United in Forgiveness

by

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The weight of hate is too much to bear. Unforgiveness, bitterness & resentment = anger, agitation and depression. We must let it go. Let it go. Let it go. Let it go!

Opening Scene: An entire nation attacked, chopped up and mowed down by machete-wielding Hutus. Great bodily injury, mayhem, murder = immeasurable trauma to survivors. Screams through the night, night sweats and fiendish nightmares.

Final Scene: The Truth and Reconciliation Commission – accountability, but no more death – by machete or the State. The Tutsis made the self-preserving choice to forgive. They united in forgiveness and let it go -- for their own good.

Headline: Hate-filled man rushes unsuspecting church-goers, shoots to kill any love-filled Christians with a different hue than his own. Taken from the divine script., they pray for the hateful man and decide to be united in forgiveness. They let it go.

Pray for your enemies; if your enemies hunger feed them. Pray for those who despitefully use you -- and heal. This is the biblical path.

Hurt people hurt others – hurt spreads like a contagious disease enrapturing like a reaper. This is the destructive path. Let it go – let it go.

Love your enemies, love your enemies, love your enemies, is the message from above. Let us heal as individuals; heal as a collective; heal as a nation, and spread love, not hate. Please, spread love, not hate.

Unforgiveness, bitterness & resentment.

Let it go. Be united in forgiveness.
Let it go. Let it go. Let it go!!!

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