Enola G. Aird is a lawyer, activist mother, and founder and president of Community Healing Network. Launched in 2006, CHN is the only organization focused exclusively on attacking the lie of White superiority and Black inferiority—the root cause of the dehumanization of Black people in the United States and around the world.

Under Aird’s leadership, CHN has put into place key elements to build the global grassroots movement for the emotional emancipation of Black people, including:
1) the Defy the Lie (of White superiority and Black inferiority) and Embrace the Truth (of Black Humanity) pledge campaign;
2) Community Healing/Wear Sky Blue Days—endorsed by Dr. Maya Angelou and observed on the third weekend of every October to put “time for healing” at the top of the global Black community’s agenda;
3) Rapid Response Ubuntu Healing Circles—to respond to urgent needs for healing spaces in Black communities;
4) Emotional Emancipation Circles—a self-help support group process, originated by CHN and developed in collaboration with the Association of Black Psychologists, to help Black people heal from the trauma caused by the lie; and
5) The Valuing Black Lives Global Emotional Emancipation Summit—to develop global strategies to free ourselves and our children from the lie—once and for all.

Aird was born in the Republic of Panama of Caribbean heritage, is a Phi Beta Kappa graduate of Barnard College, and earned her J.D. from Yale Law School. A former corporate lawyer, she has worked at the Children’s Defense Fund and is a past chair of the Connecticut Commission on Children. Among her publications are: Toward a Renaissance for the African American Family: Confronting the Lie of Black Inferiority, 58 Emory Law Journal, 7-21 (2008); Breathe, Baby, Breathe: Clearing the Way for the Emotional Emancipation of Black People (with Cheryl Grills and Daryl Rowe), Cultural Studies, Vol. 16, No. 3, p. 333 (March 2016); The Case for Emotional Reparations, Parts 1 and 2, CHN Blogposts, April 29, 2019 and May 29, 2019; African Psychology and the Global Movement for Freedom from the Lie of Black Inferiority (with Cheryl Grills and Patrick Frieson), Alternation Journal, 27, No. 1, p. 170 (2020), South Africa; and To My Fellow Reparations Advocates: Don’t Forget the Root Cause, IBW21, February 17, 2021.