



DEVONA  
SPA

Treatment Menu





# Welcome

Our spa features an indoor pool, whirlpool, and fitness center.

We offer face and body treatments, manicures and pedicures, and specialized maternity, couples', and men's treatments. We have a luxury couples' room with heated and hydraulic treatment beds. Enjoy our large relaxation area, steam room, and sauna.

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Organic Seaweed Skincare



COSMOS  
ORGANIC

# Massage

## FULL BODY MASSAGE

£85 50 minutes

A medium pressure full body massage combining relaxing elements of aromatherapy massage, lymphatic drainage and traditional Swedish massage techniques to reduce muscle tension and re-energise the body. Choose from:

### Invigorating

An uplifting, detoxifying seaweed body oil with lemongrass, juniper, lavender and rose geranium. Particularly useful for improving fatigue and eliminating toxins.

### Relaxing

The luxurious scent of nurturing rose geranium to aid stress relief, relax, soothe and balance a tired mind and body. A silky base of sweet almond and jojoba oil to hydrate and tone skin.

### Warming

A comforting, woody oil containing patchouli, bergamot and sandalwood. Ideal for muscular aches, nervous tension and insomnia.

## HOT STONE MASSAGE

£90 50 minutes

A full body massage incorporating heated Basalt stones which instantly relax the muscles, allowing the treatment to work at a deeper level. Hot stones work to relax the mind, ease muscle tension, reduce aches and pains and are placed along the chakras to open up energy pathways. A seaweed based oil with lemongrass, lavender and juniper will detoxify and regenerate the skin.

## HOT POULTICE MASSAGE

£90 50 minutes

A rebalancing, light massage using heated sea salt and seaweed granule filled poultices, which are applied to the body to relax the muscles, release tension and nourish the skin. Combined with manual massage movements, the relaxing warm poultices are rhythmically stroked and kneaded over the body. When the compress is heated it provides a detoxing effect to draw toxins from the body and add a host of vitamins and minerals deep within.

The background of the page is a vertical, full-page photograph of seaweed underwater. The water is a clear, light blue-green color, and sunlight filters down from the top, creating a bright, hazy glow. The seaweed stalks are dark green and have small, pointed leaves. They are arranged in vertical columns, creating a sense of depth and texture.

## DEEP TISSUE BACK, NECK & SHOULDER MASSAGE

£60 30 minutes

Focusing on the back, neck and shoulder area with powerful, deep and specifically placed techniques to make this customised massage essential for relief of aching muscles. Using a stimulating muscle recovery oil containing fucus serratus extract, a natural anti-inflammatory to relieve physical fatigue and rosemary to ease muscle pain.

## DEEP TISSUE FULL BODY MASSAGE

£90/120 60 minutes/90 minutes

Powerful, deep and specifically placed techniques make this customised massage essential for relief of aching muscles. Using a stimulating muscle recovery oil containing fucus serratus extract, a natural anti-inflammatory to relieve physical fatigue and rosemary to ease muscle pain. The Therapist will work on one to two body areas of your choice using remedial massage techniques, Thai stretching and localised deep tissue and myo-facial release.



ishga

Organic Seaweed

Natural Skincare

Anti-oxidant Marine Cream

# Body Treatments

## SALT & OIL SCRUB

£55 25 minutes

A Hebridean sea salt and oil scrub gently exfoliates, sweeping away dull, dry skin. An invigorating express treatment to stimulate circulation, eliminate toxins and leave the skin nourished and glowing.

## DETOX BODY WRAP

£90 50 minutes

A powerfully detoxifying Hebridean sea salt and oil scrub with body wrap. This combines the detoxifying and nourishing effect of the purest seaweed gel with the stimulating and hydrating properties of the scrub. The treatment is designed to eliminate toxins, reduce cellulite, boost energy and improve skin tone and texture, increase circulation and detoxifying congestion from the body.

## NOURISHING BODY WRAP

£90 50 minutes

Combining a hydrating salt and oil scrub infused with sweet almond, jojoba and rose geranium to remove dull, tired skin followed by a cocoon of our nourishing gel body mask which soothes, cools, hydrates and tones even the driest, sensitive skins. A warmed geranium oil scalp massage completes the experience.

## MARINE BACK TREATMENT

£90 50 minutes

The ultimate back facial designed to rejuvenate and exfoliate, while treating any congestion to reveal a brighter and smoother skin. Beginning with a cleanse, tone and exfoliation, a powerful heated seaweed clay mask is applied to clarify and soften the skin while providing a deep moisturising treatment. Ideal for skin concerns such as acne on the back, dryness or skin conditions and for muscular aches and pains. A massage of the back and back of legs is also included to leave you feeling deeply relaxed.

# Facials

## EXPRESS FACIAL

£55 25 minutes

An express facial cleanses, tones and moisturises for essential skin maintenance. Includes an exfoliating mask and scalp massage to complete the experience.

## FACIAL

£85 50 minutes

A rejuvenating facial designed to revitalise and repair. Suitable for all skin types, even sensitive. It is particularly useful for brightening dull, tired skin and balances skin tone and texture, protecting the skin from environmental damage. This treatment will cleanse, tone, exfoliate and moisturise the skin leaving it revitalised and hydrated.

## ANTI-AGEING FACIAL

£85 50 minutes

Using our rich Marine Cleansing Balm packed with hydrating fatty acids and a lifting and firming gel face and eye mask to tighten and tone the skin. The high content of seaweed extract in the products used is scientifically proven to preserve the skins natural collagen, with powerful anti-ageing properties that repair damaged skin cells which results in smoothing fine lines and wrinkles.





# Men's

## MENS STRESS RELIEVER MASSAGE

£85 50 minutes

An invigorating full body treatment combined with scalp massage. A medium pressure massage designed to detox and balance the body whilst removing any areas of muscular tension and stress. The seaweed based oil nourishes and protects the skin with a masculine sandalwood and patchouli aroma.

## MENS FACIAL

£85 50 minutes

The ishga men's products are designed to detox and draw impurities from the skin whilst stimulating collagen production and combat signs of ageing. This treatment will cleanse, tone and moisturise the skin leaving it revitalised and hydrated leaving a protective layer to prevent environmental damage. Great for outdoors, sports or harsh weather conditions.



# Pregnancy

## PREGNANCY BACK, NECK AND SHOULDER MASSAGE

£60 30 minutes

## PREGNANCY FULL BODY MASSAGE

£90 50 minutes

Our pregnancy massages have been specifically designed to pamper and relax pregnant clients and are suitable after the first trimester of pregnancy. This treatment focuses on the changes in the client's body during pregnancy, helping to ease aches and pains and can improve the client's sense of wellbeing, comfort levels and aid relaxation.

A nurturing full body massage soothes aches, pains and general muscle fatigue often experienced during pregnancy. Designed to help relax and calm, ease leg cramps, reduce water retention and puffiness. Using ishga's Nurturing Oil which hydrates the skin and helps to improve elasticity, reducing stretch marks, the massage begins with mum-to-be seated allowing the therapist to fully work the upper and lower back. Then, lying comfortably and supported in an upright position on the therapy bed, the legs, feet, arms and most importantly the bump are gently but therapeutically massaged to release a sense of wellbeing for both mum and baby.



# Oncology

## TOUCH THERAPIES

£85 50 minutes

We are delighted to offer a range of treatments suitable for anyone currently undergoing cancer treatment or in recovery from the after effects. These relaxing and nurturing treatments work by combining the health benefits of seaweed based natural and organic products, with a range of simple but effective gentle massage or facial. These safe but indulgent treatments will leave you feeling revitalised and confident in the knowledge that our Therapists have received additional professional training in cancer care.

Let your Therapist guide you through a bespoke 50 minute treatment by combining what's best for your current needs, or you may choose any two of the following spa treatments:

**Mini Facial**

**Comforting Foot & Leg Massage  
Head & Scalp Massage  
Reflexology**

**Face Massage**

**Seaweed Hand Or Foot Treatment  
Back Massage**





# Nails

## FILE & POLISH (HANDS)

£25 30 minutes

Your nails will be filed followed by a colour application of your choice.

## FILE & POLISH (TOES)

£25 30 minutes

Your nails will be filed followed by a colour application of your choice.

## THE GELBOTTLE MANICURE

£40 45 minutes

Includes a file and polish and cuticle work with a colour of choice resulting in a longer lasting nail colour with a high shine and professional finish.

## THE GELBOTTLE PEDICURE

£40 45 minutes

Includes a file and polish and cuticle work with a colour of choice resulting in a longer lasting nail colour with a high shine and professional finish.

## ishga LUXURIOUS SEAWEED HAND EXPERIENCE

£85 50 minutes

A detoxifying Seaweed treatment to rejuvenate the hands and nails, and leave skin silky smooth. A luxury manicure incorporating nail work and file and polish. Begins with a soothing hand soak, filled with a blend of seaweed and pure essential oils, followed by a scrub with nutrient rich salts and oils, and a relaxing hand and arm massage. A detoxifying seaweed gel mask will be applied followed by nails shaped, cuticles conditioned and finished with your choice of nail polish or shiny buff.

## ishga LUXURIOUS SEAWEED FOOT EXPERIENCE

£85 50 minutes

A detoxifying Seaweed treatment to rejuvenate tired feet and leave skin silky smooth. A luxury pedicure incorporating nail work and file and polish. Begins with a soothing foot bath filled with a blend of seaweed and pure essential oils followed by a foot scrub with nutrient rich salts and oils, and a relaxing lower leg and foot massage. A detoxifying seaweed gel mask will be applied followed by nails shaped, cuticles conditioned and finished with your choice of nail polish or shiny buff.

## REFLEXOLOGY

£90 40 minutes

A holistic treatment where your therapist will work on specific points to help ease imbalances and blockages freeing up the flow of energy throughout the body.

## THE GELBOTTLE - GEL SOAK OFF

£15 30 minutes

BIAB with Gel £45.50

BIAB with no Gel £34.00

BIAB Infill £25.00

BIAB Soak off £15.00

BIAB Upgrade £11.50

Gel Upgrade £11.50

French Upgrade £11.50

# Waxing & Tinting

Eyebrow	£11.50
Lip	£10.00
Chin	£10.00
Underarm	£13.00
Chest	£29.00
Back	£29.00
Forearm	£15.00
Full arm	£25.00
Half leg	£20.00
Full leg	£30.00
Bikini	£17.00
High Bikini	£22.00
Brazillian	£35.00
Hollywood	£45.00
Eyelash Tint	£18.00
Eyebrow Tint	£11.50
Eyebrow wax & tint	£19.00





# Signature Experiences

## ishga FACE AND BODY EXPERIENCE

£85 50 minutes

The treatment starts with a medium pressure massage combining a powerful detoxing seaweed body oil with lemongrass, juniper and rose geranium. It is designed to be invigorating but equally relaxing, with a focus on removing tension to re-energise the body. The seaweed body oil regenerates, firms, tones the skin and is particularly useful for eliminating toxins. To conclude, the focus moves to the face combining a cleanse, exfoliation, tone and moisturise using a powerful blend of organic seaweed high in antioxidants and anti-ageing benefits. While the products do their work, enjoy a scalp massage to complete the experience.

## ishga MARINE EXPERIENCE

£150 120 minutes

Salt & Oil Body Scrub, Invigorating Massage and Express Facial.

# Express Add on Treatments ALL £55

## FOOT RECOVERY

*25 minutes*

Salt and oil foot scrub, relaxing foot massage and cooling and detoxifying seaweed gel mask.

## HAND RECOVERY

*25 minutes*

Salt and oil hand scrub, relaxing hand massage and cooling and detoxifying seaweed gel mask.

## EXPRESS FACIAL

*25 minutes*

A cleanse, tone and exfoliating mask with relaxing scalp massage and ishga's finishing products to hydrate, balance and firm the skin.

## SALT & OIL SCRUB

*25 minutes*

A Hebridean sea salt and oil scrub gently exfoliates, sweeping away dull, dry skin. An invigorating express treatment to stimulate circulation, eliminate toxins and leave the skin nourished and glowing.

## RELAXING BACK, NECK & SHOULDER MASSAGE

*25 minutes*

A massage focusing on the back, neck and shoulders to target areas of tension, release everyday stress and relax the nervous system. The seaweed based body oil used contains lemongrass, lavender and juniper to regenerate and nourish the skin, with anti-inflammatory properties to soothe aching muscles.





# Day Packages

## DEVONA ULTIMATE LUXURY SPA ESCAPE

*Weekend rate £220 & weekday rate £210*

- Choice of x2 50 minute treatments
- £10 retail voucher
- Spa lunch
- Full spa access with robes and slippers

## DEVONA SPA ESCAPE

*Weekend rate £140 & weekday rate £130*

- Choice of x1 50 minute treatment
- £10 retail voucher
- Spa lunch
- Full spa access with robes and slippers

## DEVONA MINI SPA DAY

*Weekend rate £85 & weekday rate £80*

- Choice of x1 25 minute treatment
- £10 retail voucher
- Full spa access with robes and slippers

## DEVONA TASTER EXPERIENCE

*£50pp Monday - Sunday*

- Full spa access with robes and slippers
- Spa lunch

## BABY ON BOARD PAMPER DAY

*Weekend rate £140 & weekday rate £130*

- Pre Natal-Massage
- Spa lunch
- Full spa access with robes and slippers
- £10 Retail voucher

## DEVONA FULL DAY INDULGENCE

*Weekend rate £290pp & weekday rate £280pp*

- Full Body Massage
- Full Facial Treatment
- Spa Lunch
- Manicure
- Pedicure
- Full spa access with robes and slippers

## SPA PACKAGES & TREATMENT UPGRADES

- Double treatment room for £20 - advanced bookings only (subject to availability)
- Add a Spa lunch for £20pp
- Add leisure day pass £25 available on any individual treatments (non-package)



## OPTIONS FOR SPA PACKAGES

50-Minute Treatment options Spa Packages & Premium Memberships

1. Full Body Massage (Invigorating, Relaxing & Warming)
2. Facial (Anti-Aging & Ishga Facial)
3. Face and body experience
4. Luxurious Hand or Foot Experience

25-Minute Treatment options Spa Packages

- Foot Recovery
- Hand Recovery
- Express Facial
- Salt & Oi Scrub
- Relaxing Back, Neck & Shoulder Massage

# Overnight Packages

## DEVONA LUXURY RETREAT SPA BREAK

*Prices starting from £345\* based on 2 person occupancy*

- Choice of x1 50 minute treatment
- Full spa access with robes and slippers
- Dinner included at the Quarter House restaurant Overnight stay with breakfast included

## DEVONA RECHARGE & REVIVE SPA BREAK

*Prices starting from £291\* based on 2 person occupancy*

- Choice of x1 25 minute treatment
- Full spa access with robes and slippers
- Dinner included at the Quarter House restaurant Overnight stay with breakfast included

## DEVONA 2-NIGHT ESCAPE AND RELAX SPA BREAK

*Prices starting from £580\* based on 2 person occupancy*

- Choice of x2 25 minute treatment per person
- Full spa access with robes and slippers
- Dinner included at the Quarter House restaurant 2 nights stay with breakfast included

\* Subject to availability. Single supplement may apply on each overnight package.

# ishga

Organic Seaweed Skincare

## ishga Skincare

The name ishga is derived from the Gaelic word for water.

The pure, clean waters of the Hebridean Islands off the north west coast of Scotland is home to ishga, and where we sustainably hand harvest the seaweed that's at the heart of our skincare.

Hebridean seaweed contains natural antioxidants with properties which transform and protect the skin.





# Terms & Conditions

- **Spa Arrival:** it is advisable to arrive at the spa reception at least 30 minutes prior to your treatment reservation to enable you complete our consultation process. Please be aware that late arrivals will not receive an extension to their treatment. **Age Requirements:** The minimum age requirement for access into the spa and to experience treatments is 18.
- **Health Conditions:** If you have had or are suffering from severe allergies, ill health or a particular medical condition we ask that you inform us upon booking and speak with your GP prior to booking. All treatments are booked subject to medical status. We reserve the right to refuse treatment/s if we feel it is not in your best interest.
- **Pregnancy:** We have a variety of treatment options to promote inclusivity to our Pregnant clients regardless of their trimester.
- **What to Bring:** Please wear comfortable clothing. Robes and slippers are not provided for individual treatments, only spa packages. During treatments underwear must always be worn.
- **Spa Etiquette:** The spa environment is one of tranquillity and relaxation. Please respect other guests' rights to privacy and serenity and do not use mobile phones or pagers within the spa.
- **Cancellation Policy:** A 100% cancellation charge will be incurred for any Treatment or Day Spa Experiences that is not cancelled at least 48 hours prior to appointment.
- **Deposits:** A 100% advance payment is taken when a booking is made for all Treatments/Spa Day Experiences.
- **Homecare:** To continue your spa experience at home, all ishga products used within your spa treatments are available at spa reception, where one of our team would be delighted to advise you on the most suitable products for your needs .
- **Retail Vouchers:** These are included in selected day packages for the value of £10 which can be used on any ishga retail product sold within Devona Spa. These are redeemable on the day of the package and are only redeemable on the day of treatment. These retail vouchers cannot be used in line with other such vouchers or promotions and included within the price of the package.
- **Children's Access** (17 years and under) is restricted to hotel residents only between 7am – 12pm & 4pm – 8pm daily.
- **Spa Days:** Must declare any guest under the age of 18 at point of booking or booking could be revoked with full charge.
- **Parking** is located in the Sub-Terrain car park located at the entrance to the TECA site if entering via Dyce drive onto Corsehill Burn Road OR If entering via A96 and onto Gough Burn Crescent please take first left on the first roundabout after passing the Aloft hotel.
- **Directions from car park:** Once in the sub terrain car park please make your way to the Hilton Hotel designated spaces to park your car. Once you are parked, please enter the stairwell or lift area and make you way to the surface level. The Spa is located a few steps beyond the Hilton Hotel main entrance doors.
- **Registering your car:** Once entering the spa you will be prompted to enter your car registration on our tablet devices.

- Individual treatments: Robes & Slippers will not be allocated to individual treatments are inclusive to spa packages only.
- Leisure facility access: Leisure access can be added to individual treatments for our leisure guest pass fee of £25pp and includes a towel only. Facility access is included in Spa packages.
- Upgrades: For any package or treatment upgrades, these include our signature treatments options, please contact the spa directly on 01224 984970 or [enquiries@devonaspa.com](mailto:enquiries@devonaspa.com)
- Gift Vouchers: Are available to purchase at the Spa reception and online. Vouchers are subject to a 6 months expiry. For full Terms and Conditions please visit: [www.devonaspa.com](http://www.devonaspa.com)
- Use of vouchers: Vouchers must be brought on day of booking and the full redemption must be used on the day.
- Leisure facility are available from 6am until 10pm Monday – Sunday
- Spa lockers: Please note our spa lockers require a £1 coin or token equivalent to store items.
- Weekday rate for spa packages: Monday to Thursday
- Weekend rate for spa packages: Friday to Sunday
- Devona spa operates a cashless facility and therefore all payments must be via card or through a 3rd party provider.
- Nail appointments – if a Gel soak-off or BIAB removal is required prior to a nail appointment, this must be declared at time of booking. Please be aware we may be unable to accommodate soak-off or removal appointments that are not pre-booked.





DEVONA  
SPA

T: +44 (0) 1224 984970 | [enquiries@devonaspa.com](mailto:enquiries@devonaspa.com)

[devonaspa.com](http://devonaspa.com)