



2024

Coaches' Handbook

*Everything you need to know to start, manage,
and grow a stellar high school racquetball
program*

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Introduction

Welcome, Coaches!

Another season of the Oregon High School Racquetball League is in the works (or in the books depending on when you're reading this!) Thank you for giving your time and energy to coaching high school racquetball, you know better than anyone the importance of developing the next generation of racquetball players and the impact that you and every other coach, club, volunteer and player has on the future of our favorite sport.

Post-Pandemic, we're well underway to rebuild our League participation stats, but we're not there yet. We need your help to grow so we can keep our kids swinging on the courts for years to come! Let's put our heads together and look for new and innovative ways to reach out to new players, new schools and more clubs.

To that end, we're committed to exploring how we can better leverage technology to grow, develop and manage our players, as well as how we can connect (or reconnect) in partnership with schools and other organizations to highlight who we are and how we're helping the racquetball community at large. For example, the USAR has already agreed to offer support through free access to Oregon Coaches to the USAR Instructor Program certification. This is a great primer for new coaches and good refresher for experienced coaches. Developing new coaches (especially from our recent alumni pools) is a critical step toward maintaining a thriving program for years to come.

Now, let's get ready for another exciting Season of Racquetball!

New Coach Reminders

We're excited to have you join the ranks of some of racquetball's greatest teams, players and coaches! Please let us know how we can help you develop your coaching skills and your school's program.

If you haven't already done so, get your SafeSport and Background checks completed before the start of the season so we can better prepare for and protect our participants. If you've already done this, Thank You!

Returning Coach Reminders

Welcome Back! This year we have some changes to the registration process (more/better online forms!) so please take a minute to check that you've got everything you need. Please send feedback our way as we continue to refine the process.

Also, please remember that SafeSport certification needs to be refreshed each and every year, while Background checks must be completed at least every 2 years. Please get these completed before the start of the season so we can better protect our participants. If you're already up-to-date, Thank You!

League Schedule Overview

The OHSRL Season consists of 4 League Matches followed by the OHSRL State Championship Tournament. The season typically runs from Mid-November through the end of January or early February.

The National Championship Tournament is typically around the first weekend of March.

The current season's League Schedule may be found on the OHSRL Website here:

<https://www.highschoolracquetball.org/schedule>

Players are encouraged to play in non-OHSRL tournaments as well, and may be awarded bonus rating points for entering and/or placing in some pre-designated tournaments. See the online schedule for more details and which tournaments may qualify.

Board of Directors

President & Commissioner

Ro-el Cordero (Portland)
650-937-9793
ro-el@splatr.com

Vice President

Arash Afshar (Sprague)
503-587-8363
arash@spraguerball.com

Treasurer

Elizabeth Yee (Beaverton)
971-227-5935
oregonracquetball88@gmail.com

Secretary

Elliot Saunders (Beaverton)
xxx-xxx-xxxx
elliott.saunders1@gmail.com

Board Member

Bill Edmiston (Sprague)
503-780-3575
usmore@comcast.net

Board Member

Bruce Reid (Lincoln)
503-572-2499
brucereidohsrl@gmail.com

Board Member

Dave Azuma (Beaverton)
503-699-6511
dazumarb@gmail.com

Board Member

Jeff Clark (Sunset)
503-956-3908
fueller1@comcast.net

Board Member

Nancy Robinson (Southridge)
xxx-xxx-xxxx
nancyrobinson83@gmail.com

Volunteer Positions

[Membership Coordinator](#)

Name (team/location)

xxx-xxx-xxxx

Email

[League Match Scheduler](#)

Name (team/location)

xxx-xxx-xxxx

Email

[State Tournament Director](#)

Ed Boyle (Beaverton)

971-242-9872

edb@ankrommoisan.com

[Technical Coordinator](#)

Name (team/location)

xxx-xxx-xxxx

Email

[Web & Social Media Coordinator](#)

Name (team/location)

xxx-xxx-xxxx

Email

[Site Director Coordinator](#)

Name (team/location)

xxx-xxx-xxxx

Email

[Player Representative](#)

Name (team/location)

xxx-xxx-xxxx

Email

[Sponsorship Coordinator](#)

Name (team/location)

xxx-xxx-xxxx

Email

[League Expansion Coordinator](#)

Name (team/location)

xxx-xxx-xxxx

Email

[Scholarship Committee Chair](#)

Name (team/location)

xxx-xxx-xxxx

Email

[National Tournament Coordinator](#)

Name (team/location)

xxx-xxx-xxxx

Email

[League Historian](#)

Jeff Oliver (Portland)

541-543-7775

jeff@gamedayfocus.com

Host Clubs & Courts

A special thanks to all of these clubs for their support of the OHSRL. For more information go to:

<https://www.highschoolracquetball.org/clubs-sponsors>

<p>Cascade Athletic Club Gresham 503-665-4142</p>	<p><u>19201 S.E. Division, Gresham</u> From I-84 east, take Exit 13 (181st Street). Head south on 181st about 5 miles or so to Division Street. Turn left (east) on Division and go about 3/4 of a mile. The club is on the left side.</p>
<p>Courthouse Fitness North Lancaster Salem 503-585-2582</p>	<p><u>4132 Devonshire Ct. N.E., Salem</u> From I-5 south, take Exit 260 B (Keizer and Chemawa Road). Turn left on Lockhaven, cross bridge over freeway to Portland Road. Turn right. Drive about 3/4 of a mile. Turn left on Lancaster Drive at blinking yellow light. Drive about two miles to Devonshire Court and turn left. (Devonshire is the first light after Silverton Road.)</p>
<p>Courthouse Fitness South River Rd. Salem 503-364-8463</p>	<p><u>2975 River Rd. S., Salem.</u> From I-5 south, take Salem Parkway Exit. Go south on Salem Parkway about 4 to 5 miles until you get to downtown Salem and Salem Parkway becomes Commercial. Proceed through the downtown area. Stay in right lane and turn right on Owens. After about two blocks, Owen bends south and becomes River Road. Club is about 1.5 miles down on the right. If you get to the Salem Golf Course, you have gone one driveway too far.</p>
<p>Lloyd Athletic Club Portland 503-287-4594</p>	<p><u>815 NE Halsey, Portland</u> From I-5 north, take the Coliseum exit, turn east on Weidler. Then turn right on 9th street and right on Halsey. The club lies between Weidler and Halsey, and between 8th and 9th street. Enter from Halsey.</p>
<p>Mt. Hood Athletic Club Sandy, 503-826-0565</p>	<p><u>37095 Hwy. 26, Sandy</u> From I-84 east, take exit 16 at Wood Village. Turn right off of the exit and follow 242nd toward Gresham for 1.2 miles. Turn left onto Burnside, which becomes Hwy. 26. Proceed for about 10 miles. Once you enter Sandy, look for MHAC on the left-hand side of Hwy. 26.</p>
<p>Multnomah Athletic Club Portland 503-223-6251</p>	<p><u>1849 S.W. Salmon, Portland</u> Take I-5 north to I-405 north. Take the Salmon Street exit. The second light is Southwest Salmon. Turn left to 18th Ave. Take a left after one block. Turn right on Southwest Salmon. The main building is on the right, the parking is on the left.</p>
<p>Sunset Athletic Club Portland 503-645-3535</p>	<p><u>13939 N.W. Cornell Rd., Portland</u> From Hwy. 26 west, take the Murray exit. Turn right on Murray and go about 1/4 mile to Cornell; turn left (west) on Cornell and go about 1/4 mile. The club is located on the right hand side of Cornell, across from the soccer/baseball/ football fields of Sunset High School.</p>

School Team Directory

For a listing of current, active School teams, please see the OHSRL Website Teams page:

<https://www.highschoolracquetball.org/teams>

Team	Head Coach	First Year Active	Last Year Active	Best State Finish	Best National Finish
Barlow	Brian Ancheta		2024	1st	1st
Beaverton	Elizabeth Yee		2024	1st	1st
Cascade	(Don Kerzel)		2023		
Catlin Gabel	(Seth Bouska)		2024		1st
Centennial	(Brian Ancheta)		2024		
Central Catholic					
Clackamas					
Crescent Valley	Rob Durbin		2024		
Gresham	(Brian Ancheta)		2024		
Henley					1st
Ida B Wells	(Seth Bouska)		2024		
Jesuit			2020		
La Salle			2020		1st
Lincoln	Seth Bouska		2024		
Mountainside	Jim Douglas		2024		
Mazama			2004?		1st
North Salem					1st
Oregon City					
Rex Putnam					
Reynolds			2019		
Salem Academy					
Sandy			2020		
South Salem			2020		
Southridge	Nancy Robinson		2024		1st
Sprague	Don Kerzel		2024	1st	1st
Sunset	Jeff Clark		2024	1st	
Tualatin	Tim Youngberg		2024		
Westview	(Elizabeth Yee)		2024		

OHSRL Roles & Responsibilities

Please contact the League Commissioner or anyone on the Board of Directors if you are interested in becoming more involved with OHSRL or would like to nominate yourself or someone else to serve on the board or as a volunteer.

Board Officer Positions (4)

1. President / Commissioner

Officer Duties:

- a. Organize the board and key role personnel for the Oregon High School Racquetball League
- b. Work with board and coaches to fill board and key role openings
- c. Organize the spring and fall board/key role meetings
- d. Organize the spring and fall coaches' meetings
- e. Serve as the main point of contact to coaches
- f. Serve as a member of the OJRA board
- g. Provide input for site directors for each League Match

Time Requirements: 30 – 50 hours, depending upon the extent of involvement in the state and national tournaments

Current Officer: Ro-el Cordero

Past Officers: Elizabeth Yee

2. Vice President

Officer Duties:

- a. Assist the Commissioner in performance of their duties
 - i. Help organize the board and volunteer positions for the Oregon High School Racquetball League
 - ii. Work with the board and coaches to fill board and volunteer position openings
 - iii. Organize the spring and fall board/volunteer meetings
 - iv. Organize the spring and fall coaches' meetings
 - v. Serve as a point of contact to coaches
 - vi. Serve as a member of the OJRA board
 - vii. Provide input for site directors for each League Match
- b. Assume the role of commissioner in a subsequent year

Time Requirements: 30 – 50 hours, depending upon the extent of involvement in the state and national tournaments

Current Officer: Arash Afshar

Past Officers:

3. Secretary

Officer Duties:

- a. Take minutes from all board and coaches' meetings; publish
- b. Prepare the coaches' packet for the fall meeting (includes registration forms)
- c. Serve as secondary point of contact to the coaches (commissioner is primary)

Time Requirements: 20 – 25 hours each year

- d. Plan that there will be two board meetings and two coaches' meetings each year.
- e. Each meeting will take about three hours plus one hour for minutes (estimated 12 hours total)
- f. Preparing the coaches' packet will take about 10 – 15 hours.
- g. The role of scholarship coordinator may take an additional 10 hours.

Current Officer: Elliot Saunders

Past Officers:

4. Treasurer

Officer Duties:

- a. Receive and account for funds from players, coaches and volunteers for fees paid for league participation and tournament fees
- b. Receive and account for funds donated to the league through sponsors and others
- c. Disburse funds as necessary to pay for costs involved with respect to running the OHSRL
- d. Follow generally accepted accounting practices to keep record of funds received and disbursed
- e. Provide all necessary information to the OJRA for tax records for the OJRA accountant

Time Requirement: 10 – 15 hours per year

Current Officer: Elizabeth Yee

Past Officers:

Volunteer Positions (12)

1. Membership Coordinator

Job Duties:

- a. Receive all membership forms from coaches
- b. Track membership forms and contact coaches for errors or omissions
- c. Enter information from forms into a database to be updated yearly and as needed
- d. Send portion of money and forms to USRA to process memberships
- e. Make sure coaches keep a copy of form in their coach's handbook or manager's handbook that they can carry with them to all matches in case of questions concerning eligibility of players

Time Requirement: 10 – 15 hours per year

Current Volunteer: Ro-el Cordero + TBD (WE NEED YOU!)

[Volunteer resources](#)

Past Volunteers: Alice Laffey

2. League Match Scheduler

Job Duties:

- a. Get League Match dates from OHSRL board
- b. Contact clubs to arrange dates/schedules
- c. Assign teams to clubs for League Matches
- d. Receive team registration on each Monday prior to a League Match
- e. Determine which teams will play where for each League Match date
- f. Post the information on League Match/team locations on the website

Time Requirement: 20 – 25 hours total

- a. 10 hours up-front to make contact with clubs to align clubs with dates.
- b. Additional two hours per League Match for team assignments.

Current Volunteer: Ro-el Cordero + TBD (WE NEED YOU!)

[Volunteer resources](#)

Past Volunteers: Steve Jeffers, Curtis Lipski

3. State Tournament Director (plus assistants as needed)

Job Duties:

- a. Contact clubs to arrange host locations
- b. Review the packet on how to organize the State Tournament with the past year's State Tournament Director(s); implement improves as necessary
- c. Organize tournament task lists, including but not limited to the following:
 - i. Venue(s)
 - ii. Draws
 - iii. Check-in
 - iv. Tournament Director

- v. Volunteers
- vi. Food
- vii. Shirts
- viii. Awards
- ix. Tournament desk
- d. Enlist two or three extra volunteers to help coordinate tournament
- e. Assign tasks to volunteers

Time Requirement: 15 – 20 hours total (in addition to tournament days)

Current Volunteer: Ed Boyle + TBD (WE NEED YOU!)

[Volunteer resources](#)

Past Volunteers: Ed Boyle,

4. Technical Coordinator

Job Duties:

- a. Maintain the database for League Match scoring
- b. Collect the computers after each League Match
- c. Update the database on player rankings.
- d. Ensure all computers are updated prior to the next League Match

Time Requirement: 35 – 40 hours

- a. Setting up the initial database for players for the four League Matches will take about 10 hours.
- b. Each League Match will require about four to six hours to update the database and put the League Match results on the Web.
- c. Thus, this will require 25 – 30 hours for the League Match portion.
- d. The State Tournament will mostly be volunteers putting in data into a computer. However, you can expect to spend another 10 hours with getting the results out and posting on the Web.

Current Volunteer: Don Kerzel + Ro-el Cordero + TBD (WE NEED YOU!)

[Volunteer resources](#)

Past Volunteers: Don Kerzel, Ed Boyle, Jeff Clark

5. Web & Social Media Coordinator

Job Duties:

- a. Maintain the OHSRL website
 - i. Including League Matches, State Tournament and National Tournament
 - ii. Updated results after each match and/or tournament
- b. Update related content as needed on the USAR, ORA Websites and newsletters.
- c. Maintain social networks (Facebook, Twitter/X, Instagram)
- d. Media outreach as needed

Time Requirement: 10-15 hours

- e. State Tournament and National Tournament will require about five hours each.
- f. League Matches will require some additional time

Current Volunteer: Ro-el Cordero + TBD (WE NEED YOU!)

[Volunteer resources](#)

Past Volunteers: Jeff Oliver

6. Site Director Coordinator

Job Duties:

- a. Help recruit new individuals who can serve as Site Directors and assistants
- b. Organize, Check Out and distribute equipment used for each League Match
- c. Prepare Site Directors' Handbook for the current year
- d. Conduct training for Site Directors
- e. Collect and Check In all equipment at the end of the season from Site Directors

Time Requirement: 10 – 18 hours

Current Volunteer: Ro-el Cordero + TBD (WE NEED YOU!)

[Volunteer resources](#)

Past Volunteers: ?

7. Player Representative

Job Duties:

- a. Conduct at least one annual survey or data-gathering session to receive feedback from a selection of players throughout the league.
- b. Attend OHSRL board meetings to give inputs from the player's perspective.
- c. Provide info regarding board matters whenever possible.
- d. It is recommended that player representatives have participated in League Matches and State Tournaments for at least two years prior to taking on this position.

Time Requirement: 10 hours

Current Volunteer: TBD (Recommendations Wanted!)

[Volunteer resources](#)

Past Volunteers: ?

8. Sponsorship Coordinator

Job Duties:

- a. Interface with current and new sponsors to negotiate donations
 - i. General Sponsors
 - ii. Equipment Sponsors
 - iii. Food Sponsors
 - iv. Etc.
- b. Provide advertising for sponsors at League Matches, State Tournament and National Tournament
 - i. Swag, print, website, social media etc.

Time Requirement: 10 hours

Current Volunteer: Ro-el Cordero + TBD (WE NEED YOU!)

[Volunteer resources](#)

Past Volunteers: ?

9. League Expansion Coordinator

School Outreach, New Teams & League Expansion

Job Duties:

- a. Actively seek out new schools with potential to start a team
- b. Reach out to past schools team coaches, parents and Students about reviving lost teams
- c. Research, maintain, update and expand a key contact point list for current and potential school programs
 - i. Other Sport team coaches, PE instructors, School Administrators.
- d. Keep the “Forming a Team” information packet up to date
- e. Be a point of contact when new teams express interest
- f. Work with the board to establish a strategy for expansion; create plans for the expansion
- g. Interface with the OJRA to get an active junior program and using high school resources

Time Requirement: 5+ hours

- a. put in as much time expanding the OHSRL as they desired depending upon the direction agreed to by the Board.

Current Volunteer: Ro-el Cordero + TBD (WE NEED YOU!)

[Volunteer resources](#)

Past Volunteers: ?

10. Scholarship Committee Chair

Job Duties:

- a. Reach agreement with the Board as to the number of scholarships to be given and the total scholarship amount available for the year.
- b. Advertise during League Matches and State Tournaments regarding the scholarships
- c. Collect applications for scholarships after the Junior State Championships
- d. Work with the board to make decisions as to whom scholarships will be awarded to
- e. Make the announcements of the Scholarship Recipients; notify the others
- f. Collect college verification of enrollment and authorize payment with the Treasurer

Time Requirement: 10 – 15 hours

Current Volunteer: TBD (WE NEED YOU!)

[Volunteer resources](#)

Past Volunteers: ?

11. National Championship Tournament Coordinator

Job Duties:

- a. Get potential dates from USAR; contact clubs to arrange location/s
- b. Review how to organize the National Tournament with the previous National Tournament Coordinators; implement improves as necessary

- c. Organize tasks required to prepare the State for the National Tournament including but not limited to the following:
 - i. Venue(s)
 - ii. Draws
 - iii. Check-in
 - iv. Tournament Director
 - v. Volunteers
 - vi. Food
 - vii. Shirts
 - viii. Awards
 - ix. Tournament desk
- d. Enlist two or three extra volunteer tournament coordinators
- e. Assign tasks to volunteers and ensure they are completed venue, draws, tournament director, volunteers, food, shirts, awards and tournament desk

Time Requirement: 20 – 30 hours

Current Volunteer: TBD (WE NEED YOU!)

[Volunteer resources](#)

Past Volunteers: ?

12. League Historian

Job Duties:

- a. To collect and document the history of the league.
- b. To gather, update, and make available information historical data about past season teams, players, and match results.
- c. To write an end of the season message recapping the highlights of events and outcomes for each new season.
- d. To document how the OHSRL and OJRA have developed as an organization over it's history.
- e. To be knowledgeable of and document league processes, procedures and rule and how they have changed over the years.

Time Requirement: 5-10 hours

Current Volunteer: Jeff Oliver

[Volunteer resources](#)

Past Volunteers: Dave Moyle, Bruce Reid

OHSRL Rules & Regulations

Rules

With the following outlined exceptions, the OHSRL adheres to the rules and regulations adopted by USAR.

Match Game Format and Time-Outs

OHSRL League Matches use a single game to 15 match format (some seasons may be to 11 points depending on resource constraints), with a single timeout allowed per player/side per game. The State and National Championships adhere to USAR match format and time-out rules, except where noted otherwise.

Mixed Doubles Amended Rules

In 2006, the OHSRL Board unanimously passed an amended Mixed Doubles Serve Rules, which differs from USAR rules and was designed to treat boys and girls equally. In 2008, the OHSRL Board worked with other states to develop the official Mixed Doubles Serving Rules, which will be used at all high school tournaments, both at the state and national levels.

OHSRL Mixed Doubles Amended Serve Rules

1. Each receiving team member must clearly take a position on opposite sides of the back court within 10 seconds of the score being called. Failure to do so is a delay of game.
2. The boy must serve to the boy and the girl must serve to the girl. Any serve that is judged by the referee to be served to the incorrect player is a single fault serve (same as a short serve).
3. Definition of legal serve: The serve must bounce in the middle, or in the correct side of the court, and must remain either in the middle or in the correct side of the court for the second bounce if it were to occur.
4. Only the boy may return the boy's serve; only the girl may return the girl's serve. Returning a serve out of turn is considered an encroachment and results in a point for the serving team.

Racquetball Apparel, Eye Guards and Wriststraps

The Oregon High School Racquetball League requires that all students, coaches and volunteers must adhere to the rules outlined in the USAR rulebook regarding apparel, eye guards and wrist straps whenever they are on a court, either for practice or for sanctioned matches or tournaments.

The following is the official language from the USAR rulebook that applies to apparel, eye guards and wrist straps:

Rule 2.5 Apparel

(a) All players must wear lensed eyewear that has been warranted by its manufacturer or distributor as:

1. Designed for use in racquetball
- and
2. Meeting or exceeding either the full ASTM F803 standard or Canadian (CSA) impact standard. This rule applies to all persons, including those who wear corrective lenses. The eyewear must be unaltered and worn as designed at all times. A player who fails to wear proper eyewear will be assessed a technical foul and a timeout to obtain proper eyewear [see rule 3.17(a)(9)]. A second infraction in the same match will result in immediate forfeiture of the match.

Certifications & Compliance. The USAR maintains a reference list of eyewear so warranted by their manufacturers, and provides that list to each sanctioned event (an eyewear list dated more than 90 days prior to the first day of the tournament will be deemed invalid for the purpose of determining compliance with this eyewear rule). In addition, the list is available online at USAR.org (under eyeguards), and individual copies may be requested by calling the USAR National Office at (719) 635-5396.

To be used in sanctioned competition, protective eyewear must:

- bear a permanent, physical stamp of the appropriate “ASTM-F803” citation on the frame itself, OR
- appear on the ASTM reference listing, OR
- bear the “Protective Eyewear Certification Council” (PECC) seal of approval for the ASTM standard, OR
- be certified in writing by the maker that it complies with the required ASTM standard (in this instance, the player must be able to provide written, adequate proof – on demand – at any sanctioned event, before such eyewear may be used)

(b) Clothing and Shoes. The clothing may be of any color; however, a player may be required to change wet, extremely loose fitting or otherwise distracting garments. Insignias and writing on the clothing must be considered to be in good taste by the tournament director. Shoes must have soles which do not mark or damage the floor.

(c) Equipment Requirements During Warm Up. Proper eyeguards [see 2.5(a)] must be worn, and wrist cords must be used during any on-court warm-up period. The referee should give a technical warning to any person who fails to comply and assess a technical foul if that player continues to not comply after receiving such a warning.

Rule 3.13 Rallies

All of the play that occurs after the successful return of serve is called the rally. Play shall be conducted according to the following rules:

(c) Failure to Return. Any of the following constitutes a failure to make a legal return during a rally:

8. Failure to use a racquet wrist safety cord.

(g) Play Stoppage

2. If a player loses any apparel, equipment, or other article, the referee shall stop play immediately and declare a penalty hinder or replay hinder as described in Rule 3.15 (i).

(h) Replays. Whenever a rally is replayed for any reason, the server resumes play at first serve. A previous fault serve is not considered.

Rule 3.15 Penalty Hinders

A penalty hinder results in the loss of the rally. A penalty hinder does not necessarily have to be an intentional act. Replay hinders are described in Rule 3.14. Any of the following results in a penalty hinder:

(i) Apparel or Equipment Loss. If a player loses any apparel, equipment or other article, play shall be immediately stopped, and that player shall be called for a penalty hinder, unless the player has just hit a shot that could not be retrieved. If the loss of equipment is caused by a player's opponent, then a replay hinder should be called. If the opponent's action is judged to have been avoidable, then the opponent should be called for a penalty hinder.

Code of Conduct

The Oregon High School Racquetball League (OHSRL) was organized and dedicated to providing enjoyment, competition and physical fitness for high school students through racquetball in a safe and fun environment, while growing and promoting the sport. Participation in the organization's program is subject to the observance of the organization's rules and procedures. As a condition to participating in the program, **each player, coach and parent is required to read, agree to and sign the Code of Conduct.** The code of conduct is summarized below.

Player's Code of Conduct

The activities outlined below are **strictly prohibited**. Any participant who violates this code is subject to a disciplinary process that may include removal from this program and exclusion from future sanctioned tournaments. Report any infractions to your coach, OHSRL site/tournament director or OHSRL board member. All interactions will be kept as confidential as possible given the relevant circumstances.

1. Possession or use of alcoholic beverages or illegal drugs (including unauthorized prescription drugs; documentation of prescription drugs is required) while in a host club or on a host club's property or attending any OHSRL practice, match, tournament or event while under the influence of illegal drugs or alcohol.
2. Any theft, physical damage or loss of perishable items from a host club or any individual (i.e. towels, lights, equipment or personal items, etc.).
3. Bringing on to any club's property dangerous or unauthorized material such as explosives, firearms, weapons or other similar items.
4. Unsporting conduct at any time while on club property including actual or threatened violence; discourteous behavior; swearing; loud outbursts of anger or rage toward another person or group; throwing a racquet, bag or other items; kicking or punching walls or furniture; and inappropriate horseplay toward any individual, group or club property.
5. Any form of verbal, physical, visual or sexual harassment or bullying of League players, volunteers, parents, spectators or club staff. Prohibited behaviors include, but are not limited to: unwanted physical advances, verbal harassment, physical assault, hazing and phone or online bullying or harassment.
6. Gang clothing of any type.
7. Failure to follow OHSRL and/or host club policies and procedures.

Match and Tournament Conduct & Rules

The development of good sporting behavior is one of the goals of the Oregon High School Racquetball League. Officials, event supervisors or representatives, coaches, volunteers, teammates and opponents all deserve each other's respect and courteous behavior.

The following rules regarding sporting behavior and policy will be enforced:

1. A team is responsible for the actions of its individual team members and for spectators directly associated with their team.
2. Unsporting behavior may result in an initial warning, penalty, technical foul or ejection from the match or tournament. Players and/or teams may be dropped from the match, tournament or from future events. An individual player's points may be forfeited from the team's total score.
3. Spectators, coaches or others are not allowed to try to influence or intimidate the match official in any way or at any time before or during the match. They may encourage the players between points or at time outs and must refrain from coaching or calling out to players or referees once the score has been called by the referee and during the playing of a point. If such interference occurs, the individual responsible will be given a warning. If a second infraction occurs, the individual will be asked to leave the playing area. If the same individual makes subsequent infractions during any other matches, he/she will be asked to leave the facility for the duration of the tournament.
4. Protests concerning the judgment of officials will not be considered. Therefore, their rulings are not open to debate. However, questions regarding rule interpretations may be made by the player before or after a point, game or during a time-out. If a point is called, and a player disputes the call, the player is responsible to ask for all rule interpretations either from the referee or the tournament desk at the time the call is made. If play continues before a request for interpretation, the point stands as called. All rule interpretations will come from the USAR rule book.
5. Spectators are also responsible for behaving in a fair, sporting manner. Anyone exhibiting improper behavior will be asked to leave the playing area and, if necessary, the club.
6. Approved protective eyewear must be worn whenever a player is on a court, whether practicing or playing.
7. Immediately notify an official, coach, volunteer or club personnel of any injury so that all necessary assistance can be provided.

Player Ratings

Rating Theory

Every player in the OHSRL is given a rating. This rating goes up and down with every game played as a measure of the player's results against each particular opponent. The rating system is built on the theory that equally ranked players will have equal results, each winning two games out of four. A player with a 200 point advantage on their opponent is expected to win about three times out of four. The odds are expected to be a near certain four out of four when a player's rating advantage is about 400 points.

When an equally ranked player wins, their rank goes up 24 points, and the loser's rank goes down 24 points. Additionally, there is a fixed-point rating gain/loss for each additional 100 point differential between players, up to 351+ points difference in rating.

For example, if the favored player outranks their opponent by 200 points, they are expected to win three out of four games. Thus, if the favored player wins the league game, they earn only half the 16 points they would earn against an equal opponent. The opponent loses 8. If, instead, the underdog wins, the underdog earns 24 points, and the favored player loses 24 points.

Points are calculated only on the beginning rating of the players that day.

Rating New Players

Accurately rating new players is very important. It works fairly well with returning players to start the new season with the previous year's rating. However, with new players, coaches need to make a determination as to where to initially rank the player. It is strongly recommended that coaches compare new players against the returning player they best match up with, and apply the returning player's rating (or slightly below their rating) to the new player. For new coaches, you may want to have an experienced coach come to one of your early practices to watch the kids and help determine where to rank your players.

Point Calculation Table

Rating Point Differential	Higher ranked Player Wins	Higher ranked Player Loses	Lower ranked Player Wins	Lower ranked Player Loses
Equal opponents (+/- 0-50)	+24 rating pts.	-24 rating pts.	+24 rating pts.	-24 rating pts.
+/- 51-150	+12 rating pts.	-36 rating pts.	+36 rating pts.	-12 rating pts.
+/- 151-250	+6 rating pts.	-42 rating pts.	+42 rating pts.	-6 rating pts.
+/- 251-350	+3 rating pts.	-45 rating pts.	+45 rating pts.	-3 rating pts.
+/- 351 or greater	+2 rating pts.	-46 rating pts.	+46 rating pts.	-2 rating pts.

Example point gains / losses

Resulting after one individual game

If the higher-rated player WINS					
Higher-rated player adds:	+24 rating pts.	+12 rating pts.	+6 rating pts.	+3 rating pts.	+2 rating pts.
Rating Point differential	+/- 0-50	+/- 51-150	+/- 151-250	+/- 251-350	+/- 351 or greater
Lower-rated player subtracts:	-24 rating pts.	-12 rating pts.	-6 rating pts.	-3 rating pts.	-2 rating pts.

If the lower-rated player WINS					
Higher-rated player subtracts:	-24 rating pts.	-36 rating pts.	-42 rating pts.	-45 rating pts.	-46 rating pts.
Rating Point differential	+/- 0-50	+/- 51-150	+/- 151-250	+/- 251-350	+/- 351 or greater
Lower-rated player adds:	+24 rating pts.	+36 rating pts.	+42 rating pts.	+45 rating pts.	+46 rating pts.

Example point gains / losses

Resulting after a completed League Match event

For this example, consider a League Match where there are five players in a division at the League Match, and the players are all ranked within 160 rating points of each other.

Note: This rating structure lets every player quickly move to divisions with players of similar abilities

	Beginning Rating	Opponent (W = Win, L = Loss, followed by the number of rating points gained or lost)					Total Games Won/Place	1 st place Bonus	New Rating
		Player 1	Player 2	Player 3	Player 4	Player 5			
Player 1	1455		W+24	L-12	L-12	L-6	1 / 4 th	0	1449
Player 2	1490	L-24		L-24	L-12	L-12	0 / 5 th	0	1426
Player 3	1525	W+12	W+24		W+24	W+36	4 / 1 st	30	1647
Player 4	1545	W+12	W+12	L-24		L-12	2 / 3 rd	0	1533
Player 5	1610	W+6	W+12	L-36	W+12		3 / 2 nd	0	1604

Because the League plays only four League Matches a year, we need coaches to help determine ratings of new players and the starting point of ratings for last year's players. The ratings should be determined by evaluating the players within their gender categories. The boys' and girls' ratings are not related to each other and are calculated completely independently. Thus, your top girl player might have a higher rating than your top boy player (even though the boy may be capable of winning against the girl in a head to head match). The rating indicates that she is a stronger competitor relative to her competition within the girls' division.

Player Rating Guidelines

Range	Description	Description
1800 – 2000	Best players in the OHSRL	The highest level of amateur player. A frequent Junior and Adult tournament player. Uses full range of backhand and forehand shots with purpose and control and with a high percentage of success. Capable of making strategic shot selection decisions. These players make few unforced errors, and are expected to win often on any given day. #1 Gold division winners likely rate close to 2000; players who are always in top league seedings rate around 1900; #1 Blue division state championship winners rate about 1800.
1600 – 1799	Above average players	A regular league or tournament player is able to select the proper shot most of the time, with fair, but improving consistency. Better at certain shots and with certain hands than others, with discoverable and exploitable weaknesses. Awakening interest in, and awareness of, shot selection. Good anticipation of opponent shot and ball movement. Winners of #1 Red division matches at tournaments probably rate close to the 1700 level.
1400 – 1599	Average players	The average League rating is intended to be about 1500. Players in this category are still developing strengths in basic skills. Level of knowledge is rising and can execute most shots with some precision, although the range of shots used with purpose is limited. Usually the forehand is considerably stronger than backhand; other weaknesses are readily apparent and exploitable. Can safely attempt ceiling shots, back wall shots, pinches, pass shots and an occasional kill shot. Improving anticipation of opponent's shot and ball movement with occasional misjudgment. #1 White division tournament winners rate at about 1500. Almost all players who played in last year's league should rate more than 1400.
1000 – 1399	Novice & beginning players	This category is for new players with very little experience and limited understanding of basic rules, strokes and strategy. Shots are reactionary with the primary goal of hitting the ball, secondary goal of hitting it to the front wall. May have played only a few games. Rarely attempts intentional Z serve, backhand shot or back-wall shot.

League Match Format and Teams

Team scoring is structured to reward teams that have both strong players and an equal balance of boys and girls. Match format is structured so that players end up playing other players of about their same ability to earn points for their respective teams.

Match Format

1. **First Time Players:** The first time a player plays in a League Match, their coach will rank the player in accordance with the Player Rating Guidelines. Boys and girls are ranked separately. After each League Match, ratings are re-calculated by computer and adjusted. See the Player Rating Guidelines for additional details.
2. **Team Representation:** The Oregon High School Racquetball League is designed to be a team sport whose purpose is to grow the sport of racquetball through increased participation of high school players. Players are expected to play on a team for the school which they attend (see exceptions in No. 3).
3. **Team Representation Exceptions:** For home-schooled players and those attending alternative schools without athletic programs, the OHSRL will generally follow OSAA guidelines. OSAA guidelines state that a home schooled or student attending an alternative school may join a team from a public or private school within whose boundaries the student and parents/guardians live. This applies to League Matches as well as the Oregon High School State Championships. The OHSRL does not have jurisdiction over USA Racquetball National High School Championships. Exceptions to this guideline will be considered for extraordinary circumstances and must be approved by a majority vote of the Board.
4. **Players' School Enrollment:** Students must be currently enrolled in the 9th through 12th grades.
5. **Team Size:** Each team may field no more than 10 singles players (combined), one boy's doubles, one girl's doubles and one mixed doubles team. No person may play more than one singles and one doubles event. Minimum team size is three players. One-year exceptions to team size may be granted by Board approval.
6. **Multiple Teams Per School:** Schools with many players may form multiple teams. Once on a team, a player cannot transfer to another team within the same season, except with the Commissioner's consent. If a team disbands, players who still want to play may transfer to another team at the same school. The league encourages entry by new players and creation of new teams during regular season League Matches and the State Championships at any time.
7. **Match & Game Format:** All matches are 1 game to 11 points. With 1 time out available for each player or team.
8. **League Match Format:** League Matches have two phases.
 - a. **Phase 1 - Split and Go (Sorts/Qualifies players - no team points awarded):** The first phase of a League Match is the Split and Go Rounds. No Team Points are scored for Split and Go Rounds. Split

and Go Rounds are intended to sort players so that they can end up playing in a round robin with others of similar ability. The first Split is completed automatically by computer, without playing, and is based solely on the players' rating. At each League Match site the top half of each gender division, based on their rating, will be placed in a Split and Go Round for that gender. The bottom half are placed in a separate Split and Go Round for that gender. *For example, if there are 32 boys at a League Match site, the top 16 ranked boys will play in one Split and Go round, and the lower 16 in a separate Split and Go round.* This is done to avoid having the #32 ranked player play the #1 player, which would be the case if it were a traditional Olympic format draw. The Split and Go process repeats within each group until there are 6 or fewer players, at which point the remaining players play against each other in a round robin (Phase 2).

- b. **Phase 2 - Round Robin (Earn Team Points):** The second part of a League Match is the Round Robin phase. Each group of 6 or fewer players competes in a round robin, each playing one another other one time. Team Points are awarded depending on how a player finishes in Round Robin play.

Team Scoring

9. Team Scoring: (in a nutshell)

- a. **Player Finish Points.** In each Round Robin, a player finishes in 1st through 6th (or last) place based on the number of games they won. The person with the most wins is first, the person with the second most wins is second, etc. The first place player earns 20 points, the second place player 19 points, the third place player 18 points, etc. In the case of ties, the computer splits the available points for the tied positions between the two players, e.g. a two way tie for first results in 19.5 points per player, because $(20 + 19) / 2 = 19.5$.
- b. **Division Pool Weights.** Each Round Robin pool is given a weight. The top round robin in the gold division is given a weight of 160, the top round robin in blue is given a weight of 120, the top round robin in red is given a weight of 80 and the top round robin in white is given a weight of 40. If there are multiple round robins in the gold division, the weight for each round robin falls in between 120 and 160 depending on its location in the draw. Similarly, intermediate round robins are given intermediate weights in the lower divisions as well.
- c. **Weighted Finish Points.** The finish points earned by a player for their pool finish (1st, 2nd, etc) are multiplied by the pool's weight to give weighted points for a player. The number of weighted points earned by a player is compared to the total weighted points earned in the division. For example, at the Nov. 22, 1997 League Match at the Salem Courthouse South, Andy Fisher finished in 1st place in the Boys' gold round at Salem Courthouse South. He earned 3200 (i.e. 20×160) weighted finish points; 20 finish points for 1st place multiplied by a weight of 160 for the Gold Division pool. There were 21 boys in the event at that location, earning a total of 38,400 weighted finish points. Andy's 3200 points represents 8.33 % of the total points given for Boys Singles at that location.
- d. **Team Points (Singles).** Boys Singles and Girls Singles are each given 100 points per match site. In Andy's case, he earned 8.33% of the 100 Boys Singles team points available, meaning Andy earned 8.33

team points for his team, the Reynolds White Team. Girls Singles is calculated similarly. Alea Kuhns, for example, finished in 1st place in the White Division, so she earned 800 (i.e. 20×40) weighted finish points; 20 finish points for 1st place multiplied by a weight of 40 for the White Division pool. Her 800 weighted finish points represent 2.7% of the total 29600 weighted finish points awarded in the Girls Singles division at that event. Thus, since Alea earned 2.7% of the 100 Girls Singles team points available, she earned 2.7 team points for the Reynolds White Team.

- e. **Team Points (Doubles).** Boys Doubles, Girls Doubles and Mixed Doubles split 100 points evenly, and so are each worth 33.33 team points. The Reynolds White Team's Girls Doubles team finished 4th in the Gold Division (typically this is the only doubles division), earning 2720 weighted points (i.e. 17×160), or 22.97% of the total 11640 Girls Doubles weighted finish points awarded. Thus the Reynolds White Team's Girls Doubles team earned 7.7 Team Points, or 22.97% of the available 33.33 team points available for that division.
- f. **Team Overall Score and Finish.** The scores of all players and doubles teams for each team are added to arrive at a team's Overall Score. In the case of the Reynolds White Team, the combined score of all its players totaled 64.01 points (out of 300 possible available points at the site), earning the team 3rd place at the Salem Courthouse South site. The Reynolds White Team fielded a full, somewhat balanced team with 6 boys and 3 girls, and had a few gold division finishes, including winning 1st place in Boys Doubles and 2nd place in Girls Doubles and Mixed Doubles; this seems like a fairly accurate result.

10. **Scoring Method Objectives.** The League's principal objectives with regard to scoring are to:

- a. Equalize sites by attendance: we don't want a team to be rewarded or penalized simply because they ended up at a site with a larger or smaller turnout / draw.
- b. Equalize gender category contributions to the overall team score: we don't want one gender category to be disadvantaged for having a smaller draw.
- c. Reward players for playing in higher skill divisions.
- d. Reward full, gender balanced teams, with 10 players split evenly between boys and girls: A strong evenly balanced, full team should defeat an equally strong but less balanced or incomplete team.
- e. Equalize performance across multiple Sites: Points earned by a team at one location should be meaningful in relation to points earned by a team at a different location. By calculating the team points based on the ability of a team to win a higher percentage of the overall team points available at a site, we come pretty close to having something to compare.

11. **League Team Champion Determination:** Team Points will accumulate over all four League Matches. Team Points do not accumulate between multiple teams at the same school. The team with the most cumulative Team Points after all League Matches is the League Champion and will be recognized at the Oregon High School Racquetball State Championships.

Team Points Summary

300 Total Team Points available per League Match Site.

Singles (Boys or Girls): 100 Team Points each

Doubles (Boys, Girls or Mixed Doubles): 33.33 Team Points each (100 total)

Finish Points

Finish	Finish Points
1st	20
2nd	19
3rd	18
4th	17
5th	16
6th	15

* If there is a 2 way tie for 1st, both teams earn 19.5 points (i.e. $(20+19) / 2$).

A 3 way tie for first earns each team 19 points (i.e. $(20+19+18) / 3$)

Division Weights

Division	Weight
Gold	160
Blue	120
Red	80
White	40

* If 2 gold divisions:

Gold #1 = 160, Gold #2 = 140

League Match Guidelines

Below are the OHSRA guidelines for participating in League Matches, including tips to help events run smoothly:

1. **Team Adult Representatives / Volunteers:** A coach, assistant coach, team manager or team representative must register each team and supervise the players during the match. This coach, assistant coach or team representative must be an adult and must stay with the team during the entire match. This coach, assistant coach, or team representative must be registered on the volunteer sheet and must be a USAR member. **Each team must have one (1) volunteer for each five (5) players at each match.**
2. **Arriving at the League Match:** Your team must arrive one (1) hour prior to the scheduled time for your match. All team check-ins must be completed 30 minutes before the start of the match. Wait until all members of your team have arrived and then check-in the entire team. Draws will be printed 15 minutes prior to the start of the match. We will not wait for late players. Welcome remarks and introductions will begin 15 minutes prior to the match.
3. **Proof of OHSRL Registration:** Make sure your team representative has proof of the complete OHSRL registration packet for every player: USAR membership release, Code of Conduct, Photo Release and proof of OHSRL dues payment. We must have confirmation of OHSRL registration before students can be allowed to play, including current USAR membership status: a USAR membership card, canceled check or registration receipt/email are acceptable proof).
4. **Player Supervision:** Please supervise your players, especially if it's their first match. Many first-time players may be a bit nervous. Explain rules of good sporting behavior, extending to both on and off the court. Remind them how important it is to take care of and respect the club, club staff and club members. Ask your players to thank club personnel for letting us hold the League Match at their club. We are each representatives of our sport, our team, and our school whenever we are at a club or at an event.
5. **First Time Player Tips:** Here are some things to remind first time (and also returning!) players:
 - a. Wear appropriate clothing, (team shirts, non-marking shoes, etc.). Some of these clubs can be quite drafty and they should bring layers of clothing.
 - b. Consider bringing homework (many players do this!), playing cards, a book or something else to help occupy their time when off the court.
 - c. Closely supervise their gear and personal belongings. Keep belongings and equipment in their bag, zipped up. Don't leave gear unattended when possible.
 - d. Bring locks to lock up their valuables. Clubs have often had theft problems, so talk to your players about theft prevention.
 - e. The site director will inform students of areas at the club students are allowed to be in during the league

match. Please tell your students to be respectful of club rules, property and staff members at all times.

6. **Staying On Time:** In order to get the matches completed on time, we need your help. Players will be expected to know when and where their game is scheduled and be ready, standing at the door to play. Although we recognize that this is also a social event for our kids, we want to finish the matches in a timely manner. We will assign parents/coaches when possible to monitor courts in order to have players ready to start. If you see a court unattended - please adopt it for a while!
7. **Food and Drink:** Discuss nutrition and hydration with your team. Some of the clubs do not have snack bars, so plan accordingly. Many teams will bring food and drinks from home. Suggest simple healthy foods, bagels, oranges, bananas, etc. Be sure to clean up. We've done a great job of this at League Matches and tournaments in past years ... thank you! (and let's keep it up!)
8. **Welcome Parents and Spectators:** Let the parents know they are welcome to watch the matches and support their teams. The more the parents get involved, the better for the program. Engage parents with the events by giving them volunteer roles when they show up, even a small task/request/duty can help them feel actively included.
9. **Spectator Etiquette:** Please remind parents and spectators of good court etiquette, including:
 - a. Cheer supportively: in particular, avoid cheering when an opponent makes errors.
 - i. Example: DO cheer when your player makes a great rally ending shot or after a long, action packed rally. DON'T cheer when your player's opponent whiffs an easy setup shot.
 - b. Don't interfere with or distract the Referee.
 - i. Referees must pay attention to the action on the court *even between rallies*. Save your questions or remarks until after the game is over or during a timeout. In general, avoid talking to the referee unless they're talking to you.
 - c. Respect Referee decisions and instructions.
 - i. Referees have control of the court and viewing gallery. Respect their calls and decisions, even when you disagree with them. Refereeing is challenging, and referees are often learning how to become better referees: don't make their job harder by interfering with or trying to influence their rulings. Referees do have the authority to remove spectators from the court and viewing areas. Listen to them and follow their requests, warnings, and instructions when given.
 - d. Stay quiet during Rallies.
 - e. Give coaches the right-of-way: they're often helping your child between points and during timeouts, give them access to viewing areas and clear a path to the door for them.
10. **Stay Connected and Informed:** Check out the Oregon High School Racquetball League website. You'll find lots of useful information, including League Match schedules, scores and team rankings.
www.highschoolracquetball.com.

OHSRL State Tournament

State Tournament Format

Players compete for team and individual State Championships in Boys, Girls and Overall Team competitions.

Each school's team will consist of players in six singles divisions each for boys and girls and three doubles divisions each for boys, girls and mixed doubles. Divisions are numbered #1 through #6 in boys and girls singles and #1 through #3 in all doubles divisions.

The top-ranked player on a team for each gender category must enter Division #1, the second ranked player in Division #2 and so on. The last divisions (#6 for boys singles and girls singles, and #3 in all doubles) are open to any players not entered in a higher division. No two players from the same team may play in the same singles division, except the #6 singles divisions and the #3 doubles divisions. If there are fewer than six boys or five girls on a team, divisions must be filled from the top first, that is division #1 singles first, then division #2 singles and so on.

In doubles, just as in singles, the best doubles team from each school must enter division #1, the second best team must enter division #2, etc.. This is to prevent an overpowered team from entering a weaker division solely for a better chance of winning more points (i.e. to eliminate "sand-bagging").

All singles players are guaranteed three matches, including forfeits and byes.

All players can earn points for their team toward the Overall Team Championships.

Players may enter a **maximum of two events**. Singles divisions use the Olympic Format (a main Gold round, plus Blue, Red and White consolation rounds) provided there are enough players in the event. If there are insufficient players, a round robin format may be used. Doubles divisions have only one consolation round, a Red round.

State Tournament Scoring

The state tournament scoring system is complex. In general terms, Team points are earned based on the division, round and place finishes of a team's individual players. The highest point values are earned in Division 1, Gold round; the lowest point values are for Division 6, White round. Points earned in Mixed Doubles count toward the Boys, the Girls, and the Overall Team Championship team totals.

The scoring matrix will be clearly posted at the tournament site, and is designed with multiple goals in mind:

- Award the highest points where the competition is the strongest (i.e. Div #1)
- Allow all players to earn points for their team
- Encourage full and gender balanced teams
- Reduce unfair competitive advantages based on Team size
 - Limit point values earned in the unlimited entry divisions (i.e. Div #6 in singles and Div #3 in doubles) such that having a large team does not create an unfair advantage.
 - Balance the distribution of point values earned to make it difficult for a team with just one or two players to win the team competitions.
- Equalize points earned across gender categories
- Prevent (to the extent possible) a player from earning more points than a player who beat them
 - E.g. A beats B, but B earns more points in a consolation round than A earns in the main round

USAR National High School Championships

National Tournament Format

Players compete for team and individual National Championships in Boys, Girls and Overall Team competitions.

Each school team will consist of players in six singles divisions for boys, five singles divisions for girls, and three doubles divisions each for boys, girls and mixed doubles respectively. Divisions are numbered #1 - #6 in boys singles, #1 - #5 for girls singles and #1 - #3 in all doubles divisions.

The top-ranked player on a team for each gender category must enter Division #1, the second ranked player in Division #2 and so on. The last divisions (#6 for boys singles, #5 for girls singles, and #3 for all doubles) are open to any player not entered in a higher division. No two players from the same team may play in the same singles division, except the last divisions. If there are fewer than six boys or five girls on a team, divisions must be filled from the top first, that is division #1 singles first, then division #2 singles and so on.

All singles players are guaranteed three matches, including forfeits and byes.

All players earn points for their team toward the Overall Team Championships.

Players may enter a **maximum of three events**. Singles divisions use the Olympic Format (a main Gold round, plus Blue, Red and White consolation rounds). Doubles divisions have only one consolation round.

In doubles, just as in singles, the intent is that the best doubles team from each school enter division #1, the second best team enter division #2, etc.. This is to prevent an overpowered team from entering a weaker division solely for a better chance of winning more points (i.e. to eliminate “sand-bagging”).

USAR National High School Championships Scoring

USAR National Tournament scoring system is complex but is designed with multiple goals similar to those of the OHSRL State Championships. The OHSRL will be made aware of the scoring procedures prior to the national tournament, and the scoring matrix will be clearly posted at the tournament site.

Team and Player Registration

This section contains instructions for Completing OHSRL Forms and Rosters and submitting payment for league dues.

Player Registration

The following outlines how to best go about filling out, compiling and submitting and storing the various membership forms and dues required by the OHSRL.

Beginning in 2023, the OHSRL has moved to an online registration form! Please instruct Parents to complete the online form with their child on the OHSRL website:

<https://www.highschoolracquetball.org/registration>.

The online form will ask for Team, Player, Parent/Guardian, Doctor and Emergency contact information, and require signatures from both Parent and Child.

After completing the online form, a signed PDF copy of the form will be automatically emailed to the Parent, the Player, and the player's team's Head Coach. Head Coaches, please make sure your contact information is up to date with the OHSRL.

Coaches, you are responsible for collecting and maintaining an accessible copy of your players registration forms and proof of payment accessible at all times in your hand book / team packet during OHSRL and OHSRL related events.

To view a report of which students have completed the Online Registration form, please request access from the league Commissioner to view the Coaches Registration Report available on the OHSRL website at: <https://www.highschoolracquetball.org/registration-report>.

The online registration form contains three components. As a backup registration mechanism, updated versions of each of the three form components are available as PDFs at the bottom of the coaches section of the OHSRL website, should they be necessary (in case the online form is unavailable). The three registration sections are:

1. OHSRL Code of Conduct

As a condition to participating in the program, each player, coach and parent is required to read, agree to and sign the Code of Conduct. A signed Code of Conduct must be submitted before a student is eligible to participate in the League.

2. USAR/OJRA/ORA Membership information

All OHSRL participants are required to be members of USAR. In order to register OHSRL participants with the USAR/OJRA/ORA, we must collect basic Team, Player, Parent/Guardian, Doctor and Emergency contact information, as well as dues to pay for their USAR Junior membership.

This form also contains a liability release waiver requiring signature by the player and the player's parent if the player is under the age of 18.

If students are already a member of USAR, please have them fill in their USAR membership numbers and expiration dates on the form.

We ask that you remind your players **NOT** to renew their USAR membership directly through the mail or online, as money is earned and returned to our program when memberships are renewed through OHSRL. However, if students already do have a current USAR membership which is valid through the end of the current season, then only the OHSRL dues are required.

3. Photo Release

In order to protect the OHSRL and its players, coaches and parents, we require a signed photo release form for all students participating in the league. This allows the OHSRL to safely use photos of teams, players and events in our digital and print media and materials.

Coach Registration

Beginning in 2024, the OHSRL has moved to an online registration form! Please instruct Coaches to complete the online Coach Registration form on the OHSRL website:

<https://www.highschoolracquetball.org/volunteer-coach-registration>.

1. USAR Membership information

Each adult associated with a team must be a USAR member for insurance reasons. No exceptions are allowed. If you are already a USAR member, please provide your USAR membership number and expiration date. Your membership must be valid through the end of the OHSRL Season (+ Nationals if you will be attending Nationals), otherwise, please include payment for renewal to the OJRA. If you are NOT a USAR member, please complete the USAR registration information and release waiver.

Reminder: Please submit a check payable to OJRA for your USAR Dues (Adult Membership). USAR membership is valid for one year and is also valid/required to play in any USAR Tournaments. If you

have a team account, you will be personally responsible for all fees paid. Please keep a detailed and accurate record of all funds.

2. Code of Conduct

As a condition to participating in the program, each player, coach and parent is required to read, agree to and sign the Code of Conduct.

3. Photo Release

In order to protect the OHSRL and its players, coaches and parents, we require a signed photo release form for all coaches participating in the league. This allows the OHSRL to safely use photos of teams, and events in our digital and print media and materials.

4. SafeSport and Background Check Acknowledgement

To better protect both our players and coaches, all OHSRL coaches must complete SafeSport training every year provided through playershealthprotect.com.

Background checks are required every 2 years. There is a fee of \$20 (as of 2024) to complete the background check through playershealthprotect.com, which must be paid directly through the provided SafeSport site and not through the OJRA/OHSRA.

5. USAR Instructor Program Registration (Optional)

New for the 2024 season, the USAR has offered to waive or reimburse the registration fee for USAR's Instructor Program for Oregon High School Coaches. New Coaches in particular may find the certification process helpful to learn basic racquetball instruction.

6. Coach Profile (Optional)

New for the 2024 season, please provide a very brief welcome message and/or short bio, as well as a profile photo for use on the OHSRL website. Also please include public contact information so interested players can get in touch. (Note: if desired, you may request an @highschoolracquetball.com email address for your team).

Team Volunteer Registration

Each volunteer who works directly with the players (including coaches, assistants and designated volunteers) must fill out this form. No exceptions.

Beginning in 2024, the OHSRL has moved to an online registration form! Please instruct Volunteers to complete the online Volunteer Registration form on the OHSRL website:

<https://www.highschoolracquetball.org/volunteer-coach-registration>.

The volunteer registration form contains the same sections as the Coaches section described above, minus the Coach Training/profile, USAR membership or medical contact information.

Team Registration

Team Roster:

Coaches: Please complete a Team Roster for each of your school's teams, with no more than 10 students per team, each with at least one designated adult volunteer for every 5 students. Team rosters help in making sure we have all the necessary forms and dues/fees for each team. When completing the Team Roster, please do so electronically. If you must print and fill out the form, please print legibly. This is very important; we must have correct information to put into the database.

New for 2024, the OHSRL has created an online Team Roster form which can be found and completed here: <https://www.highschoolracquetball.org/team-roster-registration>. You may also use/submit the previous Team Roster form, an updated copy of which is available for download on the Coaches Page of the OHSRL Website: <https://www.highschoolracquetball.org/coaches>.

Completely fill out all forms in whichever format you choose. Do not send any memberships with incomplete forms or fees; failure to do so will result in the return of your ENTIRE team's registration. If you do not have complete information and fees put that person on a separate form and submit it when complete.

NO PLAYER will be allowed to compete without completed forms and fees.

Team Practice Scheduled Form

The insurance coverage applies to your regularly scheduled practices only. An adult coach or assistant coach must be present at all practices. (This form will be emailed to you as necessary.)

New for 2024, the OHSRL has created an online Team Roster form which includes practice information for each team: <https://www.highschoolracquetball.org/team-roster-registration>. You may also request/submit the old practice schedule form.

Registration Payments

Each team's Head Coach (or a volunteer designated by the Head Coach) is responsible for collecting and submitting payment for its players' OHSRL and USAR membership dues. These dues are in addition to any team and/or facility fees the team may collect, which are outside the purview of the OHSRL.

Coaches should collect all completed forms and payments from their players. Payments may be

submitted to the [OHSRL Treasurer](#) (see contact information at the top of this document). Please make sure it is clear from whom and for what team the payment is for. Preferably, submit a single lump sum payment to the league for all team players rather than many individual payments.

The USAR and OHSRL dues for the current year are listed on the Online Registration Form and PDF version. Both dues may be submitted as a single payment to the OHSRL via payment made out to OJRA.

Submission Instructions

All players are strongly encouraged to complete the registration form online.

<https://www.highschoolracquetball.org/registration>

IF you have any players who did not fill out the online form and instead filled out a paper form, please make a copy of ALL forms and paper checks for your team records before delivering the originals to the OHSRL in person, mail or email.

Coaches are required to furnish proof of USAR registration, OHSRL registration, code of conduct, photo release, and payment at every match and tournament.

In order to help expedite membership processing, please staple (do not tape) individual checks/payments to a student's entry form so we know which form of payment goes with which application.

If you are paying with a single check (strongly encouraged!), please make extra copies of the Team Roster form(s) and Volunteer Form(s) and attach them to the check so we can double-check the fees with the number of students/volunteers on your team(s).

Be sure to keep copies of your team's forms and rosters. Make sure an adult team representative (coach, assistant coach and/or parent) has this paperwork with them at every match and tournament. Emergency information must be present with the player at matches.

All registration forms must be completed, signed, paid and received or postmarked by **NO LATER THAN: NOVEMBER 1st** (earlier is always much appreciated!).

If you have paper registration forms, please mail them, along with applicable payments, directly to the [OHSRL Treasurer](#): contact information for the Treasurer can be found near the top of this document.

Completed team rosters must be sent to the [Membership Coordinator](#) **NO LATER THAN: NOVEMBER 6th**. Please be sure to **INCLUDE ALL VOLUNTEERS**, including all coaches.

You may repeat this entire process if and when you want to register new players or coaches throughout the season (this may be done after your original submission).

All scheduling requests for League Match #1 must be submitted to the [League Match Scheduler](#) by:
NOVEMBER 6th

All Volunteer Registration and Rosters must be submitted to the [Membership Coordinator](#) NO LATER THAN:
NOVEMBER 6th

Volunteers Needed

The OHSRL is an all-volunteer organization. In order to have a well-run, successful season culminating with a fantastic state and national tournament, we need to encourage our students' parents and family members to become engaged as volunteers.

Let your parents know (via parent meetings, emails or phone calls) during the first week or two of practice that their help is both needed and greatly appreciated.

The following outlines some volunteer needs we have every season:

- **Chair and staff various OHSRL committees.**
 - See the sections at the top of this handbook to learn more about specific positions and how to get involved!
- **Be a Site Director:**
 - Each team must provide at least one volunteer to act as a Site Director for League Matches.
 - This job is one that anyone can do and training will be provided.
- **State Tournament Volunteer:**
 - Each team must provide volunteers to help with the State Tournament.
 - Many people will be needed to help organize and plan all the details that are necessary for an event of this magnitude. Your team will be called upon to fill various jobs.
- **National Tournament Volunteer:**
 - Each team must provide volunteers to help with the National Tournament.
 - Many people will be needed to help organize and plan all the details that are necessary for an event of this magnitude. Your team will be called upon to fill various jobs.

Financial Aid Guidelines and Procedures

The Oregon High School Racquetball League doesn't want financial hardship to be a reason that prevents any player from participating in our league. Coaches should let their players know that if they have a financial hardship that would make it extremely difficult to pay some or all of the fees required to participate in the league, they may request financial help. If anyone requests help, the coach should meet with the player and a parent/guardian to understand their situation. The coach should assure the parents that their personal situation will be kept confidential. During this meeting, the coach should determine whether there appears to be a true hardship or whether the situation appears to be more a matter of prioritization.

Some examples of what would constitute a financial hardship:

- Primary breadwinner lost his/her job
- Single parent in a lower-wage job
- Legal bills, medical bills or other emergencies that have been financially taxing
- Recent divorce or separation and the finances have not been worked out

Examples that would not constitute a hardship

- Child is in several other sports. and the parents don't want to pay for another sport
- Child is given a budget and decides to spend it on other things (car, etc.)
- Parents living a lavish lifestyle beyond their means

We realize that this can be a delicate issue, but if the family is asking for financial assistance, we should try to determine that there is a true hardship before agreeing to cover any costs. If the coach determines that there is a hardship, they should ask whether the family can afford to pay a portion of the fees required to play.

Fees that the OHSRL may consider paying include OHSRL membership fee, the USAR membership fees, club fees, state tournament entry fees and/or national tournament entry fees. Other expenses, such as equipment and travel should be arranged for in other ways such as through donations or fundraising by the team, unless the OHSRL offers special programs for these expenses.

If the coach determines there is a true financial hardship, the coach should then email commissioner@highschoolracquetball.org to request aid. Include the following in the email who has determined that there is a true hardship, what costs/fees the player needs help with and the dollar amount requested for each of those, and to whom any payments would need to be made to (e.g., the USAR, and one to the player's club, while we can cover costs in this way, we cannot send funds directly to a player, coach or parent).

Parent Coaching

Note to coaches: Please consider sharing the following information with your students' parents:

(excerpted from the USA Racquetball Coaches' Handbook)

In all things physical and emotional, parents are the first teachers for their children. In most cases, it is the parents who introduce their children to the sport of racquetball, provide basic instruction and transport the child to practices and tournaments. As the child's talents improve, rudimentary training by the parent gives way to more formalized instruction. With this progression the question arises, "Can there be a successful transition from the parent-child relationship to a coach-player relationship?" It is at this point that a parent's personal ambition may sometimes overwhelm a child's desires, interest and needs.

All parents should ask themselves the following questions:

- Whose ambition am I driven by: my own or my child's?
- Am I qualified?
- Am I certified or willing to become certified, in order to learn proper instructional techniques?
- Did my child express a desire for further instruction or am I imposing it?
- Where will my child go from here?

It is often difficult for parents to be objective, because they are obviously very protective and sensitive to their children. Frequently, when parents become involved in coaching, they hope to control the environment and make sure that their children get a fair shake. Unfortunately, parents sometimes get carried away and end up making it a mission to see their children either victorious or given every possible opportunity.

Another problem arises with the children's interpretations of their parents' roles. Oftentimes a child just doesn't know how to respond to the pressure that a parent imposes when that parent is also a coach. As a parent, it is often very hard to keep racquetball issues separate from family issues. When their children are involved, it is sometimes difficult for parents to exhibit level-headed thinking. When a parent decides to take on the role of coach, relationships automatically become very complex: being a parent and a coach to the child; a coach and mentor to the players; and a confidante and mediator to parents. It's a difficult task to say the least!

The objective of youth sports – and the focus of parents – should be to develop the child as a total person instead of simply a reflection of the parent. It would be ideal if all parents realized that sports should be a giving experience ... physically, mentally and socially. It places children in competitive situations where they have to use good judgment, learn by making poor choices, play under pressure and learn their role within the framework of the game. Those are very valuable lessons that only an unselfish parent can help a child learn.

As a parent, do not:

1. Put pressure on your child to win.
2. Bring up the issue of money spent taking a child to a tournament, lessons, etc.
3. Allow a temper tantrum to go unpunished.
4. Allow your child to be sponsored if he/she hasn't earned it.
5. Get too serious — racquetball is only a game.
6. Be a know-it-all. Always strive to learn more about the game.
7. Live through your child. Allow them to play the game.
8. Make facial grimaces during the match.
9. Badger a referee — take your complaints to the tournament director.
10. Attempt to intimidate your child's opponent.

Lettering in the Sport of Racquetball

The following guidelines have been suggested by the OHSRL as possible models for awarding letters for achievements in racquetball. It is very important to work closely with your local School Board and School Athletic Director to get Lettering in racquetball adopted for your school.

There are two suggested methods to earn a letter. The first is through participation in racquetball as part of a team. The second is through individual accomplishments in the sport of racquetball. A school may adopt either one, or both standards.

Team Participation Models

Suggestions for how to award letters as a result of participation as part of a Racquetball Team:

Example #1

A person may be awarded an athletic letter when all of following criteria are met:

1. **Team Membership:** Player is a member of [*Name of High School*] racquetball team and has paid all required school, team, and league fees and costs.
2. **Practice Attendance:** Player has attended all scheduled practices (with minimal exceptions).
3. **League Match Participation:** Player has attended and participated in all scheduled League Match events during the OHSRL season.
4. **OHSRL State Championship Participation:** Player participated in Oregon High School Racquetball League State Championships.
5. **Team Commitment:** Player has demonstrated a commitment to the [*Name of High School*] racquetball team and support of its team members.
6. **Length of Time:** Player has met the criteria set forth in these guidelines for two years.
7. **Coach Recommendation:** Player's coach has recommended them for lettering. The recommending coach may elect to waive some or all requirements listed above under certain circumstances.

Example #2

A person will be awarded an athletic letter when all of following criteria are met:

Note: All team members are expected to fulfill requirements 1 - 3

1. **Practice Attendance:** Attend at least 75% of their teams' scheduled practices
2. **League Match Participation:** Participate in at least 3 League Matches

3. Championship Participation: Play in either or both of the State or National High School Racquetball Championship Tournaments

In addition, the following requirements must be met to Letter:

4. First-Year Players: All requirements 1–3 above, plus any one of the following:

- a. Qualify as one of the top 5 boys or top 5 girls at their school
- b. Be selected to one of the top 2 boys doubles, girls doubles or mixed doubles teams at their school
- c. Earn a Medal in the Gold round of any division

5. Second-Year Players: All requirements 1–3 above for each year played, plus any one of the following:

- a. Qualify as one of the top 5 boys or top 5 girls at their school
- b. Be selected to one of the top 2 boys doubles, girls doubles or mixed doubles teams at their school
- c. Earn a Medal in any division

6. Third & Fourth-Year Players: All requirements 1–3 above for each year played.

- a. No additional placement or medaling requirement.

Individual Participation Model

A person will be awarded an athletic letter when all of the following criteria are met:

1. **Practice:** Athlete demonstrated focused practice during the school year for no less than 40 hours.
2. **Tournament Play:** Athlete has both:
 - a. Participated in two or more of the following events sponsored by the OHSRL, OJRA, ORA, or USAR:
 - i. OJRA Junior State Championships
 - ii. USAR Junior Regional Championships
 - iii. USAR Junior National Championships
 - iv. USAR Junior Worlds Championship
 - v. USAR High School National Championship
 - b. Met the **medaling criteria** set forth below in at least two of the qualifying tournaments above.
 - i. State level: Finished in the semifinal or better in a championship bracket (1st - 4th)

- ii. National level: Finished in the quarterfinal or better in a championship bracket (1st - 8th)
 - iii. World level: Finished in the quarterfinal or better in a championship bracket (1st - 8th)
 - iv. Consolation finishes: Finished in the semifinal or better (1st - 4th) of a first level consolation bracket in National or World competitions.
3. **Length of Time:** The Practice and Tournament Play criteria set forth above has been met for two years.
4. **Application:** A written application demonstrating that the player has satisfied all of the criteria for Lettering set forth above has been signed by the player and submitted to [*name of school*], [*name of contact*] no later than [*Due Date*] of the school year.

Starting a High School Racquetball Team (WIP)

No Team yet? Not a problem.

The OHSRL is committed to growing the sport of racquetball by developing our high school players and preparing them to lead the next generation of racquetball players. To that end, we encourage having as many High School teams participate as possible to make our great sport accessible to our entire community.

If you know of (or are yourself) a student interested in playing racquetball who is enrolled at high school with no racquetball team, home schooled, or at an alternative school with no athletic program, get in touch today at info@highschoolracquetball.org.

Read on to learn about starting, growing, and maintaining an active High School Racquetball team!

Benefits of starting a new racquetball team

We all know of the many reasons we love this sport, but the ability to play racquetball as part of a team is something that's unique to only a few places. In addition to the direct physical, psychological and emotional benefits of playing sports, students looking to start (or help start) a club at their school may also consider the additional benefit of adding a unique extracurricular activity to their college applications, AND also being able to say that they were part of the founding team leadership of a nationally competitive club team!

Creating a racquetball club team can be an excellent opportunity to bring students together socially, as well as leaving a lasting legacy at their school for high school racquetball generations to come.

For students at schools without athletic programs, starting a club can allow them to represent their school program at the national level. We are fortunate here in Oregon to host the High School National Championships every other year, making the national competition one of the most accessible to student athletes in our state.

Also, racquetball is FUN, and the relative fun-to-effort required to start and maintain a healthy racquetball program is totally worth it!

Team Requirements

OHSRL Team requirements

Minimum requirements:

- **3 Players**
 - At least one male and one female player (when possible)
 - A maximum of 10 players are allowed per team, although schools may create any number of competitive teams, provided each team meets the minimum requirements.
- **1 Head Coach**
 - All coaches must complete a SafeSport certification (or re-certification) each year

- All coaches must complete a Background Check every 2 years.
- Coaches may serve as a head coach to multiple schools / teams.
- It is recommended that coaches complete the free USAR-Instructor Program online
 - the \$25 fee is waived for Oregon HS Coaches thanks to support from the USAR. This training is particularly useful for new and aspiring coaches.
- **1 Parent Volunteer**
 - The parent volunteer may be the same as the coach if the team has less than 5 players (however this is not recommended).
- **Exceptions**
 - School Teams of 1 or 2 players may be allowed, with board approval, for the first year of a club's establishment. Teams are expected to meet the 3 player requirement in subsequent years.

USAR High School National requirements

Minimum requirements:

- Please check with the USAR for this year's requirements to play at the national tournament.
- Generally speaking, if you are able to represent your school at the State level, then it's fairly likely you will be able to do so at the National level as well.

Recruiting Players

There are many ways to recruit players to your team. Below are some tips and suggestions to help coaches get started:

- **Talk to Friends of Racquetball**
 - If you have one or more players involved in your team, ask them each to bring a friend or two with them to learn how to play.
 - Ask your club if you can post a flyer at the front desk or on the racquetball court doors, or to send a message through club league emails: Players with children might enjoy bonding time with their kids by introducing them to the sport.
- **Partner with Complimentary Sports Teams**
 - Racquetball can be a complimentary sport to many fall and spring sports. Many racquetball players also play Baseball, Softball, Volleyball, and Tennis, among many others. Talk to coaches of existing sports teams at your school, ask them to pitch racquetball to their players as an off season training tool, or ask them to make announcements on your behalf to their teams. Reaching out to other sports teams may help boost participation on your racquetball team. Consider also: if your school has a very competitive sports program, some players who don't qualify for those teams may still want to participate in a winter sport where they can apply their athletic skills in a fun and competitive arena, like racquetball!
- **Go Flyering**

- Posting a flier or lawn sign in your community (with permission!) can help raise awareness of your racquetball program. Posting at your high school, feeder middle schools, at local gyms (especially those with racquetball courts), at local businesses or around your neighborhood are all great ways to raise awareness. Remember to ask for permission, and be conscious of the message you provide, as you're acting as a racquetball ambassador.
- **Involve School Administration and Staff**
 - Talk to your school about ways to let kids know about the team. Having a positive relationship with your school administrators and staff can be a critical step for starting and growing your club! Invite administrators to play with you, ask if any have experience with racquetball, and ask how the team can best serve the school and vice-versa. Connect with PE Teachers, offer to host a racquetball activity during a PE Class or School activity assembly, or find out if your school has an activities day where you, or your players, are allowed to table/recruit. Always follow your school's policies, and check in with them if you're unsure!
- **More...**
 - more...

Registering your Team, Coach, and Players

More to come!

Finding Practice Space

More to come!

Sourcing Gear and Equipment

More to come!

Fundraising for State, Nationals and Team expenses

More to come!

Succession Planning

More to come!

Other Helpful Information

More to come!

Start-A-Team Checklist

More to come!

Volunteer Resources (WIP)

Membership Coordinator Resources

Resources Needed

League Match Scheduler Resources

Thank you Bruce Reid for contributing the basis for this helpful information about how to schedule league Matches

League Scheduling Process Flow

General Scheduling considerations:

- Ensure you know who the experienced Site Directors are, which teams they're aligned with, and spread them across the sites.
- Spread the teams out for the first 3 matches so there is a good mix of Top, Middle, and Bottom teams at each site.
- Ensure there are enough girls at a given site to have a meaningful girls match. Typically we want to schedule at least 18 per site, hoping to get at least 16 of which to show up.
- Load up the small sites with more players per court; large sites with fewer players per court. Guidelines:
 - 4 courts: up to 11-12 players per court
 - 5 courts: up to 10-11 players per court
 - 6 courts: up to 9 players per court
 - 7-8 courts up to 8-9 players per court
 - 9-10 courts: up to 6-7 players per court
- Mix the teams up so they're not repeatedly playing each other.
- Try to have as many teams as possible play at their home site at least once.
- Try not to have the same teams making the longer trips every time.
- Put the top teams together at the championship site for LM#4. Spread the other teams out.
- Meet reasonable special requests. Typical reasons:
 - Club owner or manager (Maduell, Martin, Ancheta are the ones who often have requests) wants a certain team at their home court
 - School Dance...schedule as many teams as possible, especially the ones with girls, close to home, or schedule at the venues with the early start times
 - Some kind of event is happening that affects players in some way
 - A very small team paired is with a bigger team from the same school or travels with a team from another school
 - Other miscellaneous such as a team is missing a coach or parent for a certain match and so need to be at a certain location or with another team

Before the first league match: (2 weeks prior)

1. Enter the team size (boys and girls) and average ranking into the spreadsheet
2. Give an initial ranking of 1, 2, or 3 based on team rating average, size, and make-up

- a. To get a "1" ranking, a team needs to have at least 3 girls and 6 boys, otherwise, unless they're REALLY strong, they can't score enough points to be a top contender
3. Color code each team according by their home court
4. Flag* and tag teams that have a site director linked to them
5. Confirm with the [League Membership Coordinator](#) that the number of players you have matches the number of teams and players they have on record (to make sure you have all teams accounted for)
6. Copy the teams to the LM#1 spreadsheet

First league match

Schedule the first league match 1.5 to 2 weeks before the first league match

1. Spread the top ranked teams across the venues
2. Spread the teams with site directors across the venues
3. Fill in the other teams, looking for
 - a. Balance of 2nd and 3rd ranked teams (use the figure above the "R" to see whether sites have fairly equal team strength distributions)
 - b. Ensuring each site has sufficient girls
 - c. Looking for other opportunities for desirable locations such as playing at home site and special requests
 - d. Ensuring the right number of players at each site based on site size
 - i. 4 courts, up to 11-12 players per court
 - ii. 5 courts, 10-11
 - iii. 6 courts, 9
 - iv. 7-8 courts, 8-9
 - v. 9-10 courts 6-7
4. Color-code boys column by site (enables you to see who has played who for future scheduling)
5. Double check to make sure you have all teams accounted for, as well as the correct number of players
6. Once complete, send to whoever is creating the Excel/PDF schedule
 - a. Update the Events on the OHSRL Website with the League Match Assignments and Schedule.
 - b. Send a League Match Announcement message to all players/coaches linking to the event page. (1 week before + 1 day before)

Second League Match

1. Update team rankings based on first league match
2. Copy the LM#1 spreadsheet
3. Create an empty scheduling block below the LM#1 schedule. This will become LM#2.
4. Copy teams into LM#2, with same desired criteria in mind, using similar process to LM#1.
 - a. what worked for Bruce in the past was to copy the team info, and then delete what he just moved; more dependable than cut and paste; not sure why
 - b. Color coding will help you avoid same teams playing each other and will tell you which teams have played at home site

Third League Match

1. Bruce usually just updates the #1 team rankings
2. Follow same process as LM#2

Fourth League Match

1. Move the top teams to the championship site. It's best to slightly underload the championship site as there tends to be more close (i.e. longer) matches , and all the teams will typically field boys, girls, and mixed doubles teams.

State Tournament Director Resources

Resources Needed

Technical Support Resources

Registration began to move online through Google Forms + BoloForms Signature add on in 2023, and and embedded Jotform in 2024. Additional work is in progress to continue improving and simplifying the registration process for 2025 and beyond.

Our Website is hosted on Squarespace (does not offer non-profit discount as of 2023)

Our user administration for document and email management tool is Google Workspace for Non-Profits.

Our registration online form is managed via JotForm for Non-Profits.

School Logo and web media is stored on our internal google drive.

Web & Social Media Coordinator Resources

Resources Needed

Site Director Coordinator Resources

Resources Needed

Player Representative Resources

Resources Needed

Sponsorship Coordinator Resources

Resources Needed

League Expansion Coordinator Resources

Resources Needed

Scholarship Committee Chair Resources

Resources Needed

National Tournament Coordinator Resources

Resources Needed

League Historian Resources

Resources Needed

Past Rankings and Results (WIP)

Historical results may be made available on the OHSRL Website. Last year's team ranking results are available on the home page.

More to come... (League Historian, here's your time to shine!)

Team Rankings by Year:

- 2023 OHSRL Season
 - Individual
 - Boys
 - Girls
 - Team
 - Overall
 - Boys
 - Girls
- 2022 OHSRL Season
- 2021 OHSRL Season
- .
- .
- .
- 1995 OHSRL Season