A ROAD MAP TO
Accessing School-based Mental Health Services

**START**
District or school adopts the Pivot to Prevention framework, accesses tools, and begins implementation:
- Assesses existing mental health resources and gaps
- Establishes or identifies a school-based referral team
- Partners with a mental health clinician from the community

**SEE**
Parent, teacher, or other staff notices a student struggling or a behavioral health screening identifies a need for help.

**SAY**
That person talks to a referral team member and refers the student for help.

**CONTACT**
Team reaches out to the family about the referral, offers option of school-based mental health services, and gets approval.

**COORDINATE**
Team refers student to the independent mental health clinician who schedules an intake session at the school.

**MEET**
Clinician holds the intake session with the student and their family to discuss their needs and establish an initial treatment plan.

**FUND**
The clinician independently handles the financing by helping the family access Medicaid if needed then billing family's insurance or Medicaid directly.

**COORDINATE**
Team refers student to the independent mental health clinician who schedules an intake session at the school.

**TREAT**
Clinician provides evidence-based therapeutic treatment to student over a series of sessions at the school.

**COMMUNICATION**
With family permission, clinician regularly updates school's referral team on the student's progress.

**CHOICE**
At any time, the student or family can end sessions, select a different clinician for a better fit, or add other available services.

**ASSESS**
Team reviews what data they have on the student's needs and determines the best fit for that student with the available services.

**END**
Treatment goals are achieved and student is discharged or connected up with other services.

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**S/T/F#** = Pivot to Prevention framework tool number