1. **Believe** them.
2. **Reassure** them that the abuse is not their fault.
3. **Listen** to what they are saying.
4. **Encourage** them to speak with an advocate about safety planning.
5. **Respect** the decisions they make.
6. **Ask** what type of support would be helpful.
7. **Provide** a safe time and place for them to share their story.
8. **Don’t assume** they will end the relationship and don’t pressure them to do so.
9. **Maintain** their privacy. Don’t talk negatively about them or their abuser in public or online.
10. **Supporting someone who struggling can be difficult; know that you deserve support as well. Domestic violence resources are available.**
Our Mission

Established in 1975, Sojourner’s mission is to transform lives impacted by domestic violence.

Sojourner Family Peace Center provides crisis housing, system advocacy, and individual support to women, children, and men who have experienced domestic violence. The Family Peace Center accommodates a number of co-located and visiting partner organizations, offering an array of support to help families who have experienced trauma achieve safety, healing, and self-sufficiency.

If you, or someone you know, is experiencing domestic violence, Sojourner Family Peace Center is here to help. You’ll find all the support and resources you need under one roof.

General Information:
414-276-1911

Sojourner 24-Hour Domestic Violence Hotline and Shelter:
Call 414-933-2722  Text 414-877-8100

Visit Us
619 W. Walnut Street, Milwaukee, Wisconsin, 53212
8 AM – 7 PM  Monday – Thursday
8 AM – 5 PM  Friday

familypeacecenter.org

This project is supported by Victims of Crime Act Subgrant No. 2018-VO-01-15941 awarded by the Wisconsin Department of Justice Office of Crime Victim Services under a grant from the U.S. Department of Justice Office for Victims of Crime.