Food Resources Available on Mondays

This guide was created to provide you with a list of food resources available on Mondays in New Haven and the surrounding area.

Pantries/Soup Kitchens

**Christian Community Action**
168 Davenport Ave, New Haven. 203-777-7848
Pantry open Mondays 9:30-11:45am and 2-3:45pm. New client registration on Tuesdays from 2-3pm. Client visits are limited to once per month. Priority to families with children and elderly/disabled clients.

**Connecticut Mobile Food Pantry**
2623 Dixwell Ave, Hamden. 203-741-9751
Food distribution on fourth Monday at Hamden Middle School from 3:30-4:30pm. Line can get long so plan on arriving a little earlier.

**Salvation Army - New Haven Corps**
450 George St, New Haven. 203-624-9891
Pantry open every Monday 9:30-11:30am.

**Community Soup Kitchen**
84 Broadway, New Haven. 203-624-4594
Lunch served from 11:30am-1:30pm. Pick up only.

**Downtown Evening Soup Kitchen**
311 Temple St, New Haven. 203-624-6426
Food served every Monday 5:30-7pm.

**Sunrise Cafe**
57 Olive St, New Haven. 203-495-7600
Light breakfast served 7:30-9:30am. Pick up only.

**Varick AME Zion**
242 Dixwell Ave, New Haven. 203-624-6245
Grab and go meals served every Monday 5:30-6:30pm. Closed during major holidays.

Additional Assistance

**FISH of Greater New Haven**
Monthly delivery service (2 weeks' worth of groceries) to homebound individuals. At capacity right now, but can still call 203-503-0106 to apply M-F 8-10am.

**End Hunger CT!**
Call 866-974-7627 or visit End Hunger CT for help with SNAP applications.

**CT Food Bank Mobile Food Pantries**
For additional mobile pantry locations across the state, call 203-741-9751 or visit here Mobile Pantry Schedule.

**City of New Haven**
View food resources here - New Haven COVID-19 Hub.

Hamden Pantries and Soup Kitchens

Text “HUNGER” to 888111 or visit https://www.hamdenhungerproject.com/.