



SEASON 11 EP.13

Bride: Freely In Love



GROUP QUESTIONS

1. What stood out to you from this week's episode?
2. How have you witnessed a bride and groom give themselves freely to one another?
3. How can you grow in a commitment to continue to grow in the school of love?
4. How do you experience God as a lover?

LECTIO DIVINA

"Then the Lord God said, 'It is not good that the man should be alone; I will make him a helper as his partner.' So out of the ground the Lord God formed every animal of the field and every bird of the air...but for the man there was not found a helper as his partner. So the Lord God caused a deep sleep to fall upon the man, and he slept; then he took one of his ribs and closed up its place with flesh. And the rib that the Lord God had taken from the man he made into a woman and brought her to the man. Then the man said, 'This at last is bone of my bones and flesh of my flesh; this one shall be called Woman, for out of Man this one was taken.' Therefore a man leaves his father and his mother and clings to his wife, and they become one flesh. And the man and his wife were both naked, and were not ashamed." - Genesis 2:18-25

JOURNAL QUESTIONS

1. How are you a gift to God? How can you exercise freedom in choosing to love God and give yourself to Him?
2. If married—how do you allow your spouse into your inner garden to bring your hearts to the Lord together? How do you love your spouse with your whole heart and God with your whole heart—bringing deeper communion in both relationships?
3. For those that are hard to love—ask "how is this person a gift to me?"

QUOTES TO PONDER

"Limitation of one's freedom might seem to be something negative and unpleasant, but love makes it a positive, joyful and creative thing. Freedom exists for the sake of love."

- St. Pope John Paul II, Love and Responsibility