



SEASON 11 EP.6

Mother: Communion In Motherhood



GROUP QUESTIONS

1. What stood out to you from this week's episode?
2. After listening to this series—what does the expansive view of motherhood look like to you?
What does authentic motherhood look like?
3. What does it look like to put your own needs first (in right order), to show up for yourself and allow others to mother you?
4. Who is one woman who has mothered you well that you would like to thank?

LECTIO DIVINA

“The word of the Lord came to me, saying, ‘Before I formed you in the womb I knew you, before you were born I set you apart; I appointed you as a prophet to the nations.’” - Jeremiah 1:4-5

JOURNAL QUESTIONS

1. How is the Holy Spirit asking to collaborate with you to re-mother yourself?
2. Are you still open to God creating new life through you?
3. With mindfulness of the difference between productivity and fruitfulness—where is God inviting you to be fruitful? What may need to be pruned to create fruit that lasts?

QUOTES TO PONDER

“For an understanding of our unique feminine nature, let us look to the pure love and spiritual maternity of Mary. This spiritual maternity is the core of a woman's soul. Wherever a woman functions authentically in this spirit of maternal pure love, Mary collaborates with her. This holds true whether the woman is married or single, professional or domestic or both, a Religious in the world or in the convent. Through this love, a woman is God's special weapon in His fight against evil. Her intrinsic value is that she is able to do so because she has a special susceptibility for the works of God in souls—her own and others. She relates to others in His spirit of love.” - Edith Stein