



Most-Needed Hygiene Items

- Razors
- Laundry pods
- Bar soap
- Lotion
- Combs
- Tampons and pads
- Cough drops
- Toilet paper
- Deodorant
- Dish soap
- Body wash
- Tissues
- Vitamins
- Shampoo and conditioner
- Incontinence pads and underwear
- Cold/flu medication
- Pain medication (Ibuprofen, Aspirin, etc.)
- Diapers and baby wipes