Current Resources Evaluation

This tool helps identify any gaps in mental health services at the schoolhouse level to ensure every student is being supported.

1. Which of the following staff members do you have at your school?
   - [ ] Assistant/Vice Principal
   - [ ] Behavioral Specialist
   - [ ] Parent/Family Liaison
   - [ ] Principal
   - [ ] School Guidance Counselor
   - [ ] Other School Staff (who focus specifically on behavioral health or school climate)
   - [ ] School Nurse
   - [ ] School Physician
   - [ ] School Psychiatrist
   - [ ] School Psychologist
   - [ ] School Social Worker

2. Have you identified a point person for this project?
   This would include both working with the CYC for TA as well as managing the project within the building.
   - [ ] No
   - [ ] Yes

   If yes, who? ______________________________________________________

3. Do you have a team that formally meets to collaboratively discuss the behavioral health needs of individual students?
   - [ ] Yes, it is combined with response to intervention (RTI)
   - [ ] Yes, our team focuses exclusively on behavioral health and a different team handles RTI
   - [ ] We have a core group that discusses behavioral health needs, but it is informal
   - [ ] No, we do not routinely discuss behavioral health needs in a collaborative manner

   If yes, who sits on this team? ________________________________________

4. Does your school do any sort of behavioral health screening?
   - [ ] Yes, on all students
   - [ ] Only if the student is flagged for screening (ex. suicidality screeners)
   - [ ] Yes, on selected groups of students
   - [ ] No, we don’t do behavioral health screening on any students

   Estimated percent of student body _____%
   Who is screened? ____________________________________________

   If yes, what screeners are used? ___________________________________
5. How often does your team become aware of individual behavioral health concerns through the following means?

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<thead>
<tr>
<th></th>
<th>OFTEN</th>
<th>SOMETIMES</th>
<th>RARELY</th>
<th>NEVER</th>
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</thead>
<tbody>
<tr>
<td>Behavioral health screening</td>
<td>☐</td>
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<td>☐</td>
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<tr>
<td>Attendance records</td>
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<td>Office discipline referrals</td>
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<tr>
<td>Via a formal process for teachers to report concerns</td>
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<tr>
<td>Via teachers informally reporting concerns</td>
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</tbody>
</table>

Are there other ways your team becomes aware of behavioral health concerns? Please explain: ____________________________

6. Does your school or district collect/store any information on insurance plans of individual students?
☐ Yes  ☐ No

Comments: ____________________________________________

7. To the best of your ability, please estimate the percentages of your student body with the following insurance coverages:
   ☐   % have Private Insurance
   ☐   % have Medicaid/CHIP
   ☐   % Uninsured

8. What existing partnerships do you have with community behavioral health providers where you can send referrals for behavioral health services? ____________________________________________

9. How does your school engage parents and families of students? ____________________________________________
Multi-tiered System of Supports

This tool helps your team think through all of the available options for support in your school and community.

**SCHOOL BASED SUPPORTS**

Programs for individual students might include:
- Individual counseling
- Multi-Systemic Therapy

Programs for at-risk groups might include:
- Trauma therapy groups
- Family support programs such as *Familias Unidas*
- Family management groups
- Check and connect

Programs for all students and families might include:
- Social and emotional curriculum
- Trainings in trauma informed practice
- Conflict resolution

**COMMUNITY BASED SUPPORTS**

Programs for individual students might include:
- Outpatient counseling
- Recovery services
- Diversion programs

Programs for at-risk groups might include:
- Short term counseling
- Family support programs such as *Strong African American Families*
- Wraparound case management

Programs for all students and families might include:
- Community awareness campaigns such as suicide prevention
- Positive youth development programs

**Indicated Programs**
prevention for individual students

**Selective Programs**
prevention for at risk groups of students and families

**Universal Programs**
prevention for all students and families