



LUNCH

SALADS & BOWLS

KALE + QUINOA SALAD 10
kale, quinoa, feta, cranberries & almonds,
tossed in olive oil and lemon
add a protein: chicken \$3 salmon, shrimp, or steak \$5

THAI CHOPPED SALAD 12
arugula, watercress, noodles, cashews, mango,
avocado, ginger sambal dressing
add a protein: chicken \$3 salmon, shrimp, or steak \$5

CHICKEN HARVEST SALAD 13
grilled chicken, butter lettuce, goat cheese,
avocado, strawberries, candied walnuts & our
house-made sweet green dressing



SUPER FOODS BOWL 10
brown rice, kale, avocado, almonds, tomato
red onions & cucumbers tossed in a sweet ginger
miso dressing
add a protein: chicken \$3 salmon, shrimp, or steak \$5

TUNA POKE BOWL 14
chunked tuna, avocado, cashews, soy vinaigrette
& brown rice

SOUP

LEMON ARTICHOKE cup 3.95 bowl 6.95
TORTILLA cup 3.95 bowl 6.95

Favorites

GRILLED PESTO SALMON 14
with grilled asparagus and cilantro rice

GRILLED CHICKEN PAILLARD 12
with arugula, honey mustard vinaigrette,
grapes, fennel & bleu cheese

KITCHEN BURGER 12
served on artisan bun with cheddar cheese, aioli,
lettuce, tomato, onions, pickles and fries

VEGGIE BURGER 12
plant-based burger with aioli, lettuce, tomato,
onions, pickles and sweet potato fries

STEAK SANDWICH 15
baguette, new york strip, caramelized onions, white
cheddar, arugula, parmesan, peppercorn sauce and
fries

TURKEY CLUB 13
triple decker, white bread, turkey, smokey bacon,
mayo and fries

GARY'S CHICKEN SANDWICH 10
served on artisan bun with mayo, lettuce, and
tomatoes

SNAPPER TACOS 13
grilled snapper on corn tortillas, avocado cabbage,
cilantro and chipotle sauce. served with black beans



SIDES

fries / sweet potato fries / side salad 5

DRINKS

coke, diet coke, sprite, dr. pepper, st. arnold old
fashioned root beer, cream soda, rain water

Dessert

LEMON LIME ICE BOX PIE 6

CHOCOLATE MOUSSE PIE 6



mon - fri: 7 am - 8 pm
www.adairdowntown.com | @adair_downtown

Consuming raw or undercooked meats, poultry, seafood, shellfish
or eggs may increase your risk of foodborne illness.