

# NASHVILLE MENU DINE-IN & TO-GO

# **DAILY SPECIALS**

Served with chips (150 cal) & choice of a homemade side (except Taziki's Signature Pasta)

# **MONDAY**

Chicken Portobello Sandwich • 9.99 (800 - 1,040 cal)

Grilled chicken, roasted red peppers, Swiss cheese, and mushroom butter on a kaiser bun

# **TUESDAY**

Falafel Feast • 9.99 (860 - 1,010 cal) •

Four homemade baked falafel made with garbanzo beans, red onions, garlic, fresh parsley, cumin, and a touch of salt, served with a Greek salad and your choice of a side

# WEDNESDAY

**Spanakopita Roll-Up • 9.99** (720 - 960 cal)

Grilled chicken, blanched spinach, and feta in a griddled flour tortilla, served with fresh salsa

# **THURSDAY**

Taziki's Shrimp Taco • 9.99 (710 - 970 cal)

Grilled shrimp with crunchy slaw, Spicy Herb Sauce, and diced tomatoes in a flour tortilla, topped with a lime

# FRIDAY-SUNDAY

Taziki's Signature Pasta • 9.99 (1,350 cal)

A bed of mixed lettuces with penne pasta and grilled chicken, tossed in Balsamic Vinaigrette, topped with tomatoes, feta, and fresh basil

# **APPETIZERS**

### Hummus

with Pita **5.99** (690 / 830 cal) **9 9** with Veggies **6.79** (350 cal) **9 9** 

# **Spicy Pimento Cheese**

with Pita **6.99** (1,050 / 1,160 cal) with Veggies **7.79** (700 cal) ©

# Taziki Dip

with Pita **5.99** (500 / 620 cal) with Veggies **6.79** (160 cal) ©

# Whipped Feta

with Pita **6.99** (980 / 1,120 cal) **w** with Veggies **7.79** (640 cal) **w** 

# SOUP & SALADS

Greek Lemon Chicken Soup Served with soft pita 4.99 (300 cal) @

Soup & Salad 9.49 (580 - 690 cal) @

**Greek Salad** Fresh mixed lettuces, tomatoes, cucumbers, roasted red peppers, red onions, feta, pepperoncini, kalamata olives and Greek dressing Served with a baked pita chip **7.99** (410 cal) © 👽 👽

### **ADD TO ANY SALAD**

**Grilled Chicken** 

+3.00 (+110 cal) @

**Grilled Beef\*\*** 

**+5.00** (+210 cal) **6** 

Chicken Kebobs (2)

+3.50 (+220 cal) G

**Grilled Shrimp\*\*** 

**+5.00** (+140 cal) **6** 

Grilled Salmon\*\*

**+7.00** (+530 cal) **6** 

**Grilled Lamb\*\*** +7.00 (+280 cal) **©** 

# **FEASTS**

Served with Greek salad, a baked pita chip & your choice of roasted red potatoes or basmati rice

### **Grilled Chicken Breast**

Served with Taziki sauce

10.99 (660 / 770 cal) 6

# Grilled Chicken Kebobs

Served with Taziki sauce

11.49 (880 / 980 cal) @

# Chargrilled Lamb\*\*

Served with Taziki sauce

14.99 (900 / 1,020 cal) @

### **Grilled Salmon\*\***

**14.99** (1,060 / 1,170 cal) **6** 

Grilled Shrimp\*\* 12.99 (670 / 790 cal) 6

### Grilled Beef\*\*

Served with Horseradish sauce

12.99 (980 / 1,090 cal) @

# **Grilled Veggies**

Grilled zucchini, squash, onion, red peppers, and asparagus served with Taziki sauce

9.99 (700 / 820 cal) @ Ø Ø

# HAND-CRAFTED GYROS

### Served with chips (150 cal) & choice of a homemade side

Grilled Chicken Taziki sauce, tomatoes, mixed lettuce and grilled onions 8.99 (580 - 820 cal)

Grilled Chicken Basil-Pesto\*
Basil-pesto sauce, tomatoes and feta
8.99 (720 – 960 cal)

**Grilled Beef\*\*** Taziki sauce, tomatoes, mixed lettuce and grilled onions **10.99** (670 – 910 cal)

Grilled Lamb\*\* Taziki sauce, tomatoes, mixed lettuce and grilled onions 11.99 (710 - 950 cal) **Grilled Veggie\*** Pesto aioli, tomatoes, grilled zucchini, squash, onion, roasted red peppers and feta
8.99 (790 – 1,030 cal) ♥

Greek Salad Tomatoes, cucumbers, roasted red peppers, red onions, mixed lettuce, feta and Greek dressing
7.99 (770 - 1,010 cal) ♥
Add grilled chicken +3.00 (80 cal)

# SANDWICHES & MORE

### Served with chips (150 cal) & choice of a homemade side

Grilled Chicken Roll-Up With tomato and feta in a griddled flour tortilla, served with fresh salsa 8.99 (680 - 920 cal)

# **Spicy Pimento Cheese**

With mixed lettuce on toasted wheat bread **7.99** (1,010 – 1,250 cal) ♥

**Grilled Beef\*\*** With grilled onions, melted Swiss, and horseradish sauce on a kaiser bun

10.99 (920 – 1.160 cal)

Grilled Chicken With feta cheese and grilled onions on a kaiser bun 8.99 (590 - 830 cal)

**Tomato-Basil\*** Basil pesto sauce, feta, tomatoes, and fresh basil on toasted wheat bread **7.99** (720 – 960 cal) **♥** 

# HOMEMADE SIDES

Fresh-Cut Fruit (50 cal) @ @ 0

Pasta Salad (280 cal) 👽 🤨

Tomato-Cucumber Salad (60 cal) • •

Basmati Rice (290 cal) @ 👽

Roasted Red Potatoes (170 cal) © 👽 👽

# FAMILY FEASTS FOR 4 OR 6

ALL PROTEINS BELOW ALSO AVAILABLE AS INDIVIDUAL FEASTS

AVAILABLE FOR TO-GO ONLY - CALORIES LISTED BY PER PERSON SERVING

Served with Greek salad with dressing, roasted red potatoes or basmati rice, and choice of baked pita chips or soft pita (except Signature Pasta)

### **Grilled Chicken Breast**

Served with Taziki sauce 4 - **35.99** • 6 - **50.99** (830 / 980 cal) ©

### **Grilled Chicken Kebobs**

Served with Taziki sauce 4 - **38.99** • 6 - **44.99** (830 / 980 cal) **6** 

# Chargrilled Lamb\*\*

Served with Taziki sauce 4 - **50.99** • 6 - **77.99** (930 / 1,080 cal) **©** 

# Grilled Salmon\*\*

4 - **51.99** • 6 - **71.99** (830 / 980 cal) ©

# **Grilled Shrimp\*\***

4 - **38.99** • 6 - **51.99** (800 / 950 cal) **©** 

### **Grilled Beef\*\***

Served with Horseradish sauce 4 - **40.99** • 6 - **59.99** (970 / 1,120 cal) (9

# **Add Fresh Grilled Vegetables**

Grilled zucchini, squash, red peppers, red onions, and asparagus
4 - **7.99** • 6 - **11.99** (80 cal) **© V** 

# FOR THE KIDS

All kid's (12 & Under) meals are served with a drink. Includes fresh-cut fruit OR chips (except Child's Feast)

# Sneaky Taziki

Chicken, choice of cheese in griddled flour tortilla

4.99 (300 - 410 cal)

### **Grilled Cheese**

American cheese on a kaiser bun

4.99 (450 / 550 cal) •

© Child's Feast
Grilled chicken, basmati rice and fresh-cut fruit. 4.99 (400 cal) ©

# **DESSERTS**

Baklava\* 2.99 (0 - 350 cal) **②**  Chocolate Chip Cookies 1.99 (400 cal) ♥

# **BEVERAGES**

Fountain Drinks & Tea 2.59 (0 - 270 cal) 20 oz

Bottled Water
1.99 (0 cal)
SEE STORE FOR BEER & WINE OPTIONS

Indicates items that can be prepared gluten-free, vegetarian, or vegan, upon request.

Gluten-Free

Vegetarian

Taziki's Favorites

<sup>\*</sup> Allergen WARNING: Our Mediterranean salad, pesto, macadamia nut cookies & baklava contain nuts.

<sup>\*\*</sup> Notice: Consuming raw or under cooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness, Especially if you have a medical condition.

A 2,000 calorie daily diet is used as the basis for general nutrition advice but calorie needs may vary. Additional nutrition information available upon request and at tazikis.com/nutrition.