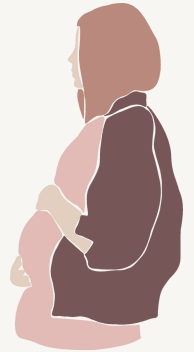




SEASON 11 EP. 5

Mother: The Healing & Repair Of Motherhood



GROUP QUESTIONS

1. What stood out to you from this week's episode?
2. How have you experienced the gift of sensitivity through mothers in your life? Is there a particular instance or memory where you experienced healing through the sensitivity of a mother?
3. How do you create moments, space, and time for others to open up and be vulnerable or become who they are created to be?
4. How can we as a group be more sensitive to the needs of those entrusted to us?

LECTIO DIVINA

"The word of the Lord came to me, saying, 'Before I formed you in the womb I knew you, before you were born I set you apart; I appointed you as a prophet to the nations.'" - Jeremiah 1:4-5

JOURNAL QUESTIONS

1. Where have you felt the need to conform? Are there particular memories or messages that you desire healing from?
2. How do you live out the gift of sensitivity and when do you feel like you have had to wall off your heart?
3. Ask Mary to mother you and show you how to mother those entrusted to you with sensitivity. What does Jesus want to reveal to you about his mother?

QUOTES TO PONDER

"Mary, she is the poetess and prophetess of redemption." - Pope St. Paul VI

