



## Resource List of Counselors and Family Service Agencies/Non-Emergency Numbers

If this is a life-threatening emergency call 911

Non-emergency number Law Enforcement/Resources

Turlock Police Department: 209-668-1200

Modesto Police Department: 209-572-9500

Stanislaus County Sheriff's Department- 209-552-2468

Children's Crisis Center: Verda's House- 209-577-0138

## Resources for Suicide Prevention

*If you are in crisis, Call or text the following numbers – (If this is a life-threatening emergency call 911)*

- National Suicide Prevention Line: 1-800-273-TALK (8255)
- National Suicide Hotline: 1-800-SUICIDE (784-2433) and 1-800-442-HOPE (4673)
  - They are also available online to chat so if someone prefers the anonymity of text that works great.
- Crisis Text Line: 741-741 (text HELLO/HELP)
  - You or anyone can text and get help for suicidal ideation/thoughts of self-harm, as well as any other crisis.
- Central Valley Suicide Prevention Hotline: 1-888-506-5991
- California Youth Crisis Plan 24-hr Hotline: 1-800-843-5200
- The Trevor Lifeline (LGBTQ): 1-866-488-7386
- Trans Lifeline: 1-877-565-8860
- Red Nacional de Prevención del Suicidio: 1-888-628-9454
- Center for Human Services Youth Crisis Line: 209-526-1441

For more support or additional resources please call Jessica's House at (209) 250-5395  
or email at [info@jessicashouse.org](mailto:info@jessicashouse.org)



### Local Support Groups and Individual Bereavement Support

Hospice of Emanuel, Turlock- 209-664-2550

Community Hospice, Inc., Modesto- 209-578-6300

Hospice of San Joaquin- 209-957-3888

Grief Share Modesto- 209-529-2666

Grief Share Merced- 209-383-5038

Grief Share Turlock- 209-485-2235

Turlock Pregnancy and Health Center- 209-656-9898

(Specialized peer support groups)

Compassionate Friends of Modesto/Riverbank Area

The Community Casa

2201 Morrill Road

Riverbank, CA 95367-2692

Email: [tcfmodestoriverbank@gmail.com](mailto:tcfmodestoriverbank@gmail.com)

Url: <https://www.modestoriverbanktcf.org/>

Chapter Phone Line 209-622-6786

### Individual Counseling Services

Please remember that the counselors listed are suggestions; it is important that you find a counselor with whom you feel comfortable, as counseling styles and approaches vary widely between professionals.

Most insurance companies and employers cover mental health treatment in some format. Most insurance companies also offer online search engines and customer support by phone to find a physician/counselor in your area who accepts your insurance. We recommend that you contact your insurance company for a list of providers. Another great way to find a counselor that takes your insurance is to "Google" the name of your insurance and the words "find a physician". If you contact Jessica's House, we will be happy to help you find a selection of counselors that accept your insurance. Please do not hesitate to contact us, (209) 250-5395. We are here to assist and support your family in any way possible.



**Turlock Family Counseling**

1351 Geer Rd. Ste 107  
Turlock, CA 95382  
209-427-5610

**Cheryl Fink, LMFT**

1604 Ford Ave, Suite 1  
Modesto, CA 95350  
209-676-8559  
Website: [counselinginmodesto.com](http://counselinginmodesto.com)

**Gina Lima-Vieira, LCSW (Bi-lingual)**

384 E. Olive Ave., Suite 1  
Turlock, CA 95380  
209-262-8082

**Suzanne Marson, MFT**

2925 Niagra Street, Suite 4  
Turlock, CA 95382  
209-485-1022

**Sandra Cantrell, LMFT**

531 E. Olive Ave.  
Turlock, CA 95380  
209-226-1434  
or  
1213 Coffee Rd. Suite P.  
Modesto, CA 95355  
209-527-8943  
[dpcamodesto.com](http://dpcamodesto.com)

**Margaret Hunter, Art Therapy Counseling**

209-505-2790  
For a 15-minute consultation, please call

**Nancy Neufeld Silva, Ph.D., LCSW**

1246 E. Canal Drive  
Turlock, CA 95380  
209-669-8538  
[nancyneufeldsilva.com](http://nancyneufeldsilva.com)



**Stephanie Love, LMFT**

1314 G. St.  
Modesto, CA 95355  
209-307-7484

**Chapel Soul Care Counseling Services**

1619 E Monte Vista Ave.  
Turlock, CA 95382  
209-634-5562

**Downey Park Counseling Associates – Modesto Location**

1213 Coffee Rd. Ste. P.  
Modesto, CA 95355  
209-527-8943

**Downey Park Counseling Associates – Turlock Location**

531 E. Olive Avenue  
Turlock, CA 95380  
209-226-1434

**First Behavioral Health Urgent Care Center**

2111 Geer Road Suit 510  
Turlock, CA 95382  
209-633-3057

**Family Service Agencies and other support services**

**Behavioral Health and Recovery Services**

Crisis Support 209-558-4600  
General Program Information 888-376-6246

**Central Star Youth Crisis Stabilization Unit**

Provides short-term treatment (up to 24 hours) for children ages 5-17  
300 East 15<sup>th</sup> Street, Suite C  
Merced, CA 95341  
209-386-1096



### **Sierra Vista Child and Family Services**

2925 Niagra St. #3  
Turlock, CA 95382  
209-669-6771  
920 12th St, Modesto, CA 95354  
209-524-6371

### **Center for Human Services**

2000 W. Briggsmore Ave., Suite I  
Modesto, CA 95350  
Turlock 209-669-6771  
Modesto 209-550-5869

### **Aspiranet**

Turlock Family Resource Center  
2160 Geer Rd  
Turlock, CA 95382  
209-668-6118

### **Foster Counseling Services**

151 E. Canal Dr.  
Turlock, Ca 95380  
209-669-2583

### **Airport Neighbors United**

205 S. Santa Cruz Ave.  
Modesto, CA 95350  
209-572-4535

### **North Modesto Family Resource Center**

2020 Standiford Ave., Ste. C1  
Modesto, CA 95350  
209-338-0279

### **Parent Resource Center**

811 5<sup>th</sup> Street  
Modesto, CA 95350  
209-549-8193

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**Are you 13-25 and looking for  
free, confidential mental  
health support?**



Download our app today!  
[calhopeyouth.org](https://calhopeyouth.org)





**Sierra Vista Drop-In Family Resource Center**

908 Sierra Drive  
Modesto, CA 95350  
209-492-9785

**Sierra Vista Child and Family Services**

100 Poplar Ave  
Modesto, CA 95350  
209-523-4573

**West Modesto King-Kennedy Neighborhood Collaborative**

601 N. Martin Luther King Drive  
Modesto, CA  
209-522-6902

**Casa Del Rio Family Resource Center**

2400 Stanislaus Street  
Riverbank, CA  
209-869-0468

**Oakdale Family Resource and Counseling Center**

631 W. "F" Street  
Oakdale, CA  
209-847-0420

**Sierra Vista Hughson Family Resource Center**

6940 Hughson Ave.  
Hughson, CA  
209-883-2027

**Waterford Family Resource Center**

12617 Bentley Street  
Waterford, CA  
209-874-8450

**Patterson Family Resource Center**

700 F Street  
Patterson, CA  
209-690-3100



### **Newman Family Resource Center**

1300 Patchett Drive  
Newman, CA  
209-862-0295

### **Tree House Club**

The Tree House Club is a place of refuge for children experiencing a fracture in their family. Fractures do happen within families and The Tree House Club provides a fun and nurturing environment for children who have experienced divorce, separation, come from single parent homes, an incarcerated parent, or are in foster care. For questions about Tree House please contact: Ashley Mutchler at (209) 634-4935

### **Monkey Business**

Monkey Business provides support and a safe place for children and teens, ages 5-17, whose family are impacted by chronic illness and cancer. Through meaningful and fun activities, expressive art, games and stories, Monkey business provides emotional support and coping tools for the entire family. While the kids have their activities, adults can participate in their own support and education group facilitated by the Cancer Center's social workers. To register and learn more, call Sandra at 209.664.5043.