Disability Rights Oregon is the Protection & Advocacy System for Oregon.

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For a complete list of grantors, visit [droregon.org/funding](http://droregon.org/funding).

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Disability Rights Oregon’s Client Assistance Program (CAP) aims to expand job opportunities and independent living for people with disabilities. We offer advice, tools that you can use to protect and assert your rights, and advocacy related to services in Oregon:

- **Office of Vocational Rehabilitation Services (OVRS)**
- **Independent Living (IL) centers**
- **Commission for the Blind vocational services**
- **Tribal Vocational Rehabilitation programs**

We can help you if:

- You need help getting services
- You have been denied services
- You need help getting services

We address issues related to services in Oregon.

### Our Services

**You Have These Rights**

- **Determination of your eligibility for services within 60 days**
- **Explanation of the process and how decisions are made**
- **Participation in assessments**
- **Decisions**
- **Impaired Role**
- **Communication with your counselor**
- **Tell your counselor if you don’t agree**
- **Ask questions**
- **Keep your counselor informed of changes, like moving**
- **Keep records of what is said and all paperwork.**

### Tips

- **Register to vote or update your voter registration at VR, IL, and OCB.**
- **Register for a VR counselor to join your IEP (individualized Education Plan) meeting.**
- **A written copy of your Individualized Plan for Employment.**
- **Appeal a Notice of Action if you disagree; you can have a due process hearing within 60 days and continuation of services while you appeal.**
- **Appeal**
- **Keep your counselor informed of changes, like moving.**
- **Discuss your concerns, interests, and goals with your counselor**
- **Communicate with your counselor.**
- **Ask questions**
- **Tell your counselor if you don’t agree**
- **Keep records of what is said and all paperwork.**

### Programs

- **Commission for the Blind vocational rehabilitation**
- **Independent Living (IL) centers**
- **Tribal Vocational Rehabilitation**
- **Services (OFRS)**

- **Office of Vocational Rehabilitation**