

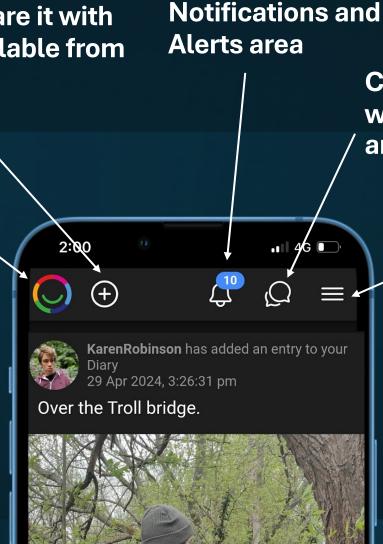
A User Guide for the Multi Me Smartphone App

For Apple and Android Smartphones and Tablets

Top buttons

Create a post and share it with your Circle (only available from the Home Screen)

Click the Multi Me icon to get to the home screen at any time



Chats area. Chat with Circle members and Groups

> Main Menu. Use this for page-specific options, to access the Apps main features and for your User Settings and help menu options

Your Home Screen

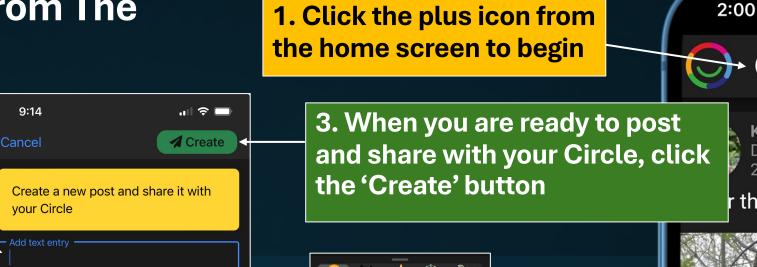
Click the Multi Me icon to get to the Home Screen at any time

> Scroll up and down to view recent activity Like and comment on posts



You can also click the Menu button and choose 'Home'

Sharing a Circle Post from The Home Screen



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Happy

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Surprised

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Upset

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Bored

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Great

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In love

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Sad

Anxious

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get Well Soon

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Excited

·:-)

Ok

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Sick

zzz

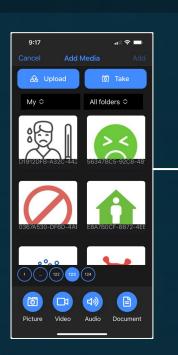
Tired

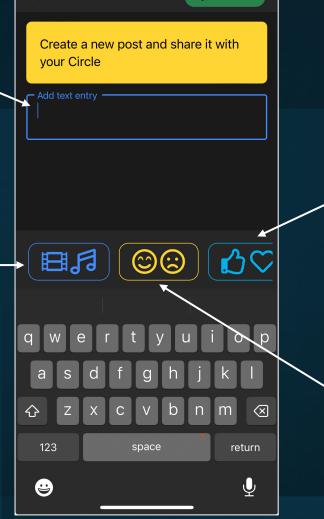
2. Add media?

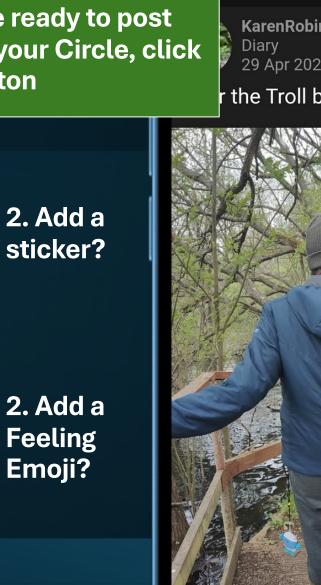
 Upload from your phone

2. Add text in here?

- Add from your Multi Me media library
- Take media from your device camera







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Main Menu

Main Menu,

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son has added an entry to your 3:26:31 pm idge.



 (\mathbf{X}) ← My John Smith Page options Ö Go to date Wedne \mathcal{P} Manage access Bloo කි. Diary settings To access the Tuesd click the three Blog Home lines wherever you see them **My Circle** Friday **My Diaries** A My Profile Tuesd స్ట్ర My Settings Blog G→ Sign out

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9:35

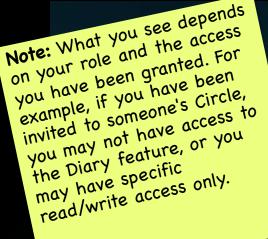
Page-specific Options

These will change depending on what ٠ page you open the Menu from, e.g., this is from the Diary page. From the Chats page, it would say 'Start New Chat'

App's Main Features

The main features you have available, ٠ e.g., if you are a Buddy, you can access multiple Diaries from here

Settings and Help Menu etc...



Your Diary

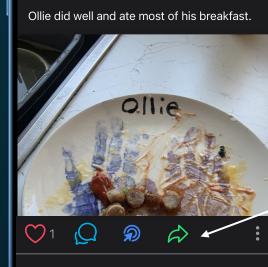
Back to Diaries list

Add to main Diary Blog section

- with text
- Media
- Stickers
- Feeling Emojis

Scroll up and down Diary activity

- Like and comment on Posts
- Link Posts to Goals



Spinach, tomatoes, 3 x sausages & 2 poached eggs.

Page Options

Click here to see Diary Page options
that you have access to

Diary Notes

You may have these switched on so you can view multiple sections of the Diary

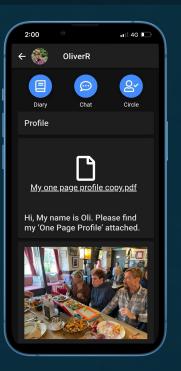
- Click on the section name to navigate the different sections of the diary
- A blue dot means there is something new you haven't seen

Share this Post?

- By default, Diary Posts are private and only visible to Diary participants
- Click Share to share with your Circle or Groups
- Edit Sharing from here

Your Circle

Click on a user's picture to open their profile

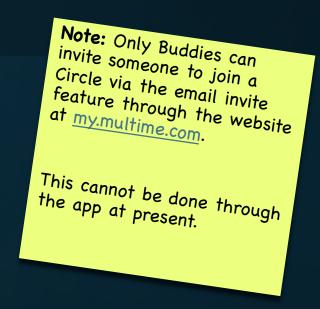




Page Options

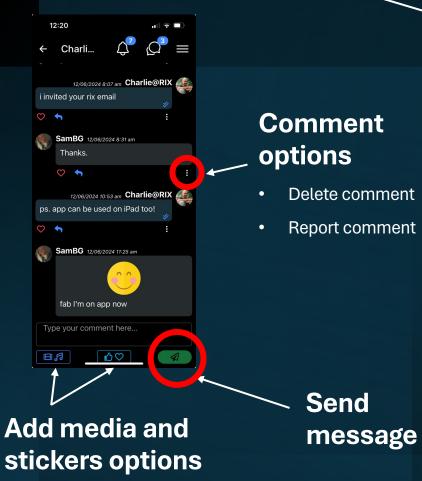
Click here to see Circle Page options

• Invite User (from my Groups)



Your Chats

Click on an existing Chat to open the __ Chat thread



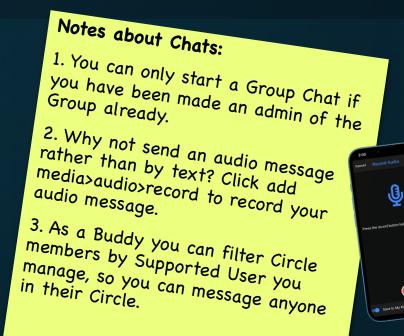
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2:00			•III 4G (
○ №	ly Chats	ل¢³	Q		
양 3			Jan 15th 23	\otimes	
	hello 뽕 With Group:	Bungalov	v Team		
Q7			Jun 19th 22	\otimes	
	Training ar With: TillyS, Jar				
Q1			May 21st 22	\otimes	
	Health and on Ollie's V		oies sectio	on	
	With: StanSmith, TillyS, JaneFordham SteveB, AnitiaS, PollyT and 3 others				
Q 1			Apr 14th 22	\otimes	
1	Health sec With: KarenT, S				
Q 6			Feb 27th 21	\otimes	
1	Charlie and With: KarenT, C				

Page Options

Click here to see Circle Page options

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- + Start a New Chat
- + Start a Group Chat



Available at the Google Play and App Store





