University Heights Community Association March 2017

Jonathan Segal, FAIA
HEAR ALL ABOUT PARK AND POLK

The featured speaker at the March 2nd UHCA meeting will be prominent San Diego architect Jonathan Segal, FAIA. Segal is a nationally recognized, award-winning architect/developer behind Park and Polk, one of the most interesting and exciting new developments currently in the works in University Heights.

Park and Polk, located at 4104 Park Blvd. at Polk Ave., is an eight-story, mixed-use project scheduled to be completed in the fall of 2017. According to Segal and his associates, “The building intentionally reads as three objects broken up and accented by large exterior private decks and glazing. We have utilized fins to create continuity among these three forms as well as diffuse light and create privacy. Typical unit decks range in size from around 80 to 300 square feet and units range from 750 to 1200 square feet.”

In addition, the Park Blvd. frontage will have double rows of trees and commercial spaces, and the Polk side will have a green roof flanked with trees. For those not familiar with the term “green roof,” it is the roof of a building partially or completely covered with vegetation and a growing medium also called a “living roof,” it is the roof of a building partially or completely covered with vegetation and a growing medium called a “living roof,” it is the roof of a building partially or completely covered with vegetation and a growing medium.

Segal has been instrumental in developing the Master of Science in Architecture in systems.

Mr. Robinson is at 3752 Park Blvd., at the corner of Robinson Ave., in Hillcrest. Both are mixed-use, urban infill projects that have done more than just fill in a previously underdeveloped space. They have brought street life and a sense of community to the sites and the surrounding communities, combining ground floor commercial spaces with urban living spaces, both lofts and apartments, located above. Such is the goal of Park and Polk.

Segal, a Fellow of the American Institute of Architects (FAIA), has been awarded six national AIA awards as well as several Orchids from the San Diego Architectural Foundation’s (SDAF) annual Orchids & Onions awards, highlighting the best and brightest in San Diego’s built environment. Just last fall, he was awarded an Orchid for the Mr. Robinson building. For more information on his practice, design philosophy, and current, past, and future projects, visit www.jonathansegalarchitect.com. And be sure to come to the March 2nd UHCA meeting! —Philip J Gill

LOOKING AHEAD
The UHCA meeting on Thursday, April 6, 2017, will feature a presentation and discussion of the Community HousingWorks (CHW) project at Texas and Howard Streets. CHW and the San Diego LGBT Community Center (The Center) recently held a groundbreaking ceremony for the highly anticipated North Park Senior Apartments, San Diego’s first LGBT-friendly, affordable senior housing community, located at 4200 Texas St, San Diego, CA 92104. See www.chworks.org and www.thecenter.sd.org for more detail on this project.

TIPS FOR DEALING WITH THE ISSUE OF HOMELESSNESS

Homelessness is an extremely complex social problem that impacts the quality of life in our community. There are no easy solutions. The SDPD and elected officials in the County and City recognize that there is a fine line between homelessness as a social issue and as a criminal issue. Many homeless are on the street because of substance abuse, mental illness, or both. Often the disorder issues associated with homelessness are criminal in nature but difficult to enforce. To assist the City and County to provide better service to this at-risk population, the SDPD has created the Homeless Outreach Team (HOT). The team consists of police officers, County Health and Human Services specialists, and psychiatric clinicians from the Psychiatric Emergency Response Team (PERT), a private nonprofit organization. The HOT is available to assist the community with homeless-related issues. Its phone number is (619) 446-1010.

Although being homeless is not a crime, many kinds of public conduct are illegal and should be reported to the SDPD. These include being intoxicated, loitering, prowling, fighting, trespassing, aggressive panhandling, soliciting, urinating/decrementing, consuming alcoholic beverages in certain public places, camping or sleeping in parks, littering, obstructing sidewalks, living in a vehicle parked on a public street, disturbing the peace by loud and unreasonable noises, using offensive words, behaving in a threatening manner, and more.

CITIZEN’S ARREST
Because many of the crimes involving homeless people are misdemeanors, a police officer can arrest a person only if the offense is committed in his or her presence. However, a person who witnesses the (Continued on page 4)
Join today and be part of the team! The success of the UHCA is largely dependent upon the volunteer efforts of area residents.

Plan and oversee various events
· Write articles, take photos, or sell ads; these are just a few of the many
· Join your neighbors to keep UH safe.
· Help exceed goals for 2017 membership and meeting attendance.
· Help deliver newsletters to UH residences and businesses.
· Activities / Neighborhood clean-ups / Newspapers Website / Community areas / Beautyful UH / And more

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Opinions expressed in articles of the UHCA News are those of their authors and do not reflect those of the newspaper or the University Heights Community Association (UHCA).

Published 10 times per year by the University Heights Community Association. We welcome articles, letters, and announcements about issues and events relating to University Heights. The deadlines for submissions is the 8th of the month. Email submissions to uhcanews@yahoo.com. We retain the right to edit submissions for style and content.

Zone Watch Coordinators manage an email list of participants wishing to receive crime watch information. For questions or for more info, contact either your zone’s coordinator or Nan McGraw.

CLIP & RETURN TO: UHCA P.O. BOX 33032, SAN DIEGO, CA 92163

Now pay your dues or donate online at www.uhsd.org.

LOVE UNIVERSITY HEIGHTS? BECOME A MEMBER TODAY!

Your donation and membership goes toward:
Activities / Neighborhood clean-ups / Newspapers Website / Community areas / Beautyful UH / And more

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GOLDEN OSTRICH:
Mary “Mike” Rybarczyk, Jeanne Hall & Karen Watts

HOUSEHOLD:
Jim Scargrim, Sharon Ritchie & David Morgan, Mary Elaine & Louis Bisconti, Beth Jaworski & Doug Grojdan, Judy Kay & Weston Rübbe, Benjamin & Mona Burke, Jeffrey Johnston, Priscilla & Terry Dickson, Steve Shia & Margo Wood, Bradley Whitehead & Lemuil Salao, Christine O’Connor, Michele Morgan & Steve Winchell

BUSINESS MEMBERSHIP:
Chuck Mitchell: Bear Hair by Chuck
Yedid Becker: Como Se Dice? Translation Agency

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SAN DIEGO REGIONAL TRANSPORTATION STUDY

As you may be aware, the San Diego Association of Governments (SANDAG) is inviting households in San Diego County to participate in a study about their travel activities. Participants will be asked to use a smartphone app to answer questions about their daily trips, such as how they travel, the purpose of their trips, and how much it costs. Information gathered through this study will help SANDAG understand local transportation needs and plan for future improvements.

SANDAG needs your help to spread the word to your communities. To get a complete picture of travel practices throughout the region, we hope invited households will participate. The more data we receive, the better we can plan for future transportation needs. We would appreciate it if you would encourage people who received an invitation to participate. We’ve prepared a few materials to help you spread the word. They can be found on our website.

For more information about the San Diego Regional Transportation Study, please visit sandag.org/study. If you have any questions, please feel free to contact the San Diego Regional Transportation Study Team. —Adapted from SANDAG

IN CASE YOU MISSED IT

At our February meeting, as a warm-up to our keynote speaker, community volunteers updated attendees on a variety of issues.

Sean Redmond, executive director of Stonewall Citizens Patrol (SCP), reminded us not to leave anything visible in parked cars because it invites crime. SCP is an all-volunteer group that patrols Hillcrest, University Heights, and North Park. SCP creates a visible deterrence and acts as the eyes and ears for the SDPD and the neighborhood. SCP has 25 volunteers and looks to expand.

Rod Girvin, head of UHCA’s Beautification Team, had the honor of announcing the Lights in the Heights award winners. Each of the nine winners received a beautiful UHCA award.

Rod Girvin, MaryBeth Chruden, and UHCA’s Trash Angels are keeping our high-traffic areas clean, along with many other cleanup efforts. We are so fortunate to have selfless neighbors who beautify our surroundings.

Save the Date! On April 20, 2017, UHCA will sponsor a celebration to commemorate the 20th Anniversary of the University Heights sign on Park Blvd. Park & Rec on Park Blvd. has volunteered their space for the celebration.

Ron Roberts has been on the San Diego County Board of Supervisors for many years and will remain on the board for two more years. Dianne Jacob is the new County Board of Supervisors’ Chair. The TellUsNow app can be used to report problems to the county.

Brittany Bailey reported for Third District City Councilmember Chris Ward, who has been in office for about 6 weeks.

Tony Ramos reported for State Senator Toni Atkins. Toni, who serves on the Rules Committee, the Transportation and Housing Committee, and others, is working to get more money for affordable housing.

Ashley Campbell reported for Congresswoman Susan Davis and handed out a newsletter.

Jill Briggs Campbell, team leader of Friends of Trolley Barn Park, reported that she is looking for volunteers to work on trees and benches, among other issues. She received $1000 from Chris Ward’s office for movie nights in the Park.

UHCA’s keynote speaker for the meeting was Brandon Butler, staff attorney for the Legal Aid Society of San Diego’s Fair Housing Center. Brandon gave an informative presentation regarding fair housing issues under both federal and California law. The federal Fair Housing Act, which prohibits discrimination based on race, color, gender, religion, national origin, familial status, or disability, covers housing. Under California law, anti-discrimination housing laws also prohibit discrimination based on age, sexual orientation, gender identity, gender expression, marital status, source of income, arbitrary status, and ancestry. Only 20 states have similar LGBTQ protections. Legal Aid represents the public on fair housing issues free of charge and acts as the fair housing police to make sure that housing is available to everyone regardless of status. —Kurt Hermansen, Secretary, UHCA

UPCYCLED BANNER TOTES

I have been designing street pole banners in University Heights for about three years now. In this short time we have accumulated close to 250 banners. Of those, about 80 are date and event specific. They cannot be reused and are piling up in our installer’s warehouse. And although they are like my children to me — in fact, I got up in the middle of the night to see the first set of banners go up on Washington and Park Blvd – by 2016, they were starting to look more like orphans no one wants.

I started researching into what could be done with vinyl banners and avoid having them wind up in a landfill. Just about this time California passed Proposition 67 ratifying Senate Bill 270 outlawing simple use plastic bags. The answer was simple. Make them into some sort of reusable tote. I was not familiar with the term “upcycling” until now, basically taking something of little value and making something worth more. It’s a new name for an old idea. Repurposing. Like making a quilt from old fabric scraps or a drinking glass from an old mason jar or wine bottle.

We now have what is arguably the greenest possible tote bag available. Each pair of upcycled UHCA banners yields five tote bags. They are handmade right here in San Diego. No recycling pollution. No greenhouse gas emissions. No shipping thousands of miles from overseas like the trendy eco totes for sale in upscale shops and grocery stores. Just some thread and a hang tag. Plus, these are far heavier, and cooler looking and can be used almost anywhere. At $49 they are not the cheapest bag, but remember each one is handmade here in San Diego. To me, this alone is worth the price. Don’t forget these are my children getting cut up into five tote bags a pop.

BECOME A FRIEND OF TROLLEY BARN PARK

The Friends of Trolley Barn Park (FOTBP) are looking for volunteers for several upcoming initiatives. Third District Councilmember Chris Ward’s office has generously agreed to donate funds toward three movie nights and FOTBP needs folks to help organize the events, secure sponsors, and help out the night of the events. A second group is needed to prioritize maintenance and improvements at the park and to organize a community cleanup and beautification day. Finally, FOTBP needs community input and help in coordinating resources to address problems with vagrancy and potential drug abuse at the park. These are all great opportunities to make a concrete difference in your neighborhood and all are welcome!

Please contact friendsoftbp@gmail.com and follow us on Facebook at Friends of Trolley Barn Park. —Jill Briggs Campbell
Great news! Because of the amazing support of 3rd District City Council Member Chris Ward and his staff, University Heights has been allocated $9,000 to fully fund the installation of new Neighborhood Watch signs in our community. The money will cover the cost of new signs, poles, and installation to replace 60 old, faded signs in our neighborhood. It truly took a village to get the funding approved. Our graphic designer, Paul Farris, created various designs. Then an UHCA committee selected finalists from the designs, which were placed in the UH News for community input. A final design was then selected and approved. The new signs must be installed this fiscal year, so be on the lookout for them. We hope the city will give priority to the signs that show the greatest age and damage, such as the faded, bent, antique, graffiti-covered sign at the southeast corner of Madison and New York. If you know of other dilapidated signs that should be given priority, please email UHCA Secretary, Kurt Hermansen, at kdh@habeaskurtus.com. In addition to Nan McGaw and others who help make this achievement possible, many thanks must go out to UHCA President Carol Neidenberg for making our dream of receiving funding for this important community project a reality. And, of course, thanks to Chris Ward and his staff! —Kurt Hermansen

**IMPORTANT UPDATE! NEW NEIGHBORHOOD WATCH SIGNS, SOON A REALITY**

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**TIPS FOR DEALING WITH THE ISSUE OF HOMELESSNESS**  
(Continued from page 1)  
offense can make a citizen’s arrest by doing the following:  
• Call the SDPD and provide details of the offense. Call 911 if it is an emergency; that is, if the crime is in progress or about to happen and involves serious personal injury, property damage, or property loss. Otherwise call 619-531-2000 or 858-484-3154, the SDPD non-emergency numbers.  
• When an officer arrives to take physical custody of the suspect, sign the arrest form stating that the officer was committed in your presence and that the officer is lawfully making the arrest. You must also be willing to appear and testify in court.  
• You do not have to physically take the suspect into custody. For your safety, such action is discouraged by the SDPD.  

**AVOIDING PROBLEMS**  
The following tips will help you avoid problems with homeless people:  
• Talk to the SDPD Community Relations Officer (CRO) in your area about any problems with homeless people. It is recommended, fill a Letter of Agency with your local Area Station. This letter authorizes the SDPD to enter your property to investigate suspicious activity and to arrest people who are trespassing or committing a crime. A copy of this form can be downloaded from the FORMS section of the City of San Diego website. Note: The form must be renewed every six months. SDPD Area Station addresses and phone numbers are listed under “In Your Neighborhood” on the City of San Diego website.  
• If you do fill a Letter of Agency, you should also post No Trespassing signs stating that a Letter of Agency has been filed with the SDPD. Give the address of the property, the name and phone number of the property owner/ manager, and the non-emergency SDPD phone number to report suspicious activities (619-531-2000). The signs should be at least 18 by 24 inches, have a font visible from the nearest public street, not be accessible to vandals, and be posted at the entrances (spaced evenly on the boundaries) of the property. A sample sign is also available in the “Forms” section of the City of San Diego website.  
• Avoid confrontations and maintain a safe distance. Use caution is dealing with the homeless.  
• Do not offer food or money. It may encourage more panhandling. If you are inclined to help the homeless, it is better to contribute to local charities, missions, food banks, or social service organizations that assist the needy.  
• Do not permit anyone to camp or loiter on your property.  
• Do not allow anyone to store shopping carts, bedding, or other personal belongings on your property.  
• Restrict access to sidewalk overhangs, alcoves, or other areas protected from inclement weather.  
• Lock or remove handles from water spigots.  
• Keep trash dumpsters locked when not being filled or emptied.  
• Secure outside storage sheds or containers.  
• Keep or turn off exterior power outlets.  
• Lock gates after hours.  
• Install motion-activated exterior lighting after hours.  
• Trim landscaping to eliminate hiding places.  
  o Canopies of mature trees should be maintained at least 8 feet above the ground.  
  o Bushes should be trimmed to less than 3 feet except where privacy or environmental noise mitigation is a primary concern, or where higher plants would not block any views/ lighting/camera coverage or provide hiding places.  
• Keep property free of trash, litter, junk, etc.  
• Use graffiti-resistant paint or anti-graffiti coatings on the sides of the building and any other design features that could be vandalized.  
  o The San Diego Park and Recreation Dept. specifies the use of Vandal Guard Ten Non-Sacrificial Anti-Graffiti Coating with a three-coat system by RainGuard International or the equivalent on park furnishings and buildings.  
  o Additional protection can be obtained by planting vines and bushes along the sides of the buildings to keep vandals away from the walls and cover areas that might otherwise be vandalized.  
• Report graffiti and other vandalism, and clean up promptly after the officers have taken pictures.  
• Design public amenities to discourage misuse. For example, shape benches and other seating to be comfortable for sitting but not for sleeping.  
• Keep plants at sidewalk level. If raised planter boxes are used, the sides should be at least 4 feet high or their tops should be uncomfortable for seating. By making the boxes very narrow and allowing plants to grow over them, it will make them less desirable.  
• Establish, post, and enforce rules of conduct for public use of private property. Include signs of nighttime curfews and prohibitions of loitering, illegal lodging, drinking, alcoholic beverages, and drug activities. The signs should state that persons engaged in prohibited conduct will be asked to leave the property and that failure to cease the behavior or leave the property will result in a call to the SDPD.  
• Install surveillance cameras to cover public areas. Have security personnel monitor these cameras and ask persons engaged in prohibited conduct to leave the property. Security personnel should also patrol the property at random times.  
• If security personnel are not available or if it is not practical to monitor the cameras all the time, install video analytics or intelligent video software in your camera system. It will alert you when something suspicious occurs. Lights could be turned on at night when motion is detected, and audio announcements could warn trespassers that the police would be called if they do not leave the property immediately.  
• If signs are posted stating that security or surveillance cameras are installed and the cameras are not monitored all the time, the warning should also include that caveat. This is important in keeping people from having a false sense of security and expecting help in the event they are attacked.  
If you have an emergency, dial 9-1-1. To access 9-1-1 from a cell phone or outside San Diego, dial (619) 531-2065. For 24-hour non-emergencies, dial (619) 531-2000 or (858) 484-3154.  
Adapted from the City of San Diego Official Website  
https://www.sandiego.gov/police/services/prevention/tips/homeless
OPEN HOUSE SAN DIEGO
Save the Dates: March 25-26

It is impossible not to notice all the new construction going on in San Diego these days, not just in our community of University Heights, but all across the city and county. So do you ever wonder what it’s like inside some of those buildings, who designed them, and what kind of innovative design is being used that is making San Diego a rising star on the design world’s map?

Well, here’s your chance to get a tour of some of San Diego’s most interesting and innovative buildings. This year’s Open House (OH) San Diego, March 25-26, is brought to you by the San Diego Architectural Foundation (SDAF; sdarchitecture.org), which brings us the annual Orchids & Onions Awards and the annual Context forums. This year’s OH San Diego will focus on four of the city’s neighborhoods that are currently undergoing the most intense development: Downtown, Bankers Hill, the East Village, and Barrio Logan. The SDAF website lists the buildings on this year’s tour, which include examples of innovative new construction, exciting adaptive reuse of existing structures, and the preservation of important historic buildings.

OH is a worldwide program that started in London in 1992 as “a way for residents and visitors alike to experience the personality of a city as well as learn about its history and design.” San Diego is the only OH city in California, and only one of three cities in the U.S. participating in this program. New to this year’s program is a lecture series on smart growth, sustainability, public infrastructure, the repurposing of existing buildings, and historic preservation.

This is the second OH San Diego event. The first was a pilot of the concept in October 2015 that attracted more than 1200 attendees. The SDAF says it expects twice the attendance this year. The event is free, but you must register ahead of time to attend. For more information, locations, and tickets for the event, go to the SDAF website at sdarchitecture.org.

—Philip J. Gill

MARCH 2017

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<tr>
<th>SUNDAY</th>
<th>MONDAY</th>
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<td>26</td>
<td>27</td>
<td>28</td>
<td>1 Ash Wednesday UHDC Meeting 26 4452 Park Blvd., #152, 6:30 pm</td>
<td>2 UH Rec Council Meeting Birney Elem. School Lib., 5:30 pm</td>
<td>3 The Point Cleanup 1:30 – 3:30 pm (Golden Gate between Rhode Island &amp; Delaware Sts.)</td>
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<td>5 Hillcrest Farmers Market Lincoln &amp; Cleveland 9 am–2 pm</td>
<td>6 Purim Daylight Savings Time Begins</td>
<td>7 Uptown Planners Mtg Joyce Beers Uptown Center, 8 pm</td>
<td>8 Friends of the Library April Deadline</td>
<td>9 Friends of the Library Lunch at the Library Lib.</td>
<td>10 St. Patrick’s Day</td>
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<td>12 UH Rec Council Meeting Birney Elem. School Lib., 5:30 pm</td>
<td>14 Hillcrest Town Council Joyce Beers Center, Uptown Complex, 6:30 pm</td>
<td>14 Friends of UH Library Meeting UH Library, 6:30 PM</td>
<td>15 Library Task Force UH Lib., 5:30-7:30 pm</td>
<td>16 Curbside Recycling &amp; Yard Waste Collection</td>
<td>17 Preview Book Sale</td>
<td>18 Friends of the Library Book Sale 11 am – 5 pm, UH Library</td>
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<tr>
<td>26 Hillcrest Farmers Market Lincoln &amp; Cleveland 9 am–2 pm</td>
<td>27 UH Branch Library will be closed Feb. 27-Mar. 10 for tech upgrades.</td>
<td>28 Curbside Recycling &amp; Yard Waste Collection</td>
<td>29 UH Book Club &amp; Salon UH Library, 6:30 pm</td>
<td>30 Curbside Recycling &amp; Yard Waste Collection</td>
<td>31 Curbside Recycling &amp; Yard Waste Collection</td>
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We begin with sad news. Once again, five of our sponsor banners were stolen from the Park Blvd. fence at Meade Ave. These banners honored generous donors who each gave more than $1000 to support the Friends of Alice Birney Elementary and Birney’s world-class International Baccalaureate program. Their donations provide Spanish, art, and garden instruction for our more than 560 students. We are crushed to see these signs stolen a mere few weeks after their placement. This is the second time our signs have been stolen. A police report was filed, but any leads regarding this incident can be sent to AliceBirneyFriends@gmail.com. We appreciate the vigilance and support of the University Heights community in keeping our school vandalism free.

In happier news, Birney is excited to participate in Run for the Green on March 17. With statewide educational budget cuts looming next year, this fundraiser becomes more important than ever in funding Birney’s award-winning IB program. Run for the Green makes it possible for Birney to offer art, foreign language enrichment, and our unique garden program to every student. This celebration of health and wellness allows our students to garner sponsorship for the laps they run on the day of the event. Go to FriendsofAliceBirney.org to make your donation and help keep this world-class program in University Heights. Finally, Birney will be celebrating the beginning of our spring break by attending the San Diego Gulls vs. Bakersfield Condors hockey game on March 25 at the Valley View (Sports Arena) Casino Center. The UH community is welcome to attend. Tickets are $20. Come out and enjoy a fun game with our families. Order forms are available in the Birney main office.

—Kim Schultz

Not too late to support 6th Grade Camp!
For years almost every 6th grade student in San Diego Unified attended 6th Grade Camp, but a few years ago this wonderful program fell victim to district budget cuts. For Roosevelt students, the Roosevelt PTSA now sponsors the trip over Spring Break, and parents need to foot the bill. For 70 years, the Cuyamaca Outdoor School has been offering kids hands-on, curriculum-based lessons in an overnight camp setting aimed at nourishing an appreciation of nature, creating a deeper understanding of science concepts, and providing an opportunity for students to explore their independence in a safe, educational, and fun environment. The cost for this once-in-a-lifetime experience is $350 per student, so only about 20 percent of Roosevelt’s 6th graders will be able to make the PTSA-sponsored trip. If you would like to help make this camp experience a reality for students in financial need, please go to https://www.gofundme.com/RooseveltPTSA6thGradeCamp2017. Your tax-deductible donation to the Roosevelt PTSA will help provide scholarships to students who might not otherwise have the opportunity. Contact 6thGradeCamp@rooseveltptsa.org for more information.

—Laura Dadmun
GARDENING IN SMALL SPACES
A Creative Approach

SoCalUrbanFarms uses commercial and residential vertical towers to grow vegetables by aeroponic gardening. Joe explains that “aeroponic” means that the plant roots don’t sit in water, need no soil, use much less water, grow quickly, and are very sustainable. They also require a lot less work than traditional gardening. Commercial towers, used to grow produce for sale, can hold up to 44 plants, and residential towers, for individual gardens, up to 28 plants. As Joe says, “there is no incest with plants,” and various types of vegetables can be grown in the same tower.

Joe gave me a tour of their farm, and I was amazed by the number and variety of vegetables in each of the towers, and by how compact the towers are, and how little space they occupy. Joe is very passionate about this type of gardening, and it shows. He sells his produce to local restaurants, donates lettuce to homeless shelters, and is eager to educate people about this type of gardening. He and Paul hold monthly socials at their home, where they educate groups about tower gardens, and host “salad in a jar” parties. They plan to expand their farm when they add an open air deck on their roof in the near future.

I was very impressed, and I’m not even a gardener! —Jean Rannells

Did you know that University Heights is on Instagram? Yup! You can follow University Heights on Instagram at @UniversityHeightsSD. When you go to the Instagram feed, you’ll find posts that highlight your favorite small businesses, shops, restaurants, and areas in the neighborhood. You may even see one of your neighbors featured in a post!

The University Heights Instagram account aims to keep locals and visitors alike informed about neighborhood events, things to do, places to visit, and restaurants to try. The account showcases all the vibrant people and places that make our neighborhood so great. Because of this, the majority of the images the account shares are taken by community members or visitors. After all, it’s all of you who make University Heights unique and wonderful!

Last month, I started a new monthly series for the Instagram account that highlights small business owners in the community. It featured Matt Sieve, the owner of Madison on Park Blvd. As someone who lives in University Heights myself, I think it’s important to learn about the small business owners who strive to contribute to our community in such positive ways. This month, I’ll be featuring a new interview with a University Heights small business owner, along with community event information and even more photos from community members like you.

Here’s some exciting news: your image could be shared (with credit, of course) on the account! For a chance to be featured, tag @UniversityHeightsSD on any images of the neighborhood that you share on Instagram and use the hashtag @UniversityHeightsSD. So go ahead and give your neighborhood a follow on Instagram and let me know what you think! —Nicolle Soto

Nicolle Soto is a social media manager helping small businesses in San Diego. She can be reached at sotosocialmgnt@gmail.com and found at @sotosocialmgnt on Instagram.

Our University Heights Community Association (UHCA) gets revenue from the sale of UHCA branded T-shirts, ball caps, and tote bags. That revenue used to be limited to the sale of these items at our monthly community association meeting along with various community events like Summer in the Park and the new movie night series. About eight months ago, however, Twiggs Coffee House on the corner of Park Boulevard and Madison Avenue agreed to start selling UHCA merchandise in their store on a daily basis. They display our T-shirts and other items rather prominently behind their counter, which exposes our products to far more people than attend our meetings or might notice our table at an outdoor event. The staff at Twiggs has been great about promoting these items, keeping sales of them separate, and giving UHCA 100% of the money collected. Revenue from UHCA product sales have skyrocketed since they’ve been available on a daily basis at Twiggs, a popular community mainstay.

So a huge Thank You and a Plume to the staff at Twiggs!

Did you know that University Heights is Instagrammin’!
When you walk past the green Craftsman bungalow on Meade Avenue, you are bound to see one of the two, little black panthers that reside inside. Zelda and Zander are the fur children of Jennifer Williamson, the current homeowner.

“I adopted Zelda from the San Diego Humane Society back in 2004,” said Jennifer. “She came in underweight with a passel of kittens that were quickly adopted. However, Zelda was not affected by the pernicious superstition that surrounds black cats,” she continued. “I came upon her five months into her stay at the shelter. We took one look at each other, and she was nothing but good luck since!”

Zander was adopted as a kitten from a Coronado family in 2014. “I misguidedly thought that Zelda would immediately warm to Zander and her latent maternal instinct would spring forth,” said Jennifer. “Such was not the case. Zelda gave both Zander and me the cold shoulder for a good six months as punishment for Zander invading her territory!”

Both cats have unique personalities, according to Jennifer. “Zelda is completely comfortable in a room filled with people and loves to be the center of attention. Zander, on the other hand, hides under the couch,” she said. “However, Zander is the perfect foil for Zelda. He’s not letting her slip into a lazy old age. His energy and desire to tussle really keeps Zelda on her toes!”

Got a pet? Got a story? Want some press for your pet? Send your story and a picture of your pet to Nan McGraw at noncum@aol.com.
Russian/Georgian Cuisine
Restaurant Review

Through several changes of ownership and location, Pomegranate continues to offer delicious, interesting food in an eclectic and quirky setting. When you go, plan to go with a group, as you will be able to taste more of the foods on the menu. Start with the salad sampler platter, a generous selection of a half dozen “salads” that have bold and unusual combinations of tastes. The waitress will instruct you to begin with the more mild salads (carrots, beets, and my favorite, the fresh cabbage), ending with the spicier beans and eggplant. All will surprise your taste buds!

The difference between Russian and Georgian food, I have discovered, is that Georgian fare is often more flavorful, and frequently includes walnuts, either ground or whole, and the famous pomegranate seeds. I think the best thing on the menu is the chicken tabaka, a Cornish game hen flattened and fried until crispy, served with garlic and pomegranate sauce. It’s a large portion, especially on weekend nights. So my suggestion is to carpool, or better yet,Uber or Lyft there!

There are three stew-like dishes on the menu, one with lamb (chashakhlilhi), one with chicken (chakhokhbili) and a vegetarian dish with eggplant, other vegetables, and a unique Georgian seasoning (ajap sandali). They are all wonderful choices and all very different. We have tried various dumplings, and on this last visit had the fried cheburek – yum!

Our waitress brought us 2 wines to taste, as the one we originally ordered was not available. We chose the Georgian wine, and the wine drinkers enjoyed it enough that they were happy that there were designated drivers among us.

A fine choice for an adventurous group, Pomegranate has one big disadvantage – an absence of parking. The area is a dense business / residential zone that until crispy, served with garlic and pomegranate sauce. It’s a large portion, especially on weekend nights. So my suggestion is to carpool, or better yet, Uber or Lyft there!

Pomegranate
2312 El Cajon Blvd
(619) 288-4907
Open Sun-Thurs, 5-10 p.m.; Fri-Sat, 5-11 p.m.
Reservations only for groups of 6 or more

—Andrea Bacal

THE OSTRICH STORY OF UH

Told for 125 years, this tale never grows old. University Heights is one of San Diego’s oldest communities – one with a colorful and exciting history. Our story began in 1888 when the College Hill Land Association subdivided the land that bordered the City Park for the purpose of developing the University of Southern California College of Fine Arts. The lots were sold at “reasonable prices” with part of the cost to go into a college building fund. However, a national recession stopped the construction. In 1888, the land was donated to build a Normal School, a teacher training college.

At the end of North and Adams, the San Diego Cable Railway Company developed The Bluffs, a park that was eventually purchased by John Spreckels just before the turn of the 20th century. This 20-acre botanical garden, Mission Cliff Gardens, was the end of the line for the Spreckels’ owned streetcars and was considered the city’s premier public park. In 1903, the Harvey Bentley Ostrich Farm moved to UH and enjoyed great success because of the popularity of ostrich feathers in women’s fashions. The farm also was open to the public and visitors could ride the birds for a fee. In 1913, a trolley car barn was built next to the farm. It was used for repairs and down time storage until the 1940s, when buses replaced the street cars. From 1949 until 1986, the property was the San Diego Paper Box Company. In 1979, the building was sold and demolished.

Today this historical site is the Trolley Barn Park, a crowning achievement of UHCA. Inspired by the original Mission Cliff Gardens, the park won the prestigious AIA Orchard Award in 1992. One hundred and twenty five years later, UH remains a vibrant neighborhood and the ostrich graces our pages as a reminder of our community’s proud heritage.

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NO ONE KNOWS UNIVERSITY HEIGHTS BETTER THAN WE DO! CALL US TODAY!
GREETINGS, UNIVERSITY HEIGHTS!

We all know that San Diego is growing, and that our housing supply—across all price points—simply isn’t keeping up. My priority is to make sure that anyone who wants to live in our community can find an affordable option to do so, and I’m proud of the commitments we’ve made as a city in our Climate Action Plan to make sure we plan our growth in a careful, environmentally responsible way that respects our community character.

Before entering public service, I was an urban planner focused on environmental impacts of projects and plans. One of the most exciting things about representing District Three is that we will be at the forefront of the city’s efforts to address the housing crisis in an environmentally responsible way. The approaches we develop here to create better housing opportunities for San Diegans and enhance the special character of communities like University Heights will set the example for the city, and I know we’ll do a great job showing what’s possible.

I’m encouraged that there’s a growing movement in the city to change the way we approach housing, and that our housing supply—across all income levels. Now we need to make sure these new units are focused around the transit corridors to allow residents to get around without a car. I’m confident we can do it, especially thanks to the committed current residents who are working to welcome new families to our growing communities.

Closely related, I’m continuing to work on addressing our homeless crisis. It needs a comprehensive response from all levels of government and nonprofit partners, which is why I’m very excited to be a newly appointed member of the Regional Task Force on the Homeless. I’m working with county and elected officials from throughout the San Diego region to better coordinate our efforts not only to provide services, but also to ensure that there’s enough accessible housing to accommodate those transitioning off the streets.

I’m confident that District Three can set a standard for the rest of the city that demonstrates how to incorporate a smart increase in density with the appropriate infrastructure and neighborhood services to preserve our community character and make sure we have neighborhoods that are prepared to welcome new neighbors. Thank you for being partners in that effort, and I hope you’ll be in touch with my office to help achieve our goals for University Heights. If you need any assistance with city services or have ideas you’d like to share, please contact my liaison to the city services or have ideas you’d like to share, please contact my liaison to the community, Brittany Bailey, at (619) 236-6633 or bnbailey@sandiego.gov.

Thank you for the opportunity to serve you at City Hall.

—3rd District City Councilmember

Chris Ward.

LOOKING FORWARD TO SUMMONING YOUR CHARIOT

San Diego Designated As Autonomous Vehicle Testing Ground

In late January, the U.S. Department of Transportation designated the San Diego region as one of ten proving grounds for autonomous vehicles in the nation. Initially, this designation will help local government work with major auto manufacturers and technology companies, including Toyota, Qualcomm, Teradata, and DENSO International America Inc. Together, we will be testing the future on our roads today.

This is great news. We are at the start of a new transportation era. It is tremendously exciting for our region to be part of a national initiative to foster innovations and best practices that will enable the safe deployment of driverless vehicles.

I like to compare what is coming in the next five to ten years to our nation’s evolution from the horse and buggy to automobiles. These new machines will represent a similar great leap forward in bringing about cleaner, quieter, safer, and more efficient forms of transportation.

For a number of reasons, University Heights will experience a quality of life improvement.

For starters, people will realize they need to own fewer cars, so fewer vehicles will be parked on neighborhood streets. As all of us age, new, affordable, convenient transportation options will emerge for trips to the grocery store, a medical appointment, or a game of bridge.

Right now, many of us know neighbors who have been hurt or killed in auto accidents. The number of those accidents will plummet, saving lives and medical costs. Finally, our environment will improve, with far fewer pollutants emitted from these battery-powered vehicles.

This transformative change coming is going to feel a bit disruptive, but we will all work through it together. At the end of the day, when it comes to personal mobility, the 2030s will be the good old days.

—Supervisor Ron Roberts

County Supervisor Ron Roberts represents University Heights as part of his Fourth Supervisorial District. You can follow him on Facebook at Supervisor Ron Roberts, or Twitter at @RonRobertsSD, and at www.RonRoberts.com.
Between the Covers:
What’s Happening at the University Heights Library

New Children’s Weekly Program Schedule
Our Youth Services Librarian will conduct Arts & Crafts for Kids on Saturdays at 10:30 a.m. Morning story time is held every Thursday at 11:00 a.m. Also, join us for Game Club for Kids each Monday at 4:30 p.m. A new Pajama Story Time is now here weekly on Wednesdays at 6:00 p.m. Join us and wear your PJs!

Senior Mobile Tech Lab
Second Friday each month, 2-4:30 p.m. If you are 60 years or older, join us for one-on-one tutoring in the use of your smartphone, tablet, laptop, electronic reader, and so on. Tutors will be on hand with laptops for the public to use. Patrons are also encouraged to bring their own devices to the session. Learn how to send and receive email, surf the internet, use Facebook and other social networks, and more. The program is free. Please Note: Because of the popularity of this program, those wishing to attend the class must sign up in advance by calling (619) 471-2713. This is the number for the agency that provides the tutors, not the library.

The Tech Lab is a service provided by the Consumer Center for Health Education & Advocacy. Thank you, Tech Lab tutors, for the great service you provide!

Friends of the Library Book Sales
Preview Sale for Members Only, Friday, March 17 (4-6 pm). Public Book Sale, Saturday, March 18 (8 am-3 pm). And Bargain Book Sale, Sunday, March 19 (noon-4 pm). Find great bargains on books, DVDs, Music CDs, and vintage vinyl at the Friends of the San Diego Public Library Book Sale. All proceeds for the book sale go to support the Friends of the San Diego Public Library.

Become a Friend of the University Heights Library
If you enjoy the services and programs provided by the University Heights Branch Library, you need to know that our programming depends on the generosity of donations from the community. One of the best ways you can help support the library is to join the Friends of the University Heights Library. For a minimum donation of $10.00 ($5.00 for students and seniors), you can sign up for an annual Friends membership. Just stop in to the branch and ask a staff member for a membership envelope.

Dear Friends,

Thank you for your continued support of the University Heights Library. We are excited to announce that Isabel Schechter will be the new secretary, Isabel Schechter. Many thanks, Isabel!

Our membership is our primary fundraising source, so please join us and become a Friend of the UH Library.

Thank you, Isabel Schechter, Secretary, UH Friends of the Library

SMALL BUT PLUCKY
Friends of the UH Library

Size truly doesn’t count, and the University Heights Library proves it. Our University Heights Library is one of the smallest branches—by square footage—in the San Diego Public Library System. But it’s one of the busiest—by foot traffic—and most active. Just consider some of the programs and events we’ve had over the years, including an annual Christmas workshop and our special event last October to celebrate 50 years of the current, much-used, and much-loved library building on Park Blvd. To continue to do these events, the Friends of the UH Library rely on you, our members, as well as our fellow members of the University Heights community.

That’s why I’m reaching out to you once again as we launch our 2017 membership drive. For those of you who are already members, please renew! And for the rest of those in UH and in neighboring communities, please consider joining.

Membership is a bargain, at $10 per year, $5 per year for seniors. A Lifetime Membership can be had for $200. Membership has its benefits, including admission to the Friday night preview sale every month for our book sale downstairs in the library building. Also, beginning this month, members will receive regular emails updating them on the library’s special programs and events, such as last month’s Zootopia Centennial Celebration and the African Drumming workshop. These email updates, by the way, are thanks to the efforts of our new secretary, Isabel Schechter. Many thanks, Isabel!

Your membership is our primary fundraising source, so please join us and become a Friend of the UH Library.

—Philip J Gill, President of the Friends of the University Heights Library, can be reached at UHFriendsOftheLibrary@gmail.com.

ANNOUNCEMENT: JURIED FINE ART

Fine art juried from artist entries throughout San Diego County will be on display at Gallery 23, Spanish Village, Balboa Park, 10 am-4 pm daily during the entire month of March. The reception for this special one-a-year show is March 3, 5-7 pm. The public is welcome and encouraged to come see some of the best art San Diego has to offer.

The March Book Club & Salon:
American Lightning: Terror, Mystery, the Birth of Hollywood, and the Crime of the Century
By Howard Blum

In American Lightning, Howard Blum brings to life the tragic bombing of the offices of the Los Angeles Times in 1910, a time when Los Angeles was little more than a pueblo and where frontier justice still prevailed. This "national dynamite plot" by two Iron Workers Union leaders was part of a bungled assault on 100 American cities. The relentless pursuit, capture, trial, and punishment of the bombers made a national hero of detective William J. Burns, and entangled the noted crusading defense attorney Clarence Darrow in a reckless, nearly career-ending scheme to bribe witnesses and jurors. Another odd detail of this true-crime narrative is that Burns, a former Secret Service agent and owner of a detective agency, collaborated in his investigation with silent film director D. W. Griffith.

If you enjoy tales of murder, deceit, celebrity, media manipulation, and film as propaganda (the events inspired Griffith to make his ground breaking film The Birth of a Nation), then this book belongs on your bookshelf—but only after it has been read, of course.

Join the Book Club & Salon discussion on Wednesday, March 29, 2017, at 6:30 p.m. The book will be available at the UH Library’s front desk during February/March. New members are always welcome!

UH Book Club & Salon
WEDNESDAY, March 29, 2017 at 6:30 pm
UH Branch Library
4193 Park Boulevard (at Howard Avenue)
(619) 692-6012
4444 North Ave #1 $425,000
2 Bedroom, 2 Bath 913 Square Feet
Newly remodeled front end unit with 1 car garage, 1 assigned space plus 2 tandem parking spots in the driveway. Living room with new stone fireplace and balcony. Modern kitchen with stone floor, recessed lighting and garden window. Walk to area shops and restaurants. A beautiful place to call home.

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