Like other major West Coast cities, San Diego faces two different but related problems: affordable housing and homelessness. Proximity to downtown and its history as a “streetcar suburb” make University Heights a target for increased housing density. The canyons and nearby medical facilities present UH residents with the challenge of reconciling quality of life with the heart-breaking reality of homelessness.

On March 5, at 7:00 pm, at our regular monthly meeting, the University Heights Community Association will offer a public forum on these important topics, with help from a panel of experts: Barbara Janenez, Director of Regional Operations for the county’s Health and Human Services; and John Brady, director of advocacy for the Voices of Our City Choir and a respected voice with lived experience.

On the homelessness front, the good news is a lot of hardworking, knowledgeable, and caring people are on the job. The problems are now better understood, and best practices have been identified. Coordinated planning is in place, and resources are being marshalled. Measurable progress is starting to be made.

However, much more needs to be done, and new problems will arise. If you believe the poor will always be with us and that incompetent bureaucracy is the norm, come to the March 5 meeting to ask your tough questions. If you listen with an open mind, you may just find yourself energized with new hope.

On the affordable housing front, the future of the Ed Center property brings the issue directly to our doorstep. Because the school district owns the land and does not need to make a profit, it can make a significant dent in the lack of moderately priced workforce housing. Yet banal architecture will do nothing to honor this historic site, and the community wants green space. A solution can be found, but only with open minds and informed debate. We hope to see you on March 5.

—William Smith

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—William Smith

Looking ahead

The upcoming UHCA meeting will be

Thursday April 2, 2020

Alice Birney Elementary
Auditorium | 4345 Campus Avenue
6:45 pm Crime Watch, 7:00 pm Meeting

Topic: Help decide where the money goes

UH Infrastructure Discussion

University Heights Community Association March 2020

Housing and Homelessness

Back by popular demand, The UHCA Tag Sale, “The Ostrich Nest,” is here again! You may know it as a garage sale, a yard sale, or even a swap meet, depending on where you grew up. By any name, it’s a great way to sell those used items others could use. This is the place to do it. Our very own community Ostrich Nest right here in University Heights has become an annual event! On Sunday, May 3, 2020, we will be setting up in the Trolley Barn Park to hold the third annual UHCA community-wide tag sale.

The inspiration for this event comes from my early summers in Arlington, VT, where a town-wide sale called Norman’s Attic is quite the yearly happening. The name honors former local resident and iconic artist, Norman Rockwell. Since Norman never lived in San Diego (and most of us don’t even have attic space), we renamed our sale the Ostrich Nest with a nod to our neighborhood heritage and the communal nature of ostriches—they share a nest!

The idea of sharing community brings our UH residents and surrounding neighbors together to sell their stuff at the Ostrich Nest. It is a great way to reuse, renew, and recycle, and maybe find some treasures too. Every penny you make selling is yours, and the money we raise from booth registration will go toward improving the Trolley Barn Park.

Come participate and see what everyone is talking about. Start cleaning out that closet, garage, or storage unit, and register online now for a spot to sell your stuff. For more information and to register, visit our tag sale page on the UHCA website: www.uhsd.org, or email us at tagsale@uhsd.org.

—Julie Rubtchinsky

April: Support Infrastructure Spending in UH

Come to the April meeting to decide how the city should invest in University Heights:

Public Facilities Planning develops policies and allocates funding towards infrastructure, including mobility improvements, parks, recreation, libraries, and fire and police stations.

Pedestrian-related traffic accidents are on the rise in UH. Come to the April meeting to learn about planned traffic calming solutions, including roundabouts, curb bulb outs, stop signs, and speed bumps.

Uptown is already deficient in parks, and high density development is on the way. The Uptown Community Plan requires at least one recreation center in Uptown. How can we fulfill this demand? Would you like to see investment in our local library? Come to the April meeting!

—Stu McGraw

Tag Sale

SUNDAY MAY 3, 2020

Ostrich Nest

Sell your used items at the 3rd annual community yard sale!

More details: www.uhsd.org (click “Events”)
Questions? Email us at tagsale@uhsd.org

We call it a tag sale

Sunday May 3, 2020
CORRECTION

The guitar student pictured on page 9 in our February issue was incorrectly identified as Sean McNeil. The student’s name is Maxim McNeil. We regret the error.

JOIN, RENEW OR DONATE
ONLINE AT UHSD.ORG.

NEW/RENEWING MEMBERSHIP
GOLDEN OSTRICH
Jessica Colombo & Corinna Jeth, Mary Anne Stevens.

HOUSEHOLD

*Indicates extra donation

Volunteer Your Time on a UHCA Committee!

☐ Beautification Team & Planning
Keep UH beautiful

☐ Blockwatcher Help deliver newsletters to UH residents and businesses.

☐ Marketing & Merchandising Promote UHCA via marketing/advertising, visual arts, photography, and product merchandising.

☐ Membership Help meet record goals for 2019 membership and meeting attendance.

☐ Neighborhood/Zone Watch Join your neighbors to keep UH safe.

☐ UHCA News Write articles, edit articles, take photos or sell ads; these are just a few of the many ways to contribute your talent, creativity and energy to our paper.

☐ Program & Events Plan and oversee the various events and general meetings.

UNIVERSITY HEIGHTS BOUNDARIES AND ZONE WATCH

Yard Watch Coordinators manage email lists of participants wishing to receive University Heights crime watch information and updates. Download more on the UH Zone Watch program at uhsd.org or contact your zone’s coordinator, or Nan McGraw.

IVERS HEIGHTS COMMUNITY ASSOCIATION

New Yearly Membership

- $25 Household
- $45 Membership & mailed UHCA News
- $65 Business Membership
- $100 Golden Ostrich

Name:

Business Name:

Address:

City/State/Zip:

Phone:

Email:

Donor

$ Donation for Keeping up the Good Work (Donate as a member or non-member)

Refunded by:

NEW

RENEWAL

University Heights Community Association is a 501(c)(3) non-profit charitable organization. A portion of your membership fee is tax-deductible to the extent allowed by law. For more info, email membership@uhsd.org

CRIME WATCH SIGNS

UHCA installed new signs recently. If you know of an old sign that should be replaced or a location that needs a sign, please email UHCA President Carol Neidenberg at president@uhsd.org.

SLOW DOWN SIGNS

Speeding on neighborhood streets in UH is a chronic problem. Sharing time tips by speeding has small benefits and high risks. Set your alarm clock 15 minutes ahead and slow down.

DISASTER CONTACTS

In case of a major disaster such as an earthquake or fire, have two out of state contacts on speed dial. When the power is off, you can use the phone. Have a backup phone you can plug into a phone jack that you can use for calls.

Crime Prevention Tips

- If all else fails, email Thener@uhca.org at Councilmember Chris Ward’s office.

Paid for with funds from the sales tax increment

UH PHONE BOOK

Emergency • Police • Fire • Medical
Non-Emergency Suspicious Activity, Homeless Outreach Team, etc. Online: non-emergency problems www.sandaigo.gov/get-it-done
SD City Services non-emergency: street lights, pot holes, etc. Online: www.sandaigo.gov/biz/departments
SD City Services emergency Online: www.sandaigo.gov/city-hall/departments

Abandoned Vehicles
Department of Environmental Health 800-252-4613
departments@sdcounty.ca.gov

Graffiti
In Progress Emergency: 911

Streets in UH is a chronic problem. Sharing time tips by speeding has small benefits and high risks. Set your alarm clock 15 minutes ahead and slow down.

Disaster Prevention

- If all else fails, email Thener@uhca.org at Councilmember Chris Ward’s office.

Paid for with funds from the sales tax increment

Paid for with funds from the sales tax increment

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Paid for with funds from the sales tax increment
it’s extraordinary to think that we’ve already in the third quarter of a new year. By the time you read this, The Impeachment Trial and the Presidential Primary Election will be over. Life goes by in the blink of an eye and this year will be no different. I hope that 2020 will be less contentious and divisive than the previous one.

This past year, I’ve learned to celebrate occasions and hold those dear to me very close. I’ve watched people love bravely fight cancer. I’ve listened to people who have lost everything and were forced to live in their cars without resources or hope. I’ve also been to weddings and seen incredible happiness. I’ve watched infants being held by the next generation. I’ve watched people I love die in an instant and this year will be no different. I hope that 2020 will be less blink of an eye and this year will be no different. I hope that 2020 will be less

PRESIDENT’S CORNER
CAROL NEIDENBERG

IN CASE YOU MISSED IT

The Feb. 6, 2020, meeting of the University Heights Community Association (UHCA) opened with President Carol Neidenberg’s welcome and announcements to a crowd of about 70.

• Welcome. Join UHCA!
• Mark your calendars for upcoming events:
  » Tag Sale – 3rd annual: May 2
  » Party on Park (Food Drive April 25, Food from local businesses, 5-6 pm)
  » Movies in the Park: SANDAG grant, 1st movie, May 10
  » UH Branch Library, Elaine Sinsuan, Librarian: February is 50% off museum month; pick up a pass at UH library.
  » Tyler Renner, City Councilmember
  » Chris Ward’s office: Ward is Land Use and Housing Committee chair.
  » Nick Zinter, Supervisor Nathan Fletcher’s office.
  » Jonathon Clark, Congresswoman Susan Davis’ office: New rep introduced himself.

Panel Discussion: Bill Smith introduced the five City Council District 3 candidates and requested short self-introductions.

• Chris Olsen: Lives in community. Independent city budget analyst, so he can be critical of use of funding. Also teaches class at SDSU. Issues: Homelessness: will fund plans to implement solutions, see what have other cities done. Climate action and affordable housing.
• Steven Whitburn: Believes we can solve our problems. Issues: Homelessness, building affordable housing, improving sidewalks and streets from state funding.

RANTS & RAVES

RAIN: NOT EVERYTHING OLD IS GOOD! NOT EVERYTHING NEW IS BAD!

The term “neighborhood character” is too often bandied about in arguments against the inevitability of change in University Heights. If the intent of the term is to describe the small scale and walkable pattern of our neighborhood development, I would agree and would include diversity of style. But the core commercial areas of UH, to me, would be better described as a drive-through zone: gap-toothed and overdue for change. There has been improvement on Park, and we have plenty to anticipate in the form of large scale projects on El Cajon Blvd. near Florida St. & Park Blvd. Some say, “there goes the neighborhood character,” to which I say, “Great!” Those sites had character we can definitely improve upon. Should I miss the overwhelming toilet smell by the billboard bus stop bench? Or the billboard itself, that grand, default gateway to the center of the neighborhood? Or the vast crumbling pavement expanses devoid of vegetation save the odd, tenacious weeds sprouting up from the cracks? I look forward to new lighted sidewalks without trip hazards. And landscaping including street trees. And businesses within walking distance from home, whether part of the actual neighborhood or those that will move in to take advantage of the concentration of new housing. Someday I’ll be happy to miss some eyesores on Adams as well. While some rant about the loss of what is old and familiar, I say, look at our potential! —Mike Burrows

RAVE: THE KINDNESS OF NEIGHBORS IS ONE OF OUR BEST CHARACTERISTICS

I should have renamed my dog, Sable, “Blanche DuBois” because she has always depended on the kindness of strangers. Luckily for her, she lives in UH. When Sable was little, her owner was not the best father, so a neighbor stepped in and fostered the dog. When her mom didn’t make it home from the hospital, Sable needed a new home, which is how she finally came to live with Mike and me. Besides this little dog, the neighbors were also able to find homes for three cats and two birds.

When Sable and I go for our walks, she is greeted by many friends who are still looking out for her. Because of her, I have met and befriended many more wonderful people who also have dogs or who just like dogs. That’s the thing about dogs, they cause us to greet each other, share a few words, and connect more. University Heights is a great place to live, with the best people and the best dogs. (We’ll talk about the owners who don’t pick up their dogs’ poop another time!) —Stephanie Fry

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WHAT’S HAPPENING ON PARK AND EL CAJON BOULEVARD

On Park Boulevard
Check out the beautiful new mural that graces Park Boulevard Foods at the NW corner of Monroe St. and Park Blvd.

On El Cajon Boulevard (ECB)
The Red Fox restaurant’s lease has been extended through March at the Lafayette location. Groundbreaking will begin soon on their new restaurant across the street at the NE corner of ECB and Mississippi.

Have you seen the newly painted house on the SW corner of ECB and Mississippi? Artist Maggie Shen, who painted the house, received permission to showcase her artwork on this house on the SW corner of ECB and Mississippi.

What’s happening on ECB:
Have you seen the newly painted house on the SW corner of ECB and Mississippi? Artist Maggie Shen, who painted the house, received permission to showcase her artwork on this house on the SW corner of ECB and Mississippi.

Other happenings on ECB:
On El Cajon Boulevard (ECB)

1. On Park Boulevard

2. On El Cajon Boulevard (ECB)

3. What’s happening on ECB:

4. Other happenings on ECB:

---Nan McGraw

Editors’ Note: ON THE BOULEVARDS is an occasional feature of the UHCA News that runs when there are items of interest on Park Blvd. and/or El Cajon Blvd. If you are a business owner, shopkeeper, restaurateur, or just a resident of University Heights with an upcoming special event, new menu items, holiday business hours, a remodel, or whatever, please email Nan McGraw at nmcsan@aol.com, using the subject heading On the Boulevards. We will do our best to get you included in the On the Boulevards column in the next or a future issue. Submittal deadline is the 5th of each month for the following month’s publication.

MARCH 2020

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

1

2 Hillcrest Farmers Market
9 am - 2 pm

3 Board of Education Meeting
Emergency Bicentennial Meeting
4 UHDC Meeting
UH Rec Advisory Group Meeting
5 UH Rec Advisory Group Meeting
6

7 Trolley Barn Park Canyon Restoration Event
9 am - noon (bikers welcome)

8 Daylight Savings
Time begins
Spring ahead one hour at 2 am

9 Hillcrest Farmers Market
9 am - 2 pm

10 Friends of UH Library
Board of Education Meeting
Emergency Bicentennial Meeting
11 Beautification Team Meeting

12 Uptown Planners Meeting

13 Carlsbad Recycling & Yard Waste Collection

14 Preview Book Sale (Friends members only)
UH Library, 1 - 6 pm

15 Hillcrest Farmers Market
9 am - 2 pm

16 St. Patrick’s Day
North Park Planning Committee

17 Spring Begins

18 UH Library Task Force Meeting

19 Carlsbad Recycling & Yard Waste Collection

20

21 Book Sale (open to the public)
UH Library, 9 - 3 pm

22 Hillcrest Farmers Market
9 am - 2 pm

23 Bag O’ Books sale (open to the public)
UH Library, 12 noon - 4 pm

24 UHCA News Out

25 UH Book Club & Salon

26

27

28

29 Hillcrest Farmers Market
9 am - 2 pm

30 Cesar Chavez Day
UH Library and County / Park offices closed

31

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If you’re of a certain age, or just a good student of 20th century American history, then you know our current US Head of State isn’t the first one to have an interesting relationship with a Russian leader. Back in 1959, then Vice President Richard Nixon wasn’t so much a pal to Soviet First Secretary Nikita Khrushchev, however, as he was a thorn in the Russian Premier’s side.

Attempts to help thaw the Cold War in the late 1950s included cultural exchanges through which people in the USSR and the US were supposed to learn about each other, leading to less fear and suspicion between our countries. For one such effort, the Soviets set up a “typical” communist home in New York for Americans to learn from, and in Moscow, the US set up a “typical” American home of the sort that, Nixon told Khrushchev, would make America great. Nixon held his own in front of the TV cameras, at turns smiling and joking, then pointing forcefully at his opponent, arguing that the diversity of options in America, and the freedom for people to choose how they would live, was what made America great.

Watched on televisions across the US (and later, in edited form, across the USSR), the debate between these world leaders was coined the “Kitchen Debate” because so much of the argument took place in and about the kitchen of the American model home. Nixon gained greatly in popularity back in the US for his handling of the communist leader. And the sleek, modern table in that model American kitchen wound up back in the family home of the kitchen’s designer, Carl Sandberg of Sandberg Ferar Industrial Design in Detroit. Now, sixty years later, the table lives on here in San Diego, brought here by Carl Sandberg’s daughter, Susan Riley, a retired graphic designer who also happens to be the mother of Sheep Riley, owner of bfd, our popular local deli!

Sheep Riley and his wife and business partner, Laura, had picked San Diego as a place to live and work based on Sheep’s earlier family vacations here. When it came time for Sheep’s parents to relocate from New Jersey as they contemplated retirement, moving to Mid-City San Diego, close to their children’s families and to a wealth of cultural amenities, made great sense. Susan and her husband love that Mid-City amenity so many of us value—the ability to be almost anywhere we want to go within 15 or 20 minutes. They’re particularly fond of Balboa Park and all it has to offer. Susan’s work as a docent for the Mingei Museum, teaching and learning alongside a cadre of dedicated and talented volunteers, has enriched her time here in San Diego. It has also allowed her to serve the community, particularly the scores of school kids who tour the park’s museums each day, which brings her great joy.

And that sleek, modern table over which Nixon and Khrushchev debated the relative merits of their countries’ economic systems? From Moscow to the Riley family’s Detroit-area kitchen, to New Jersey, and finally San Diego—including a 2018 stint on the PBS Antiques Roadshow filmed in Coronado—the “Kitchen Debate” table now graces the home of Susan Riley’s daughter in San Marcos.

Whether made of Formica and steel, solid oak, or something else, most kitchen tables have seen a family debate or two among the occasional celebrations and quotidian comings and goings of daily life. But the Riley family table’s fine Mid-Century design, and the personal and historical events embedded in it, certainly make the table an extraordinary piece of furniture indeed.

—Judith Annicchiarico

[Editor’s note: “Meet Your Neighbor” is a relatively new feature for the UHCA News. If you know an interesting neighbor we should profile, please let us know at uhcanews@yahoo.com.]

*HISTORY-MAKING KITCHEN TABLE SETTLES IN SAN DIEGO*
**RESTAURANT REVIEW**

**YIPAO COFFEE RETURNS TO UNIVERSITY HEIGHTS**

The beloved, bright yellow coffee trailer that called the corner of Madison and Park home for nearly a year suddenly closed in December. The Columbian coffee-roasting company, Yipao, had cultivated a loyal clientele who came not only for caffeinated beverages, but also for the colorful patio and friendly faces. Many of us worried: Was this it for Yipao?

Thankfully, the beloved coffee vendor and its caffeinated beverages will return to University Heights with a new, permanent residence. Yipao owners Jairo and Maria Antonieta are excited about their new space allowing them to grow their business. “Our long-term vision is...to serve the best fresh, specialty Colombian coffee with our very own coffee roaster, an extended menu, specialty Columbian coffee with our very own coffee roaster, an extended menu, and its caffeinated beverages will return to University Heights with a new, permanent residence.”

Yipao will return to the neighborhood soon, very close to the old Madison Ave. spot.

That’s right. They will be taking up permanent residence on the first floor of Kairoa Brewing Company. At the time of publication, the official start date was February 15, pending receipt of the appropriate permits and licenses.

This isn’t the first collaboration for these two local businesses. Yipao cooperated with Kaiora on what they called the Tweaky Buggah, “a golden coffee blonde brewed with Yipao coffee in nitrogen.”

Many details regarding this exciting new alliance are still in the works, but University Heights residents can call themselves pretty lucky with artisanal coffee and locally crafted beers all in the same place. And we can all breathe a sigh of relief that Yipao isn’t gone for good. Yipao plans to keep its original coffee and beverage menu, to expand its special drinks menu, and to add a new pastry section with vegan options. Yipao will be open from 9 am to 5 pm. Patrons can either enjoy their coffee with ample seating or grab it to go. Plus Yipao coffee will accompany weekend brunch at Kaiora.

Until their re-opening, Yipao lovers can order beans from the coffee roaster’s website yipaco coffee.com and use the promo code UHSD for free shipping to their door. Order beans from the coffee roaster’s website yipaco coffee.com and use the promo code UHSD for free shipping to their door.

**PET OF THE MONTH**

**HANGING WITH MR. COOPER**

Hi, my name is Cooper! I’m a 9-year-old Yorkshire Terrier with a ton of spunk! Yes, the rumors are true. I’m small in size, but big in personality. I’m sure you’re not fooled by my daintiness. I’m feisty, at times bossy, protective, and I sometimes have a big-town attitude.

In my nine years, I have lived in La Jolla, CA; College Station, TX; Mansasquin, NJ; and Hoboken, NJ. And now I live in the beautiful, hidden gem of University Heights! In my travels, I have picked up a lot of nicknames, all of which I respond happily to! Coop, Coops, Coopy, Coopy Lou, Coopy Babies Coop a Loop, and Mr. Cooper.

I was born in Temecula, the Wine Country of Southern California, on April 15, 2010, in a litter of three. A real tax baby! I’m pretty sure that’s why my mom chose me. Not the taxes part, but for her love of wine. I’m a true Aries, just like my mom. We like to be number one and we are bold, energetic, and loyal. I also am a great watchdog.

When I finally arrived home at Windansea, the small pocket of La Jolla, we moved to College Station, Texas, so that my dad could pursue his MBA. Go, Aggies! After he graduated, we made our way to good ole Hoboken, NJ, where I was enrolled in a Doggie Daycare, also known as Linda’s Little Rompers. It was in Hoboken where I discovered my love for “fresh moos.”

During my daycare days, I made lots of little friends, which is why, if you know me, you know I bark a lot. I picked up a lot of habits, both good and bad. I get excited easily and I’m fearful of big dogs, but don’t be fooled by my bark. I’m very friendly and I love people they are my favorite.

I love to give kisses, especially to my dad at night. I guess you could say I have a nightly routine. Once everyone is in bed, I kiss my dad’s face clean. He loves it! I’ve been doing this for nine years. It started off as a way to not sleep in my crate at night because my mom had rules. No animals were allowed to sleep in the bed. Good thing I implemented the face kissing or else I would probably still be sleeping in a crate.

While I was in Hoboken, I quickly figured out that I hate the cold weather, and I’m not a fan of doggie daycare. After a long 4 and 1/2 years, my wishes finally came true, and it was back to America’s Finest City. I couldn’t be happier!

Once we bought our home in University Heights, I was determined to get my picture in the paper. It was a long wait, but totally worth it. If you see me walking around with my mom on Lincoln, Maryland, and Johnson or running around in my yard, please say hello. I may like you but as my mom says, I can’t make any promises. I love the spotlight, have tons of energy, and enjoy small dogs.

I’m too young to have an Instagram account, but if you’re curious what I’m up to you can follow my hashtag #cooperkight.

---Justine Hall

---June 2020
Students at Roosevelt Middle School have a new after-school enrichment program that started the first week of February. This new Running Club is led by veteran PE teacher, Coach Sean Sand, a passionate lifelong runner. The club brings together 30 sixth, seventh, and eighth graders who are excited about self-improvement and exercising. They meet once a week after school to work on their running skills. Students will log their total mileage, learn techniques to improve their running form, increase their overall endurance, and shorten the time it takes for each runner to run a mile. Coach Sand adds, “Besides running once a week, we will aim to participate as a club in some local 5Ks. Both runner and family participation will be encouraged!”

The running club is so popular that they have a new after-school enrichment program that started the first week of February. This new Running Club is led by veteran PE teacher, Coach Sean Sand, a passionate lifelong runner. The club brings together 30 sixth, seventh, and eighth graders who are excited about self-improvement and exercising. They meet once a week after school to work on their running skills. Students will log their total mileage, learn techniques to improve their running form, increase their overall endurance, and shorten the time it takes for each runner to run a mile. Coach Sand adds, “Besides running once a week, we will aim to participate as a club in some local 5Ks. Both runner and family participation will be encouraged!”

Enrichment Programs available to students. Students currently have the opportunity to select from Guitar, Yoga, Chess, Public Speaking, Movie Making, Engineering, Dance, Piano, Keyboard, Running, Spanish, Drawing, Soccer, and Robotics! These unique, wonderful programs inspire students to explore new interests and build new skills. We would like to extend a huge thank you to our awesome neighborhood Big Give sponsors: UHCA, Mission Hills Nursery, Cal Community Mortgage, Realtor Mary Anne Stevens, Realtor Monique Motley, Pemberly Realty, Millberg Orthodontics, Financial Alternatives, KGTY, Lennar, Twiggs, and Cal Coast Credit Union. We are extremely appreciative of their generous support of our Birney Bees!

More Buzz about our exceptional teachers, written by Birney parents:

“Mr. Peterson takes the time to have each third grade class come to his room and learn to sing as a chorus while he plays piano. At the assemblies at the end of each trimester, the entire third grade sings for the parents. I love that Mr. Peterson brings his talents for music to the entire third grade.”

“Coach Lord has made wellness an integral part of the culture at Birney! The running club is so popular that they often have over 100 kids lined up for the timed mile before school. Her P.E. classes are filled with music and games and the kids have so much fun they don’t even realize they are exercising. She is positive, encouraging, and upbeat, and remarkably knows the names of most of the 560 plus students at Birney!”

“Coach Peterson brings a talent for music to the entire third grade.”

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In addition to programs during regular school hours that build the social, intellectual, and physical strengths of our students, we also have an incredible variety of After School Enrichment Programs available to students. Students currently have the opportunity to select from Guitar, Yoga, Chess, Public Speaking, Movie Making, Engineering, Dance, Piano, Keyboard, Running, Spanish, Drawing, Soccer, and Robotics! These unique, wonderful programs inspire students to explore new interests and build new skills.

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PARTY PARK APRIL 25 • 5-8PM • UH RESTAURANT WALK & MUSIC

Park Blvd from Meade to Adams Ave featuring tasty treats, including food and drink samples, and/or discounts on food, drink and merchandise with $20 wristband. Kids under 12 free. Merchants include: BFD / Big Front Door Cecilia’s Fine Jewelry • El Zarape • Kairoa • Madison • Meraki Café • Muzita Abyssinian Bistro • Original Skin & Body Care Park & Rec • Parkhouse Eatery • Pemberly Realty • Plumeria • Pop Pie Co • Red House Pizza • Summer’s Market Stella Jean’s Ice Cream • Twigg’s Bakery & Coffeehouse • Yipao Coffee • Music: Billy Watson & His International Silver String Submarine Band • Fast Heart Mart Trio • Ticket Sales and More Information at UHSD.ORG

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THE UH BRANCH LIBRARY

BETWEEN THE COVERS

The UH Library would like to announce the San Diego Public Library’s series of youth events entitled “Spring Into STEAM: Go Wild!” The San Diego Public Library is partnering with local science, technology, engineering, arts, and mathematics experts and organizations focusing on the rainforest. Different types of science-focused programs for kids between the ages of 9 to 12 years old will take place at all library locations between March and May 2020. Participants will earn a paw print on their bookmark for attending each different workshop. After earning three or more paw prints, students may return their bookmark to their local library to claim a pair of Go Wild binoculars. Check out www.sandiego.gov/steam for more information.

FEATURED PROGRAMS

- Spring Into STEAM’s Go Wild with Zovargo. Tuesday, Mar. 17, 3:30-4:30 pm. Get ready to Go Wild as you discover some of the beautiful animals that make up the rainforest. Learn what we can do to help these animals that are in danger of extinction. Ages 9-12.
- CalFresh Workshop. Monday, Mar. 16, 9:30 am-12 pm. Apply for nutrition benefits (CalFresh) with Feeding San Diego.
- Silhouette Studio. First Thursday of each month (Mar. 5), 3:30-5:30 pm. Blend technology with arts and crafts with the use of Silhouette Studio and the Cameo 3 Cutter. Open to ages 12 and up.
- Morning Story Time: Thursdays at 11 am.
- Arts & Crafts: Saturdays all day.
- Fun Learning: Saturdays, 2-4 pm. For kids 4th to 6th grade. Join our teen volunteers who want to share their love for learning. Participate in fun projects.
- Mental Health & Homeless Outreach. Mondays from 10 am to 12 pm. NAMI’s Connection 2 Community will be on site to provide resources and information.

As a reminder, the library will be closed on Tuesday, March 31, for César Chávez Day.

REGULARLY SCHEDULED PROGRAMS

- NAMI: First Thursday of each month (Mar. 5), 3:30-5:30 pm. NAMI is an organization that helps people manage their mental health through support and education. The San Diego Public Library is partnering with local NAMI chapters to offer support services to the community.
- Connection 2 Community: Saturdays all day. Connection 2 Community is a program that connects community members with resources and information.
- CalFresh Workshop: Monday, Mar. 16, 9:30 am-12 pm. Apply for nutrition benefits (CalFresh) with Feeding San Diego.
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UH BOOK CLUB AND SALON

MAKE TROUBLE

STANDING UP, SPEAKING OUT, AND FINDING THE COURAGE TO LEAD

BY CECILE RICHARDS

From protesting the Vietnam War in seventh grade to her years as the president of Planned Parenthood, Cecile Richards recounts how she became an activist fighting for women’s rights and social justice. She credits her progressive parents, Ann Richards, the former Governor of Texas, and David Richards, a landmark civil rights attorney, for raising her to question authority and fight to make a difference in people’s lives. To a certain extent, the memoir serves as a remembrance of her late mother, whose influence as the straight-talking, truth-telling governor is threaded throughout the chapters of her daughter’s story.

Richards’s championing of workers’ rights for janitors and health workers and protests against voter restrictions eventually placed her in Washington, D.C., working for House Speaker Nancy Pelosi. But it is her work as president of Planned Parenthood that brought her to national attention. In 2018, she stepped down after serving twelve years in that role.

After years of progressive leadership, Richards shares her story for the first time. Her narrative gives readers front-row seats to key events in recent history and will inspire them to stand up, speak out, and lead.

Join the Book Club & Salon discussion. New Book Club members are always welcome! The book will be available at the UH Library’s front desk during March.

UH BOOK CLUB & SALON

Wed. March 25, 2020, 6:30 pm
University Heights Branch Library
4193 Park Boulevard (at Howard Avenue).
619-692-4912

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FRIENDS OF THE UNIVERSITY HEIGHTS LIBRARY

Please support your local library and its Friends group any way you wish. Contact us at friendsoftheuhlibrary@gmail.com. Our next meeting is Tuesday, March 10, at 6 pm, at the UH Library. As always, thank you for your continuing support of our branch library. We really appreciate it.

—Maureen Markby, President, Friends of the University Heights Library

The Friends of San Diego Public Library is a California Tax Exempt Non-Profit Corporation under IRS 501(c)(3). FEIN: 95-3313747. Tax deductible membership dues and donations may be matched by the City of San Diego and used to support programs and purchase books, material and equipment.

The UH Branch Library is a proud member of the University Heights Community Association.

Volunteer, Donate, Sponsorship opportunities available.

---Elaine Sinsuan, Branch Manager, University Heights Library.
619-692-4912 for any further questions.

Please check our Facebook page and online calendar or give us a call at 619-
692-4912 for any further questions. Thank you from everyone at the Uni-
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—Elsie Simunek, Branch Manager, University Heights Library, 619-692-4912, sandiego.gov

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versity Heights Library.
The ten street lights along the east side of the Vermont Street Pedestrian Bridge use low-pressure, sodium, yellow-color lamps. These lamps are less than half the brightness of other acorn-style street lights in the city, such as those just south of the bridge. This creates a safety issue in crossing the bridge during early winter mornings and at night. Many University Heights residents have requested that the City of San Diego replace that lighting with a better alternative.

The desired solution is to change the lighting to a brighter, white-color light, with down-oriented fixtures, which focuses the light where it’s needed and avoid night sky pollution. Examples in the city of better acorn-style, brighter-white lighting exist in Balboa Park along the east end of the Prado and the street next to the Natural History Museum; along the west end of El Cajon Blvd.; and at the County Center/Little Italy trolley station.

The University Heights Community Association is advocating with city representatives to improve the lighting on the bridge. Although the city has said it will investigate the situation, it has not yet been willing to set a date when that will occur. In addition, it has, without justification, quoted costs at five times that paid by other cities that have done this same task.

Safety concerns should be taken seriously by the city, to prevent unnecessary injury and to avoid the associated costs of resulting lawsuits.

If you want the city to expedite this process, please contact Chris Ward’s office at 619 236-6633, or Tyler Renner at trenter@sandiego.gov, and ask that the city make this a high priority. Every additional request will make a difference. Thank you for helping to improve University Heights.

— Sol Schumer, UHCA Beautification Team Member.

The University Heights Recreation Council is requesting that the comfort station being proposed for Old Trolley Barn Park (TPB) be put on hold and that the city consider community input, from both the property owners who abut the park and the University Heights neighborhood that the park serves.

Hundreds of thousands of scarce dollars have been allocated for a study of the idea (not including actual building/maintenance) while a long list of already prioritized capital improvement projects go unfunded. A restroom was removed from the list several times previously, and going back to the creation of TPB, the neighborhood was solidly in agreement that there would be no permanent bathrooms in the park if and when a park was established.

Because TPB is a small neighborhood park that services the residents within one-quarter of a mile, as opposed to a larger community park, UH residents made clear that any addition of a permanent public restroom in the park would be unacceptable. At several public meetings, a number of residents reiterated their concerns and provided photos of four poorly maintained park restrooms in the city: North Park Community Park, Mission Hills Pioneer Park, Ward Canyon Park, and Presidio Park.

Councilmember Chris Ward’s representative confirmed that strong opposition to the comfort station proposal would result in the City abandoning the project so that funding could be reallocated to other projects.

— Stu McGraw (stumcgraw@gmail.com)
Our County is once again making history by forging partnerships to build a better way for behavioral health services in San Diego. Tackling our County’s behavioral health challenges by investing in an integrated, coordinated, regional system of care is our single highest priority. To this end, we are working to ensure that care providers communicate with one another so that the clients’ best interests are at the forefront of our service delivery system.

Last year, we announced that the dilapidated county-owned property at 4307 Third Avenue in Hillcrest would be transformed into a Central Region Behavioral Health Hub, a world-class facility dedicated to providing clinical and psychosocial care services. We are now making strides to make this vision a reality. In January, we formalized a historic partnership with UCSD Health to operate jointly at the Hub, ensuring an informed and client-centered approach to meeting each individual’s clinical and psychosocial needs.

We are also developing an Accelerated Connections to Treatment (ACT) for Homeless programs, which will connect hundreds of unserved individuals struggling with Substance Abuse Disorder (SUD) directly with the resources they need. The ACT program will help over 450 homeless people who cycle in and out of our County Psychiatric Hospitals get off the streets and connected to long-term treatment.

To keep up with the latest developments on our behavioral health initiatives, visit www.SupervisorNathanFletcher.com/BetterWayBHS, or check out #BetterWayBHS on social media.
Canyon Craftsman in South Park!

1428 Bancroft Street  $1,149,000
3 Bedrooms 2½ Bathrooms  1,624 Sq Ft
Gorgeous Craftsman home completely remodeled in 2015 with original charm and comforts of today’s lifestyle! Formal living and dining areas, fireplace, and beautiful plank flooring throughout. Modern kitchen and family room with vaulted ceiling are flooded with light and serene canyon views. Master BR retreat and both bedrooms also boast lovely canyon views. Great indoor/outdoor living with 2 decks and a large tiled patio and terraced backyard. New central A/C and freshly painted interior! Great location, near Balboa Park, and many South Park restaurants and shops.

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