Share Shelf
Healthy non-perishable foods are regularly purchased and made available on the Share Shelf in La SALA (Student Association Lounge Area). Additional food donations are made by community members. The guidelines for the Share Shelf are simple:

- Take what you need when you need it;
- 
- Bring something to share as you are able.

Food Cards
For fresh foods and additional food support, $25 Safeway food cards are available from Christopher Evans in Student Life: 510-559-2737 or cevans@plts.edu. If you need assistance, please do not hesitate to contact Christopher. Your food needs request will be handled in a caring, sensitive, and private manner.

PLTS Student Life
Berkeley

Berkeley Food Pantry (at Berkeley Friends Church)
Mon, Wed, Fri: 2-4pm
1600 Sacramento Street, Berkeley, CA 94702
510-525-2280

Lutheran Church of the Cross
Free spaghetti dinners every Wednesday: 5pm
1744 University Avenue, Berkeley, CA 94703
510-848-1424

Food Not Bombs People’s Park
Mon-Fri: 3pm vegan/vegetarian meal
Haste & Telegraph, Berkeley
http://ebfnb.org/

Night on the Streets Catholic Worker at People’s Park
Sun: 7:30am breakfast. At 8:10, the meal moves to Center Street between Milvia and Martin Luther King streets downtown
Haste Street & Telegraph Avenue
510-684-1892

Women's Daytime Drop-in Center
Open Mon-Fri: 8am-4pm (closed 1st Friday of each month)
Daily: 8am to 10am breakfast
Daily: Noon to 12:30pm lunch
2218 Acton (& Bancroft)
510-548-2884

Trinity United Methodist Church
Mon-Wed: 3:45pm-4:30pm sit-down meal
Thu-Fri: 3:30pm-4 pm “take-out” brown bag hot meal with vegetarian option available.
2362 Bancroft Way (& Dana)
510-649-4976

St. Mark’s Episcopal Church
Mon: 6pm-8pm. Dinner provided.
3rd Sat of the month, 5pm
2300 Bancroft (& Ellsworth), 2nd Floor
510-423-3303 or 510-848-5107

Newman Hall - Loaves and Fishes
1st Sat of the month: Lottery at 2pm for limited meal. 4pm meal. Meals "to go" at 4:45pm.
2700 Dwight Way (& College)
510-848-7812

Dorothy Day Breakfast
Mon-Sat at 7am
2138 Cedar Street, Berkeley - Christ Church

McGee Avenue Baptist Church
Mon, Wed, Fri: Noon
1640 Stuart at McGee
510-843-1774

St. Paul AME Church
Tues: 11:30am
2024 Ashby at Adeline
848-2050

South Berkeley Community Church
Thurs: Noon
1802 Fairview at Ellis
652-1040

Church by the Side of the Road
Second Sun of the month: 1pm
2108 Russell at Lorina

Berkeley Food and Housing Project - Quarter Meal
Mon-Wed: 4:15pm
Thurs-Fri: 3:30pm
2362 Bancroft Way - Trinity Church
649-4976

Newman Hall
First Sat of the month.
4pm meal. Meals "to go" at 4:45pm.
2700 Dwight Way at College
848-7812

First Presbyterian Church
Second and last Sat of the month: 5pm
2407 Dana at Haste
848-6242

St. Mary Magdalen Church
First and Fourth Sun of the month: 3 pm
2005 Berryman at Henry
526-4811

All Souls Episcopal Parish
Second Sun of the month: 4pm
2220 Cedar at Spruce
848-1755

Congregation Beth El
Third Sun of the month: 5pm
1301 Oxford at Rose
848-3988

Oakland

Alameda County Community Food Bank
Mon-Fri: 9am-5pm
7900 Edgewater Drive, Oakland, CA 94621
510-635-FOOD (3663)
info@accfb.org

Feed My Sheep
Box and bag lunches every third Sat of the month: Noon to 2 pm
8825 MacArthur Boulevard, Oakland, CA 94605,
510-384-8604

Lake Merritt United Methodist Church
Food bank distributes second and fourth Sat of each month: Noon to 2:30pm
1330 Lakeshore Avenue, Oakland, CA 94606
510-465-4793

Food stamps (SNAP)

California’s food assistance program, CalFresh, is the state’s version of the federal Supplemental Nutritional Assistance Program (SNAP), formerly known as food stamps. U.S. citizens and most documented permanent residents are eligible based on income.

Applications can be completed online at www.mybenefitscalwin.org or in person, with assistance available, at the Alameda County Social Services Agency North County Multi-Service Center, 2000 San Pablo Ave, Oakland, CA 94612. The office can be reached by phone at 510-891-0700.

Monthly income limits and maximum benefits by household are as follows:

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<tr>
<th></th>
<th>Single</th>
<th>Couple</th>
<th>Family</th>
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<tbody>
<tr>
<td></td>
<td>$1,962</td>
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<td>$194</td>
<td>$357</td>
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Family limits and benefit amounts and more information is available at http://www.alamedasocialservices.org/public/services/food_assistance/index.cfm