BluePrint Group call notes: 27th September 2019

27th September 2019. BluePrintGroup call agenda

2pm BST // 3pm CET // 9am EST
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**Dial in details**

To join the call please use the following:
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Dial by your location
+1 646 558 8656 US (New York)
1. **Introduction and agenda run through, Chaired by Amy Keegan:**

Amy@unitedgmh.org

2. **UNGA update: Goalkeepers, Victor Ugo, Speak Your Mind Campaign**

Victor was one of the 7 UnitedGMH representatives who were invited to attend the Bill and Melinda Gates Foundation Goalkeepers event. The event was a huge success with Victor presenting on the **Speak Your Mind / HSBC partnership**, and also announced the **abolition of Sierra Leone’s 1902 Lunacy Act**, which was due in part to Speak Your Mind campaigner, Joshua Duncan’s hard work alongside his team at the Mental Health Coalition, SL.

The Gates’ Foundation formally identified global mental health as a key accelerator. The aims of Goal Keepers’ accelerators are to catalyse investment, expertise, and innovation to drive forward progress towards the Sustainable Development Goals. This was a great opportunity to bring mental health to the forefront, with the event being watched closely by so many important stakeholders both online and in the room.

See the event livestream here [https://youtu.be/_6G9snneljQ](https://youtu.be/_6G9snneljQ) with the mental health section at 11:27.

3. **UNGA update: Countdown 2030, Dr Shekhar Saxena, Harvard**

Dr Saxena also attended the Goalkeepers event to present **The Global Mental Health Countdown 2030. The aim of this is to establish a consortium of global mental health experts to build the first independent monitoring and accountability mechanism for global mental health. Countdown 2030 will inform government and philanthropic investment decisions, create accountability for policymaker commitments, and celebrate progress.**

This was an unprecedented moment for global mental health and shows that we are at least on their radar.

The Countdown 2030 was a very significant part of the MH theme as it went hand-in-hand with other topics that were discussed such as monitoring and accountability following the HLM on UHC. Monitoring and evaluation continues to be a key overall theme for the event and objectives for the foundation. We are hoping something will develop out of it in terms of collaboration and support.

Many organisations could contribute data and eventually we could use the results of the countdown to further individual organisation’s own work.

We do need both **technical and financial support.** Dr Saxena spoke with Chris Murray, director of the IHME, and will follow up with him directly.

4. **UNGA update: Mental Health For All reception, Jazz Thornton, Voices of Hope and Speak Your Mind campaigner**
On Monday night we officially launched the Speak Your Mind campaign in the SDG Action Zone on the lawn of the UN at UNGA. 350 people attended including HRH Queen of Belgium and WHO Goodwill Ambassador for Mental Health, Cynthia Germanotta and Zak Williams. The event was opened with a live rendition of You Will Be Found by the Broadway cast of Dear Evan Hansen.

The response from the night has been overwhelmingly positive, and it was great to have such high end political buy in from Amina Mohamed, the Deputy Secretary General of the UN; the Head of the UN General Assembly; the Director General of WHO, Dr Tedros; and Yves Daccord, the President of ICRC. It was also a good chance to send a reality check to the room about how far we have to go to push forward mental health support worldwide. As a community we need to make sure we galvanise energy from the night and turn it into positive action.

At the event Speak Your Mind officially launched the 40 second voice petition which can be found here: https://t.co/aGpRPRvLBA.

5. UNGA update: citiesRISE, Chrisitna Myers, Cities rise.
Cities Rise youth leader, Lian Zeitz attended many of the UNGA events, including the Mental Health For All reception, YMental Health and Kindness Group events. The YMental Health event, held in American Eagle’s flagship store gave the stage to six groups of youth mental health leaders, all of whom were local to the city (see here). Lian also attended a side event with the Kindness Group, where they celebrated 10 years of their anti-bullying campaign.

Cities Rise also attended a three hour workshop run by WEF and Oxygen Australia's National Centre for Excellence in Youth Mental Health: Developing the Mental Wealth of Young People. Lian Zeitz and Jamie LePinnet participated.

6. UNGA update: High Level Meeting on Universal Health Coverage, Christie Kesner, UnitedGMH

The UN political declaration on Universal Health Coverage was officially adopted by member states at the high level meeting on Monday.

The declaration, “Reaffirms the right of every human being to the enjoyment of the highest attainable standard of physical and mental health, without distinction of any kind.”
We are grateful for the tireless work of advocates that made this happen.
A few states were notably against the climate change summit, and during the UHC HLM 19 countries held a protest press release against the inclusion of sexual reproductive health and the paragraph on migrating populations.
13 member states mentioned MH in UHC statements, including Netherlands (in the form of MHPSS) and New Zealand, who have just announced a new well-being budget. Two multilaterals made note of Mental Health; the EU and the UN.

It is worth noting that the UK and WHO did not, as well as other allies. There is still more analysis to do of the day. It was a very exciting day for mental health and health policy as a whole, and there is a lot to build upon.

Comments

Dr Elizabeth Carll, International Council of Women
It was indeed a wonderful day. Those who attended had a great difficulty deciding what to attend, between the climate summit, high level meeting and side events there was a huge amount of history being made.

What came out of side events is key for the next steps for advocacy and implementation. All of this will need to be interpreted on country level. This is where it is key to make sure it is interpreted in an appropriate and effective way.

Dr Judy Kuriansky, UN friends of Mental Health
It is very significant that the SG said that UHC is at the heart of the agenda. Monday was a huge part of the advocacy that I and member states have been doing for years. Important to bring in other issues they discussed that are aligned with MH. E.g. Bhutan global national happiness. Also gender based violence has implications to MH.

James Sale, UnitedGMH
Accountability aspect. Discussions amongst UHC Civil Society Engagement Mechanism centred around what accountability mechanisms and processes need to be in place - one option could be to push for the inclusion of the Countdown 2030 Monitoring Mechanism for MH into whatever wider UHC mechanism is used. Also would be great to speak to members about how we can filter into wider UHC accountability discussions. Pull together small working group for that - contact James Sale (James@unitedgmh.org) or Amy Keegan (Amy@unitedgmh.org)

Dr Elizabeth Carll
Integration of mental health services within primary care is essential, although this hadn’t been written as clearly as other parts of the declaration. MH will be integrated into primary care, and this is very significant for CSOs. CSOs must continue to work with other primary care providers to ensure mental health care is integrated into the whole primary care system. This will be an entry point that is very important, to ensure that this is included in outcome document.

We need point people for this in various countries, to ensure MH is integrated into individual country agendas.

Ann Lindsay, World Federation for Mental Health
On Tuesday morning there was a very good panel on primary care, which is well worth watching back. Please follow this link to watch it.

6. World Mental Health Day, Alexandra Fleishcmann, WHO
We are half way through our month long campaign, which started on World Suicide Prevention Day, and will run until world WMHD, which this year has the theme of suicide prevention. Please keep sharing your 40 seconds of action and posting #40seconds on social. See more info here. Talinda Bennington joined in with activities on World Suicide Day, she joined the DG for a lunchtime seminar to all staff, and was very active on social media. Talinda will be continuing to support the WHO’s 40 seconds of action this month.

We hope that on 10th October people around the world people will post about their 40 second of action, with whatever action is relevant to their context. To ensure maximum participation, we ask that BPG members disseminate this through their social channels. More info about WMHD at the WHO here.

We have also released a data book for suicide in the world global health estimates, this is the WHO’s latest data on suicide as well as an overview of the issue. Alongside this they held a media briefing with press and many journalists interested in the data.

Another new resource was the new information booklet for pesticide regulators, as pesticide misuse is a huge source of suicide around the world, especially in LMIC and rural areas.

Also on the 10th October a resource for film makers will be released. This will give facts and provide stories of hope as well as link to the resource booklet for media and journalist about reporting and representation of suicide.

8. Comic relief update, Amy Keegan on behalf of Clare Kiely

To be circulated separately.

9. UNICEF updates, Zeinab Hijazi

1) The Measurement of Mental Health Among Adolescents at the Population Level (MMAP) package
UNICEF is developing a tool for use in household surveys to assess the prevalence of mental ill-health among adolescents age 10-19. Specifically, the tool will provide robust, standardized data at the population level for anxiety and depression, functional impairment due to mental health conditions, and suicide ideation and attempt.

2) UNICEF has partnered with the World Health Organization (WHO) on key child and adolescent focused mental health and psychosocial interventions for use in low resource and capacity settings, including:

Helping Adolescents Thrive (HAT). The overall goal of the initiative is to promote adolescents’ mental health, prevent mental health conditions, and reduce risk behaviours
and self-harm. HAT will adopt a multipronged, transdiagnostic common elements approach targeting multiple symptoms and behaviours and providing a scalable solution to deliver a range of beneficial outcomes in a cost-effective manner.

--> WHO/UNICEF Helping Adolescents Thrive intervention package consultation meeting
Date: 2-4 October 2019
Location: Cape Town, South Africa
The purpose of the meeting is to: (i) provide input on the HAT intervention content and delivery plans, (ii) identify the appropriate methodology and plan for field testing, and (iii) map out proposed implementation and local adaptation processes.

3) **A costed Minimum Services Package of priority MHPSS actions and interventions to be carried out through Child Protection, Education and Health by humanitarian actors responding to initial MHPSS needs in both new emergencies and ongoing protracted conflict settings.**

- We will launch initial discussion and consultation on the MSP through WHO/UNICEF moderated panel at the WHO Mental Health Forum in Oct.
- The first face to face meeting of the newly formed project advisory group for the MSP project will take place on Nov 20 and 21st of this year.

4) **Caring for the Caregiver**
UNICEF has developed a Caring for the Caregiver (CFC) package that prepares front-line workers to promote caregiver emotional well-being. CFC strengthens the capacity of front-line workers, equipping them with counselling skills and practical job aids, to help them build caregivers’ confidence and engage extended families in support of caregivers’ emotional well-being. At this stage, there is a prototype of the CFC module was designed by a multi-disciplinary group to address the specific cultural and contextual needs of West and Central Africa. An advisory group is being formed, which include WHO, to ensure linkages with thinking healthy, and other initiatives led by key actors in the field.

5) **Key Events coming up where UNICEF will be engaged**

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<td>Global MH Summit hosted by the government of the Netherlands</td>
<td>UNICEF (CPIE MHPSS Specialist-Zeinab) will co-lead a children, adolescents and families working group at the Global MH Summit hosted by the government of the Netherlands in October 2019. This meeting building on findings from the 2018 UNICEF and the German Government co-convened mental health expert level meeting “Rebuilding Lives: Addressing Needs, Scaling-up and Increasing Long-term Structural MHPSS Interventions in Protracted and Post-Conflict Settings” which represented a call for collective action to advocate for and invest in mental health and psychosocial support for people displaced by conflict. UNICEF will also be attending a DFID led roundtable on MHPSS – a side event to the MHPSS Summit. [UNICEF DED Omar is a confirmed speaker at the high level meeting at this event – day 2]</td>
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UNICEF and WHO have established a core planning & technical team (that includes CPiE, Health, ADAP, ECD, etc.) in support of the UNICEF inaugural Leading Minds for Children and Young People conference on 7-9 November at the UNICEF Innocenti-Office of Research (OoR) in Florence, Italy. UNICEF, with co-hosting support from WHO, is building on its experiences and collaborating with experts in the field of global mental health to jointly plan its Inaugural Leading Minds for Children and Young People conference.

This first year will bring together a broad array of the world’s thought leaders – from academia, business, civil society, government, international development, philanthropy and of course, children and young people – to focus on issues relating to mental health.

For anything related to the Leading Minds conference please respond to LeadingMinds@unicef.org or contact Matteo Raddi mraddi@unicef.org +39 328 179172

10. NCD Alliance update, Amy Keegan
Myself and James had a meeting with Priya from NCD alliance to discuss the next steps for integrating mental health into NCD world. As you are aware there has been a shift from the traditional 4 by 4 approach to add MH, but there is often a disconnect and MH isn’t as fully integrated as it could be. This is obviously something we want to address, and as a joint force we are keen to put together a policy paper.

Anyone that would like to work on this please get in touch (Amy@unitedgmh.org). It would be good to have an informal working group to ensure MH is integrated into the NCDS in a comprehensive way.

In February there will be the Global NCD Forum, so there is potential to develop a briefing paper to be launched at that forum.

11. Feedback on in person meeting, Amy Keegan
We had a great in person meeting in September at the Wellcome Trust, thank you to Wellcome for your support and for hosting us.

The notes from this meeting can be found here and the presentations here.

Thank you to everyone who attended and participated, with running workshops and organising panels. The day had a lot of learning, with great discussions and networking within the community.

Next steps - 1) we are working on a document which is looking at how we can take forward any feedback from the day, as well as creating a concept paper to explore how we continue to work together and highlight any priorities coming up. We will feedback on those documents in the October call.
1. We have produced a survey, both online and in person at the meeting, we are keen to ensure we improving and providing what the group needs. Please do fill out survey the survey by following this link https://www.surveymonkey.co.uk/r/GTS8V3Q.

2. Slack - to enable better communication between the group, we felt the best way to facilitate this is through a slack channel. This can be used for informal quick agenda items, and as a notice board to post information. Please join and feel free to use.

12. AOB

Ashley Nemiro, MHPSS collaborative
Update on UNGA side events
Education Can't Wait: Irish aid and Lego Foundation joined other donors such as DFID and Danish MFA. MH and MHPSS was brought up multiple times, with Education Can't Wait keen to include MH in their programs. The main focus of MH is with teachers and children and looking at caregivers as an avenue to address MH care for aged 3-6 and primary age students. Email Ashley for info ane@redbarnet.dk.

The MHPSS Collaborative is supporting The World Suicide Prevention day to World Mental Health Day Campaign, with five topics over five weeks, with the aim to highlight the voice of children, follow #5Weeks5Messages on twitter.

Ann Lindsay
There is still time to ask for an invitation to MH forum on October 14th and 15th. Please contact Devora’s secretary pillardp@who.int at WHO.

A number of us who were at BPG meeting in Geneva wondered if there is an informal meeting for BPG members lunch meeting? *Amy will organise this and be in contact.

Judy Kuriansky
Regarding UNGA.
I was a panellist on Tuesday speaking about MH and innovations across all SDGs at UAE Global Council set up to discuss SDG 3.

On Friday there will be another event on the SDGs and UHC. Comprehensive three hours discussing the high level political statements. The co-sponsors of the event include Sierra Leone, UAE, Canada and China. Along with that presentations about innovative financing and programming and policies.

Amy Keegan: Thank you to everyone that was on the call, sorry we were unable to take note of everyone’s names and so therefore have left off the list of attendees. If you want to be put in contact with anyone from the BPG please contact anna@unitedgmh.org