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Ravi Dykema studied raja yoga for four years, in-residence, with Swami Gitananda in Pondicherry, India. He has practiced raja yoga for 17 years and has conducted a private practice in yoga therapy for 14 years. For the last four years he has also studied the “Diamond Approach” with the Ridhwan School in Boulder, Colorado. He is an adjunct faculty member at the Naropa Institute, and is the publisher of Nexus.

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Thich Nhat Hanh, Zen master and poet, was Chairman of the Vietnamese Buddhist Peace delegation during the war. In recognition of his peace activism, he was nominated for the Nobel Peace Prize by Dr. Martin Luther King, Jr. In exile from Vietnam since his 1966 peace tour, Thich Nhat Hanh currently resides in a hermitage near Plum Village in southwestern France.

Henri Michaux, (1899-1984) was a French poet and artist. Through essays, poetry, drawings, and paintings he left a voluminous record of his hallucinogenic-drug research. The relationship of the hallucinogenic experience to madness, the nature of psychosis itself, is illuminated in his work.

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Han de Wit is a professor in the Department of Psychology of the Free University of Amsterdam, Holland. He works in the field of contemplative psychology and theoretical psychology. A long-term student of Buddhism, he lectures extensively in Europe on the relationship between psychology, Buddhism, and Christianity. He has been a research fellow at the University of California, Berkeley (1976) and a visiting staff member at The Naropa Institute (1983) in Boulder, Colorado.
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