



EMERGENCY READINESS GUIDE

BASIC SUPPLY LIST

- Water - 1 gallon per person per day.
- Flashlight
- Weather app and handheld weather radio
- Personal hygiene supplies
- Blankets or sleeping bags and pillows
- First Aid Kit with OTC medicine
- Paper Goods - paper towels, paper plates, garbage bags, ziplock bags, toilet paper, baby wipes, disposable gloves, forks and spoons, aluminum foil
- Canned Goods and a manual can opener
- Dry Goods - crackers, noodles. Look for I that only require water and/or oil (unless you have a supply of fresh eggs.)
- Pet Supplies - Food, extra water
- Tool Kit - hammer, pliers, screwdrivers, work gloves
- Knife and scissors
- Camping stove with propane.
- Masks
- Matches or a lighter
- Coats and/or rain gear
- Hand sanitizer

ADVANCED SUPPLY LIST

- Digital copies of personal documents such as birth certificates, insurance, passports, etc.
- Plastic sheeting and duct tape
- Location of emergency shelters and evacuation routes
- Generator and gasoline
- Shovels and flares
- Bleach or water purifier
- Change of clothes and sturdy shoes
- Pop up tent
- Sewing kit

FOOD SUPPLY LIST

- Canned meat - tuna, chicken, etc
- Evaporated or powdered milk
- Canned beans
- Canned fruit
- Protein pancake mix
- Noodles and canned pasta sauce
- Peanut Butter
- Dry cereal
- Protein bars
- Canned vegetables
- Fruit or applesauce cups
- Spices - salt, pepper, sugar, etc
- Tea or coffee

INFANT/CHILDREN SUPPLY LIST

- Diapers
- Wipes
- Diaper rash ointment
- Baby formula for infants
- Baby food and spoons
- Toddler snacks
- Bottles
- Pacifiers
- Water
- Powdered milk or drink mix for children
- Changes of clothes
- Extra blankets and hats
- Infant pain reliever
- Bulb syringe
- Toys, coloring books, card games

DISABILITY SUPPLY LIST

- Wear your medical alert bracelet
- Have a dependable method of communication.
- Have a printed list of your requirements if you need to evacuate such as electricity, cooler, electric wheelchair, etc.
- Have a printed list of all your medications and medical supplies with medicine, dosage, timing, and prescribing doctor.
- Make sure 2 or 3 other people know where you store your supplies and how to administer them.
- Have a personal "go" bag with food and snacks to last for a day that cover all of your nutritional or allergy needs.
- Have a list of 2 or 3 alternate medical facilities both near your local area and outside your local town.
- A well stocked first-aid kit
- Extra batteries for electronics
- 2 weeks of supplies and medicine

PET SUPPLY LIST

- Food in a waterproof container
- Water
- Bowls
- Collars with ID
- Leashes
- Crates
- Beds
- Dog/Cat shampoo
- Medicine in a waterproof container
- Copies of recent vaccination records

EMERGENCY LOCATIONS

IN THE HOME

A large rectangular area defined by a dotted line, intended for drawing or writing emergency locations within the home.

LOCAL AREA

A large rectangular area defined by a dotted line, intended for drawing or writing emergency locations in the local area.

**EVACUATION
DESTINATION**

A large rectangular area defined by a dotted line, intended for drawing or writing an evacuation destination.

CONTACTS

FAMILY INFO

Name

Phone

Location

Email

EMERGENCY CONTACT:

Name

Phone

Location

Email

OTHER CONTACTS:

Name

Phone

Location

Email

Name

Phone

Location

Email