

DEVONA
SPA

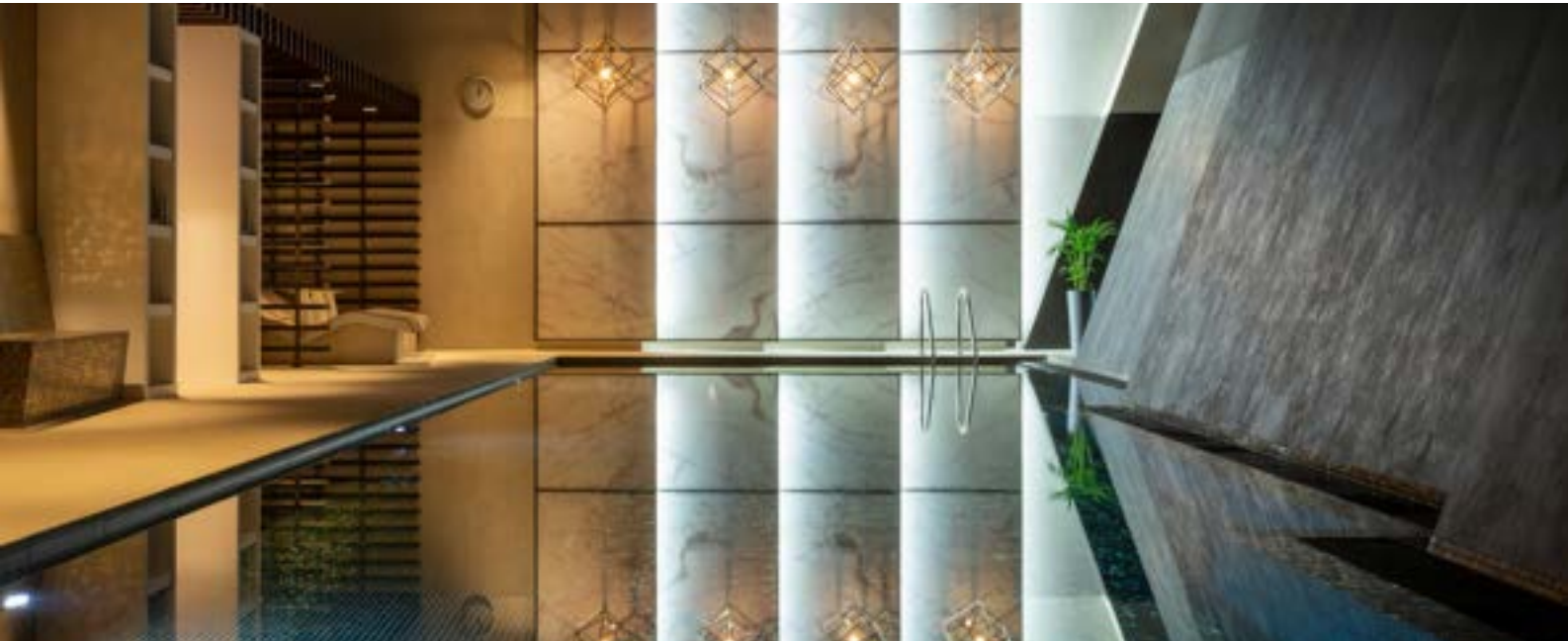
Treatment Menu





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Our spa features an indoor pool, whirlpool, and fitness center. We offer face and body treatments, manicures and pedicures, and specialized maternity, couples', and men's treatments. We have a luxury couples' room with heated and hydraulic treatment beds. Enjoy our large relaxation area, steam room, and sauna.







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MASSAGE

FULL BODY MASSAGE £65 55 minutes

A medium pressure full body massage combining relaxing elements of aromatherapy massage, lymphatic drainage and traditional Swedish massage techniques to reduce muscle tension and re-energise the body. Choose from:

Invigorating

An uplifting, detoxifying seaweed body oil with lemongrass, juniper, lavender and rose geranium. Particularly useful for improving fatigue and eliminating toxins.

Relaxing

The luxurious scent of nurturing rose geranium to aid stress relief, relax, soothe and balance a tired mind and body. A silky base of sweet almond and jojoba oil to hydrate and tone skin.

Warming

A comforting, woody oil containing patchouli, bergamot and sandalwood. Ideal for muscular aches, nervous tension and insomnia.





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HOT STONE MASSAGE £70 55 minutes

A full body massage incorporating heated Basalt stones which instantly relax the muscles, allowing the treatment to work at a deeper level. Hot stones work to relax the mind, ease muscle tension, reduce aches and pains and are placed along the chakras to open up energy pathways. A seaweed based oil with lemongrass, lavender and juniper will detoxify and regenerate the skin.

HOT POULTICE MASSAGE £70 55 minutes

A rebalancing, light massage using heated sea salt and seaweed granule filled poultices, which are applied to the body to relax the muscles, release tension and nourish the skin. Combined with manual massage movements, the relaxing warm poultices are rhythmically stroked and kneaded over the body. When the compress is heated it provides a detoxing effect to draw toxins from the body and add a host of vitamins and minerals deep within.



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Organic Seaweed

Natural Skincare

Anti-oxidant Marine Cream



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BODY TREATMENTS

SALT & OIL SCRUB 25 minutes

A Hebridean sea salt and oil scrub gently exfoliates, sweeping away dull, dry skin. An invigorating express treatment to stimulate circulation, eliminate toxins and leave the skin nourished and glowing.

DETOX BODY WRAP £70 55 minutes

A powerfully detoxifying Hebridean sea salt and oil scrub with body wrap. This combines the detoxifying and nourishing effect of the purest seaweed gel with the stimulating and hydrating properties of the scrub. The treatment is designed to eliminate toxins, reduce cellulite, boost energy and improve skin tone and texture, increase circulation and detoxifying congestion from the body.

NOURISHING BODY WRAP £70 55 minutes

Combining a hydrating salt and oil scrub infused with sweet almond, jojoba and rose geranium to remove dull, tired skin followed by a cocoon of our nourishing gel body mask which soothes, cools, hydrates and tones even the driest, sensitive skins. A warmed geranium oil scalp massage completes the experience.

MARINE BACK TREATMENT £70 55 Minutes

The ultimate back facial designed to rejuvenate and exfoliate, while treating any congestion to reveal a brighter and smoother skin. Beginning with a cleanse, tone and exfoliation, a powerful heated seaweed clay mask is applied to clarify and soften the skin while providing a deep moisturising treatment. Ideal for skin concerns such as acne on the back, dryness or skin conditions and for muscular aches and pains. A massage of the back and back of legs is also included to leave you feeling deeply relaxed.





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FACIALS

EXPRESS FACIAL £45 25 minutes

An express facial cleanses, tones and moisturises for essential skin maintenance. Includes an exfoliating mask and scalp massage to complete the experience.

FACIAL £65 55 minutes

A rejuvenating facial designed to revitalise and repair. Suitable for all skin types, even sensitive. It is particularly useful for brightening dull, tired skin and balances skin tone and texture, protecting the skin from environmental damage. This treatment will cleanse, tone, exfoliate and moisturise the skin leaving it revitalised and hydrated.

ANTI-AGEING FACIAL £65 55 minutes

Using our rich Marine Cleansing Balm packed with hydrating fatty acids and a lifting and firming gel face and eye mask to tighten and tone the skin. The high content of seaweed extract in the products used is scientifically proven to preserve the skin's natural collagen, with powerful anti-ageing properties that repair damaged skin cells which results in smoothing fine lines and wrinkles.





MEN'S

MENS STRESS RELIEVER MASSAGE £70 55 minutes

An invigorating full body treatment combined with scalp massage. A medium pressure massage designed to detox and balance the body whilst removing any areas of muscular tension and stress. The seaweed based oil nourishes and protects the skin with a masculine sandalwood and patchouli aroma.

MENS FACIAL £65 55 minutes

The ishga men's products are designed to detox and draw impurities from the skin whilst stimulating collagen production and combat signs of ageing. This treatment will cleanse, tone and moisturise the skin leaving it revitalised and hydrated leaving a protective layer to prevent environmental damage. Great for outdoors, sports or harsh weather conditions.







NAILS

FILE & POLISH (HANDS) £22 30 minutes

Your nails will be filed followed by a colour application of your choice.

FILE & POLISH (TOES) £25 30 minutes

Your nails will be filed followed by a colour application of your choice.

MANICURE £34 45 minutes

Cuticles and nails are pampered while hands are exfoliated, followed by a luxury hand and arm massage, and finished with a colour of your choice.

PEDICURE £37 45 minutes

Feet are exfoliated and a luxury foot and lower leg massage is performed to hydrate and soften the skin with a colour application of your choice.





NAILS

THEGELBOTTLE MANICURE £34 45 minutes

Includes a file and polish and cuticle work with a colour of choice resulting in a longer lasting nail colour with a high shine and professional finish.

THEGELBOTTLE PEDICURE £37 45 minutes

Includes a file and polish and cuticle work with a colour of choice resulting in a longer lasting nail colour with a high shine and professional finish.

LUXURY MANICURE £42 60 minutes

Nails and cuticles pampered, hands exfoliated, and a deluxe hand and arm massage is performed. Followed by a sumptuous, heated treatment where heated mitts are applied. Then a colour of choice will be applied.

LUXURY PEDICURE £45 60 minutes

Nails and cuticles pampered, feet exfoliated, and a deluxe foot and lower leg massage is performed. Followed by a sumptuous, heated treatment where heated mitts are applied. Then a colour of choice will be applied.

THEGELBOTTLE - GEL SOAK OFF +£15 30 minutes





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WAXING & TINTING

Eyebrow	£11.50
Lip	£10.00
Chin	£10.00
Underarm	£13.00
Chest	£29.00
Back	£29.00
Forearm	£15.00
Full arm	£25.00
Half leg	£20.00
Full leg	£30.00
Bikini	£17.00
High Bikini	£22.00
Brazillian	£35.00
Hollywood	£45.00
Eyelash Tint	£18.00
Eyebrow Tint	£11.50
Eyebrow wax & tint	£19.00



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Organic Seaweed

Natural Skincare

Men's Marine Cream



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SIGNATURE EXPERIENCES

ishga FACE AND BODY EXPERIENCE £70 55 minutes

The treatment starts with a medium pressure massage combining a powerful detoxing seaweed body oil with lemongrass, juniper and rose geranium. It is designed to be invigorating but equally relaxing, with a focus on removing tension to re-energise the body. The seaweed body oil regenerates, firms, tones the skin and is particularly useful for eliminating toxins. To conclude, the focus moves to the face combining a cleanse, exfoliation, tone and moisturise using a powerful blend of organic seaweed high in antioxidants and anti-ageing benefits. While the products do their work, enjoy a scalp massage to complete the experience.

ishga LUXURIOUS SEAWEED FOOT EXPERIENCE £70 55 minutes

A detoxifying Seaweed treatment to rejuvenate tired feet and leave skin silky smooth. A luxury pedicure incorporating nail work and file and polish. Begins with a soothing foot bath filled with a blend of seaweed and pure essential oils followed by a foot scrub with nutrient rich salts and oils, and a relaxing lower leg and foot massage. A detoxifying seaweed gel mask will be applied followed by nails shaped, cuticles conditioned and finished with your choice of nail polish or shiny buff.

ishga LUXURIOUS SEAWEED HAND EXPERIENCE £70 55 minutes

A detoxifying Seaweed treatment to rejuvenate the hands and nails, and leave skin silky smooth. A luxury manicure incorporating nail work and file and polish. Begins with a soothing hand soak, filled with a blend of seaweed and pure essential oils, followed by a scrub with nutrient rich salts and oils, and a relaxing hand and arm massage. A detoxifying seaweed gel mask will be applied followed by nails shaped, cuticles conditioned and finished with your choice of nail polish or shiny buff.

ishga MARINE EXPERIENCE £130 120 minutes

Salt & Oil Body Scrub, Invigorating Massage and Express Facial.





DAY PACKAGES

DEVONA ULTIMATE LUXURY SPA ESCAPE

- Choice of x2 (50 min) treatments
- £10 retail voucher
- Prosecco Afternoon Tea
- Full spa access with robes and slippers

Weekend rate £149 & weekday rate £139

DEVONA SPA ESCAPE

- Choice of x1 50-minute treatment
- £10 retail voucher
- Prosecco Afternoon Tea or 2 course light lunch
- Full spa access with robes and slippers

Weekend rate £109 & weekday rate £99

DEVONA MINI SPA DAY

- Choice of x1 25-minute treatment
- £10 retail voucher
- Full spa access with robes and slippers

Weekend rate £65 & weekday rate £55





DAY PACKAGES

BABY ON BOARD PAMPER DAY

- Pre Natal-Massage (50 min)
- Retail voucher
- Afternoon Tea
- Full spa access with robes and slippers

Weekend rate £105 & weekday rate £95

MADE FOR 2 SPA TASTER EXPERIENCE

- Full spa access with robes and slippers
- Prosecco Afternoon Tea

Weekend rate £45pp & weekday rate £40pp

SPA PACKAGES & TREATMENT UPGRADES

Double treatment room (subject to availability)

Add Prosecco Afternoon Tea or 2 course light lunch £25pp

Additional pre-booked treatments receive 20% discount





OVERNIGHT PACKAGES

DEVONA LUXURY RETREAT SPA BREAK

Prices starting from £345* based on 2 person occupancy

- Choice of x1 (50 min) treatment
- Full spa access with robes and slippers
- Dinner included at the Quarter House restaurant
- Overnight stay with breakfast included

DEVONA RECHARGE & REVIVE SPA BREAK

Prices starting from £291* based on 2 person occupancy

- Choice of x1 (25 min) treatment
- Full spa access with robes and slippers
- Dinner included at the Quarter House restaurant
- Overnight stay with breakfast included

DEVONA 2-NIGHT ESCAPE AND RELAX SPA BREAK

Prices starting from £580* based on 2 person occupancy

- Choice of x2 25-minute treatment per person
- Full spa access with robes and slippers
- Dinner included at the Quarter House restaurant
- 2 nights stay with breakfast included

* Subject to availability. Single supplement may apply on each overnight package.





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EXPRESS ADD ON TREATMENTS

ALL £45

FOOT RECOVERY 25 minutes

Salt and oil foot scrub, relaxing foot massage and cooling and detoxifying seaweed gel mask.

HAND RECOVERY 25 minutes

Salt and oil hand scrub, relaxing hand massage and cooling and detoxifying seaweed gel mask.

EXPRESS FACIAL 25 minutes

A cleanse, tone and exfoliating mask with relaxing scalp massage and ishga's finishing products to hydrate, balance and firm the skin.

BACK MASSAGE 25 minutes

A relaxing but uplifting back, neck and shoulder massage to target muscular tension and ease aches and pains.

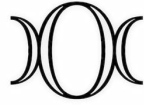
SALT & OIL SCRUB 25 minutes

A Hebridean sea salt and oil scrub gently exfoliates, sweeping away dull, dry skin. An invigorating express treatment to stimulate circulation, eliminate toxins and leave the skin nourished and glowing.

EXPRESS MASSAGE 25 minutes

A massage focusing on the back, neck and shoulders to target areas of tension, release everyday stress and relax the nervous system. The seaweed based body oil used contains lemongrass, lavender and juniper to regenerate and nourish the skin, with anti-inflammatory properties to soothe aching muscles.





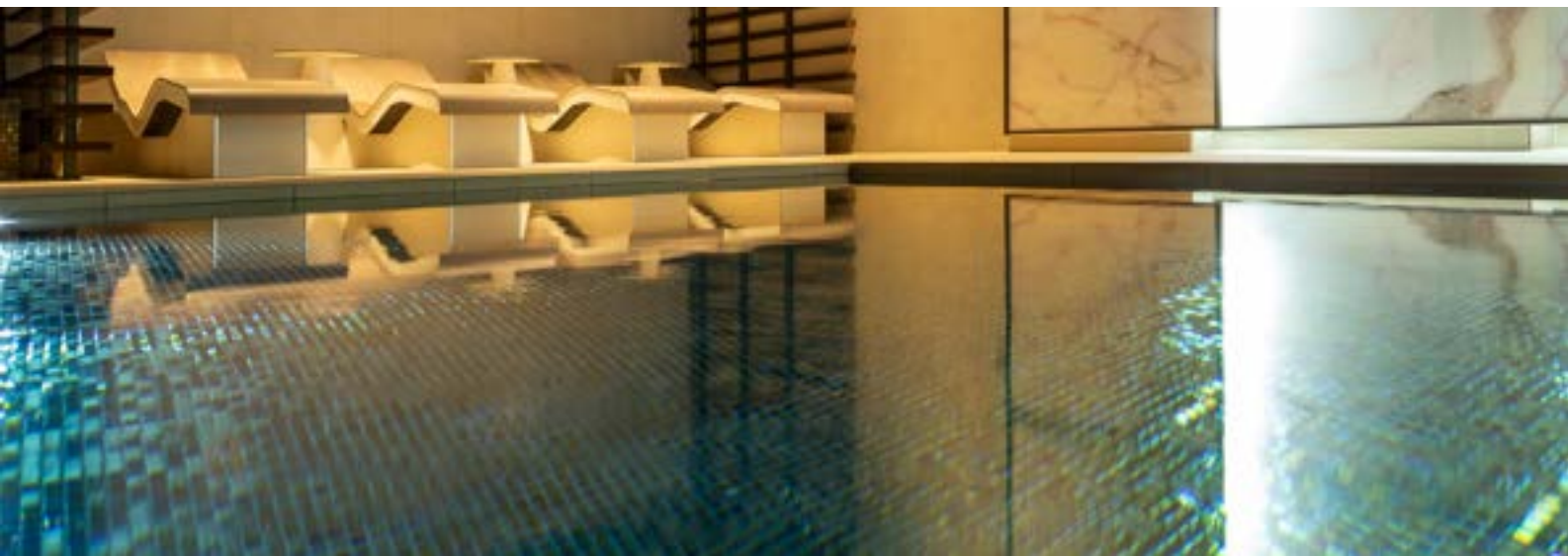
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ishga Skincare

The name ishga is derived from the Gaelic word for water.

The pure, clean waters of the Hebridean Islands off the north west coast of Scotland is home to ishga, and where we sustainably hand harvest the seaweed that's at the heart of our skincare.

Hebridean seaweed contains natural antioxidants with properties which transform and protect the skin.





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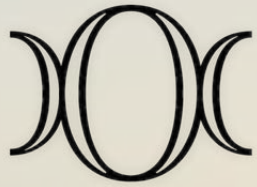
TERMS & CONDITIONS

- Spa Arrival: it is advisable to arrive at the spa reception at least 15 minutes prior to your treatment reservation to enable you complete our consultation process.
- Please be aware that late arrivals will not receive an extension to their treatment.
- Age Requirements: The minimum age requirement for access into the spa and to experience treatments is 16.
- Health Conditions: If you have had or are suffering from severe allergies, ill health or a particular medical condition we ask that you inform us upon booking and speak with your GP prior to booking. All treatments are booked subject to medical status. We reserve the right to refuse treatment/s if we feel it is not in your best interest
- Pregnancy: Please allow the spa team to guide you in selecting which treatments are most suitable for you during this special time. Unfortunately, we do not offer any spa treatments during the first 12 weeks of pregnancy.
- What to Bring: Please wear comfortable clothing. Robes and slippers are provided for individual treatments. During treatments underwear must be always worn.
- Spa Etiquette: The spa environment is one of tranquillity and relaxation. Please respect other guests' rights to privacy and serenity and do not use mobile phones or pagers within the spa.
- Cancellation Policy: A 100% cancellation charge will be incurred for any Treatment or Day Spa Experiences that is not cancelled at least 48 hours prior to appointment. A 50% deposit is taken when a booking is made for all Treatments or Day Spa Experiences.



TERMS & CONDITIONS

- Homecare: To continue your spa experience at home, all ishga products used within your spa treatments are available at spa reception, where one of our team would be delighted to advise you on the most suitable products for your needs
- Retail Vouchers: These are included in selected day packages for the value of £10 which can be used on any ishga retail product sold within Devona Spa. These are redeemable on the day of the package and are only redeemable on the day of treatment. These retail vouchers cannot be used in line with other such vouchers or promotions and included within the price of the package.
- Gift Vouchers: Are available to purchase at the Spa reception and are subject to a 6 months expiry. For full Terms and Conditions please visit:
www.devonaspa.com



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www.ishga.com