Patient calls, reports bleeding

During first 24 hours of bleeding

- Soaking more than 2 pads per hour x 2 consecutive hours?
  - Yes: Take 800 mg ibuprofen, increase fluids, call back in 1 hour
  - No: Reassure: This is normal

- Bleeding has slowed, return for F/U in 1 week

Spotting for 2-3 weeks after bleeding began

- Asymptomatic, feels well
- Persistent bleeding (not spotting) 1 month after bleeding began (very rare)
  - Come into office: Check hemoglobin, check orthostatics. If normal, offer 1 week of iron and watchful waiting. If abnormal (very rare), offer aspiration.

Bleeding is persistently heavy (very rare): come into office