Are you a Psychoanalyst or a Psychoanalytic Psychotherapist? Would you like to volunteer some time to help some of the most vulnerable in our society?
If yes, the Refugee Therapy Centre needs your help

The Refugee Therapy Centre (RTC) is now 20 years old. We have grown from an organisation serving eight clients a year in 1999, when we started, to serving in excess of 1300 a year, at our peak.

The needs of our clients, and the levels of stress, anxiety and depression caused by human rights violations and forced migration are ever increasing. After almost a year of temporary closure, the RTC is back to work and we need to increase its therapeutic capacity. It is a challenging time both for the RTC and society at large, but we are determined to continue to help people who come to the Centre having suffered debilitating traumatic experiences or as a result of ongoing issues in a new environment. The aim of the RTC remains to provide a therapeutic space for people to feel empowered to live fulfilling and joyful lives. We want to continue aiding people with our approach centered on resilience - an approach we have developed over years of supporting refugees, asylum seekers and the destitute.

We are launching our 2020 Winter Appeal and would like to ask you as psychoanalysts, psychoanalytical psychotherapists, psychiatrists and psychologists to help us by allocating some of your time, on a volunteer basis, to offer therapy to RTC patients, at the Centre or in your own consulting room. We also invite you, and those who would like to help the psychological well-being of refugees and asylum seekers, to make donations to support the work of the Centre. All donations will be used to support our core activities of providing bi-lingual and culturally appropriate individual and group therapy, alongside social and educational support.

For more information, please visit our website, email info@refugeetherapy.org.uk or call 07816 528 554.