frank Jang

32,000. But when people started coming out again, the number skyrocketed to a whopping 76,000 visitors in 2021.

Though Hakone Gardens shines a light on Asian culture, it has a reach beyond Saratoga and into the Bay Area, so visitors of all cultures come to learn about Japanese culture and relax.

"We have a very diverse group of visitors," Kagoshima explained. "These are all types of events we try to do to let people here experience without having to go to Japan."

Hakone is one of three Japanese Gardens in California, and the benefits it offers are many. Kagoshima highlighted the positive effects on human health that spending time in the garden can provide.

"Several studies have

been done that show that the color green tends to slow down your heartbeat," Kagoshima shared. "Hospitals in Japan have special green areas and small gardens that patients can sit in to feel that calmness."

Kagoshima himself has felt the benefits of simply being in the zen environment of Hakone Gardens.

"I come in the morning and it's peaceful," he said. "I can hear the birds singing. What better office can there be than a Japanese garden?"

From November to February, Hakone Gardens is open weekdays from 10 a.m. to 4 p.m., and weekends from 11 a.m. to 4 p.m. From March to October, it's open weekdays from 10 a.m. to 5 p.m. and weekends 11 a.m. to 5 p.m.

For adults ages 18-64, admission is \$12; for seniors ages 65+, it's \$10; for children ages 5-17, it's \$8; children ages 4 and younger are free. Saratoga residents receive free admission the first Tuesday of the month. Santa Clara County residents receive free admission the first Tuesday of the month from March through October and the first Saturday of the month from November through February until August 2025.

Hakone is located at 21000 Big Basin Way. To learn more, visit hakone.com. To make a donation to preserve Hakone's koi pond, visit hakone.com/koi-pond-renovation.

DIGNITY BAY AREA COMMUNITY BLOOD DRIVE

Wednesday, March 1st
10:00 a.m. to 4:00 p.m.
Oak Hill
300 Curtner Avenue, San Jose, CA

SCHEDULE AN APPOINTMENT

Online: sbcdonor.org
Use sponsor code 2849
Phone: 888-723-7831

Donate at the drive for a chance to win Warriors vs Oklahoma City Thunder basketball tickets! Also receive an Amazon eGift card!

STANFORD
BLOOD CENTER 

Give blood for life!



HIRING FOR RESIDENT ATTENDENTS

PT & FT POSITIONS AVAILABLE

\$22.50/HR PLUS BENEFITS FOR FT

WE WILL PROVIDE TRAINING IN DEMENTIA CARE

REQUIREMENTS:

Fully vaccinated and boosted
Must pass FBI/DOJ
Must be 18 years old or older

PLEASE CONTACT AT:

(408) 356-5636

15245 National Avenue, Los Gatos, Ca 95032

LICENSE #485201418

SASCC receives donation to combat senior loneliness & food insecurity

SASCC among four charitable organizations to receive funds

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DONATION pg. 1

feel confident that each of these organizations aligns with our philosophy and organizational mission and can't wait to see what we can accomplish together," Yu said.

The Emergency Food Bank in Stockton aims to build a stronger community by providing a safety net of healthy food, nutrition education, and hope. Their Mobile Farmers Market (MFM) travels to over 60 sites distributing fresh fruits and vegetables to families with children and seniors, reaching up to 1,800 people per week. Educators provide nutrition education and food demos, reaching 25-100 people at 65 sites each month.

Institute on Aging's Friendship Line is a 24-hour, toll-free crisis intervention hotline and a warmline for

non-emergency emotional support calls. It is the nation's only accredited crisis line for people aged 60 years and older, and adults living with disabilities.

Each employee is trained to screen for elder abuse and suicide, and CCA Health's donation will help fund translating resources so that materials can be inclusive to more residents. The Friendship Line is Institute on Aging's flagship program to prevent social isolation and loneliness, in addition to dozens of other programs designed to provide homecare services, comprehensive dementia support and connection to social support structures in order to help aging adults and adults with disabilities live life to the fullest.

Second Harvest of the Greater Valley (SHGV) is a member of Feeding



CCA Health California General Manager Wil Yu presenting a \$12,500 check to the Saratoga Adult Care Center.

Photo by Taylor Osterlund

America, the nation's largest domestic hunger relief organization, and reaches more than 35,000 residents per month. CCA Health's donation will help fund their Senior Brown Bag program, which has been helping at-risk seniors throughout San Joaquin and Stanislaus Counties for 46 years. Twice a month, volunteers

fill bags with 15-18 pounds of supplemental groceries, including 7-9 pounds of fresh fruits and vegetables. SHGV also offers home delivery to those that are homebound.


CCA Health California operates Medicare Advantage plans in San Joaquin and Santa Clara counties, offering benefits and services designed for

high-need populations. The plan works closely with IPAs and community organizations to coordinate high-quality, patient-centered care that addresses the social factors that impact care, and empowers individuals to make choices that align with their preferences and values. To learn more, visit ccahealthca.org.


AROUND THE TOWN & VILLAGE

BY DINAH COTTON, FEBRUARY 2023


What are you absolutely loving right now?




DON, SHERRY, AND TINSEL
"The sun, the crisp air, a change of pace."



JOHN PAGE
"The quiet, beauty, and friendly people."



VIDYA R. VINEET
"I love the Village Gardeners, so much history and school involvement."



MARILYN MANIES
"The sunshine, that we have not seen for a long while, and being able to garden."

Aliens fall in love with being human through a tour of Gallery 24



Inside Gallery 24, located at 24 N. Santa Cruz Ave in Los Gatos.

Photo by Dinah Cotton

By Dinah Cotton

The spaceship hovered quietly above the roof of the Los Gatos Opera House downtown. No one noticed; most earthlings were preoccupied with their cell phones. Even if earthlings weren't looking down, the underside of the mothership blended perfectly into the baby

blue sky.

As the mothership gently beamed the two aliens down to the Opera House roof, they transformed into looking like a true Los Gatan.

Exiting the front door of the Opera House, they blended in perfectly: sandals, jeans, paper cups of coffee in their hands. Down Main Street they went.

They wandered over

to the Lyndon Plaza area, enjoying the tall redwood trees and children playing in the in ground water fountain. This area struck the aliens as being very pleasant; Los Gatos was welcoming to them with bright sunlight and smiling humans.

Then they meandered down North Santa Cruz Avenue, looking into every window as their mission is to learn more about Earth and earthlings. "What makes earthlings tick?" they wondered.

The beautiful window at Gallery24 looked inviting so they went on in. Julia Watson, artist and gallery director greeted them warmly from the artist desk.

As they did not have art on their home planet, they wanted to know, "What is the function of art?"

They unfortunately did not understand it at all. You can not eat or wear it, and it will not make you

richer, stronger, younger or more beautiful. Why does it exist?

With a sigh, Julia led them around the gallery.

"Let's take a look around here and please tell me how this art makes you feel," she said. "Art is what makes your eyes happy. It quiets the mind and soothes the soul. How does this painting of the ocean make you feel?"

The one alien had no trouble expressing a deep strange feeling for this painting of blues and greens, the other alien felt a memory that reminded it of the planet Venus. The same art gives the two alien's two different feelings, as this is what art does.

The one alien that felt the colors from the ocean painting could not take its eyes off of it. It felt the movement of the colors and the vastness of the sea. This alien felt art for the very first time.

They witnessed plein air, abstract art, portraits, touchable sculptures—feelings transferred onto surfaces, emotions expressed visually.

Too soon it was time to exit this amazing place, Gallery 24, in Los Gatos, California, USA, planet Earth, but not before learning about why it exists.

Gallery 24 is a partnership between local artists and Los Gatos Morning Rotary. Sales benefit both the artists and the Los Gatos Morning Rotary Charitable Foundation, a 501(c)(3) nonprofit organization whose mission is to fund programs



Gallery 24 director and exhibiting artist, Julia Watson.

Photo by Dinah Cotton

for youth involved in the humanities, sciences, music and the arts and to support international projects in coordination with Rotary International.

This fine art Gallery is located at 24 N. Santa Cruz Ave in Los Gatos, and is open Wednesday-Sunday from 11 a.m. to 5:30 p.m. Learn more about Gallery 24 at lsgallery24.org.

Art makes one think. The artist translates, usually visually, the feelings that may not be available for one to verbalize.

One alien was so moved that it could feel a heart beating—a foreign, wonderful sensation. It took out its credit card and purchased a small watercolor. Art had spoken to this alien and helped it feel. It felt good to help promote art to earthlings.

As they walked back to the Opera House, this Alien decided that it would not return to its home planet. Now we have an art-loving alien in Los Gatos.



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Dear Editor,
I had an idea for a solution to the speeding problem on

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Green Committee asks for students' help to make the school a greener place

Founded over the summer, Green Committee hopes to install new 3-way bins this year to create a more eco-friendly environment.

By Jonny Luo & Kathy Wang,
Originally Published in the Saratoga Falcon Newspaper

Last summer, recent graduate Cici Xu and a few parents founded the Green Committee after being frustrated by the lack of progress toward sustainability at the school.

The committee is notably separate from the Green Team, a club that has existed for many years and works on making the school greener by volunteering, hosting group hikes and working on environmental projects.

The new committee has five subcommittees: the awareness subteam, which runs their Instagram account [@greencommitteesaratoga](https://www.instagram.com/greencommitteesaratoga), organized the recent MOSAIC lesson and posts posters across the school; the solar panels subteam, which pushes for sustainable energy such as solar panels; the water and hydration subteam, which works on fundraising and installing new water-bottle refill stations; the wastes bin team, which pushes for new, 3-way recycling smart bins of \$8,000 each; and the electric facilities subteam, which aims to install more eco-friendly LED bulbs.

According to senior Carolyn Pyun, the committee's chairman, the school and administration have

consistently supported their efforts.

"The district has been super receptive," Pyun said. "We met with the superintendent in November, and he was really on board with our hope to make Saratoga more eco-friendly, such as by stopping the use of plastic bottles at our school."

Despite the support from the school district, Pyun said the Green Committee has been having a harder time gaining support from the student body.

"It's hard to get high schoolers motivated about things they don't usually think about," Pyun said. "But we're trying and I think the effort is really what counts."

One way they try to get students involved is by selling reusable products such as metal straws and reusable utensil sets, which they hope can help replace the single-use plastic forks in the cafeteria. These items can be bought online and all proceeds go to buying the school's new three-way bins, which Pyun hopes will encourage students to properly sort their trash.

Currently, the committee is working with West Valley Collection & Recycling to add composting to the school, and they are currently trying the system with the cafeteria. This system is supported

by superintendent Bill Sanderson, who hopes Saratoga High can follow his previous schools' footsteps in using compostable utensils in the cafeteria.

They are also trying to educate students on proper waste management, as during the recycling competition, many recycling bins were contaminated by trash, which meant entire bins could not be recycled.

Pyun recommends a few actions for students, staff and parents to help support the committee.

"It would be great if more people could order from our online shop, especially because daily habits like not using plastic utensils can really make an impact," Pyun



Green committee members run a booth at the Saratoga Education Foundation run, selling eco-friendly products like reusable utensils, straws, tote bags and water bottles.

Photo by Green Committee Instagram

said. "Additionally, if you have any feedback, please DM us on Instagram, as we're really active. You can also participate in both our Green Committee

meetings and Green Team meetings to get more involved."

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‘Positive Community Norms’ approach centers on preventing harm by promoting health



A visual of how the Positive Community Norms framework works, shown during a February 1 Los Gatos virtual workshop aimed at preventing underage drinking.

suggest that data from self-report questionnaires are largely valid when certain criteria—such as those used in the CHKS, like anonymity and consistency—are met (Johnston & O’Malley, 1985; Johnston, O’Malley & Bachman, 1998; Sussman, Dent, Burton, Stacy & Flay, 1995). These studies showed that respondents were highly consistent in their reports of drug use over a three to four year period.

In the near future, with guidance from the Montana Institute, the Los Gatos-Saratoga Union High School District, Los Gatos Union School District, and Town of Los Gatos will develop a task force committed to implementing the PCN framework in town. If interested, contact Los Gatos-Saratoga Union High School District Assistant Superintendent of Student Services/Special Education Heath Rocha at hrocha@lgsuhd.org.

Learn more about the PCN framework and the Montana Institute at montanainstitute.com. View the Los Gatos High School and Saratoga High School CHKS results at tinyurl.com/LGSUHSDCHKS2021.

continued from
UNDERAGE pg. 1

youth alcohol consumption after implementing the PCN framework.

This framework to prevention is the work of Montana Institute Director and Chief Research Scientist, Dr. Jeff Linkenbach, and has been utilized by tribal, federal, state, and local organizations to achieve positive change and transformation around issues such as child maltreatment, substance

abuse, suicide, and traffic safety.

The three Los Gatos entities began working with the Montana Institute following the results of its California Healthy Kids Survey (CHKS), a California Department of Education assessment administered for schools and districts serving students in grades 5-12 that is anonymous, confidential, and measures school climate and safety, student wellness, and youth resiliency.

According to the 2021 Los Gatos High School

CHKS, 33 percent of 12th graders; 23 percent of 11th graders; 15 percent of 10th graders; and 4 percent of 9th graders used alcohol or drugs within 30 days of taking the survey.

From a PCN perspective, these statistics would be flipped to highlight that 67 percent of 12th graders; 77 percent of 11th graders, 85 percent of 10th graders, and 96 percent of 9th graders haven’t used alcohol or drugs within the last 30 days.

The purpose of framing

the narrative this way is that, according to the Montana Institute, most youth fall in line with what they perceive the crowd is doing. Part of the PCN framework includes bridging the gap between what students perceive is happening amongst their peers, and what is actually happening.

“But kids lie,” some concerned parents typed in the Zoom chat during the workshop. “How can we know these numbers are actually accurate?”

Several studies strongly

Keeping your heart healthy: advice from Dr. Clapper

By Brandy Maddox,
Managing Editor

In honor of February being American Heart Month, The Outlook asked Dr. Laura Clapper, Medical Director for CCA Health California, a series of questions about heart health. In Dr. Clapper's role at CCA Health California, a community-focused health plan that serves individuals on Medicare in Santa Clara and San Joaquin counties, she develops care programs that help residents get access to the medical, mental health, and social support services they need to stay healthy and well.

Q: How common is heart disease in the U.S.?

A: According to the Centers for Disease Control and Prevention, or CDC, heart disease is the leading cause of death for men, women, and people of most racial and ethnic groups in the United States. Coronary heart disease is the most common type of heart disease, which means there is a blockage or narrowing of the arteries, preventing them from bringing blood to the heart.

Q: Could you share a few tangible tips that people of all ages can implement to improve their heart health or reduce risk of heart disease?

A: One good guideline is the "ABCs of heart health." First, Aspirin can reduce your risk of having a heart attack or stroke. Secondly, control blood pressure, since high blood pressure makes you at higher risk. Third, control cholesterol. A simple blood test by your healthcare provider can reveal your number, and there are several ways to lower "bad cholesterol," or LDL (low-density lipoprotein) cholesterol. Sometimes a healthcare professional may prescribe medicine, but there are also many ways to lower it with lifestyle changes. Lastly, do not smoke, since this is a major factor for high cholesterol and other health complications. Some people think, "Well, I've smoked for decades, why stop now?" In fact, quitting smoking will

add years to your life, no matter the age.

Q: Are certain ethnicities at higher risk?

A: We know that different minority groups bear a disproportionate burden of heart disease diagnoses. For example:

- Black men have a 70 percent higher risk of heart failure compared with white men.
- Black women are 50 percent more likely to have heart failure compared to white men and women.
- Hispanic adults are at increased risk compared to white adults.
- Hispanic women are more than twice as likely and American Indians more than three times as likely to have diabetes, a major risk factor for heart disease, than white women. According to data from the American Heart Association, cardiovascular disease rates increased more rapidly in recent years for all Asian subgroups except Japanese and Native Hawaiian or Pacific Islander. High blood pressure also increased more quickly for nearly all subgroups – except Japanese—than it did among white adults.

It's important to talk about this because it is beneficial to detect heart disease early, and knowing you might be at increased risk can help you monitor symptoms and seek preventative care.

Q: How do the symptoms of heart attack differ for men and women?

A: According to Johns Hopkins, hallmark signs of heart attack for both genders are:

- Obesity
- Smoking
- Diabetes
- High blood pressure
- Family history
- Metabolic syndrome: the coexistence of high blood pressure, obesity, and high glucose and triglyceride levels
- High levels of C-reactive protein: a sign of inflammatory disease



that can occur along with other cardiovascular risk factors

In the movies we typically see someone collapsing with chest pain, but women don't always experience this. According to the Mayo Clinic, women are more likely to experience:

- Neck, jaw, shoulder, upper back or upper belly (abdomen) discomfort
- Shortness of breath
- Pain in one or both arms
- Nausea or vomiting
- Sweating
- Lightheadedness or dizziness
- Unusual fatigue
- Heartburn (indigestion)

Regardless of gender, never hesitate to contact your healthcare provider immediately if any of these symptoms arise. It's much preferable to feel silly in the case of a false alarm than to fall victim to a life-threatening event.

Q: Does mental health factor into risk?

A: Yes, it certainly can. Depression increases the risk of heart issues by as much as 64 percent, according to the National Heart, Lung, and Blood Institute. It also goes both ways. One in five people with heart disease experiences major depression, the American Heart Association reports. This can lead to additional risks since patients with poor mental health are more often isolated, and may be resistant to taking their medication.

Q: How does age play a

part in risk?

A: Your risk for heart disease increases exponentially with age. In their 60s, about 20 percent of men and 10 percent of women have heart disease. By age 80, those numbers grow to 32 percent of men and nearly 19 percent of women. Your heart can weaken over time, especially if you're sedentary. As we age, it's not uncommon for the left ventricle, the one that pumps oxygen to the blood, to stiffen.

Q: What does a heart-friendly diet look like?

A: Often some of our favorite meals that have been a tradition for generations may not be the healthiest choices, but this doesn't mean you have to forgo them altogether. Focus on making small substitutions where possible. Some easy ones are listed on the American Heart Association website. It's recommended to eat foods made up of whole grains, use oils like olive or sunflower, and limit your use of salt. Instead of relying solely on supplements for nutrients, eat a wide variety of seasonal fruits and vegetables. Whole grains are also a great choice because they decrease some cholesterol and blood pressure, and they improve our natural glucose and insulin response. When it comes to protein, try to select lean and high-fiber proteins, such as nuts and legumes, seafood, and chicken. It's best to drink water rather than sugary sodas or juices and limit or omit alcohol. Finally, try to select food that is minimally processed as

much as possible.

Q: What are some helpful resources folks can access to gain knowledge about heart health?

A: CDC has several on their website to start, including a few interactive resources that can help anyone learn about basic heart health and improve their lifestyle. You can also take a quiz to learn your "heart age." Most importantly, never hesitate to ask a healthcare professional if you have questions or concerns about any symptoms you've been experiencing. Historically, some of us have assumed that heart disease is something that only older, overweight, or genetically predisposed patients can get, and that's simply not the case.

Q: Any words of encouragement for folks who are struggling with heart issues, or who have heart disease in their family?

A: Heart disease is serious, but we also have a lot of ways to manage it and many steps we can take to prevent or postpone it if it does run in our family. The key is to get screened regularly for blood pressure, cholesterol, and to watch your BMI. If you work with your health care provider proactively to monitor your numbers, it will increase the chance that they can give you resources and steps to take to keep heart disease managed. Talking to your doctor about your mental health, reducing stress and getting help is important to heart health too.

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www.sascc.org/social-centers-1

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Visit www.apjcc.org/contact-us/hours-directions/ for hours.
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SALA is a non-profit elder law office whose mission is to support older persons in their efforts to live safely, independently, non-institutionalized and with dignity.

ADVOCACY PROGRAM (HICAP) - Funded by Sourcewise: Call (408) 350-3200, and select option 2.

HICAP is a FREE volunteer-based program from Sourcewise that assists seniors with Medicare as a supplements to Medicare, long-term care and managed care insurance plans.

VTA ACCESS: Office: 8am to 5pm daily / (408) 321-2380

www.vta.org/go/paratransit#accordion-applying-for-vta-access-paratransit-service

**MENTAL HEALTH RESOURCES**

NAMI - The National Alliance on Mental Illness (NAMI) offers practical experience, support, education, comfort and understanding to anyone concerned about mental illnesses and their treatment in Santa Clara County. Call from 10 a.m. to 6 p.m. at (408) 453-0400 option 1, or option 4 for after-hour support.

NATIONAL SUICIDE PREVENTION LIFELINE - Provides 24/7, free and confidential support for people in distress and prevention and crisis resources for you or your loved ones. Call the line at 1-800-273-8255 or visit suicidepreventionlifeline.org to learn more.

CASSY - Counseling and Support Services for Youth (CASSY) is a 501(c)(3) nonprofit that partners with Bay Area schools to provide resources and professional, on-campus mental health services to students free of charge, plus staff training on mental health issues, and parent consultations. Learn more at www.cassybayarea.org.

ASIAN AMERICANS FOR COMMUNITY INVOLVEMENT MENTAL HEALTH SERVICES - Founded in 1973, AACI serves individuals and families with cultural humility, sensitivity and respect, advocating for and serving the marginalized and ethnic communities in Santa Clara County. 2400 Moorpark Ave., Suite 300, San Jose, CA 95128 / (408) 975-2730 X204

SOCIETY FOR ADOLESCENT HEALTH AND MEDICINE

Founded in 1968, the Society for Adolescent Health and Medicine (SAHM) is a multidisciplinary organization committed to improving the physical and psychosocial health and well-being of all adolescents through advocacy, clinical care, health promotion, health service delivery, professional development and research. Call 1-888-705-4392 or email info@adolescenthealth.org with any questions.

START YOUR RECOVERY - Provides information for people who are dealing with substance use issues, and their family members, friends, and coworkers too. startyourrecovery.org/

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To join, please visit www.vitas.com/family-and-caregiver-support/caregiving/caregiver-support-groups.

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Photo by Hannah Busing on Unsplash

The many of us who attain what we may and forget those who help us along the line we've got to remember that there are so many others to pull along the way. The farther they go, the further we all go.

- Jackie Robinson

Test positive for COVID?

Free treatment is available

Option A: Talk to your health care provider.

Option B: If you can't reach your health care provider, or don't have one, call **833-686-5051** or visit sesamecare.com/covidca to speak to a FREE telehealth provider.

What to know about COVID treatment

- Treatment can prevent hospitalization and death.
- Treatment needs to be started quickly after starting to feel sick.
- Treatment is safe, effective, widely available, and recommended for most adults and some teens.

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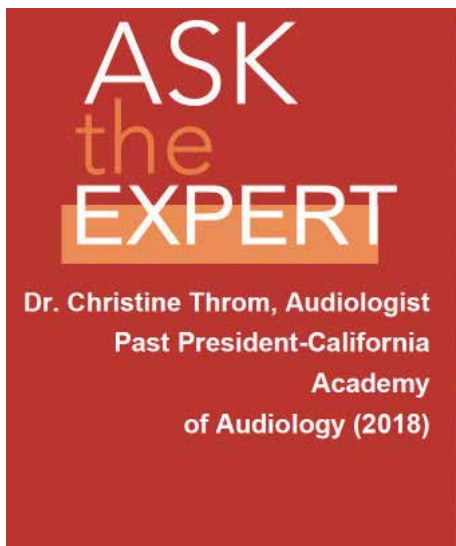
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Could Hearing Well Be Good for Your Heart?

Christine Throm, Au.D.

There is some fascinating research linking hearing loss with overall health and other medical issues. **For example, did you know that hearing loss can increase your risk of dementia?** (*Luckily, using hearing aids reverses that, because it has more to do with less brain stimulation than the hearing loss itself.*) **Or that some over-the-counter pain medications can exacerbate hearing loss?** (Not to worry—the effects are often reversed when the medications are stopped.)

Another interesting development in health and hearing loss is a connection between hearing loss and heart health. Sound crazy?

Charles E. Bishop, AuD, Assistant Professor in the University of Mississippi Medical Center’s Department of Otolaryngology and Communicative Sciences, has found the ear may be a window to the heart:

“Hearing health should not be assessed in a vacuum,” says Bishop. “There is simply too much evidence that hearing loss is related to cardiovascular disease and other health conditions. It’s time we maximized the information we have in order to benefit the individual’s overall wellbeing.”

When cardiovascular health is good, your whole body has adequate blood flow—including your ears. **Inadequate blood circulation can contribute to hearing loss.**

Furthermore, hearing loss can decrease quality of life overall, but having your hearing checked and getting proper hearing aids has been found to increase quality of life: from job performance to relationships and other social interactions.

What you can do to improve heart (and hearing) health:

- Exercise is a great way to improve cardiovascular health and increase overall blood circulation. So, get outside and take a walk or dust off that gym membership.
- Another way to improve cardiovascular health is to cut down on processed foods. Foods in boxes, cans and packages are nutritionally inferior to fresh, whole foods found in nature. So just eat “real food” whenever possible!
- Any doctor will tell you that the bigger your waistline, the more risk there is to your health: cardiovascular, hearing and otherwise. So, focus on shedding those pounds with an improved diet and increased exercise.
- A daily walk around the neighborhood can do wonders for your health—so grab a friend and get moving! Maybe do a few laps around your local farmer’s market and get the week’s groceries while you’re at it!

If you would like to learn more about how the newest audiological technology can help you improve your overall quality of life, call us today.

Want more information about hearing health?

Dr. Throm is bringing back her acclaimed, medically based, “Listen Up Café” lecture series! Please join us for these FREE events.



- Friday, Feb 10, 2023: Hearing with your Heart
- Friday, Mar 10, 2023: A Brief History of Hearing Aids!
- Friday, Apr 7, 2023: Ototoxicity & Sudden Hearing Loss
- Friday, May 12, 2023: Better Hearing and Speech
- Friday, Jun 9, 2023: Hearing Loss and Dementia
(Dates and location subject to change)

We’ll have light refreshments, good coffee, and a great discussion—see you there!
Seating is limited for these FREE events.
Please RSVP (408) 673-4052



Dr. Christine Throm
Owner/Audiologist

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Dr. Daniel Krass
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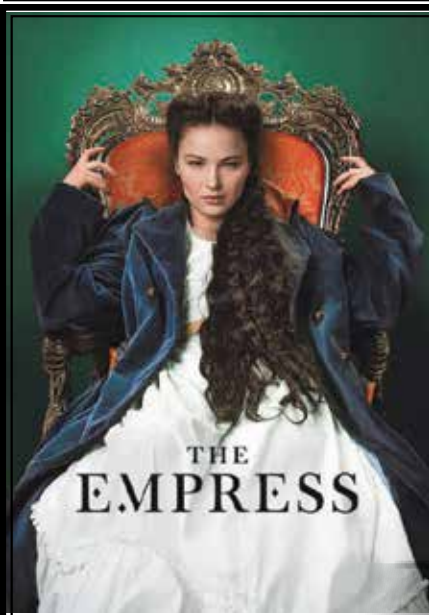
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www.LosGatosAudiology.com

Schedule your hearing aid evaluation today!



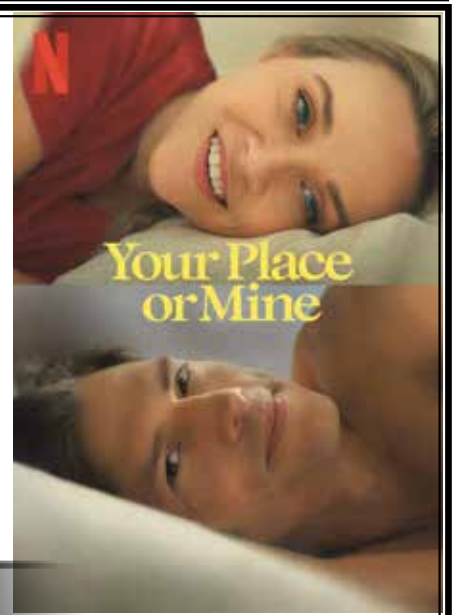


The Empress (2022-)
Two young people meet. A fateful encounter - the proverbial love at first sight. He is Emperor Franz Joseph of Austria-Hungary, she is Elisabeth von Wittelsbach, Princess of Bavaria and the sister of the woman Franz is to marry.

TV-MA | TV Series | Drama, History, Romance

Your Place or Mine (2023)
Two long-distance best friends change each other's lives when she decides to pursue a lifelong dream and he volunteers to keep an eye on her teenage son.

PG-13 | 1h 49min | Comedy, Romance



NOW STREAMING



Dog Gone (2023)

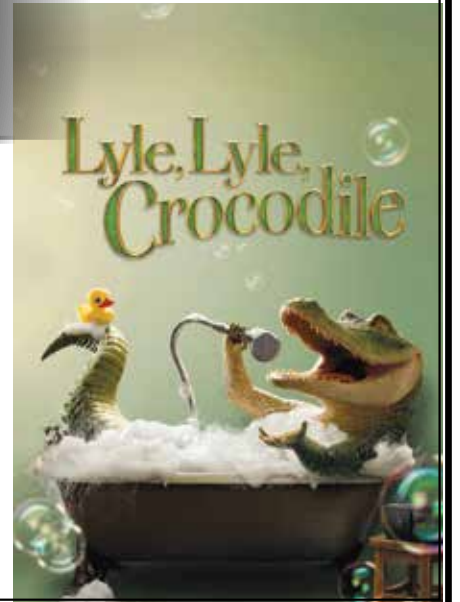
Based on the true story of a father and son who repair their fractured relationship during a forced hike of the Appalachian trail to find their beloved lost dog.

TV-PG | 1h 35min | Biography, Drama, Family

Lyle, Lyle, Crocodile (2022)

Feature film based on the children's book about a crocodile that lives in New York City.

PG | 1h 46min | Animation, Adventure, Comedy



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Ant-Man and the Wasp: Quantumania (2023)

Scott Lang and Hope Van Dyne, along with Hank Pym and Janet Van Dyne, explore the Quantum Realm, where they interact with strange creatures and embark on an adventure that goes beyond the limits of what they thought was possible.

Releasing Feb. 17.

2h 5min | Action, Adventure, Comedy

Stars: Paul Rudd, Evangeline Lilly, Jonathan Majors

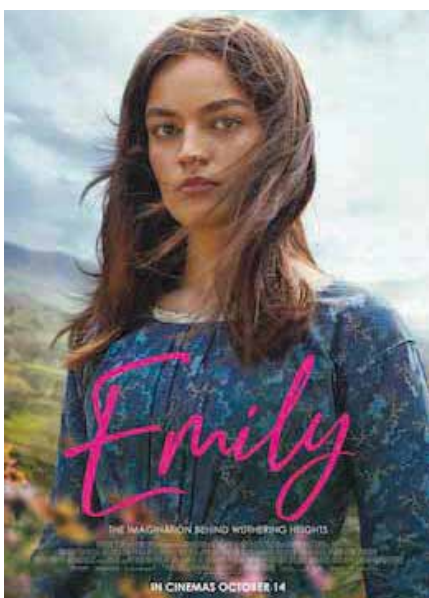
Marlowe (2023)

In late 1930's Bay City, a brooding, down on his luck detective is hired to find the ex-lover of a glamorous heiress.

Releasing February 15.

R | 1h 50min | Crime, Mystery, Thriller

Stars: Liam Neeson, Diane Kruger, Jessica Lange



Emily (2023)

EMILY imagines Emily Bronte's own Gothic story that inspired her seminal novel, Wuthering Heights. Haunted by the death of her mother, Emily struggles within the confines of her family life and yearns for artistic and personal freedom, and so begins a journey to channel her creative potential into one of the greatest novels of all time.

Releasing Feb. 17. May only play at Saratoga AMC.

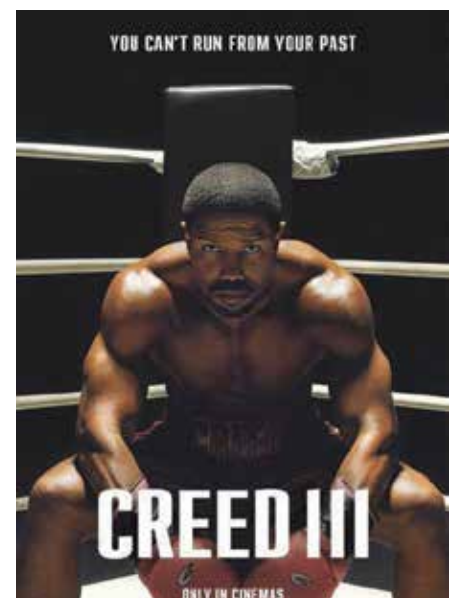
R | 2h 10min | Drama

Creed III (2023)

Adonis has been thriving in both his career and family life, but when a childhood friend and former boxing prodigy resurfaces, the face-off is more than just a fight.

PG-13 | Drama, Sport

Stars: Jonathan Majors, Michael B. Jordan, Tessa Thompson



PRUNEYARD CINEMAS
(408) 717-4712
1875 S. Bascom Ave., Campbell, CA 95008
<https://pruneyardcinemas.com/>

AMC - SARATOGA
(408) 871-2277
700 El Paseo De Saratoga, San Jose, CA 95130
www.amctheatres.com/movie-theatres/san-jose/amc-saratoga-14

CINEMARK - OAKRIDGE
(408) 225-7340
925 Blossom Hill Rd., San Jose CA 95123
www.cinemark.com/theatres/ca-san-jose/century-20-oakridge-and-xd



You Can Take It With You!

YOUR PROPERTY TAX BASE PROP 19 EXPLAINED

Are you dreaming of moving to Carmel or San Diego or Santa Barbara or Napa Valley or Lake Tahoe but think you can't afford it because your property taxes will go through the roof?

Well, think again!!

Do you want to be closer to the beach? Or closer to family? Children? Grandchildren?

Now you can move closer to the things you love and still pay the same property tax you pay now.

As of April 1, 2021, if you are 55 years of age or older you can transfer your property tax base from your current house to another house anywhere in California with almost no restrictions.

If the house you live in now is considered your "primary residence" and the house you will purchase is also going to be used as your "primary residence", you can buy another house regardless of the purchase price. As long as the transfer is completed within two years of the sale of your current home you can

transfer your current property tax base to another property with no questions asked. And to sweeten the deal, you can move your current property tax base up to 3 times without penalty or any change in your current rate.

It doesn't matter how low your current tax base is. You can sell your house and move your current property tax base from here to a home in any city and any county – anywhere your heart desires in the state of California.

If you'd like to learn more about California Proposition 19 (officially the "Home Protection for Seniors, Severely Disabled, Families and Victims of Wildfire or Natural Disasters Act") please feel free to call us. We'd love to hear from you. Or you can go to www.BrianAndDan.com, search "Prop 19" to read our blog post. It provides all the information you could possibly need to understand all the details regarding Prop 19, including answers to Frequently Asked Questions.

Oh, by the way...please feel welcome to call us with questions. We are available to speak with you on the phone or come take a look at your house in person.

We're here to help YOU!

More case studies, community and real estate news at www.BrianAndDan.com



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