

# WELCOME TO LEAF

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## BREAKFAST & BRUNCH

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**FULL ENGLISH BREAKFAST** | Two smoked bacon, two sausages, two eggs, home fries, field mushroom, black pudding, roast vine tomato, baked beans, one granary toast 9.95

**VEGETARIAN BREAKFAST** <sup>(V)</sup> | Halloumi, two eggs (poached, fried or scrambled), home fries, field mushroom, roast vine tomato, baked beans, one granary toast 8.95

**VEGAN BREAKFAST** <sup>(VV)</sup> | Falafel sausages, field mushroom, roast vine tomato, baked beans, grilled sourdough, avocado, home fries 8.25

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**LEAF BREAKFAST SANDWICH** | Pick one of the following, served on bread or toast: Two eggs (poached, fried or scrambled) smoked bacon, sausage or halloumi <sup>(V)</sup> 4.75

**HUEVOS ROTOS** <sup>(V,GF)</sup> | Crisp corn tortilla, spicy scrambled eggs, borlotti beans, avocado, feta cheese, tomato salsa 8.25

**TURKISH EGGS** <sup>(V,N)</sup> | Garlic & dill yogurt, Aleppo chilli brown butter, pomegranate seeds, grilled sourdough 7.50

**DOSA PANCAKE** <sup>(VV)</sup> | Curried sweet potato, coconut jam, mango salsa, baby spinach 7.50

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**AMERICAN PANCAKES** <sup>(V,AL)</sup> | Maple syrup, Greek yogurt, blueberry compote 7.95

**CINNAMON TOAST** <sup>(V,N,AL)</sup> | Cinnamon brioche, banana mascarpone, pecan crumble, toffee sauce 7.95

**HOMEMADE GRANOLA** <sup>(VV,N,AL)</sup> | A mixture of roasted oats, nuts and seeds, coconut oil, agave syrup, dried fruits, Greek or soya yogurt 3.95

### TO ADD TO ANY BREAKFAST:

Sausage, bacon, egg or home fries | 1.00, Smoked salmon or halloumi | 2.00, Field mushroom, tomato, black pudding or baked beans | 0.95.  
Please kindly note, we don't allow the swapping of items on our breakfast menu.

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## BRUNCH FAVOURITES

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**EGGS BENEDICT** <sup>(AL)</sup> | Sliced roasted ham, poached eggs, hollandaise sauce, toasted English muffin 8.50

**EGGS ROYALE** <sup>(AL)</sup> | Smoked salmon, poached eggs, hollandaise sauce, toasted English muffin 8.75

### SERVED ON GRIDDLED HERB OIL & BLACK PEPPER SOURDOUGH:

**HALLOUMI & AVOCADO** <sup>(V)</sup> | Two poached eggs, vine tomato, sumac 7.95

**STEAK & EGGS** | Sautéed chestnut mushrooms & onions, two fried eggs 9.95

**SMOKED HADDOCK** | Two poached eggs, lemon, caper cream butter 8.50

**SCRAMBLED ACKEE** <sup>(VV)</sup> | Spring onions, spinach, chilli, tomato chilli jam 7.95

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## SOUPS & SANDWICHES

ADD SOUP TO ANY SANDWICH FOR AN EXTRA 3.25

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**SOUP OF THE DAY** <sup>(AL)</sup> | See daily specials 4.75     **RED PEPPER & TOMATO** <sup>(VV,AL)</sup> | 4.75

All soups are served with fresh focaccia

**MOROCCAN CHICKEN** <sup>(AL)</sup> | Harissa mayonnaise, tomato, salad 5.95

**PORK & LEEK SAUSAGE** <sup>(AL)</sup> | Onion confit, mustard mayonnaise 5.95

**ROAST GAMMON HAM** | Gem lettuce, tomato, mayonnaise 5.75

**HUMMUS** <sup>(VV,AL)</sup> | Toasted sourdough, roasted red peppers 4.95. Add feta for £1

**FALAFEL** <sup>(VV, AL)</sup> | Vegan tahini, avocado & baby gem lettuce 5.50

Add hand cut chips or fries 2.95. GF bread available.

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## SALADS

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### **SUPERFOOD SALAD** <sup>(VV, N, GF, AL)</sup>

Spiced chickpea & roast butternut squash, wild rice, quinoa, pickled red onions, pomegranate, toasted almonds, with a mint, dill, lemon & soy yoghurt dressing 8.95

Add chicken for 2.95, Add pan fried salmon 3.95, Add halloumi 2.75

### **SWEET POTATO & FETA SALAD** <sup>(V, N, GF)</sup>

Sweet potato, feta & roasted pepper, mixed leaves, cashew nuts, hazelnut & orange dressing 8.95

### **GREEK SALAD** <sup>(V, GF)</sup>

Traditional greek salad with sliced cucumber, tomato, red onion, olives, feta cheese, fresh mint & balsamic dressing 8.95

V: VEGETARIAN / VV: VEGAN / GF: GLUTEN FREE / N: CONTAINS NUTS / AL: ALLERGEN

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## PLATTERS

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### GREEK MEZZE <sup>(AL)</sup>

Hummus, tzatziki, olives, falafel, pulled lamb parcels, Greek salad, toasted breads 14.50

### FISH PLATTER <sup>(AL)</sup>

Crab rarebit with tomato & spring onion tabasco salsa, lemon aioli, crisp fried squid, crispy capers, ginger & chilli king prawns, smoked salmon, toasted focaccia 16.95

### VEGAN PLATTER <sup>(VV,N,AL)</sup>

Root vegetable pakoras, salt & pepper seitan bites, jackfruit tostadas, mushroom & walnut paté 13.95

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## NIBBLES

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### NOCELLARA OLIVES <sup>(VV, GF)</sup> 4.25

### FOCACCIA <sup>(VV)</sup>

Balsamic & herb oil 4.25

### LOADED HUMMUS <sup>(VV,AL)</sup>

Pomegranate, roasted sunflower & pumpkin seeds, rapeseed oil, smoked paprika, toasted focaccia 4.50. Add feta for £1

### PULLED LAMB & FETA SPRING ROLLS <sup>(AL)</sup>

Pomegranate molasses, Thai vegetables, chipotle mayonnaise 6.25

### CRISP FRIED FALAFEL <sup>(V, GF,AL)</sup>

Tzatziki 4.50

### CHORIZO

Cooked in sherry & honey, served with focaccia 6.25

### CRISP FRIED SQUID <sup>(AL, GF)</sup>

Thai vegetable & wild rice salad, soy & chilli dressing 6.25. Also available as a main course 10.25

### ROOT VEGETABLE PAKORAS <sup>(VV)</sup>

Lemon, mint & soy yogurt 4.95

### PULLED JACKFRUIT TOSTADAS <sup>(VV,GF)</sup>

Mango salsa, pickled onions 6.25

### SKIN ON FRIES <sup>(VV, GF)</sup>

Ginger ketchup, house seasoning 2.95

### MIXED SALAD <sup>(VV, GF)</sup>

House dressing 4.25

### LEAF SAUSAGE ROLL

Ginger ketchup 3.95

### MUSHROOM & WALNUT PATÉ <sup>(VV,AL)</sup>

Red onion and thyme marmalade charred sourdough 5.25 GF option available

### GARLIC, GINGER & CHILLI KING PRAWNS

Toasted focaccia 6.25

### SPANISH CHICKEN

Peppers, onions, chorizo, smoked paprika & potatoes 6.25

### CRAB RAREBIT <sup>(AL)</sup>

Tomato & spring onion salsa, tabasco 6.25

### HAND CUT CHIPS or SKINNY FRIES

3.25

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## BURGERS & FLATBREADS

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**LEAF 100% GROUND BEEF BURGER** <sup>(AL)</sup>

Toasted brioche, cheese, lettuce, sliced tomato, tomato & mustard relish 10.95

**SALT & PEPPER BUTTERMILK CHICKEN BURGER** <sup>(AL)</sup>

Toasted brioche, sautéed onions, green peppers and chillies, chipotle mayonnaise 10.95

**FALAFEL & GRILLED HALLOUMI FLATBREAD** <sup>(V,AL)</sup>

Tabbouleh, pomegranate, mint, tahini & herb mayonnaise 8.95

**MOROCCAN CHICKEN FLATBREAD**

Tabbouleh, pomegranate, mint & harissa mayonnaise 9.95

**PULLED LAMB FLATBREAD** <sup>(AL)</sup>

Tabbouleh, pomegranate, mint, lamb & pomegranate molasses reduction 9.95

All served with hand cut chips. Upgrade to skinny fries for 0.95

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## MAINS

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**LEAF VEGAN KEBAB** <sup>(VV,AL)</sup> | Seitan shawarma, fruit pilaf, pickled red onion, salad, garlic tahini, chipotle mayonnaise, flatbread 10.25

**PAN FRIED CHICKEN** <sup>(GF,AL)</sup> | Bubble & squeak, creamed cabbage, bacon & crispy shallot crumb, honey mustard dressing 12.95

**GOAN VEGETABLE CURRY** <sup>(VV, GF, AL)</sup> | Pilaf rice, poppadoms 10.25.

Add chicken for 2.95, Add pan fried salmon 3.95, Add seitan bites 2.75

**JERK MARINATED RUMP OF LAMB** | Tabbouleh, charred tender stem broccoli, feta cheese & mango and Exotic Garden tea dressing 14.95

**SIRLOIN STEAK** | Grilled tomato, mushrooms, hand cut chips & peppercorn sauce 15.95

**PRAWN LINGUINE** | Chilli, ginger & garlic oil, rocket, confit tomatoes, chives, white wine & butter 12.95

**PAN FRIED SEA BASS** <sup>(N,AL)</sup> | Crushed new potatoes, fresh pesto, sautéed greens 11.95

**LARGE CRISPY FRIED SQUID** <sup>(GF)</sup> | Thai vegetable & wild rice salad, soy & chilli dressing 10.25

**MARKET FISH** | Ask your server for today's choice.

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## SOMETHING SWEET

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**FRESH CAKES MADE DAILY** | See the counter for today's selection 3.50

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**WARM CHOCOLATE BROWNIE** <sup>(V)</sup> | Clotted cream

**PASSIONFRUIT & MANGO ETON MESS** <sup>(GF)</sup>

**MIXED BERRY PECAN CRUMBLE** <sup>(VA, N)</sup>

**STICKY TOFFEE PUDDING** <sup>(N)</sup> | Ice cream & toffee sauce

All 4.75

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