

Kristen Carli

REGISTERED DIETITIAN



ABOUT ME

I'm the owner of Camelback Nutrition & Wellness, a private nutrition practice based in Scottsdale, Arizona. As a working mother, I know firsthand just how challenging it can be to get a healthy dinner on the table for my family. Through partnerships with brands and working with the media, it's my goal to share approachable nutrition information to busy parents and young professionals.

IG STATISTICS

11.2K
followers

MY AUDIENCE

86% 50% 79%
women 25-34 yrs old USA

BYLINES IN

EatingWell **EAT THIS,
NOT THAT!**
WHERE GOOD TASTE MEETS GOOD HEALTH

30M+

unique monthly viewers

AS SEEN IN

MNT Forbes
MEDICALNEWS TODAY

SHAPE well+good

Parade **BUSTLE**

BYRDIE REAL SIMPLE

KRISTEN CARLI, MS, RD

IG: @KRISTEN.CARLI

WWW.CAMELBACKNUTRITIONWELLNESS.COM
KRISTEN@CAMELBACKNUTRITIONWELLNESS.COM

camelback
nutrition &
wellness



SERVICES

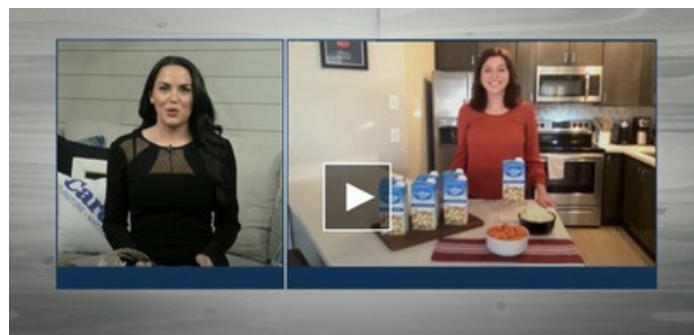
- RECIPE DEVELOPMENT
- FOOD PHOTOGRAPHY
- SOCIAL MEDIA PARTNERSHIPS
- NUTRITION WRITING
- TV MEDIA SEGMENTS
- GO-TO NUTRITION EXPERT
- SPOKESPERSON
- BRANDED EXPERT QUOTES



National Slow Cooker Month - Bako Sweet



How to Use Your CSA Box - Have A Plant!



Cooking for the Holidays-College Inn Broth

PAST CLIENTS



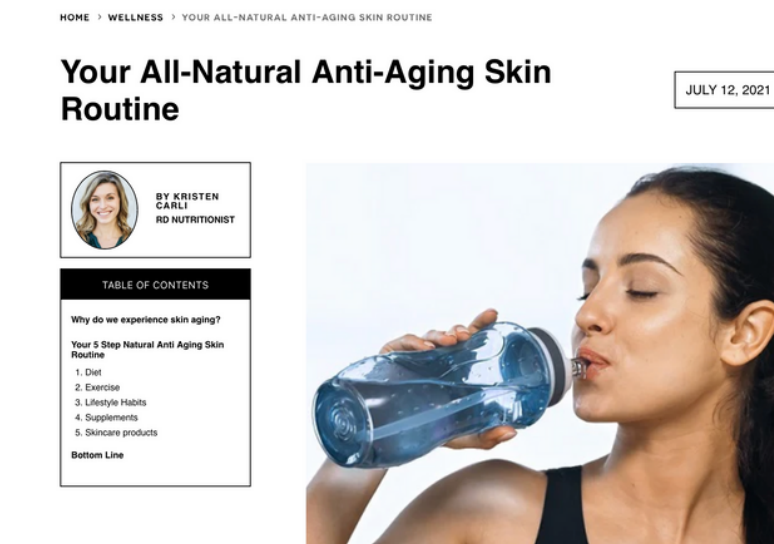
WORK SAMPLES



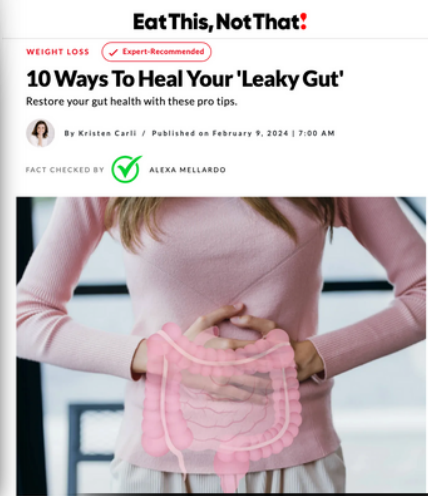
IG Partnership with Navitas Organics



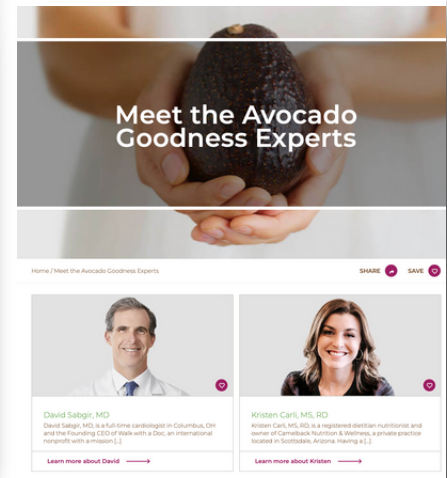
IG Partnership with AZ Leafy Greens



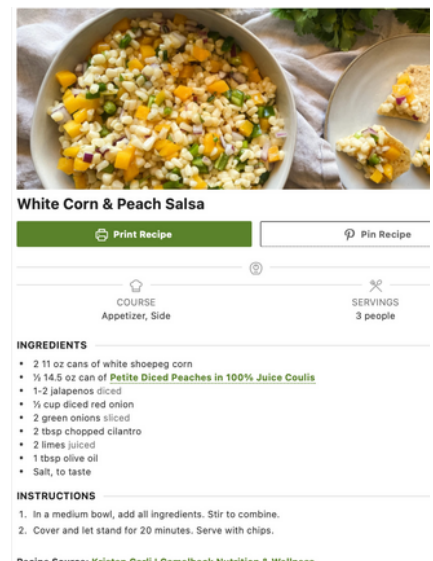
Blog Post for Naked Nutrition



Eat This Not That! Byline



LOT Avocado Goodness Expert



Recipe for Pacific Coast Producers