Take the Pledge for the Salish Sea—here are 5 things you can do:

1. **Vote in local, state-level, & federal elections.** First, **make sure you are registered to vote.** Look up organizations you trust that vet and endorse candidates. Research people who will champion Puget Sound recovery when elected. With the COVID-19 pandemic limiting ballot access nationwide, it is more important than ever to vote early, and with friends and family. When more people vote, our environment and communities win.

2. **Understand & support tribal treaty rights.** Enter your home address at native-land.ca to find out whose land you currently live on. Learn about the cultural relevance of salmon to tribes in the Pacific Northwest. Discover how your tribal neighbors use treaty-protected fishing rights to lead the way on saving salmon, habitat, and people.

3. **Empower young people.** Fill out and send this “Mad Libs” letter designed for all ages to your local elected officials. Ask them to write you back with a commitment to protect and restore the Salish Sea. Youth voices are shaping politics around the world, from the global climate movement to the local health and safety of our shared waterways.

4. **Eat local.** Source one meal a week from local farmers, fishers, and producers. The COVID-19 pandemic poses a major challenge to food security. To tackle this crisis together, it is time to support regional farmers and fishers who grow and harvest without negatively impacting our shared waters.

5. **Reduce your own impacts.** Find new ways to shrink your environmental footprint this year. Be mindful about what you pour down the drain. Take a closer look at the products you use inside and outside your home, and commit to swapping one harmful product for something safe and locally produced.

When you have done these 5 things, **let your friends know!** Spread the word on Instagram, Facebook, Twitter, or TikTok with these graphics.

**Ready for more?**
We have 5 additional things you can do for the Salish Sea on our website: WeArePugetSound.org