

NEXT UHCA MEETING

ZOOM VIRTUAL MEETING
THURSDAY, SEPTEMBER 3

WELCOME BACK
VISIT UHSD.ORG
FOR UPDATES



3



CITY DRAFTS NEW PARKS PLAN COMPLETE RESTRUCTURING OF FUNDING AND GOALS

You may, or may not, have heard about a major change that the City of San Diego is making in how it plans for parks, the first complete rethinking of our parks planning in nearly half a century. Under the “Complete Communities: Play Everywhere” initiative, it proposes to completely rethink parks in San Diego.

The City posted the initiative on its website (www.sandiego.gov/parks-master-plan) and in May and June, solicited public comment. Unfortunately, because of the COVID-19 restrictions, the University Heights Parks & Recreation & Open Space Advisory Group (UHPROSAG), our community’s voice to the Parks & Recreation Department, has not had live meetings since March, and was thus not able to formally present its input. When the city announced a council committee hearing about the plan, UHPROSAG joined with the Community Planners Committee to request that the process be slowed to allow for more public input, especially from the councils and committees that the city recognizes as the “voice of the community.”

At a high level, the proposed Parks Master Plan would do the following:

- Change the standard for city parks from 2.8 acres per 1,000 people to a new points-based system of 12 points per 1,000 people
- Award points based on activities and amenities in a park, not just the amount of acreage that a park contains
- Change the way Development Impact Funds (DIF) are allocated from requiring that they be used in the community impacted, to a new City-wide Park Development Impact Fee where all fees would be pooled and allocated by the City as it deems fit

As an example of how the new points-based system will work, a new .5 acre mini-park is currently being constructed in North Park behind the Observatory Theater. North Park is extremely deficient in park space according to



Rendering of NP mini park

continued on page 4

CRISIS RESOURCES

IF YOU OR A LOVED ONE NEEDS HELP, CALL:

- Assistance with food, housing, financial, utilities: 211sandiego.org
- Mental health and suicide support & help: San Diego County’s “It’s Up 2 Us”: up2usd.org or call 1-888-724-7240
- National Suicide Prevention Lifeline: free and confidential crisis counseling 24/7: 1-800-273-8255

IN THIS STRESSFUL TIME, MANY PEOPLE AND ORGANIZATIONS WANT TO HELP.

CALL A NEIGHBOR, FRIEND, OR ONE OF THE ABOVE NUMBERS.

WE CARE ABOUT YOUR WELFARE.

STAY TUNED!

NOMINATIONS AND ELECTIONS FOR UHCA BOARD OFFICERS ARE COMING UP. HAVE A NOMINATION? SEE PAGE 4 FOR DETAILS.

WWW.UHSD.ORG

MEET YOUR NEIGHBOR

ROXANNE AND PEMBERLEY REALTY

Roxanne and her team at Pemberley Realty Group have been a part of the University Heights neighborhood for 20 years! It all started in the year 2000 when Mom, Mahin, told her two daughters, Sanam and Roxanne, to find her a gift shop if they wanted her to move to San Diego from New York City. They found the gift shop at 4546 Park Blvd., which grew into Cafe Caspian. Today, that tiny space houses Bahn Thai.

Sanam were supporting Pemberley by hosting happy hours, sending open house trays, and throwing yearly parties! But after 19 years of feeding the neighborhood healthy, delicious, and nutritious food, Mom decided to retire, and Sanam decided to pursue a career in physical therapy.



Roxanne Govari

At that time, the family was commuting from Rancho Penasquitos to run the cafe. The long hours of running a business gave the women the idea of buying a house in the neighborhood. Roxanne found a FSBO (for sale by owner) in Normal Heights on 33rd street, and that was her introduction to real estate. In 2003, she led the family through another real estate adventure by moving the cafe across the street and building Soltan Banoo Restaurant.

Pemberley Realty joined forces with Compass to form Pemberley Realty Group of Compass. The family was wondering what to do with the beloved space where Soltan Banoo used to be. Suddenly, it occurred to mom that there was a way to keep the legacy going, and she said, "Move your real estate office in here so we can continue being a part of the community."

In 2006, Roxanne opened the doors of Pemberley Realty’s boutique office at 4637 Park Blvd., right next door to Soltan Banoo. All the while Mom and

So that was how the beautiful space at 4645 became the new home of Pemberley Realty Group. After COVID, we

had to move our happy hours on-line and keep our community together virtually. Pemberley Realty Group continues to serve the community by doing a great job for those who choose us as their real estate professionals. Thank you, University Heights, for your support.
 —Roxanne Govari

LOOKING AHEAD

UPCOMING MEETING: THURSDAY
OCTOBER 1, 2020, 6:30 PM

TOPIC: MAYORAL CANDIDATE FORUM
BARBARA BRY AND TODD GLORIA
DETAILS TBA IN OCTOBER UHCA NEWS

MEMBERSHIP

JOIN TODAY AND HELP MAKE A DIFFERENCE! OUR SUCCESS IS LARGELY DEPENDENT ON VOLUNTEER EFFORTS FROM AREA RESIDENTS LIKE YOU.

JOIN, RENEW, OR DONATE ONLINE AT UHSD.ORG.

Clip & Return to: UHCA PO BOX 33032 San Diego, CA 92163



NEW MEMBERS & RENEWALS

GOLDEN OSTRICH
Sheila Moss, William & Patricia Wild, Grant Wilson & Kenneth Griffiths

BUSINESS

Electric Tiger Tattoo, 4107 Park Blvd.; Joseph Brady: Urban Coast Properties; Lisa Getz: Original Skin & Body Care, 4416 Park Blvd.

HOUSEHOLD

Taylor Gray, Carol & Michael Shear, Alicia Winqvist, Isabel & Scott Schechter, Bev & George Skinner, Phil Patterson, Jeffrey Johnston, Russ Sperling & Gus Pagsanjan, Lynne & Jim Manner, Layla & Rolf Hains, Pam Isaacs, Scott Nespor, Carl Latkowski, Thomas Harrison, John Venekamp & Clifford Schireson, Michelle Livermore, John Ross, Priscilla & Terry Dickson, Sal Usman & Bill York, T. O'Rourke, Bill Pierce & Renee Carnett, Guido & Tara Hamacher, Peter & Sally Flournoy, Jeannie Hine, Mykl Parsons, Rachel Bowdon

OUR MISSION

The University Heights Community Association (UHCA), founded in 1983, is a 501(c)(3) nonprofit, member-supported community association dedicated to improving the quality of life and the sense of community in San Diego's University Heights.

Yearly Membership

- *\$25 Household
- *\$75 Business Membership
- *\$100 Golden Ostrich
- *\$20 Add UHCA News Delivered Via USPS to your Membership

Name _____
 Business Name _____
 Address _____
 City/State _____ Zip _____
 Phone _____ Email _____
 Referred by _____
 NEW RENEWAL

Donor

\$ _____ Donation for Keeping Up the Good Work (Donate as a member or non-member)

Volunteer Your Time on a UHCA Committee!

- Beautification & Planning** Keep UH beautiful.
- Blockwalker** Help deliver UHCA News to neighborhood residences and businesses.
- Marketing & Merchandising** Promote UHCA via marketing/advertising, visual arts, photography, and product merchandising.
- Membership** Help meet record goals for membership and meeting attendance.
- Neighborhood/Zone Watch** Join your neighbors to keep UH safe.
- UHCA News** Write articles, take photos, or sell ads; these are just a few of the many ways to contribute your talent, creativity, and energy to the UHCA News.
- Program & Events** Plan and oversee the various events and general meetings.

A portion of your membership is tax-deductible to the extent allowed by law. For more info, email membership@uhsd.org



UHCA NEWS

EDITORIAL BOARD Maureen Markey, Nan McGraw, Judith Annicchiarico

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Published 10 times per year by the University Heights Community Association. We welcome articles, letters, and announcements about issues and events relating to University Heights. The deadline for submission is the 5th of the month. Email submissions to uhcanews@yahoo.com. We retain the right to edit submissions for style and content.



UHCA OFFICERS

PRESIDENT
VICE PRESIDENT Maureen Markey
SECRETARY Peter Rose
TREASURER Stuart McGraw

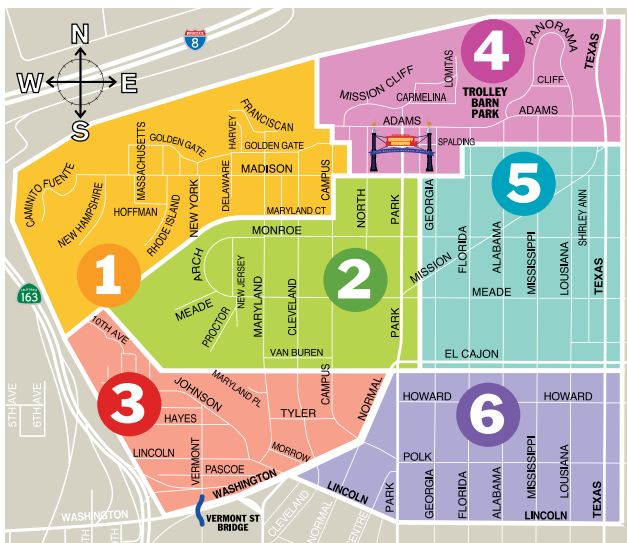
WEBSITE uhsd.org



FACEBOOK /universityheightscommunityassociation

INSTAGRAM /uheightscommunitysd

UNIVERSITY HEIGHTS BOUNDARIES AND ZONE WATCH



Zone Watch Coordinators manage email lists of participants wishing to receive University Heights crime watch information and updates. Download more on the UH Zone Watch program at uhsd.org or contact your zone's coordinator or Nan McGraw.

- 1 Nan McGraw** nmcsan@aol.com
- 2 Pam Isaacs** pamisaacs1@gmail.com
- 3 Mary Lange** mlangeuhcazone3coordinator@gmail.com
- 4 Christopher Hutchinson** christopherhutchinson@hotmail.com
- 5 Tamara Zyhlyj** tamara@tamarazrealestate.com
- 6 Nan McGraw** nmcsan@aol.com



CRIME WATCH SIGNS

UHCA installed 60 new signs in 2016. If you know of an old sign that needs replacing or a location needing a sign, please email UHCA President Carol Neidenberg at president@uhsd.org.



SLOW DOWN SIGNS

Speeding on neighborhood streets in UH continues to be a problem. Shaving time off trips by speeding has small benefits and high risks. PLEASE SLOW DOWN!

UH PHONE BOOK

Emergency • Police • Fire • Medical	911	Narcotics Suspicious drug house / anonymous	619-531-2468
Non-Emergency Suspicious Activity, Homeless Outreach Team, etc. Online: non-emergency problems: www.sandiego.gov/get-it-done	619-531-2000	Retired Senior Volunteer Patrol (RSVP) Vacation home security check, welfare of home-bound, patrolling business districts, homeland security support	619-692-4945
SD City Services non-emergency: street lights, pot holes, etc. Online: www.sandiego.gov/city-hall/departments	619-527-7500	SDPD Community Relations Officers: David Surwilo (dsurwilo@pd.sandiego.gov)	619-692-4858
SD City Services emergency Online: www.sandiego.gov/city-hall/departments	619-527-7500	SDPD Western Division 5215 Gaines Street	619-692-4800
Alert San Diego Reverse 911 notification to mobile phones for emergencies requiring evacuations www.readysandiego.org/alertsandiego/		Shopping Cart Pick-Up Service	800-252-4613
2-1-1 San Diego Free Resources: COVID-19, CalFresh, Medi-Cal, Covered California, etc.	211 or 858-300-1211	Stonewall Citizens Patrol	sredmond@stonewallcitizens.org
Abandoned Vehicles	858-495-7856	Suicide Prevention	888-724-7240
Alice Birney Elementary Office	619-497-3500	UHDCD University Heights Community Development Corporation	619-297-3166
Animals / Non-Emergency	619-767-2675	University Heights Public Library 4193 Park Blvd	619-692-4912
Brush and Weed Abatement	619-533-4444	UH Zone Watch Coordinator Nan McGraw nmcsan@aol.com	619-260-0668
Code Violations	619-236-5500	Graffiti: In Progress Emergency: Report Online: apps.sandiego.gov/streetdiv/ email photos: Graffiti Hotline:	911 cericson@pd.sandiego.gov 619-527-7500
COVID-19 City of San Diego Daily Updates	www.sandiego.gov/coronavirus	SD Vector Control mosquitoes / ticks / rats Online: vector@sdcounty.ca.gov	858-694-2888
COVID-19 California Daily Updates	www.cdph.ca.gov	https://getitdone.force.com Download this app for reporting non-emergency problems in the city like potholes, graffiti, etc.	
COVID-19 County of San Diego Daily Updates	www.sandiegocounty.gov/coronavirus	If all else fails, email TRenner@sandiego.gov at Councilmember Chris Ward's office.	
COVID-19 National Daily Updates	www.cdc.gov		
Crime Stoppers Tip Line	888-580-TIPS (8477)		
Department of Environmental Health Public Health/Rats/Rodents	858-694-2888		
Downed Power Lines / SDG&E	800-411-7343		
Emergency Water / Sewer Repair / Sink Holes	619-515-3525		



DISASTER CONTACTS

In case of a major disaster, have two out-of-area contacts handy. When the power is out, landline phones may not work. Make sure your cell phone is charged. Call 211 for updated information.

PRESIDENT'S CORNER FAREWELL

CAROL NEIDENBERG

At the beginning of the stay at home order, I made a promise to myself that I would walk every day. My walks have led me to say how impressed I am with our neighborhood, which is filled with friendly and kind people. So many have redone their landscaping – from the beautiful tomatoes on Madison, to the freshly painted condos and homes on North and Golden Gate Streets, to welcoming front lawn signs. I've watched my neighbors' houses being transformed with new paint schemes, solar panels, and makeshift playgrounds. Walking through the streets of UH, I meet new puppies and I also see so many more people biking.

Sadly, many places remain closed so I'll give a shout out to the inventiveness of some of our local businesses. Twiggs, for example, offers delicious comfort food twice a week; Cueva Bar & Café makes a refreshing sangria in plastic recyclable pouches (perfect for social distancing picnics in the Trolley Barn Park); and Small Bar, Madison, and Park & Rec are expanding into the street. Whatever you can do to support the small businesses in UH will help them remain in business throughout the uncertain months ahead.

For almost four years, I've been President of UHCA and last month I stepped down. Although it was not a walk in the park, I cannot say enough about the hundreds of volunteers who make this community the best. I've met so many neighbors while walking that I feel like Mr. Rogers, so I will borrow one of his sayings to wrap up this column:

"We exist in a world that requires collective responsibility. It's easy to say, 'That's not my kid, not my neighborhood, not my world, or not my problem.' Then there are those people who identify the need and respond. I consider them my heroes."

If Mr. Rogers was still with us today, I'm sure he'd remind everyone to stay safe, and wear a mask when they're outside so all of us can remain healthy.

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MY DANCE WITH COVID-19

By March, I had already been sick for months. I was sleeping 16-hour days, constantly out of breath, and I wasn't eating. My taste was gone. I was living on 7 UP and an occasional cracker. My sense of smell was gone. The coughing and wheezing were so bad that all I could do was vomit bile. I was sometimes so delirious with fever my whole body would shake; and I would get dizzy, barely able to walk to the sink to throw up again. I finally went to the ER in the middle of the night when I couldn't stand it any longer. I don't remember getting out of the Uber. My mind was going in and out of awareness, and I was confused.



John's lungs

phone aside, and said, "You are a very lucky young man. If you hadn't come in when you did, you would've been dead by Sunday." His words were chilling and sobering, and I will forever be grateful for his excellent care.

Since then, I've had three CT scans to manage the progress. The spot that formed on my left lung is shrinking, and my last video chat with my pulmonary doctor was very positive. My Covid-19 test was also positive, as I had tested a false negative when I first arrived in the ER. My lung X-ray shows how intrusive this disease can be. The white masses that had spread from one lung to the other should not be there.

I woke up on the 10th floor at UCSD, in an isolation room, and two days later my Covid-19 test came back negative. I was moved out of isolation and into another room where I had 4 IVs in both arms and more than a hundred blood draws. I was diagnosed with double pneumonia (DP), but I had a strange blood infection that puzzled the doctors and wasn't consistent with DP. I had a two-hour bronchoscopy surgery during which my lungs were flushed with salt water, scraped, and tissue was taken and biopsied for cancer. No cancer.

The last day of my hospital stay, my doctor came into the room and sat next to me. He took off his glasses, put his

It's been five months since my dance with Covid, and I'm feeling better. I have strange side effects that for now I just have to live with: body aches, vertigo, head fog, malaise, and night sweats, to name a few.

I understand that wearing a mask isn't ideal. Let's face it. It sucks! But for those who insist on defying the mandates of public health, if you don't want to do it for yourself, maybe do it for your kids, your spouse, your grandparents, or just mask up for your fellow humans. We can get through this, but we all have to do it together. Stay safe out there, my friends. – John Hensley

RESIGNATION AS EDITOR OF UHCA NEWS

This issue of the UHCA News is my last one as Editor of the newspaper. I took on the position of principal editor four years ago, shortly after I retired after nearly 50 years in my three careers: first, as an English teacher; then as a practicing attorney; and finally, as a law professor.

I have really enjoyed the time I have spent as an editor, particularly getting to know so many of the wonderful people who constitute this terrific neighborhood we call home. My husband Peter and I moved to UH in 1987 and it was one of the smartest things we ever did! We immediately became involved in the neighborhood and UHCA and soon thereafter, on the UHCA board. In the time we have lived here, I have served in every UHCA elected office except treasurer, all of them multiple times; and Peter has served in all of them except VP, again multiple times. We quickly became convinced that this is indeed a special neighborhood, unlike anything we had experienced elsewhere in San Diego. And we still believe that.

We all know that it takes an entire team to create a successful, quality

newspaper. I want to thank my two dedicated co-editors, Nan McGraw and Judith Annicchiarico, for the countless hours they have spent to make this paper great. I also appreciate all the willing and talented writers and photographers who have contributed so much to the paper. And, of course, I cannot forget our valued Art Director, Luisa Davila; our graphics magician, Paul Farris; our pick-up and sorting team, Ron Oliver, Brent Orlesky, and Stu McGraw; and our dynamic group of 60+ blockwalkers, who hand deliver this paper to 5000 residences, businesses, and neighborhood kiosks 10 times a year.

I encourage all of you who love this neighborhood as we do to get involved in keeping it the best place to live. Your contributions of your time, your expertise and skills, and/or your financial support are all deeply appreciated. You can contribute as little or as much as you are comfortable with. I may be retiring from the UHCA News, but we will of course remain in UH. There is simply no better place to live in San Diego. Thank you for helping to make it so.

—Maureen Markey, Retiring Editor, UHCA News

PET OF THE MONTH

ZELDA

There is a small, black cat living her best life in University Heights. Meet Zelda May Bishop, also known as Grammakitty, who will turn 80 years old in cat years (16 in human years) in September 2020. Adopted as a 1-year-old stray by her mother Jennifer back in 2004 from the San Diego Humane Society, she had entered the shelter with a litter of kittens. All the other kittens were adopted, but Zelda remained in the shelter for five months waiting until exactly the right cat mom came along.



Zelda the cat

It was clear the minute I laid eyes on Zelda that she had found her forever person. She looked at me, rolled over and let me give her a nice, long belly rub. I've been rubbing that furry belly ever since.

Zelda's secret power is turning the most avowed cat hater into an instant fan. With her larger than life personality, silky black fur, and deep love of all humans, her fan base is deep and wide. And if you think turning 16 has slowed her down any, think again. Zelda still manages to show her much younger brother Zander (by 10 years) who rules the household and she wins every tussle, every time! —Jennifer Bishop



University Heights Resident

- Purchases
- Refinances
- FHA and VA

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Loan approval is not guaranteed and is subject to verification of specific information that is requested at time of application. Specified rates may not be available for all borrowers. Rates subject to change.



SEPTEMBER 2020

Note: Dates & times subject to change due to COVID-19.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 UPTOWN PLANNERS TBA (uptownplanner.org)	2 UHDC MEETING 6:30 pm (on Zoom) (619-297-3166)	3 UH REC COUNCIL 5:30 pm (on Zoom uhdsd.org) UHCA MEETING 6:45 pm (on Zoom uhdsd.org)	4	5 TBP Canyon Restoration Event Trolley Barn Park 9 am Volunteers Appreciated! Oct UHCA News Articles Due
6 HILLCREST FARMERS MARKET 9 am - 2 pm	7 LABOR DAY CELEBRATION	8 Board of Ed Public Mtg 4100 Normal St. 5 pm Hillcrest Town Council: TBA (hillcresttc.org)	9	10	11 PATRIOT DAY REMEMBER 9-11 Curbside Recycling & Yard Waste Collection	12
13 HILLCREST FARMERS MARKET 9 am - 2 pm Grandparents Day	14	15 North Park Planning Committee 6:30 pm (on Zoom) (northparkplanning.org)	16 No UH Library Task Force	17	18 ROSH HASHANAH Sundown Friday, Sept. 18 – Sundown Sunday, Sept. 20	19
20 HILLCREST FARMERS MARKET 9 am - 2 pm	21	22 Oct UHCA News Out Autumn Begins Board of Ed Public Mtg 4100 Normal St. 5 pm	23	24 Curbside Recycling & Yard Waste Collection	25	26
27 HILLCREST FARMERS MARKET 9 am - 2 pm YOM KIPPUR Sundown Sunday, Sept. 27 – Sundown Monday, Sept. 28	28	29	30 NO UH Book Club & Salon contact Ernie: 619-297-3166	31		

SAN DIEGO Restaurant Week
Sept 27-Oct 4 | 2020

The Annual San Diego Restaurant Week returns Sunday, September 27 through Sunday, October 4 for a delicious dining experience! With more than 180 participating restaurants offering prix-fixe menu options throughout San Diego County, you're sure to find the perfect place to satisfy any craving. sandiegorestaurantweek.com



Wear a Mask!
The scientific evidence is clear: not only does a mask help you keep from unknowingly spreading COVID-19, but masks also help keep you safe as well.



The 39th annual Adams Avenue Street Fair featuring 100 musical acts on seven stages. 10 a.m. to 10 p.m. Sat. Sept. 26, and from 10 a.m. to 6 p.m. Sun., Sept. 27, 2020 in Normal Heights. The event also features beer gardens and tastings, carnival rides, festival foods and 300 arts and crafts booths. adamsavenuebusiness.com

YOU ARE THE GLUE THAT HOLDS THIS NEIGHBORHOOD TOGETHER

The University Heights Community Association was established nearly 37 years ago, all because of a park. That is our beloved Old Trolley Barn Park. Since that time, year in and year out, UHCA has continually published and hand-delivered some type of print vehicle for keeping the neighborhood informed. It started with a single-page news flyer; then became a multi-page, black and white newsletter; and finally morphed into our 12-page, full-color, award-winning newspaper, the UHCA News.

Because of the Covid-19 virus, we have been unable to generate our usual income that supports publishing the UHCA News. Events such as the annual Tag Sale, the Party on Park, merchandise sales, and Movies in the Park, which we typically rely on to generate the extra income we need, had to be canceled this year. Would you help us out by either renewing your

membership or becoming a member? Thank you for your consideration. — Nan McGraw



CITY DRAFTS NEW PARKS PLAN COMPLETE RESTRUCTURING OF FUNDING AND GOALS

continued from page 1

the 2016 community plan, with just 16.37 acres of park space (0.22 acres per 1000 population, compared to the 2.8 standard). With the new points system, this mini park will score 10 points, or nearly the same number of points as the 3.6-acre Elizabeth Rabbit Neighborhood Park in Del Mar.

During the City Council Public Safety and Livable Neighborhoods Committee meeting on July 14, the proposal was moved forward to the full City Council without recommendation, and a community online forum was quickly put together on July 15.

Your UHPROSAG is advocating for more local voice in how our existing parks are funded and improved, and how new

parks are created. With the anticipated amount of development and the number of new residents coming into University Heights in the months and years ahead, we believe parks and open space are an important positive element to our community, and we will advocate strongly for them. Until the voice of the community is heard, we are asking that the City Council not move forward with this plan. Watch this space for more information, and please get involved with UHPROSAG to make sure your voice is heard. We anticipate meetings will be starting again in August, electronically, and we will update the UHCA website and social media with meeting information. All are welcome!

—Marc Johnson, Chair, UHPROSAG

FIRE SEASON SAFETY TIPS

YOU KNOW THE DRILL. NOW DO IT!

1. Test smoke alarms/change batteries.
2. Have a family escape plan that includes pets, and practice it.
3. If fire occurs in your home, get out, stay out, and call for help (911).
4. Reduce fuel around your home. Create 100 ft. of defensible space.
5. Check American Red Cross website for more info.

NOMINATION PROCEDURES FOR UHCA EXECUTIVE BOARD OFFICERS

1. UHCA BOARD OFFICER POSITIONS AVAILABLE

President: The President is the principal officer. Duties include but are not limited to:

- Preside over all meetings of UHCA and the Executive Board
- Send thank you letters to all speakers and guests of UHCA as appropriate
- Undertake any other duties agreed upon by UHCA and the Executive Board

Vice President: Duties include but are not limited to:

- In the absence of the President, carry out all of the duties and responsibilities of the President
- Oversee membership outreach as needed, at the direction of the board.
- Email reminders to political reps and UHCA email list
- Undertake any other duties agreed upon by UHCA and the Executive Board

Secretary: Duties include but are not limited to:

- Record and maintain minutes of the monthly community meetings of UHCA.
- Record, maintain, and distribute to the Executive Board minutes of the Executive Board meetings including attendance records.
- Maintain an archive of monthly financial reports as prepared by the Treasurer.
- Summarize for the newspaper the minutes of the monthly meetings of UHCA.
- Undertake any other duties agreed upon by UHCA and the Executive Board.

Treasurer: Duties include but are not limited to:

- Receiving all monies to be deposited into a bank in the name of UHCA
- Disburse all funds approved by the Executive Board

- Keep an accurate record of all receipts and disbursements
- Make available a financial report at each regular Executive Board meeting
- Undertake any other duties agreed upon by UHCA and the Executive Board

2. TO NOMINATE A CANDIDATE

Mail: Send a letter to PO Box 33032 San Diego, CA 92163

Email: nominations@uhdsd.org

Zoom: Attend the Sept 3rd virtual community meeting, to nominate via Zoom

Website: Complete the form at uhdsd.org.

3. ALL NOMINATIONS MUST BE RECEIVED OR POSTMARKED BY SEPT 4TH.



The scientific evidence is clear: not only does a mask help you keep from unknowingly spreading COVID-19, but masks also help keep you safe as well. sandiegocounty.gov/coronavirus-uhdsd.org

IT'S YOUR BUSINESS

CLOS WINE SHOP NOW OPEN

Juerie and Paul Masters moved to San Diego last year. After exploring different neighborhoods around town, they decided that University Heights would be the ideal neighborhood to live in and to open their wine shop, Clos, at 4521 Park Blvd. Paul and Juerie come to the business with years of restaurant and wine distribution experience between them. Paul says they picked University Heights for the “village experience” that he and Juerie did not see anywhere else in San Diego.

The shop’s name, “Clos” (pronounced “kloh”), refers to an enclosed vineyard and is sometimes used by wineries, such as Clos du Bois. Paul and Juerie would like to see the shop become a spot in the community where people can meet up and enjoy a glass of wine or take home a bottle. You can even bring in a meal from a local restaurant to enjoy with the wine.

The shop offers Low Intervention wines, which are “clean” wines that come from organic or “do-nothing” vineyards. Clos carries wines from small mom and pop wineries from around the world. Wines are arranged palate style, from lightest to darkest within each varietal, which makes the wine accessible for everybody. In the future, Paul and Juerie would love to offer wine classes that would be informational as well as social. Groups of friends could come in and learn all about the wine that they are tasting and have fun doing it. “No tests at the end,” says Paul.

It was difficult for the business to open during this unprecedented time. Plans and rules changed daily. Paul and Juerie have a great attitude and a great shop with a great vibe. Check them out and toast a great addition to the neighborhood. Cheers, All!
— Erin McDougall



Paul and Juerie Masters from Clos Wine Shop



GARDEN OF EDEN IN UNIVERSITY HEIGHTS

Eden University Heights is all about growth, reflected not only by our newly expanded space but also in the love for plants we’ve cultivated among a community that has welcomed us with so much warmth. We have been at 4636 Park Blvd for nearly three years, and we are excited to continue serving the University Heights community and beyond as our shop grows.

The interior of our plant store doubled in size this past May, offering an expanded selection of houseplants, pots, and garden supplies. Customers also enjoy our selection of macramé, earrings, pins, and stickers—most of which are made locally. Our shop also offers seeds to grow fruits, vegetables, and flowers, as well as potting soil.

In July, we opened a new outdoor nursery area with a variety of succulents, cacti, flowering plants, a large tropical living wall, and a relaxing water feature in a beautiful garden setting. Our goal was to create a park-like environment for the community to

enjoy. With this newly expanded space, we are now a full service plant nursery that offers both interior and exterior plants, pots, and garden supplies, as well as residential and commercial plant design, installation, and maintenance.

Like our sister store, North Park Nursery, Eden University Heights aims to meet all plant parents where they are. Whether you are new to plants or are a seasoned gardener, our knowledgeable staff is available to help you find the right plants, pots, and garden supplies for your space. Whether you are searching for a beautiful houseplant, looking to add a vibrant succulent to your collection, or just looking for some plant therapy, we at Eden University Heights look forward to seeing you enjoy our plant nursery inside and out. Visit us in-store, on Instagram @eden.sd, on Facebook @sandiegoeden, or on our website at www.edengardenhome.com.

— Jeff & Marsi Thrift, Owners of Eden University Heights



Eden plant store

URBAN COAST PROPERTIES, INC.

Urban Coast Properties, Inc., is a premier real estate property management company based here in University Heights. Its principals, Joe Brady and John Henry Winter-Nolte, both San Diego natives, have witnessed the evolution of the local economy and have been excited by the vibrant culture, innovative business, and unique people. Urban Coast Properties prides itself on

We would love the opportunity to assist in property management, leasing, or advisory services. We are a young, motivated company that has built its foundation on transparency, innovation, tenant care, and proactive maintenance. We take pride in approaching everything we do with integrity. We treat every building as if it were our own and all tenants as if they were our only



being a neighbor of the community by both investing in and managing more than 500 units in the area.

We love our neighborhood and most recently revitalized our office location, adding **Fibre, The Venue and Salon,** and **Clos Wine Shop** as tenants. We are proud to support local businesses and look forward to expanding our management portfolio.

customer. By respecting every applicant and tenant, we establish an environment that demands clear communication and mutual understanding. We fill our clients’ buildings with the best tenants in San Diego because we provide our renters modern solutions with old-fashioned authenticity. We look forward to being in this neighborhood for many, many years to come!
—Joseph Brady

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WHO'S GOT THE POWER?

San Diegans pay the highest rates for energy in the State of California, and SDG&E has profited mightily from the fifty-year contract it signed with our city in 1970 giving the company monopoly utility provider access rights until January 2021. As many are aware,

deal with the City of San Diego and has since made billions in profits--\$769 million in 2019 alone, according to their SEC filing.

SDG&E has also paid a yearly franchise fee to the City, which has been passed along to ratepayers in our monthly bills. Profits have gone mainly to stockholders. Some profits have been channeled into charitable giving and to supporting political campaigns and PACs.

A consultant hired by the City argued that our next utility provider (SDG&E or otherwise) should be offered a twenty-year term, for a minimum bid of \$62 million. However, many civic legal experts and environmental advocates argue that any new contract should be for a much shorter term than twenty

“Billions of dollars and the health of our environment are up for grabs as our city transitions from one utility contract to another.”

the City is opening up bidding on a new contract to provide gas and electric power to businesses and residents starting next year.

SDG&E paid \$50,000 for that fifty-year

years and subject to renegotiation and environmental requirements.

These advocates point out that a twenty-year contract would be worth between \$6.4 and \$15 billion (with a “b”) to the winning bidder, making a minimum bid of just \$62 million (with an “m”) for a twenty-year contract another give-away at the expense of taxpayers and ratepayers. SDG&E, on the other hand, has complained that the price is too high.

Besides SDG&E, Berkshire Hathaway and Indian Energy have expressed interest in bidding on the monopoly contract. Another option is municipalization, which environmental and ratepayer advocates prefer in order to keep profits available to the City for providing amenities and services (instead of having to raise taxes) and in order to exercise control over the sources of power we rely on to help meet the City’s Climate Action Plan.

Mayor Faulconer has expressed support for SDG&E, as have some City Council representatives. A number

of Council reps have made specific demands regarding terms they want to see in any new utility contract entered into by the City. As of mid-August, the Council has not agreed on any specific recommendation.

Utility workers employed by SDG&E have been the predominant public voices at Council meetings speaking in favor of retaining our current utility provider. Tax and ratepayer advocates, along with environmentalists, have spoken up against a twenty-year term and against SDG&E as our provider. The City Council will be responsible for ratifying, via a 2/3 super majority, any utility provider agreement the mayor’s office decides on.

Billions of dollars and the health of our environment are up for grabs as our city transitions from one utility contract to another. Will more San Diegans rise up and demand a say in these important decisions? Only the next few months will tell. One thing is certain: citizens’ power over their leadership is useless unless they exercise it – vigorously.

—Judith Annicchiarico

WHAT IS ZONE WATCH? COOKIES WITH THE COPS POSTPONED

UHCA’s annual Cookies With the Cops has been postponed until we are safe from coronavirus. In the meantime, following is a short history of UHCA’s commitment to keeping University Heights residents safe and proactive against crime:

UHCA invented Coffee With the Cops in the 1980s to combat high crime rates in UH by encouraging each block to have a Neighborhood Watch program. Then we realized that what happens on one block affects the adjacent block and so on. So we introduced Zone Watch, which links contiguous blocks within a greater neighborhood. Zone Coordinators notify people within their Zone, by emailed blind copy (bcc), regarding crime stats and other issues affecting that neighborhood.

We sponsored frequent Coffee With the Cops events in the 1980s and 1990s because our crime stats were so high. The stats are much lower now because of you and your participation in Neighborhood Watch, Zone Watch, and UHCA’s Cookies With the Cops

events. We have been able to shut down drug houses, a crime-plagued motel, and illegal activity in some of our open spaces.

It is up to us and our partnership with SDPD to keep our community safe. Our Community Relations Officer, David Surwilo, attends the crime watch portion of the monthly UHCA meetings so that he can respond directly to your questions and concerns. Once our meetings are up and running again, either virtually or in person, David will be attending.

Refer to the map of University Heights and the list of Zone coordinators on page 2 to see which Zone you are in. We hope you join Zone Watch by contacting your coordinator.

Our Zone 5 Coordinator, Tamara Zyhylij, describes her role: “I do not have any special feed on what’s happening in the area unless I am directly notified of the incident by someone in Zone 5, in which case I am able to broadcast to those who

have subscribed to the Crime Watch Zone 5 distribution. Once per month, or as relevant info is communicated to me, I provide a summary of activity from Crimemapping.com, and from other Zone coordinators who may have issues that also do or could affect people living in Zone 5.” Tamara has a new email address for those in Zone 5: tamara@tamarazrealestate.com. Residents of Louisiana Street in Zone 5 just formed a new Neighborhood Watch group. They did it virtually, and you can too.

Zone 3 Coordinator, Mary Lange, says: “Be sure to report any illegal or suspected illegal activity to the police and to their zone distribution list. The distribution list gives the information more immediately to everyone. It can help neighbors look out for specific activity and see a pattern. That helped me (and Nan) work with the police to get more patrol in the area and keep a lookout for specific people we had seen (with the help of photos) in the area at the time of certain crimes.”

Zone 1 Coordinator, Nan McGraw, says, “One area of concern in Zone

One is the open spaces on Golden Gate at Cleveland, going west to The Point at Rhode Island. I’m grateful for those who alert me to crime and homelessness there. Together with SDPD and the park rangers, we aim to

“Then we realized that what happens on one block affects the adjacent block and so on. So we introduced Zone Watch, which links contiguous blocks within a greater neighborhood.”

keep our open space of Zone One safe. Thank you.”

Zone 6 Coordinator, Nan McGraw, adds that she has a few people from Zone 6 on her list, but she would like to expand communication in that important part of University Heights. So if you live in Zone 6, please contact her to join: nmcsan@aol.com.

Help us keep UH safe!
—Nan McGraw, Zone Watch Coordinator

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LIBRARY NEWS

THE UH BRANCH LIBRARY BETWEEN THE COVERS

We are proud to announce an opportunity to expand our library collection on social justice and equality. The Friends of the University Heights Library donated \$500 in honor of Black Lives Matter, which will be used to purchase library materials relating to anti-racism and the history of racism. Please stay tuned as we introduce some of our upcoming titles in the near future.

Although the University Heights Library building remains closed to the public, the library staff is on site to assist with telephone inquiries. Please feel free to call us during the week with your library card readily available for quick reference. Phone hours are Monday-Friday from 9:30 am to 5:30 pm, at 619-692-4912. The book drop is also open at all library locations during the week for anyone who needs to return checked-out materials. Material donations are not being accepted until further notice. Eighteen locations throughout San Diego, including the nearby Mission Hills/Hillcrest-Knox Branch Library, are now open for Contactless Pickup Service, which operates on weekdays from 10:30 am to 5:30 pm.

Programs

San Diego Public Library's Facebook page, SDPL Stay-In Summer Reading Club, has a variety of online programs including story time sessions, book talks and discussions, arts and crafts, featured guests, and many more. Please check our Facebook page, or give us a call for any further questions. Thank you from everyone at the University Heights Library.

—Elaine Sinsuan, Branch Manager, University Heights Library, 619-692-4912, sandiego.gov.



PLUMES

Many buckets of plumes go to both Mary Anne Stevens and MaryBeth Chruden, two of the hardest working members on the UHCA team, who recently retired from their positions on the UHCA Board. Their retirement leaves a vacuum that will be difficult to fill and their charming personalities will be missed too! Below are just a few of their many accomplishments:

The marvelous, amazing MaryBeth Chruden organized the sign-in desk and welcomed people as they entered our UHCA monthly meetings at Birney School. She single-handedly established the Beautification Committee; and she recruited dozens of volunteers to help with cleanups, bridge cleaning, Trash Angels, graffiti paint outs, and the Trolley Barn Park paint brigade. She arranged for gift cards for the volunteers, provided t-shirts, and cheered them on. She is a dynamo on steroids. Recently, she was instrumental in launching the Social Media Team. Thank you, MaryBeth. Your dedication to your community has made an incredible difference and

brought so many wonderful volunteers to UHCA.

Now, Mary Anne Stevens. Mary Anne became active in UHCA back in the late 1980s. Early on, she served as Vice President and President (several times) of UHCA. With generous contributions as well as hard work, she has for many years been a driving force to better University Heights. During one of her terms as President, Mary Anne presided over the installation and lighting of the iconic University Heights sign on Park Boulevard. She has hosted many events and has been our liaison with the restaurants on Park Boulevard. More recently, she organized both the original Party on Park and its fabulous successors, which turned out to be our best events ever! Thank you, Mary Anne, for your years of volunteerism to University Heights. UHCA salutes you.

We are so grateful to these two wonderful women and neighbors. We hope both of you stay involved in the community even though you have retired from the Board.



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FRIENDS OF THE UH LIBRARY UPDATE

We know the current closure of the City library branches has been difficult, but we hope you will be patient, and stay safe until we can see you again. In the meantime, we would like to share with you the latest information on the staged reopening of our libraries.

- In addition to the select libraries originally open for curbside pickup of library materials, seven additional branches (North University, City Heights, Pacific Beach, Serra Mesa, Skyline Hills, San Carlos and Rancho Peñasquitos) have begun offering curbside pickup.
- The book returns at all branch libraries are open to accept returns of library materials. Book drops are open only during the times that staff are on site, Monday through Friday (and are locked at night and on weekends).
- WiFi is available for use outside the buildings at all eighteen branches offering curbside services, in an effort to help bridge the "digital divide" in communities where internet access is less readily available.
- All in-person library programs are postponed through at least the end of August.
- The monthly Friends of the San Diego Library book sales usually held at the University Heights branch library remained cancelled until further notice. Donations of books will not be accepted at the library. This will likely remain in effect until the Friends are allowed back in the building, when the libraries are open to the public.

The annual Summer Reading Program (SRP) is virtual this year, but the prizes for everyone who completes the program will be real and available when our libraries reopen to the public. In addition to prizes for finishers, The San Diego Public Library Foundation is partnering with Intuit, which will make a donation of \$10,000 to support our libraries if we meet our goal of 200,000 hours or 200,000 books.



The SRP is open to people of all ages—from tots to teens and adults. Time spent reading to children counts, as does reading over Zoom. To help us meet our goal and receive the \$10,000 donation, please register for the SRP at www.sandiego.gov/public-library/kidsandteens/summerreading.

We hope you enjoy the Labor Day holiday this year, and we look forward to celebrating our libraries' reopening with you once it is safe to do so. Thank you for your support of our libraries.

—Isabel Schechter, Secretary, Friends of the University Heights Library

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SCHOOL NEWS

BIRNEY BUZZ



BACK TO SCHOOL (ONLINE)!

Students and teachers wrapped up the 2019-2020 school year in July with a fun, memorable drive-through celebration. Families drove through the Birney parking lot filled with music and lined with colorful and positive messages, cheering teachers, and towers of balloons. Despite unprecedented circumstances because of COVID-19, Birney staff made the occasion very special, particularly for our 5th grade students promoting to middle school. Congratulations to all our Birney bees for finishing the school year strong—with determination, focus, and enthusiasm!

Welcome to all our new bees! Birney students “return to school” on August 31, but they will be learning online not on campus. Students will have daily, live interactions with their teachers through video conferencing. Our bees will also continue to enjoy P.E. and specials (art, Spanish, and gardening) classes online. Birney is also shifting from year-round to a traditional school schedule this year.

Clearly this will not be a typical fall at

Birney, but our incredible teachers, involved parents, and supportive community will help our students grow under these unusual and challenging circumstances. Students will have daily guidance from Birney’s dedicated staff and will have access to a wide range of online programs to supplement Birney’s award-winning International Baccalaureate curriculum.

Your support for Birney is more important now than ever before as many of our annual fundraisers have been cancelled because of COVID-19. If you are interested in becoming a sponsor for the 2020-2021 school year or would like to donate goods or services, please contact us at info@friendsofalicebirney.org. Friends of Alice Birney Elementary is a non-profit 501(c)(3) corporation. Tax ID# 27-2414127. Thank you!

—Erin MacKinnon, Proud Parent of Two Birney Bees, and Secretary/ Outreach on the Friends of Alice Birney Elementary (FOABE) Board. FOABE is a non-profit 501(c)(3) corporation, Tax ID# 27-2414127.



Birney's drive-thru promotion celebration

ROO NEWS



ROOSEVELT PREPARES FOR THE 2020-2021 SCHOOL YEAR

The following is a letter to Roosevelt students and families from Principal Bernard Steinberger.

Dear Roosevelt Students and Families:

To ensure student safety, all San Diego Unified schools will open with online distance learning in the Fall. When it is safe to return to school physically, we will provide that option to our Roosevelt students and families. In the meantime, here at Roosevelt we are excited to begin the year with our revamped Distance Learning 2.0. We learned valuable lessons from this past spring, and we are structuring the new school year based upon that experience. Distance learning 2.0 will accomplish the following:

- Be structured with clear expectations for all and include consistent access to teachers and support;
- Include improved accountability in grading and attendance;
- Include working with our teachers on a framework that will include two or three classes per day, with up to 240 minutes of live instructional time;
- Include new ways to engage our children through online learning platforms;

- Be invested in new technology and applications such as NearPod and Newsela;
- Aim to keep students engaged online and in person;
- Include virtual field trips and other realistic simulations/experiences for students; and
- Include technology to help quantify student learning.

We look forward to working with all of our new and returning Roosevelt students and families. We will do our very best to keep students on track and focused until it is safe to resume in person learning, which we all look forward to!

All my best,
Bernard Steinberger, Principal
Roosevelt International Middle School

Visit the RooFriends’ website calendar for updates: friendsofroosevelt.org/calendar/. And follow Mr. Steinberger on Twitter for all the breaking news! / twitter.com/PrincipalRIMS

—Jennifer Ayala, Parent of Students at Roosevelt and San Diego High School and a Board Member of the Friends of Roosevelt Foundation

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ON THE BOULEVARDS

BLVD NORTH PARK

Six years ago, an old vacant warehouse stood at 2020 El Cajon Boulevard, leaving many University Heights residents wondering if this block would ever become anything other than an eyesore. In September 2014, H.G Fenton Company purchased the property and all of its development plans and approvals, with an exciting and eco-friendly but urban vision for a building to provide significant housing opportunities to the University Heights and North Park communities. H.G Fenton, together with Architects Orange (an award-winning architectural firm with developer Mike Burnett), created what is now known as BLVD North Park.

The building itself houses 165 units, including 80 one-bedrooms and 85 two-bedrooms between two separate structures. All residential units include one parking space per bedroom. One and two-bedroom lofts/flats range from \$2,000 to \$4,500 per month. The average one-bedroom leases for \$2,400, and the average two-bedroom for \$2,700. At present, leases are available as BLVD is at 88 percent capacity.

A pet-friendly building, BLVD has a rooftop dog park/washing station, several courtyards, a reflecting pond, a spa, a bocce ball court, and cookout lounges with grills, kegerators, fire-pits, and TVs.

This exciting and convenient mixed-use residential and retail/restaurant space, which even includes a dentist's office, begins on the ground floor with 4,400 sq. ft. of restaurant and retail space facing south on El Cajon Boulevard, between Florida and Alabama Streets. The Florida St. corner is anchored by The Tap Room, a great spot to unwind, with numerous craft beer choices, great outdoor seating, excellent service, and a modest yet delicious menu. Don't leave without ordering the buffalo cauliflower. Trust me!

For more information, you can contact Olivia Connolly, the BLVD Property Manager, at (619) 313-5994.

— John Hensley

UHCA looks forward to welcoming our new neighbors working and living at BLVD North Park at our next community meeting! And we encourage BLVD North Park to join the community association as a business member. Welcome to the neighborhood!

—UH News Editorial Board



BLVD. development of mixed-use

TWIGGS

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Now Selling **Family Meals** that Bernie and Dan have been serving their friends and family for 25 years. Order meals online and pick up at our **Adams Avenue location** between 10am and 3pm on the day indicated. Follow our reheating instructions and sit down with family and friends for a communal meal made from scratch. Add one of our **slice & bake cookie rolls** to have fresh baked cookies after dinner. Serve and wait for compliments! View upcoming menus and order online at www.twiggs.org.






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UH FOOD & DRINK

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1	Bahia Mex Seafood	TD	1985 El Cajon Blvd.	619-542-0540
2	Bahn Thai	TD	4646 Park Blvd.	619-299-6363
3	BFD (Big Front Door)	TD	4075 Park Blvd.	619-255-4100
4	Cheers Bar	X	1839 Adams Ave.	619-298-3269
5	Clos Wine	O	4521 Park Blvd.	619-915-6846
6	Cueva Bar Cafe	AT	2123 Adams Ave.	619-269-6612
7	Domino's Pizza	TD	1925 El Cajon Blvd.	619-294-4570
8	El Zarape	T	4642 Park Blvd.	619-692-1652
9	Flavors of East Africa	AT	2322 El Cajon Blvd.	619-955-8778
10	Gilly's Bar & Cocktails	O	2306 El Cajon Blvd.	619-298-6008
11	Grains Vegetarian	ATD	2201 Adams Ave.	619-296-5999
12	Great Maple	AT	1451 Washington St.	619-255-2282
13	HOPE 46 @ Lafayette	AT	2223 El Cajon Blvd.	619-780-0358
14	Kairoa Brewing Co.	T	4601 Park Blvd.	619-295-1355
15	Kiko's Seafood Truck	T	4404 Texas St.	619-341-7397
16	Lestat's on Park	T	4496 Park Blvd.	619-501-6638
17	Live Wire Bar	O	2103 El Cajon Blvd.	619-291-7450
18	Loving Hut	TD	1905 Park Blvd.	619-683-9490
19	Madison on Park	AT	4622 Park Blvd.	619-296-6566
20	Mama's Bakery & Deli	TD	4237 Alabama St.	619-688-0717
21	McDonald's	T	2345 El Cajon Blvd.	619-299-3078
22	Meraki Café	TD	1735 Adams Ave.	619-269-9618
23	Muzita Abyssinian	ATD	4651 Park Blvd.	619-546-7900
24	Mystic Mocha	X	2105 Mission Ave.	619-688-0858
25	Parkhouse Eatery	AT	4574 Park Blvd.	619-295-7275
26	Park & Rec	O	4612 Park Blvd.	619-795-9700
27	Pizzeria Bruno	AT	4207 Park Blvd.	619-260-1311
28	Pizzeria Luigi	AT	2121 El Cajon Blvd.	619-294-9417
29	Plumeria Vegetarian	TD	4661 Park Blvd.	619-269-9989
30	Pomegranate	ATD	2312 El Cajon Blvd.	619-298-4007
31	Pop Pie Co	TD	4404 Park Blvd.	619-501-4440
32	Rare Society	X	4130 Park Blvd.	619-501-6404
33	Red Fox Steak House	X	OPENING FALL 2020	619-297-1313
34	Red House Pizza	ATD	4615 Park Blvd.	619-546-7430
35	Serpentine Cider	TO	2311 El Cajon Blvd.	619-323-2057
36	Small Bar & Grill	AT	4628 Park Blvd.	619-795-7998
37	Soichi Sushi	ATD	2121 Adams Ave.	619-677-2220
38	Stella Jean's Ice Cream	TD	4404 Park Blvd.	619-501-8252
39	Subway	TD	1915 El Cajon Blvd.	619-295-0624
40	Tacos La Mezcla*	ATD	2104 El Cajon Blvd.	619-889-1337
41	Tap Room Beer Co.	ATD	2000 El Cajon Blvd.	619-539-7738
42	The Lancer's Bar	X	4671 Park Blvd.	619-298-5382
43	Twiggs Coffeehouse	T	4590 Park Blvd.	619-296-0616
44	Twisted Taps*	ATD	2302 El Cajon Blvd.	619-889-1337
45	Yipao Coffee	ATD	4601 Park Blvd.	619-734-6844
46	Wing Stop	TD	1901 El Cajon Blvd.	619-297-9464

*Tacos La Mezcla and Twisted Taps are partnering at 2104 and 2302 El Cajon Blvd.

SERVICES

- A** Dine in: deck, sidewalk, patio, garden
- T** Takeout
- D** Delivery
- O** Dine in with outside food allowed
- X** Closed for now



BOARD ADDRESSES RUMORS ON SOCIAL MEDIA

Several messages have appeared on social media about the current status of the University Heights Community Association (UHCA).

We, the UHCA Executive Board, would like to let our neighbors and community know what's been happening.

During the past four months, we have made some changes to our leadership and executive board. All organizations go through change, and that's especially true for volunteer-led community groups like ours.

UHCA has benefitted from the many decades of experience and stewardship of so many of our good and generous neighbors during its 37-year existence, and our community is better and stronger for that. We all owe a debt of gratitude to the seven long-serving members who have decided to retire from the executive board over the past few months.

In that same time, five new faces have joined the UHCA board, and we believe that both UHCA and our community at large will benefit from having new voices, fresh perspectives, and diverse experiences that these new members bring to the board. With new board members, UHCA has gained additional expertise and energy around social media, finance, marketing, and project management. The board believes that now—especially with the current pandemic—the new members of this group of dedicated

and caring volunteers will be critically important as UHCA continues to move forward with our mission “dedicated to improving the quality of life and sense of community in San Diego’s University Heights.”

Although the pandemic has halted many of our events and in-person meetings, it has not stopped UHCA from being an important voice for our community. In May we hosted a town hall with outgoing Councilmember Chris Ward; the UHCA News editorial board has continued to write and publish regular issues; the Zone Watch program continues as a link between our community and local law enforcement; we have refreshed our website; and we have established a vibrant presence on social media.

Right now, we are planning and preparing to resume monthly meetings, electronically via Zoom starting on September 3 (see the UH Newspaper, our website, or social media for log-in details). Our October 1st meeting will feature a town-hall forum with the two Mayoral Candidates, Todd Gloria and Barbara Bry, and the board is also working out the logistics to manage our upcoming biennial elections.

If you are a current member, thank you for your time, contributions, and support. If you are a member whose membership has lapsed, please consider renewing either by mail or on our website www.uhsd.org. If you would like to join your neighbors in one of the

largest, most active, and well-respected community groups in San Diego, where we believe that many voices together are stronger than one, we would love to welcome you—electronically for now, and in person when we can at one of our events, volunteer opportunities, or meetings in the future.

We recognize the many new

developments in our neighborhood, as new elected officials come into office and the city and planning groups continue to review and approve important changes that will affect all of us. With your continued support and involvement, UHCA will continue to be the largest and loudest voice advocating for our community.

A TENANT'S LAMENT

Dear Landlord,

Hi, it's me again—the girl in Apt 4-B who keeps sending in the maintenance requests. You haven't responded yet, and my toilet is still leaking, but this isn't about that.

I've noticed that someone moves out of the complex every month, which I'm sure is more stressful for you than it is for me. We neighbors like to talk, so I often know the reasons they leave when you may not. Don't worry, I'm not planning on going anywhere, but I can understand why everyone else is. With a few simple changes, you might find yourself not having to search for new tenants every other month.

Just as we all want our bosses and managers to be thoughtful, little niceties coming from a landlord go a long way. This could be simply acknowledging our existence when you walk by or hiring someone to clean the two inches of laundry detergent off the floor around the community washers.

We don't need a Christmas card in the mail. We'll be happy to settle for the front gate of our “gated community” being fixed.

Now let's talk about the elephant in the courtyard. If you really want to keep tenants longer, consider cutting back on the heedless rent increases. We understand you're running a business, but you're also running quality renters down the street where there's plenty of amenities for the same price. Vacancies are your biggest expense; surely there's a way for both of us to be happy.

Not being homeowners isn't an indication of how much we value our neighborhood. We love it here just as much as our homeowners neighbors. Don't forget, renters are people too. With that in mind, we might feel more “at home” if you could refrain from acting like we are a massive burden when we need something.

Now, about my toilet.... —Rosemary Loshin

POLITICAL NEWS

FROM YOUR CITY ATTORNEY

LOOKING OUT FOR SENIORS – SAFELY



As always, my Office is working hard to keep you and your family safe:

- Please contact our Affirmative Civil Enforcement Unit at 619-533-5618 if you suspect a scam.
- If you know of a substandard independent living facility where conditions are unsanitary or dangerous, call our Nuisance Abatement Unit at 619-533-5655.
- If you suspect elder abuse, call our Domestic Violence & Sex Crimes Unit at 619-533-5544 or the Family Justice Center at 619-533-6000.
- If your loved one who is demonstrating suicidal behavior or signs of mental distress has access to a firearm, contact police for a Gun Violence Restraining Order to have the firearm safely removed.

—San Diego City Attorney Mara W. Elliott

***UHCA AND UHCA NEWS DO NOT SUPPORT OR ENDORSE ANY SPECIFIC CANDIDATES FOR POLITICAL OFFICE.**

We are several months into the unprecedented COVID-19 pandemic, and our world continues to change quickly. However, we can't forget that our senior citizens remain largely isolated. It is up to us to look out for our elders, to make sure they are protected, to see that their basic needs are met, and to provide emotional support and comfort.

Here are some tips for supporting our seniors:

- Schedule regular phone calls where you can see each other using apps like Skype or Zoom. Confirm that your loved ones in a group living facility are being fed and cared for properly.
- Make sure they have a four-week supply of any medicine as well as adequate medical supplies.
- Arrange for grocery or meal delivery and laundry services if needed.
- For those with dementia, send something that will help trigger memories, such as a card or letter, small gifts or mementos, or other things that they can read and touch.
- Be vigilant about scams targeting elder adults. Current scams include online offers of COVID-19 preventive medicines or treatments and fraudulent requests for personal information from people pretending to be coronavirus contact tracers or U.S. Census workers.



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