Reflections at Work

Fold me into an 8 page mini zine. As you read the questions use the corresponding blank pages to draw or write, or sketch or scribble, or do both, or none.

What is one way I’ve felt uplifted in my work this week?

What is one way I’ve lifted up someone else in my work this week?

What does my path look like as I navigate challenges and realign myself?

How do I sustain, heal and empower myself through my work?