All families have strength. This culturally-specific program, designed for youth aged 10-14 and their caregivers, builds on the strengths of African American families. It supports parents and youth during the transition from early adolescence to the teen years with an emphasis on helping young people avoid risky and dangerous behaviors.

This evidence-based approach has been proven to reduce behavioral issues, drug use, and delay the onset of sexual behavior for youth participants as compared to their peers.

HIGH LEVELS OF PARTICIPANT SATISFACTION AND A 100% RETENTION RATE

94% said they would like to continue meeting with their group

95% said the strategies presented were helpful and/or relevant to their life experiences

94% said they felt safe in the program

“Finally, a program for us.”

–SAAF ADULT PARTICIPANT
For More Information
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