## ITHINK & FEEL

WHAT REALLY MATTERS TO ME?
WHAT OCCUPIES MY MIND?
WHAT ARE MY WORRIES AND
ASPIRATIONS?

TOPICS TO INTEREST ME

CONTENT TO ENGAGE ME

## ISEE

WHAT ARE OTHERS
LIKE ME DOING?
WHAT COMPETITORS
AM I LOOKING AT?
WHAT IS MY BOSS
LOOKING FOR?



## IHEAR

WHAT ARE
FRIENDS,
FAMILY,
BOSS AND
INFLUENCERS
SAYING
TO ME?

**BRANDS I ADMIRE** 

CHANNELS TO REACH ME

## I SAY & DO

WHAT AM I OUTSPOKEN ABOUT?
HOW HAS MY BEHAVIOUR CHANGED?
HOW DO I WANT TO BE PERCEIVED?

**PAINS** 

SO TELL ME

LOGO HERE SO TELL ME

GAINS

YOUR BRAND STANDS FOR