Job Title: Psychoanalytical Psychotherapist

Reporting to: Board of Trustees

Contract: Sessional

Hours: Based on needs

Remuneration: £25/hour

Location: 1A Leeds Place, Tollington Park. London. N4 3RF

Role description

Introducing the Work of the Refugee Therapy Centre

The Refugee Therapy Centre is a small charity providing psychotherapy and counselling to refugees, asylum seekers and the destitute. Our focus is on helping individuals and families who have suffered to come to terms and move on from their experiences and to regain control and enjoyment of their lives. We aim to respond sensitively and respectfully to the cultural and linguistic needs of people we set ourselves to serve.

MAIN DUTIES AND RESPONSIBILITIES OF THE POST:

1. To provide assessments and culturally sensitive therapeutic support to refugees, asylum seekers and people referred to the Centre who have been subjected to torture and organised violence.

2. To attend and participate in clinical supervision on a regular basis. (Note: this commitment will be in addition to your paid hours of work).

3. To maintain a high standard of record keeping, including appropriate records of assessments, progress reports, closing summaries.

4. To contribute to monitoring the effectiveness of the therapeutic work undertaken.

5. To participate in the provision of training and the development of high quality training.
6. To maintain an overview of changes within the asylum system and the changing issues facing asylum seekers and refugees, as well as cultural and political issues pertaining to the UK and the countries clients are coming from.

**General**

1. To report and cooperate with audit activities as required.

2. To adhere to the policies of the Refugee Therapy Centre in respect to Equal Opportunities, Confidentiality, the Code of Ethics, the Code of Practice, the Guidance on Good Practice and all other relevant policies.

3. To comply with the General Data Protection Regulation (GDPR), the Data Protection Act and the Protection of Children Act.

4. To undertake such other duties as may be requested, required or delegated.

**QUALIFICATIONS AND EXPERIENCE:**

The person appointed will be a post-qualified Psychoanalytical Psychotherapist Mem BAP, BCP, or UKCP.

Be fluent in one refugee language particularly Arabic, Amharic, Deri, Farsi, French, Somali, Turkish with experience and willingness of working with refugees, asylum seekers and people from other backgrounds.

**Person Specification**

- Able to communicate effectively with patients, staff and other practitioners.
- Able to establish and maintain appropriate therapeutic relationships.
- Able to motivate self and manage time effectively.
- Commanding basic IT skills and the use of Microsoft Word.
- Working in teams and, where needed, provide additional debriefing to interpreters.

The post holder will maintain an up to date working knowledge of legislation, regulation and codes of practice that might impact upon RTC’s services

**Principal responsibilities**

- To offer formally-scheduled, contracted group or 1:1 clinical supervision for RTC’s sessional therapists.
- To ensure therapists are working competently, keeping accurate records and that their practice is in accordance with BACP/UKCP guidelines.
- To work at all times within the Ethical Framework of the British Association of Counselling & Psychotherapy and to maintain the high standard of service delivery required of BACP and UKCP Accredited organisations.
➢ To hold periodical reviews with supervisees to identify training needs and other areas for personal development.
➢ To manage all necessary administration relevant to the role, working with the Centre administrator, including managing communication, cancellations or disengagement.
➢ To provide operational and clinical information as appropriate to the Board of Trustees.
➢ To attend line management & team review meetings.
➢ To regularly attend supervision.
➢ To work in full compliance with all RTC policies & procedures.
➢ To support, promote and work in accordance with RTC’s aims and ethos.
➢ To attend RTC mandatory training and to subsequently adhere to all legislative obligations in respect of Safeguarding, Health & Safety, Equality & Diversity and Data Protection.
➢ To attend appropriate continuing professional development.
➢ Other duties as may become necessary from time to time in relation to the operation of a psychotherapy service and the maintenance of a safe, secure, compliant and professionally managed service.

N.B. This job description is intended as an outline of the general areas of activity and may be reviewed and amended, if necessary, in light of the changing needs of the organisation.

**Person Specification**

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<tr>
<th>Attribute</th>
<th>Essential</th>
<th>Desirable</th>
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<tr>
<td><strong>Qualifications</strong></td>
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<tr>
<td>Recognised Degree and qualification in psychoanalytical Psychotherapy</td>
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<td>Recognised qualification in counselling families and/or couples</td>
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<td>Accreditation as a Supervisor</td>
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<td><strong>Skills &amp; Experience</strong></td>
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<td>Clinical supervision</td>
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<td>Clinical practice with children and young people</td>
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Currently practicing

Ability to work effectively and professionally with refugees and asylum seekers with containment

Knowledge

Knowledge and understanding of clinical theories

Understanding of the challenges inherent in working in a community clinical setting

Understanding of equal opportunities and diversity in respect of the intercultural nature of the RTC client group

Personal qualities

Supports the aims and ethos of the RTC, and adheres to RTC policies

Strong team player

Positive interpersonal qualities

Enthusiastic and supportive of colleagues

Please apply by sending a CV and covering letter, detailing your interest in the role, your relevant experience and evidence of how you meet all aspects of the Job and person specification to: info@refugeetherapy.org.uk, and please send a hard copy to: Refugee Therapy Centre, 1A Leeds Place, Tollington Park, London N4 3RF