In response to our collective trauma, the Restorative Practices Coaches from the Office of SEL are providing safer/braver spaces for adults where we can...

**Be Heard**
in a space that promotes listening and speaking from the heart.

**Connect**
with other adults over shared experiences, triumphs, and struggles to build collective wellbeing.

**Build**
awareness of Circle elements for your SEL toolkit

**ISBE CLOCK HOURS AVAILABLE**


Questions? Email circles@cps.edu