



# BREAKFAST

## AVOCADO TOAST 8

seedful toast, avocado, feta, radish, microgreens

## BREAKFAST BOWL 10

forbidden red rice, balsamic kale, roasted prosciutto, sweet potatoes, black beans, avocado, poached eggs



## MUSHROOM & SPINACH OMELETTE 14

with hash browns, white or wheat toast & preserves

## EGGS ANY STYLE 9

hash browns, white or wheat toast & preserves

## AVOCADO CHORIZO TOAST 8

sourdough toast, drizzled in olive oil, chorizo, avocado, feta, lime and cilantro served with black beans



## STEEL CUT OATS 7

oats with fresh berries, brown sugar, and almonds

## MOTHERS PANCAKES 9

three pancakes, maple syrup, whipped butter & berries

## CHICKEN & WAFFLES 12

chicken tenders, belgian waffles, strawberries & maple syrups

## BREAKFAST SANDWICH 9

pretzel bun, greens, egg, white cheddar, bacon & aioli

## BREAKFAST TACOS

3.25 each dozen 36

egg plus two items from the mix-ins list served with ranchero sauce

*also available in bulk, please inquire*



# MIX-INS

MUSHROOMS

HASH BROWNS

JALAPEÑOS

BACON

FETA CHEESE

TURKEY BACON

CHEDDAR CHEESE

BELL PEPPER

AVOCADO

PROSCIUTTO

HAM

CHORIZO

KALE

SPINACH

QUINOA

TOMATOES

ONIONS

BLACK BEANS

consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness